

OA/PI = Overall Placing

Offset = Diff from O/A win Time hh:mm:ss

## 2019 CCAA National XC Championships - Nov.9/2019

## Overall Results

## 8K - Mens

OA/PI	Name	Bib#	Time	Pace /K	Offset	Split1	Split2	Split3	Split4	School	Conf
1/106	CHESOO, Leonard	103	00:27:12.27	03:24	+00:00:00	00:06:28.75	00:06:39.15	00:06:52.67	00:07:11.70	Concordia	ACAC
2/106	FREE, Carter	126	00:27:16.73	03:24	+00:00:04	00:06:29.15	00:06:43.26	00:06:53.62	00:07:10.70	St Clair	OCAA
3/106	FREELAND, Sandy	167	00:28:33.34	03:34	+00:01:21	00:06:58.99	00:07:12.18	00:07:14.42	00:07:07.75	Fanshawe	OCAA
4/106	BROWN, Andrew	110	00:28:52.26	03:36	+00:01:39	00:07:01.67	00:07:17.86	00:07:19.64	00:07:13.09	St Lawrence	OCAA
5/106	JONES, Tyler	122	00:29:02.61	03:37	+00:01:50	00:06:58.61	00:07:12.62	00:07:19.90	00:07:31.48	St Clair	OCAA
6/106	SAINT-LAURENT PAPADOMANOLAKIS, Si	138	00:29:08.17	03:38	+00:01:55	00:06:59.53	00:07:13.41	00:07:18.82	00:07:36.41	Ahuntsic	RSEQ
7/106	SAAYMAN, Jacques	192	00:29:19.89	03:39	+00:02:07	00:07:07.28	00:07:15.47	00:07:21.52	00:07:35.62	SAIT	ACAC
8/106	GREEN, Michio	129	00:29:26.61	03:40	+00:02:14	00:07:21.60	00:07:16.31	00:07:22.22	00:07:26.48	Augustana	ACAC
9/106	SMITH, Patrick	164	00:29:30.79	03:41	+00:02:18	00:07:08.55	00:07:17.86	00:07:26.88	00:07:37.50	Fanshawe	OCAA
10/106	SAUNDERS, Devin	187	00:29:33.32	03:41	+00:02:21	00:07:17.05	00:07:20.46	00:07:21.92	00:07:33.89	Red Deer	ACAC
11/106	GROUX, Luke	162	00:29:41.85	03:42	+00:02:29	00:07:13.80	00:07:19.91	00:07:25.58	00:07:42.56	Fanshawe	OCAA
12/106	ROY, Zed	120	00:29:51.55	03:43	+00:02:39	00:07:09.67	00:07:22.35	00:07:29.15	00:07:50.38	E Montpetit	RSEQ
13/106	SZUCS, Daniel	189	00:29:57.11	03:44	+00:02:44	00:07:08.23	00:07:29.28	00:07:34.23	00:07:45.37	Red Deer	ACAC
14/106	KILLENS, Dion	166	00:30:01.85	03:45	+00:02:49	00:07:21.31	00:07:23.68	00:07:32.32	00:07:44.54	Fanshawe	OCAA
15/106	JACKSON, Connor	101	00:30:03.06	03:45	+00:02:50	00:07:22.90	00:07:23.14	00:07:37.57	00:07:39.45	Lethbridge	ACAC
16/106	ROSS, Cameron	109	00:30:05.94	03:45	+00:02:53	00:07:18.17	00:07:24.86	00:07:34.81	00:07:48.10	Sheridan	OCAA
17/106	CEBULIAK, William	185	00:30:08.15	03:46	+00:02:55	00:07:27.39	00:07:34.28	00:07:30.73	00:07:35.75	Red Deer	ACAC
18/106	DAVALAN, William	180	00:30:08.45	03:46	+00:02:56	00:07:09.11	00:07:29.38	00:07:41.37	00:07:48.59	Brebeuf	RSEQ
