

Category Results

10K - 6.21 Miles

10K13-19F - 2 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/2	HOFFART, JESSIE	51	00:52:22.15	08:25	24/142	00:52:12.30	MEDICINE HAT, AB
2/2	SEHN, JESSICA	117	01:06:53.55	10:46	100/142	01:06:49.30	MEDICINE HAT, AB

10K13-19M - 3 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/3	CAHOON, JORDAN	12	00:48:21.45	07:47	11/142	00:48:20.25	LETHBRIDGE, AB
2/3	EHMANN, NICHOLAS	34	00:50:16.15	08:05	17/142	00:50:06.65	MEDICINE HAT, AB
3/3	BOWYER, COLTON	10	01:05:17.65	10:30	95/142	01:05:11.60	TOMPKINS, SK

10K20-29F - 25 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/25	KUNTZ, SARA	66	00:47:31.30	07:39	7/142	00:47:28.05	GULL LAKE, SK
2/25	HALMRAST, TERRI-ANNE	47	00:53:02.30	08:32	28/142	00:52:56.55	MEDICINE HAT, AB
3/25	LUTZ, JESSICA	70	00:53:20.00	08:35	30/142	00:51:37.65	MEDICINE HAT, AB
4/25	ARMBRUSTER, ALANA	2	00:54:56.20	08:50	40/142	00:54:53.75	MEDICINE HAT, AB
5/25	KIBSEY, SYLVIA	62	00:56:27.45	09:05	53/142	00:56:15.85	BROOKS, AB
6/25	STEVENS, GRACE	121	00:56:28.80	09:05	54/142	00:56:25.10	MEDICINE HAT, AB
7/25	MACK, ELIZABETH	71	00:56:47.50	09:08	59/142	00:56:36.40	LETHBRIDGE, AB
8/25	HODGKINSON, PAM	49	00:57:18.45	09:13	61/142	00:56:35.50	MEDICINE HAT, AB
9/25	KETTNER, MARIE	61	01:02:09.50	10:00	75/142	01:02:00.60	GULL LAKE, SK
10/25	RHINE, ARDEN	104	01:03:46.45	10:16	79/142	01:03:35.50	LETHBRIDGE, AB
11/25	SCHNEIDER, HEATHER	141	01:04:51.10	10:26	87/142	01:04:41.95	MED. HAT,
12/25	SCHINDLE, TIFFANY	115	01:04:56.45	10:27	90/142	01:04:12.55	MEDICINE HAT, AB
13/25	DALE, KELSIE	24	01:05:03.20	10:28	91/142	01:04:20.40	KINDERSLEY, SK
14/25	DYKSTRA, KRISTEN	31	01:05:15.75	10:30	92/142	01:04:31.85	MEDICINE HAT, AB
15/25	JEAL, ALLISON	57	01:06:10.95	10:39	98/142	01:05:41.75	MEDICINE HAT, AB
16/25	COULOMBE-MONTMAGNY, MARIE-EVE	21	01:08:13.85	10:59	106/142	01:07:24.95	BROOKS, AB
17/25	PICH, SANGVATH	96	01:09:57.05	11:15	111/142	01:09:09.20	BROOKS, AB
18/25	JENSEN, JENNIFER	58	01:16:13.05	12:16	118/142	01:16:08.45	BROOKS, AB
19/25	NIELSEN, JOCELYN	144	01:21:05.15	13:03	126/142	01:20:30.60	MED. HAT,
20/25	EGGER, JESSIE	33	01:21:05.70	13:03	127/142	01:21:00.70	OKOTOKS, AB
21/25	HOOD, JESSICA	53	01:22:09.70	13:13	129/142	01:21:59.00	MEDICINE HAT, AB
22/25	MELLING, DUSTY	80	01:38:38.80	15:52	138/142	01:37:43.40	MEDICINE HAT, AB
23/25	DECK, HEATHER	25	01:38:48.90	15:54	139/142	01:37:52.60	MEDICINE HAT, AB
24/25	WOODS, LINDSAY	137	01:40:11.50	16:07	140/142	01:39:15.95	MEDICINE HAT, AB
25/25	THOMPSON, MEGAN	128	01:52:24.65	18:06	141/142	01:51:24.10	MEDICINE HAT, AB

