

Category Results

5K - 3.1 Miles

156 Competitors

5K 9&UF - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/1	MOROZ, HAYLEE	188	01:12:57.45	23:31	156/156	LETH, AB

5K10-14F - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/12	BYKOWSKI, JANELLE	229	00:22:59.00	07:24	5/156	LETH, AB
2/12	BASSETT, SHONDI	215	00:23:13.00	07:29	6/156	TABER, AB
3/12	RICHARD, SHELBY	341	00:24:03.15	07:45	10/156	TABER, AB
4/12	DIXON, TEAGAN	246	00:27:02.00	08:43	24/156	LETH, AB
5/12	BORTHWICK, EMILY	200	00:31:46.00	10:14	69/156	LETH, AB
6/12	WAUGH, NIKKY	389	00:32:16.15	10:24	71/156	TABER, AB
7/12	REID, CECILIA	199	00:33:01.75	10:39	78/156	LETH, AB
8/12	KIRK, MCKENNA	297	00:33:55.25	10:56	86/156	LETH, AB
9/12	MUSIAL, CHANTAL	316	00:35:05.05	11:19	95/156	LETH, AB
10/12	RICHARD, SHAYLYN	340	00:38:58.55	12:34	114/156	TABER, AB
11/12	HOOPER, MARIAH	274	00:43:41.45	14:05	127/156	LETH, AB
12/12	ROELOFSEN, ZOEY	346	00:54:13.80	17:29	154/156	COALDALE, AB

5K10-14M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/9	MULLER, KALEB	313	00:22:46.75	07:20	4/156	CRANFORD, AB
2/9	KAY, JONATHAN	290	00:23:55.60	07:42	9/156	LETH, AB
3/9	FERGUSON, BRANDON	252	00:24:42.45	07:58	15/156	TABER, AB
4/9	ADAMS, JOSHUA	209	00:26:40.00	08:36	22/156	LETH, AB
5/9	ADAMS, SEAN	211	00:28:11.50	09:05	41/156	LETH, AB
6/9	MYLES, JUSTIN	320	00:30:30.05	09:50	58/156	LETH, AB
7/9	MYLES, GARRETT	319	00:30:31.30	09:50	59/156	LETH, AB
8/9	MULLER, MASON	314	00:37:07.80	11:58	105/156	CRANFORD, AB
9/9	KAY, MICHAEL	291	00:37:53.70	12:13	109/156	LETH, AB

5K15-19F - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/7	BYKOWSKI, ELANI	228	00:21:04.05	06:47	2/156	LETH, AB
2/7	BASSETT, TANNIS	216	00:24:43.10	07:58	16/156	TABER, AB
3/7	NELSON, KIRSTEN	321	00:28:08.10	09:04	39/156	CRANFORD, AB
4/7	ADAMS, KRISTIN	210	00:28:11.35	09:05	40/156	LETH, AB
5/7	KING, MARIAH	294	00:35:16.30	11:22	98/156	LETH, AB
6/7	BOEN, PAIGE	223	00:35:31.80	11:27	101/156	LETH, AB
7/7	SCOTTON, TALISSA	353	00:42:05.35	13:34	123/156	RAYMOND, AB

5K15-19M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/2	REID, JONATHAN	196	00:22:27.85	07:14	3/156	LETH, AB
2/2	CAHOON, JORDAN	231	00:24:25.30	07:52	14/156	LETH, AB