19/106	PROULX, Samuel	181	00:30:08.87	03:46	+00:02:56	00:07:13.62	00:07:26.89	00:07:38.05	00:07:50.31	Brebeuf	RSEQ
20/106	LOZANO, Matthew	146	00:30:14.43	03:46	+00:03:02	00:07:15.12	00:07:27.21	00:07:37.86	00:07:54.24	Centennial	OCAA
21/106	ROY, Leo	136	00:30:15.55	03:46	+00:03:03	00:07:14.24	00:07:27.25	00:07:39.65	00:07:54.41	Ahuntsic	RSEQ
22/106	NEPOMUCENO, Rick	123	00:30:17.05	03:47	+00:03:04	00:07:26.35	00:07:34.24	00:07:35.31	00:07:41.15	St Clair	OCAA
23/106	LEISHAMN, Eric	142	00:30:22.72	03:47	+00:03:10	00:07:14.86	00:07:15.87	00:08:03.36	00:07:48.63	Cambrian	OCAA
24/106	BOULANGER, Antoine	154	00:30:24.08	03:48	+00:03:11	00:07:26.99	00:07:34.80	00:07:36.43	00:07:45.86	S Lambert	RSEQ
25/106	DE JONG, Aaron	203	00:30:29.49	03:48	+00:03:17	00:07:07.05	00:07:32.50	00:07:47.06	00:08:02.88	UTM	OCAA
26/106	LAVIOLETTE, Thomas	207	00:30:31.16	03:48	+00:03:18	00:07:16.18	00:07:27.63	00:07:48.33	00:07:59.02	L Groulx	RSEQ
27/106	BOND, Cole	104	00:30:33.04	03:49	+00:03:20	00:07:19.21	00:07:31.40	00:07:50.30	00:07:52.13	Sheridan	OCAA
28/106	DOMODOSSOLA, David	106	00:30:33.25	03:49	+00:03:20	00:07:20.26	00:07:37.23	00:07:39.95	00:07:55.81	Sheridan	OCAA
29/106	NAIM, Ahad	182	00:30:36.08	03:49	+00:03:23	00:07:26.03	00:07:36.20	00:07:47.31	00:07:46.54	Brantford	OCAA
30/106	SALAZER-REID, Lucas	165	00:30:40.14	03:50	+00:03:27	00:07:21.10	00:07:28.77	00:07:42.00	00:08:08.27	Fanshawe	OCAA
31/106	ROSS, Daryl	191	00:30:42.83	03:50	+00:03:30	00:07:24.25	00:07:37.20	00:07:48.29	00:07:53.09	SAIT	ACAC
32/106	BELLERIVE, Jasmin	151	00:30:47.96	03:50	+00:03:35	00:07:12.91	00:07:38.76	00:07:58.64	00:07:57.65	S Lambert	RSEQ
33/106	CZUCHNICKI, Adam Cole	174	00:30:57.74	03:52	+00:03:45	00:07:33.37	00:07:38.64	00:07:47.83	00:07:57.90	Humber	OCAA
34/106	BERTHELOT, John	163	00:31:00.60	03:52	+00:03:48	00:07:30.57	00:07:42.08	00:07:48.02	00:07:59.93	Fanshawe	OCAA
35/106	LEBEL, Emmanuel	204	00:31:02.59	03:52	+00:03:50	00:07:32.75	00:07:42.56	00:07:49.15	00:07:58.13	Victoriaville	RSEQ
36/106	FRASER, Isaac	111	00:31:03.39	03:52	+00:03:51	00:07:28.21	00:07:40.28	00:07:51.79	00:08:03.11	St Lawrence	OCAA
37/106	COTE, Louis Philippe	161	00:31:05.71	03:53	+00:03:53	00:07:32.07	00:07:42.14	00:07:48.07	00:08:03.43	L Lauzon	RSEQ
38/106	HUOT, Alexandre	183	00:31:06.90	03:53	+00:03:54	00:07:21.81	00:07:48.30	00:08:00.11	00:07:56.68	Montmorency	RSEQ