10K20-29M - 11 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/11	MAPSTONE, BRADY	74	00:44:02.60	07:05	2/142	00:43:55.45	MEDICINE HAT, AB
2/11	SANDFORD, MATTHEW	138	00:44:02.85	07:05	3/142	00:44:00.95	MED. HAT, AB
3/11	WILLIAMS, DAVID	90	00:44:11.95	07:06	4/142	00:43:49.75	MED. HAT,
4/11	VANDEAN, PETER	124	00:47:59.05	07:43	9/142	00:47:57.15	MED HAT,
5/11	BOODHOO, JUSTIN	8	00:48:19.90	07:46	10/142	00:48:04.90	MEDICINE HAT, AB
6/11	SERFAS, MATTHEW	119	00:51:04.50	08:13	19/142	00:50:51.10	MEDICINE HAT, AB
7/11	CARRIERE, CURTIS	146	00:52:30.40	08:27	27/142	00:52:24.50	CALGARY,
8/11	WALKER, ERIC	132	00:53:59.45	08:41	35/142	00:53:52.45	MEDICINE HAT, AB
9/11	IMURA, RYOSUKE	56	00:54:29.60	08:46	36/142	00:53:40.70	MEDICINE HAT, AB
10/11	FINKELMAN, TED	39	00:56:34.70	09:06	55/142	00:56:22.25	MEDICINE HAT, AB
11/11	PETERSEN, THOMAS	95	01:18:01.20	12:33	122/142	01:17:29.55	MEDICINE HAT, AB

10K30-39F - 45 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/45	HOFFARTH, TANYA	52	00:45:12.45	07:16	6/142	00:45:11.45	MEDICINE HAT, AB
2/45	SHRIVES, HEBISE	76	00:49:25.90	07:57	14/142	00:48:52.75	MED. HAT,
3/45	MARTIN, TASHA	148	00:50:11.35	08:04	16/142	00:50:06.05	MED.HAT,
4/45	KIRWAN, MARJIE	64	00:51:06.30	08:13	20/142	00:51:03.65	GULL LAKE, SK
5/45	PUGH, KYLA	101	00:51:50.25	08:20	23/142	00:51:36.00	MEDICINE HAT, AB
6/45	MATWE, JANINE	75	00:52:22.20	08:25	25/142	00:52:12.70	DESERT BLUME, AB
7/45	SHAW, BRANDY	120	00:53:42.75	08:38	32/142	00:53:31.65	MEDICINE HAT, AB
8/45	CHUDLEIGH, KRISTY	15	00:53:49.90	08:39	33/142	00:53:30.10	EMPRESS, AB
9/45	SEITZ, ROBIN	118	00:54:36.15	08:47	37/142	00:54:26.65	MEDICINE HAT, AB
10/45	ELLERMAN, JENNIFER	35	00:54:38.55	08:47	39/142	00:54:35.35	MEDICINE HAT, AB
11/45	FINNERTY, COLLEEN	40	00:55:00.25	08:51	41/142	00:54:47.50	MEDICINE HAT, AB
12/45	HILTON, MICHELLE	48	00:55:44.75	08:58	49/142	00:55:38.80	MEDICINE HAT, AB

