

Alpha Overall Results

5K Run - 3.1 Miles

23 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
21/23	ALLARD, GORD	500	00:41:17.10	08:15	5KR40-49M	1/1	M	4/5	00:41:10.50
19/23	BJORNSON, DEBBIE	502	00:40:38.25	08:07	5KR50-59F	2/2	F	17/18	00:40:37.45
1/23	BROCK, KIMBERLY	503	00:26:56.95	05:23	5KR30-39F	1/7	F	1/18	00:26:56.90
23/23	BROWN, LOIS	505	00:47:40.85	09:32	5KR60+F	2/2	F	18/18	00:47:37.65
6/23	CAMPBELL, SAMANTHA	542	00:33:35.05	06:43	5KR20-29F	3/5	F	5/18	00:33:31.45
14/23	COLEMAN, ANDREA	510	00:37:22.70	07:28	5KR50-59F	1/2	F	13/18	00:37:18.35
16/23	ELLINGSON, KAREN	540	00:38:24.40	07:40	5KR60+F	1/2	F	15/18	00:38:21.35
10/23	EWASIUUK, CARMEN	512	00:35:45.05	07:09	5KR30-39F	3/7	F	9/18	00:35:42.55
22/23	GIRVAN, DAVID	515	00:46:38.35	09:19	5KR60+M	1/1	M	5/5	00:46:28.75
5/23	GOFF, JODI	516	00:30:41.15	06:08	5KR30-39F	2/7	F	4/18	00:30:40.90
13/23	GREENHORN, SHELBY	517	00:36:55.45	07:23	5KR20-29F	5/5	F	12/18	00:36:50.25
12/23	GRIER, ERIN	518	00:36:17.15	07:15	5KR30-39F	5/7	F	11/18	00:36:09.70
20/23	JONES, ROBERT	522	00:41:16.95	08:15	5KR50-59M	1/1	M	3/5	00:41:14.45
8/23	KING, NADINE	523	00:34:57.60	06:59	5KR19&UF	1/1	F	7/18	00:34:51.15
7/23	KRAMER, SHAWNEE	524	00:34:53.90	06:58	5KR20-29F	4/5	F	6/18	00:34:50.25
15/23	LOVE, KELLY	526	00:37:25.75	07:29	5KR30-39F	6/7	F	14/18	00:37:22.55
3/23	MARCOTTE, NICOLE	527	00:28:32.90	05:42	5KR20-29F	1/5	F	2/18	00:28:32.40
2/23	MURRIN, CHRIS	528	00:27:48.50	05:33	5KR30-39M	1/1	M	1/5	00:27:40.60
18/23	PODMORE, LISA	530	00:39:31.50	07:54	5KR30-39F	7/7	F	16/18	00:39:26.70
4/23	PREDIGER, NICOLE	531	00:30:41.05	06:08	5KR20-29F	2/5	F	3/18	00:30:39.90
17/23	PRICE, JACKSON	532	00:39:19.80	07:51	5KR19&UM	1/1	M	2/5	00:39:18.20
9/23	RAMTEEMAL, CONNIE	533	00:35:41.65	07:08	5KR40-49F	1/1	F	8/18	00:35:38.85
11/23	ZACHARIAS, LISA	538	00:35:51.90	07:10	5KR30-39F	4/7	F	10/18	00:35:48.80