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## Overall Results

## 8K - Mens

OA/PI	Name	Bib#	Time	Pace /K	Offset	Split1	Split2	Split3	Split4	School	Conf
39/106	QUESNEL, Christopher	153	00:31:09.78	03:53	+00:03:57	00:07:24.79	00:07:43.90	00:07:52.33	00:08:08.76	S Lambert	RSEQ
40/106	TABERT, Nathanael	127	00:31:11.89	03:53	+00:03:59	00:07:44.33	00:07:46.12	00:07:49.23	00:07:52.21	Augustana	ACAC
41/106	GARON, Emile	152	00:31:19.09	03:54	+00:04:06	00:07:27.31	00:07:42.10	00:08:00.44	00:08:09.24	S Lambert	RSEQ
42/106	SINGH RANCE, Sahebjcet	150	00:31:20.17	03:55	+00:04:07	00:07:29.97	00:08:00.34	00:07:54.21	00:07:55.65	Centennial	OCAA
43/106	ANDERSON, Loick	155	00:31:20.82	03:55	+00:04:08	00:07:27.53	00:07:46.90	00:07:49.21	00:08:17.18	Notre-Dame	RSEQ
44/106	BRASSARD, Philippe	115	00:31:20.94	03:55	+00:04:08	00:07:26.49	00:07:49.08	00:07:55.11	00:08:10.26	E Montpetit	RSEQ
45/106	CHESHIRE, Cooper	102	00:31:22.49	03:55	+00:04:10	00:07:51.10	00:07:46.98	00:07:49.40	00:07:55.01	Lethbridge	ACAC
46/106	VOLLMERHAUS, Jakob	193	00:31:23.57	03:55	+00:04:11	00:07:31.70	00:07:51.63	00:07:57.32	00:08:02.92	SAIT	ACAC
47/106	HOLLOWELL, Hayden	168	00:31:24.34	03:55	+00:04:12	00:07:28.53	00:07:42.88	00:07:56.39	00:08:16.54	Grande Prairie	ACAC
48/106	NIXON, Addison	177	00:31:25.49	03:55	+00:04:13	00:07:35.34	00:07:49.31	00:07:54.39	00:08:06.45	Humber	OCAA
49/106	OSORIO, Benjamin	130	00:31:25.84	03:55	+00:04:13	00:07:53.30	00:07:48.91	00:07:49.51	00:07:54.12	Augustana	ACAC
50/106	GAILLARDETZ, Philippe	196	00:31:25.84	03:55	+00:04:13	00:07:45.63	00:07:49.06	00:07:50.07	00:08:01.08	Trois-Rivieres	RSEQ
51/106	NAWROT, Ben	131	00:31:27.08	03:55	+00:04:14	00:07:53.89	00:07:48.80	00:07:49.67	00:07:54.72	Augustana	ACAC
52/106	NELISSEN, Chris	169	00:31:29.99	03:56	+00:04:17	00:07:43.40	00:07:52.91	00:07:54.95	00:07:58.73	Grande Prairie	ACAC
53/106	STEWART, Michael	194	00:31:31.35	03:56	+00:04:19	00:07:30.96	00:07:50.23	00:07:57.39	00:08:12.77	SAIT	ACAC
54/106	LAFLEUR, Justin	205	00:31:37.25	03:57	+00:04:24	00:07:34.55	00:07:56.86	00:07:55.73	00:08:10.11	L Groulx	RSEQ
55/106	FOREST, Olivier	201	00:31:38.71	03:57	+00:04:26	00:07:45.86	00:07:49.30	00:07:53.40	00:08:10.15	Trois-Rivieres	RSEQ
56/106	HILLIS, Eamon	107	00:31:40.25	03:57	+00:04:27	00:07:48.52	00:07:44.53	00:07:57.77	00:08:09.43	Sheridan	OCAA