Category Results

10K - 6.21 Miles

10K30-39F - 45 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
13/45	HUDEEC, AMBER	54	00:55:57.45	09:00	50/142	00:55:50.85	DUCHESS, AB
14/45	BERTRAM, NICOLE	5	00:56:26.15	09:05	51/142	00:56:22.30	MEDICINE HAT, AB
15/45	STIGTER, MICHELLE KAY	123	00:56:26.75	09:05	52/142	00:56:21.90	REDCLIFF, AB
16/45	BAUER, APRIL	142	00:57:28.05	09:15	62/142	00:56:41.55	MAPLE CREEK, SASK
17/45	SYVERSON, COREY	126	00:59:24.95	09:33	66/142	00:59:00.15	MEDICINE HAT, AB
18/45	LUNDQUIST, CARRIE	69	00:59:52.95	09:38	68/142	00:59:32.90	MEDICINE HAT, AB
19/45	GRUDECKI, LAURA-LEE	140	01:00:29.40	09:44	70/142	01:00:26.15	MED. HAT,
20/45	PERRAULT, LANA	94	01:01:51.10	09:57	73/142	01:01:23.45	MEDICINE HAT, AB
21/45	GRIMES, SELINA	46	01:01:56.80	09:58	74/142	01:01:48.05	MEDICINE HAT, AB
22/45	WARKEN, LISA	135	01:03:00.05	10:08	77/142	01:02:25.30	MEDICINE HAT, AB
23/45	WEIMER, FIONA	136	01:03:35.45	10:14	78/142	01:03:23.60	BROOKS, AB
24/45	DULLE, LEANNE	28	01:04:24.55	10:22	82/142	01:04:17.35	DUNMORE, AB
25/45	DYCK, BONNIE	30	01:04:33.70	10:23	85/142	01:04:30.15	COALDALE, AB
26/45	EDWARDS, LINDA	32	01:04:33.70	10:23	84/142	01:04:30.15	LETHBRIDGE, AB
27/45	BILLYARD, KRISTY	6	01:04:33.80	10:23	86/142	01:04:30.15	LETHBRIDGE, AB
28/45	THOMPSON, KIM	127	01:04:53.50	10:26	88/142	01:04:43.15	ASSINIBOIA, SK
29/45	ONEY, CATHY	129	01:04:55.60	10:27	89/142	01:04:45.85	GULL LAKE, SK
30/45	KELLER, KATHY	60	01:05:26.90	10:32	96/142	01:05:23.85	GULL LAKE, SK
31/45	MITTELHOLTZ, BETHANY	83	01:05:30.20	10:32	97/142	01:05:27.25	GULL LAKE, SK
32/45	AKINS, ALISON	1	01:07:05.20	10:48	101/142	01:06:57.10	MEDICINE HAT, AB
33/45	ROBINSON, MELANIE	108	01:07:07.00	10:48	102/142	01:07:05.60	MEDICINE HAT, AB
34/45	GENDRON-MEEK, GENEVIEVE	44	01:07:38.95	10:53	103/142	01:06:50.05	BROOKS, AB
35/45	NEITZ, BRANDY	87	01:07:53.30	10:55	105/142	01:07:46.45	MEDICINE HAT, AB
36/45	LOCK, KELLY	68	01:09:23.45	11:10	107/142	01:08:27.10	MEDICINE HAT, AB
37/45	ROSS, TIFFANY	111	01:09:34.35	11:12	108/142	01:09:07.45	MEDICINE HAT, AB
38/45	MANN, MELISSA	73	01:10:11.10	11:18	112/142	01:09:40.95	MEDICINE HAT, AB
39/45	RISTE, CARI	106	01:10:41.65	11:22	113/142	01:10:09.90	IDDESLEIGH, AB
40/45	MESSENGER, MARTINA	81	01:14:12.20	11:56	116/142	01:13:18.75	MEDICINE HAT, AB
41/45	MCINNIS, LISA	78	01:18:01.15	12:33	121/142	01:17:29.50	MEDICINE HAT, AB
42/45	MACKENZIE, CHERIE	72	01:22:14.20	13:14	130/142	01:21:46.70	REDCLIFF, AB
43/45	KALLENBERGER, JONI	59	01:25:39.50	13:47	131/142	01:24:53.05	MEDICINE HAT, AB
44/45	GREENSTEIN, TWYLA	45	01:28:57.05	14:19	134/142	01:28:03.45	REDCLIFF, AB
45/45	DICK, KIM	26	01:38:32.80	15:52	137/142	01:37:37.15	MEDICINE HAT, AB