5K20-29F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/24	PETRISOR, TARA	186	00:27:37.70	08:54	30/156	LETH, AB
2/24	WEST, NANCY	390	00:28:02.55	09:02	35/156	LETH, AB
3/24	GREGORY, KATIE	262	00:28:05.05	09:03	38/156	LETH, AB
4/24	KINGSTON, KRYSTAL	295	00:28:05.05	09:03	37/156	LETH, AB
5/24	OLIVIERI, TIFFANY	331	00:28:44.10	09:16	44/156	BELLEVUE, AB
6/24	VAN ECK, NICOLE	381	00:28:55.95	09:19	47/156	LETH, AB
7/24	INNES, SAMANTHA	280	00:29:30.80	09:30	49/156	LETH, AB
8/24	VOLK, VICKEY	387	00:29:50.20	09:37	54/156	LETH, AB
9/24	WOODMAN, KALEY	393	00:30:21.35	09:47	55/156	LLOYDMINSTER, SASK
10/24	ESAU, ALLISON	250	00:30:23.65	09:48	57/156	LETH, AB
11/24	DERBY, GREER	245	00:30:38.70	09:52	61/156	CALGARY, AB
12/24	NELSON, SHARON	323	00:32:57.35	10:37	77/156	RAYMOND, AB
13/24	MACLEAN, EMILY	303	00:33:26.20	10:47	81/156	LETH, AB
14/24	GIESBRECHT, COLLEEN	259	00:34:41.15	11:11	91/156	LETH, AB
15/24	WORRALL, ALLYSHA	394	00:36:33.25	11:47	103/156	LETH, AB
16/24	SIMPSON, BRITTANY	358	00:41:30.30	13:23	118/156	CLARESHOLM, AB
17/24	ANNABLE, BROOKE	225	00:41:31.45	13:23	120/156	CARMANGAY, AB
18/24	KUTA, PAIGE	298	00:41:58.65	13:32	122/156	COLEMAN, AB
19/24	FOSTER, LISA	255	00:43:17.90	13:57	125/156	LETH, AB
			00:43:47.00			LETH, AB

Category Results

5K - 3.1 Miles

156 Competitors

5K20-29F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
20/24	HARVIE, JILLIAN	267		14:07	129/156	
21/24	HOOPER, STACEY	275	00:44:35.95	14:22	130/156	LETH, AB
22/24	HARMATIUK, BRINA	264	00:46:31.00	15:00	136/156	LETH, AB
23/24	GIESKE, ROBYN	260	00:48:35.00	15:40	141/156	LETH, AB
24/24	BIGELOW, TAMARA	220	00:51:13.35	16:31	144/156	COALDALE, AB

5K20-29M - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/7	NICKEL, DAYNE	324	00:25:52.90	08:20	20/156	LETH, AB
2/7	COE, MICHAEL	240	00:27:49.10	08:58	31/156	LETH, AB
3/7	FOSTER, JEFF	254	00:30:40.80	09:53	62/156	LETH, AB
4/7	SCOTT, AARON	348	00:33:26.05	10:47	80/156	LETH, AB
5/7	CARVEY, MATTHEW	234	00:36:32.65	11:47	102/156	LETH, AB
6/7	NOVAK, RYAN	328	00:43:46.90	14:07	128/156	LETH, AB
7/7	PERSSON, COREY	333	00:53:57.40	17:24	151/156	COALDALE, AB

5K30-39F - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/28	FERGUSON, BILLIE-JO	251	00:24:13.25	07:48	11/156	TABER, AB
2/28	HARMS, JILL	265	00:24:15.90	07:49	12/156	LETH, AB
3/28	MULLER, STACI	315	00:26:14.65	08:27	21/156	CRANFORD, AB
4/28	PRIES, KAREN	572	00:27:01.60	08:42	23/156	LETH, AB
5/28	DEES, SHERRYANN	243	00:27:05.70	08:44	25/156	CLARESHOLM, AB
6/28	LYSAK, SONJA	302	00:27:34.80	08:53	29/156	LETH, AB
7/28	BURTON, LESLEY	227	00:28:48.10	09:17	46/156	TILLEY, AB
8/28	STAPLES, JENN	366	00:30:33.05	09:51	60/156	LETH, AB
9/28	VILLENEUVE, MICHELLE	383	00:31:06.20	10:01	63/156	LETH, AB
10/28	MCKINNON, REBECCA	307	00:32:46.65	10:34	75/156	COALHURST, AB
11/28	LUTZ, KENDRA	301	00:33:50.35	10:54	85/156	LETH, AB
12/28	HOUWELING, ROXANNE	276	00:34:26.05	11:06	87/156	LETH, AB
13/28	HUNT, LEE	279	00:34:28.60	11:07	89/156	LETH, AB
14/28	FORTNEY, MICHELLE	253	00:34:58.85	11:16	92/156	LETH, AB
15/28	KAWADE, KATHY	289	00:35:10.85	11:20	96/156	RAYMOND, AB
16/28	SUDO, KATEY	369	00:35:11.35	11:20	97/156	RAYMOND, AB
17/28	ZASADNY, PAULA	395	00:37:45.80	12:10	107/156	COALDALE, AB
18/28	BOSS, JULIE	224	00:37:52.30	12:12	108/156	LETH, AB
19/28	O'BRIEN, RAE-ANNE	329	00:38:45.70	12:30	110/156	LETH, AB
20/28	EAVES, CHERISE	249	00:38:46.20	12:30	111/156	LETH, AB
21/28	SELLERS, DONNELLY	354	00:39:27.25	12:43	115/156	LETH, AB
22/28	MERRIFIELD, TRACY	308	00:39:48.30	12:50	116/156	LETH, AB
23/28	HEGGS, LINDA	268	00:43:27.95	14:00	126/156	LETH, AB
24/28	DARTNELL, LINDSAY	190	00:44:36.20	14:23	131/156	
25/28	ROSS, ANNE	185	00:44:50.25	14:27	132/156	LETH, AB
26/28	PIERZCHALA, KELLIE	336	00:45:49.40	14:46	134/156	LETH, AB
27/28	ROELOFSEN, BRANDI	344	00:54:00.70	17:25	152/156	COALDALE, AB
28/28	PERSSON, VANESSA	334	00:54:02.60	17:25	153/156	COALDALE, AB