57/106	TEKHLI, Thador	124	00:31:41.89	03:57	+00:04:29	00:07:20.68	00:07:51.51	00:07:58.83	00:08:30.87	St Clair	OCAA
58/106	JACQUES, Jerome	117	00:31:54.01	03:59	+00:04:41	00:07:39.35	00:07:51.72	00:08:04.18	00:08:18.76	E Montpetit	RSEQ
59/106	TOFFLEMIRE, Tyler	125	00:31:57.15	03:59	+00:04:44	00:07:40.37	00:07:55.54	00:08:06.88	00:08:14.36	St Clair	OCAA
60/106	LAUWERYSEN, Brant	190	00:32:01.11	04:00	+00:04:48	00:07:25.25	00:07:57.78	00:08:06.92	00:08:31.16	SAIT	ACAC
61/106	SINGLETON, Reilly	195	00:32:01.16	04:00	+00:04:48	00:07:42.93	00:07:52.22	00:08:13.75	00:08:12.26	SAIT	ACAC
62/106	GAREY, Greg	112	00:32:10.06	04:01	+00:04:57	00:07:50.58	00:07:56.50	00:08:04.86	00:08:18.12	St Lawrence	OCAA
63/106	DEMARBE, Loic	134	00:32:10.81	04:01	+00:04:58	00:07:42.86	00:07:54.81	00:08:06.81	00:08:26.33	Ahuntsic	RSEQ
64/106	POULIN, Charles	199	00:32:12.45	04:01	+00:05:00	00:07:58.26	00:08:01.25	00:08:05.03	00:08:07.91	Trois-Rivieres	RSEQ
65/106	ROWLEY, Stephen	186	00:32:12.78	04:01	+00:05:00	00:07:57.00	00:07:58.52	00:08:06.65	00:08:10.61	Red Deer	ACAC
66/106	MIDDLETON, Quinn	108	00:32:23.80	04:02	+00:05:11	00:07:49.54	00:07:56.28	00:08:18.20	00:08:19.78	Sheridan	OCAA
67/106	LUNDSTROM, Jordan	173	00:32:28.32	04:03	+00:05:16	00:07:48.08	00:08:06.77	00:08:10.46	00:08:23.01	Grande Prairie	ACAC
68/106	HAMEL-HOULE, William Edouard	160	00:32:28.44	04:03	+00:05:16	00:07:35.99	00:08:00.96	00:08:15.94	00:08:35.55	Notre-Dame	RSEQ
69/106	RACIOT, Lois	135	00:32:29.82	04:03	+00:05:17	00:08:05.24	00:08:10.25	00:08:06.59	00:08:07.74	Ahuntsic	RSEQ
70/106	COURTOIS-DUBE, Nicolas	137	00:32:35.78	04:04	+00:05:23	00:07:55.35	00:08:08.62	00:08:10.45	00:08:21.36	Ahuntsic	RSEQ
71/106	BOILY-PORTER, Gabriel	202	00:32:41.28	04:05	+00:05:29	00:07:52.93	00:08:11.84	00:08:15.59	00:08:20.92	UTM	OCAA
72/106	NAWROT, Samuel	132	00:32:45.10	04:05	+00:05:32	00:07:54.33	00:08:04.28	00:08:29.76	00:08:16.73	Augustana	ACAC
73/106	MARTIN, Antoine	198	00:32:46.39	04:05	+00:05:34	00:07:58.44	00:08:00.56	00:08:08.79	00:08:38.60	Trois-Rivieres	RSEQ
74/106	PRINCE, Simon	206	00:32:51.83	04:06	+00:05:39	00:07:58.81	00:08:00.44	00:08:17.13	00:08:35.45	L Groulx	RSEQ
75/106	SCHILLER, Carson	188	00:32:58.98	04:07	+00:05:46	00:08:00.49	00:08:14.36	00:08:17.36	00:08:26.77	Red Deer	ACAC
76/106	WANGLER, Adam	171	00:33:02.26	04:07	+00:05:49	00:07:56.15	00:08:18.97	00:08:24.28	00:08:22.86	Grande Prairie	ACAC