10K30-39M - 5 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/5	FORBES, MICHAEL	41	00:47:45.50	07:41	8/142	00:47:40.00	MEDICINE HAT, AB
2/5	WALLIN, KEN	134	00:49:15.75	07:55	13/142	00:49:13.45	MEDICINE HAT, AB
3/5	MCNALLY, JOEL	79	00:55:09.10	08:52	43/142	00:54:26.20	MEDICINE HAT, AB
4/5	BAUER, CRAIG	143	00:56:41.90	09:07	58/142	00:55:55.80	MAPLE CREEK, SASK
5/5	ROBINSON, JEREMY	107	01:01:03.75	09:49	72/142	01:01:01.10	MEDICINE HAT, AB

10K40-49F - 24 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/24	REIMER, SUSAN	103	00:50:39.20	08:09	18/142	00:50:35.45	BOW ISLAND, AB
2/24	CANADINE, LESLEE	13	00:52:26.70	08:26	26/142	00:52:20.45	MEDICINE HAT, BC
3/24	BOUTIN, ANESIA	9	00:53:55.70	08:40	34/142	00:53:46.45	GULL LAKE, SK
4/24	ROGERS, ANNE	109	00:55:20.10	08:54	44/142	00:55:16.75	MEDICINE HAT, AB
5/24	OSADCZUK, ELAINE	92	00:55:27.75	08:55	46/142	00:54:58.00	JENNER, AB
6/24	KNIGHT, KIMBERLEY	65	00:56:38.80	09:07	57/142	00:56:31.60	MEDICINE HAT, AB
7/24	STROH, HOLLY	125	00:57:53.00	09:19	63/142	00:57:39.50	MEDICINE HAT, AB
8/24	BELL, SANDY	4	00:57:53.40	09:19	64/142	00:57:40.50	MEDICINE HAT, AB
9/24	SCHULTZ, BERNADETTE	116	00:59:27.25	09:34	67/142	00:59:24.30	SWIFT CURRENT, SK
10/24	NADEAU, JENNIFER	85	01:00:11.70	09:41	69/142	00:59:56.90	MEDICINE HAT, AB
11/24	VOSE, KAREN	131	01:00:54.45	09:48	71/142	01:00:50.70	DUNMORE, AB
12/24	COUNTRYMAN-SMITH, JEANETTE	22	01:02:40.10	10:05	76/142	01:02:31.55	RED DEER, AB
13/24	RONNQUIST, WANDA	110	01:03:54.40	10:17	81/142	01:03:45.40	MEDICINE HAT, AB
14/24	MIGNAULT, ANNETTE	82	01:05:17.35	10:30	94/142	01:05:10.95	TOMPKINS, SK
15/24	DYCK, KELLY	102	01:07:42.30	10:54	104/142	01:06:52.30	MEDICINE HAT, AB
16/24	HOFFART, BARB	50	01:09:35.25	11:12	109/142	01:09:25.40	MEDICINE HAT, AB
17/24	COOPER, JUDY	19	01:12:16.75	11:38	115/142	01:11:41.50	BROOKS, AB
18/24	POMREINKE, ANNE	98	01:15:37.35	12:10	117/142	01:15:08.60	MEDICINE HAT, AB
19/24	RUNIONS, MARILYN	112	01:18:37.60	12:39	123/142	01:18:28.70	MEDICINE HAT, AB
20/24	MOTZ, DAWNA	84	01:20:20.90	12:56	124/142	01:19:46.55	HANNA, AB
21/24	LETKEMAN, JOANNE	149	01:20:21.25	12:56	125/142		MEDICINE HAT, AB

Category Results

10K - 6.21 Miles

10K40-49F - 24 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
						01:19:47.05	
22/24	POTTLE, DEBBIE	100	01:22:09.65	13:13	128/142	01:21:58.70	MEDICINE HAT, AB
23/24	DOYLE, ANGELIQUE	27	01:28:56.55	14:19	133/142	01:28:02.10	MEDICINE HAT, AB
24/24	HUTCHINGS, ANGELA	55	01:33:49.70	15:06	136/142	01:33:10.90	MEDICINE HAT, AB