5K30-39M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/8	SJODEN, TRISTAN	362	00:20:05.70	06:28	1/156	LETH, AB
2/8	CHUBB, AARON	238	00:23:37.30	07:37	8/156	LETH, AB
3/8	SCHWAB, ED	347	00:25:44.55	08:18	19/156	LETH, AB
4/8	CAMERON, JAKE	232	00:27:23.60	08:50	27/156	LETH, AB
5/8	HACIOR, ROGER	207	00:29:32.15	09:31	50/156	LETH, AB
6/8	VILLENEUVE, ROB	384	00:31:06.60	10:01	64/156	LETH, AB
7/8	BORTHWICK, RICHARD	206	00:31:46.05	10:14	70/156	LETH, AB
8/8	SILSBE, NATHAN	356	00:36:54.15	11:54	104/156	LETH, AB

5K40-49F - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/16	BILODEAU-GOESEELS, SYLVIE	222	00:28:00.20	09:01	34/156	LETH, AB
2/16	CHANG, EVA	235	00:28:03.60	09:02	36/156	LETH, AB
3/16	NORN, BRENDA	325	00:29:43.90	09:35	52/156	LETH, AB
4/16	MIDDEL, FREDA	309	00:29:47.95	09:36	53/156	LETH, AB
5/16	MACKINNON, BOBBIE	192	00:30:22.10	09:47	56/156	LETH, AB

Category Results

5K - 3.1 Miles

156 Competitors

5K40-49F - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
6/16	TURCATO, GLYNNIS	378	00:31:30.30	10:09	67/156	TABER, AB
7/16	BURNS, CINDEE	226	00:32:38.25	10:31	72/156	BASSANO, AB
8/16	SMITH-MYLES, KAREN	363	00:33:08.55	10:41	79/156	LETH, AB
9/16	MUSIAL, WENDY	317	00:35:21.20	11:24	99/156	LETH, AB
10/16	KING, DAWN	293	00:35:24.30	11:25	100/156	LETH, AB
11/16	OISHI, SHEILA	330	00:37:19.45	12:02	106/156	LETH, AB
12/16	SIMARD, LUCIE	357	00:41:54.20	13:30	121/156	LETH, AB
13/16	NELSON, MELONI	322	00:45:11.45	14:34	133/156	CRANFORD, AB
14/16	BIGELOW, JULIE	219	00:51:13.70	16:31	145/156	LETH, AB
15/16	RITCHOT, MICHELE	343	00:52:21.05	16:53	146/156	LETH, AB
16/16	DYER, LEORA	248	00:52:22.40	16:53	147/156	LETH, AB

5K40-49M - 7 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/7	BYKOWSKI, JOHN	230	00:25:29.15	08:13	17/156	LETH, AB
2/7	THORNHILL, ROBERT	375	00:28:48.00	09:17	45/156	LETH, AB
3/7	QUAPP, ROD	338	00:29:42.30	09:34	51/156	LETH, AB
4/7	JONES, BRAD	287	00:34:28.25	11:07	88/156	COALDALE, AB
5/7	BELLAVANCE, KEVIN	218	00:34:35.10	11:09	90/156	LETH, AB
6/7	ANNABLE, DERRICK	213	00:41:31.25	13:23	119/156	CARMANGAY, AB
7/7	DYER, GRAHAM	247	00:52:23.50	16:53	148/156	LETH, AB