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Offset = Diff from O/A win Time hh:mm:ss

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## Overall Results

## 8K - Mens

OA/PI	Name	Bib#	Time	Pace /K	Offset	Split1	Split2	Split3	Split4	School	Conf
77/106	ARYCHUK, Benjamin	184	00:33:02.52	04:07	+00:05:50	00:08:02.17	00:08:14.32	00:08:19.76	00:08:26.27	Red Deer	ACAC
78/106	HUDAK, Taylor	172	00:33:04.67	04:08	+00:05:52	00:07:57.45	00:08:16.94	00:08:24.35	00:08:25.93	Grande Prairie	ACAC
79/106	POTVIN, Sebastien	119	00:33:13.81	04:09	+00:06:01	00:07:54.85	00:08:12.48	00:08:26.41	00:08:40.07	E Montpetit	RSEQ
80/106	DAYOT, Jacob	105	00:33:20.68	04:10	+00:06:08	00:07:46.77	00:08:09.58	00:08:08.67	00:09:15.66	Sheridan	OCAA
81/106	TREMBLAY, Simon	200	00:33:22.81	04:10	+00:06:10	00:07:59.20	00:08:03.31	00:08:27.15	00:08:53.15	Trois-Rivieres	RSEQ
82/106	MORIN, Gabriel	118	00:33:24.83	04:10	+00:06:12	00:07:55.61	00:08:23.04	00:08:33.22	00:08:32.96	E Montpetit	RSEQ
83/106	DAY, Noah	128	00:33:28.88	04:11	+00:06:16	00:08:05.53	00:08:27.31	00:08:20.22	00:08:35.82	Augustana	ACAC
84/106	FOLKERINGA, Justin	121	00:33:33.74	04:11	+00:06:21	00:07:58.18	00:08:24.06	00:08:30.30	00:08:41.20	St Clair	OCAA
85/106	TURGEON, Thomas	159	00:33:39.20	04:12	+00:06:26	00:08:00.11	00:08:16.68	00:08:35.41	00:08:47.00	Notre-Dame	RSEQ
86/106	PAYNE, Robert	178	00:33:44.36	04:13	+00:06:32	00:08:15.20	00:08:19.38	00:08:34.69	00:08:35.09	Humber	OCAA
87/106	SINGH, Taranjeet	147	00:33:44.90	04:13	+00:06:32	00:07:59.53	00:08:33.85	00:08:40.28	00:08:31.24	Centennial	OCAA
88/106	DAVALAN, Adam	156	00:33:55.02	04:14	+00:06:42	00:07:57.45	00:08:23.88	00:08:40.43	00:08:53.26	Notre-Dame	RSEQ
89/106	FOURNIER, Tairas	170	00:34:07.35	04:15	+00:06:55	00:08:11.37	00:08:28.12	00:08:39.72	00:08:48.14	Grande Prairie	ACAC
90/106	MUNDT, Erich	144	00:34:09.69	04:16	+00:06:57	00:08:22.01	00:08:26.74	00:08:30.96	00:08:49.98	Cambrian	OCAA
91/106	BLANCHET, Yannick Junior	157	00:34:14.28	04:16	+00:07:02	00:08:09.04	00:08:32.55	00:08:37.62	00:08:55.07	Notre-Dame	RSEQ
92/106	LOZIER, Marc Olivier	197	00:34:18.17	04:17	+00:07:05	00:08:01.35	00:08:20.38	00:08:44.09	00:09:12.35	Trois-Rivieres	RSEQ
93/106	BOULE, Thomas	158	00:34:32.00	04:19	+00:07:19	00:08:07.08	00:08:20.53	00:09:05.55	00:08:58.84	Notre-Dame	RSEQ
94/106	MURRAY, Brandon	145	00:34:46.37	04:20	+00:07:34	00:08:08.71	00:08:24.13	00:08:47.07	00:09:26.46	Cambrian	OCAA
95/106	DUCHANE, Jacob	116	00:35:13.88	04:24	+00:08:01	00:08:23.00	00:08:44.53	00:08:57.61	00:09:08.74	E Montpetit	RSEQ
96/106	MUNDHIR, Mohammed	176	00:35:20.01	04:25	+00:08:07	00:08:30.86	00:08:50.42	00:08:59.82	00:08:58.91	Humber	OCAA
97/106	MAISONNEUVE, March Andre	143	00:35:22.77	04:25	+00:08:10	00:08:27.21	00:08:44.38	00:09:04.95	00:09:06.23	Cambrian	OCAA
98/106	LAM, Ceo	149	00:35:30.06	04:26	+00:08:17	00:08:13.63	00:08:59.88	00:09:08.31	00:09:08.24	Centennial	OCAA
99/106	FOX, Aurel	140	00:36:05.56	04:30	+00:08:53	00:08:29.49	00:08:52.76	00:09:02.23	00:09:41.08	Cambrian	OCAA
100/106	LABERGE, Mathieu	208	00:36:26.42	04:33	+00:09:14	00:08:27.47	00:09:16.40	00:09:25.27	00:09:17.28	L Groulx	RSEQ
101/106	SCHOOLEY, Fynn	113	00:36:41.37	04:35	+00:09:29	00:08:34.72	00:09:06.63	00:09:30.69	00:09:29.33	St Lawrence	OCAA
102/106	MATHEWS, Michael	175	00:37:00.34	04:37	+00:09:48	00:08:32.23	00:09:10.91	00:09:28.40	00:09:48.80	Humber	OCAA
103/106	DALTERIO, Antione	133	00:37:19.30	04:39	+00:10:07	00:08:26.31	00:09:14.51	00:09:37.50	00:10:00.98	Ahuntsic	RSEQ
104/106	GREGOIRE, Brennan	141	00:37:37.56	04:42	+00:10:25	00:08:51.10	00:09:23.82	00:09:32.74	00:09:49.90	Cambrian	OCAA
105/106	MACKINTOSH, Kai	114	00:41:39.31	05:12	+00:14:27	00:09:31.09	00:10:40.64	00:10:38.28	00:10:49.30	St Lawrence	OCAA
106/106	FRENCH, Andrew	148	00:42:33.96	05:19	+00:15:21	00:09:48.27	00:10:51.50	00:10:54.68	00:10:59.51	Centennial	OCAA