10K40-49M - 5 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/5	BERING, MIKE	147	00:43:27.95	06:59	1/142	00:43:26.75	MED. HAT,
2/5	HILL, MATHEW	139	00:44:48.80	07:12	5/142	00:44:44.15	MED. HAT,
3/5	FRASER, JASON	38	00:51:32.50	08:17	22/142	00:51:27.10	MED. HAT,
4/5	ODLAND, BRADLEY	91	01:03:50.00	10:16	80/142	01:02:57.60	MEDICINE HAT, AB
5/5	NADEAU, TIM	86	01:12:15.75	11:38	114/142	01:12:04.00	MEDICINE HAT, AB

10K50-59F - 11 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/11	CHOW, PHYLLIS	14	00:53:14.90	08:34	29/142	00:53:07.30	MEDICINE HAT, AB
2/11	COOKE, DEBBIE	17	00:55:25.20	08:55	45/142	00:55:19.90	MEDICINE HAT, AB
3/11	RIES, DENISE	105	00:55:35.95	08:57	47/142	00:55:28.35	MEDICINE HAT, AB
4/11	DREW, CAROL	150	00:56:38.55	09:07	56/142	00:56:00.75	MED. HAT,
5/11	SHELL, CHARLENE	114	00:59:20.15	09:33	65/142	00:58:36.85	MEDICINE HAT, AB
6/11	FAIRHURST, ROBBIE	36	01:05:15.85	10:30	93/142	01:05:06.70	REDCLIFF, AB
7/11	BAXTER, ANNE	3	01:06:14.85	10:39	99/142	01:05:46.95	MEDICINE HAT, AB
8/11	SAYNA, DEBRA	113	01:16:32.20	12:19	119/142	01:16:18.00	MEDICINE HAT, AB
9/11	BOHNET, JUDY	7	01:16:41.15	12:20	120/142	01:16:27.25	MEDICINE HAT, AB
10/11	KALLENBERGER, MARY	145	01:25:39.50	13:47	132/142	01:24:53.20	MEDICINE HAT, AB
11/11	NEUMANN, CANDACE	89	01:29:47.25	14:27	135/142	01:29:37.25	MEDICINE HAT, AB

10K50-59M - 7 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/7	PARNELL, TERRY	97	00:48:30.70	07:48	12/142	00:48:28.85	MED. HAT,
2/7	FEENEY, BOB	37	00:49:30.60	07:58	15/142	00:49:30.60	MEDICINE HAT, AB
3/7	COOKE, DOUG	18	00:53:35.10	08:37	31/142	00:53:29.60	MEDICINE HAT, AB
4/7	WALKER, KEITH	133	00:55:07.95	08:52	42/142	00:55:00.75	MEDICINE HAT, AB
5/7	BURR, GARY	11	00:55:35.95	08:57	48/142	00:55:27.35	MEDICINE HAT, AB
6/7	DUMONCEAUX, LAURENT	29	00:57:11.20	09:12	60/142	00:57:08.20	CHESTERMERE, AB
7/7	POMREINKE, ROB	99	01:04:28.10	10:22	83/142	01:04:00.45	MEDICINE HAT, AB

10K60+F - 2 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/2	FORSTER, KAREN	42	01:09:48.05	11:14	110/142	01:09:44.85	MEDICINE HAT, AB
2/2	TROMBLEY, LORRAINE	130	01:54:36.75	18:27	142/142	01:54:09.45	REDCLIFF, AB

10K60+M - 2 Competitors

Cat	Name	Bib #	Time	Pace/M	O/A	Chiptime	City
1/2	CUNNINGHAM, BARNEY	23	00:51:32.50	08:17	21/142	00:51:24.75	MEDICINE HAT, AB
2/2	STICKLE, GLEN	122	00:54:36.40	08:47	38/142	00:54:30.20	MEDICINE HAT, AB