5K50-59F - 19 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/19	SCOTT, JANE	350	00:27:10.40	08:45	26/156	LETH, AB
2/19	JOHNSTON, BERNADETTE	286	00:28:38.30	09:14	43/156	LETH, AB
3/19	HOLMES, CHARLOTTE	273	00:31:24.75	10:07	66/156	LETH, AB
4/19	MORRIS, NANCY	311	00:31:41.30	10:13	68/156	LETH, AB
5/19	PERVERSEFF, MARILYN	335	00:32:39.90	10:31	73/156	LETH, AB
6/19	THOMAS, KAREN	372	00:32:41.75	10:32	74/156	LETH, AB
7/19	CHRISTENSEN, SHERRY	237	00:32:56.20	10:37	76/156	COALHURST, AB
8/19	SCOTTON, KAREN	351	00:33:27.95	10:47	82/156	RAYMOND, AB
9/19	BIGGINS, MARIAN	221	00:33:38.55	10:50	83/156	LETH, AB
10/19	MACLEOD, VAL	305	00:35:00.45	11:17	94/156	LETH, AB
11/19	HUMPHRIES, RICHELLE	278	00:38:47.55	12:30	112/156	CALGARY, AB
12/19	MARTIN, CAROLINE	208	00:42:41.85	13:46	124/156	LETH, AB
13/19	CHISHOLM, DEBBIE	236	00:47:28.65	15:18	138/156	LETH, AB
14/19	MORLEY, JACKIE	310	00:47:29.85	15:19	139/156	LETH, AB
15/19	SCOTT, BONNIE	349	00:48:09.20	15:31	140/156	PINCHER CREEK, AB
16/19	VOORT, MARYLEE	197	00:50:32.70	16:18	142/156	LETH, AB
17/19	BRAUTIGAN, BRENDA	198	00:50:35.10	16:19	143/156	WARNER, AB
18/19	STARRENBURG, DIANE	367	00:53:13.50	17:10	150/156	LETH, AB
19/19	MOROZ, SUE	189	01:12:56.95	23:31	155/156	LETH, AB

5K50-59M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/9	KAY, WALTER	292	00:23:32.00	07:35	7/156	LETH, AB
2/9	SYRENNE, RANDY	371	00:24:17.35	07:50	13/156	CALGARY, AB
3/9	MYLES, CHARLIE	318	00:27:27.85	08:51	28/156	LETH, AB
4/9	POTE, JAMES	337	00:27:57.30	09:00	32/156	LETH, AB
5/9	WEASEL MOCCASIN, PETER	191	00:29:13.45	09:25	48/156	STANDOFF, AB
6/9	ZIELINSKI, WALTER	396	00:31:09.15	10:02	65/156	COALDALE, AB
7/9	SCOTTON, LES	352	00:38:53.45	12:32	113/156	RAYMOND, AB
8/9	VOLK, STAN	386	00:40:50.50	13:10	117/156	LETH, AB
9/9	STARRENBURG, PETER	368	00:53:12.15	17:09	149/156	LETH, AB

5K60+F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/4	NORRIS, JOAN	326	00:28:33.90	09:12	42/156	LETH, AB
2/4	VAN DYK, JANNIE	380	00:33:48.30	10:54	84/156	LETH, AB
3/4	AMENT, LOREEN	212	00:46:07.00	14:52	135/156	COALHURST, AB
4/4	JARDINE, LOIS	284	00:46:44.35	15:04	137/156	LETH, AB

5K60+M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
			00:25:31.95			LETH, AB

Category Results

5K - 3.1 Miles

156 Competitors

5K60+M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City
1/3	CHUBB, RICH	239		08:13	18/156	
2/3	DERBY, GRAHAM	244	00:28:00.20	09:01	33/156	CALGARY, AB
3/3	MACLEOD, DOUG	304	00:35:00.30	11:17	93/156	LETH, AB