

## Alpha Overall Results

## 5K Walk - 3.1 Miles

## 12 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
12/12	BARLUND, DEBRA	5066	00:53:57.75	10:47	5KW30-39F	4/4	F	11/11	00:53:30.71
6/12	BENNION, SANDY	5068	00:47:07.65	09:25	5KW50-59F	3/3	F	5/11	00:46:53.79
7/12	BROWN, LOIS	5072	00:51:12.78	10:14	5KW60+F	1/1	F	6/11	00:51:02.33
9/12	ELL, CASSIDY	5096	00:51:37.78	10:19	5KW19&UF	1/1	F	8/11	00:51:29.95
2/12	GAIRDNER, MICHELLE	5011	00:45:46.37	09:09	5KW50-59F	2/3	F	2/11	00:45:17.44
10/12	GISMONDI, RACHEL	5098	00:51:49.42	10:21	5KW30-39F	3/4	F	9/11	00:51:33.25
4/12	KIMBLE, IONA	5077	00:46:47.99	09:21	5KW30-39F	1/4	F	3/11	00:46:17.48
3/12	KIMBLE, LORNE	5078	00:46:46.80	09:21	5KW30-39M	1/1	M	1/1	00:46:15.89
11/12	KOSTENUK, MEGAN	5097	00:51:51.63	10:22	5KW20-29F	1/1	F	10/11	00:51:35.99
8/12	PARRISH, MELISSA	5030	00:51:14.10	10:14	5KW40-49F	1/1	F	7/11	00:51:00.98
5/12	PINARD, AMANDA	5089	00:47:07.33	09:25	5KW30-39F	2/4	F	4/11	00:46:53.47
1/12	WILLIAMS, CINDY	5091	00:41:57.76	08:23	5KW50-59F	1/3	F	1/11	00:41:45.64