

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 207 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
51/207	APPELT, SHARON	1	00:29:50.22	05:58	5K50-59F	2/9	F	26/143	00:29:44.11
132/207	ASSELIN, JODIE	2	00:39:20.42	07:52	5K30-39F	30/39	F	84/143	00:39:12.64
131/207	ASSELIN, OLIVIER	3	00:39:18.54	07:51	5K 9&UM	2/5	M	48/64	00:39:10.08
130/207	AVILA, SOPHIE	212	00:38:45.70	07:45	5K30-39F	29/39	F	83/143	00:38:29.55
75/207	BAREMAN, JOHN	4	00:31:54.38	06:22	5K60+M	3/10	M	33/64	00:31:34.44
76/207	BEAZER, CLARA	5	00:31:55.56	06:23	5K10-14F	8/13	F	43/143	00:31:44.62
200/207	BEAZER, DUANE	6	00:59:25.69	11:53	5K40-49M	13/14	M	60/64	00:58:57.28
4/207	BEAZER, JACK	7	00:21:53.10	04:22	5K15-19M	1/5	M	3/64	00:21:51.44
189/207	BEAZER, KATE	8	00:51:28.51	10:17	5K 9&UF	2/4	F	132/143	00:51:17.43
171/207	BEAZER, MARY	9	00:44:16.00	08:51	5K10-14F	11/13	F	115/143	00:43:47.11
190/207	BEAZER, PATRICIA	10	00:51:33.33	10:18	5K40-49F	39/41	F	133/143	00:51:02.18
97/207	BENEDICT, KENDRA	217	00:34:17.65	06:51	5K40-49F	11/41	F	59/143	00:33:38.55
96/207	BENEDICT, STEPHEN	216	00:34:07.06	06:49	5K30-39M	11/12	M	38/64	00:33:28.25
126/207	BENNETT, JANNA	11	00:38:01.76	07:36	5K30-39F	28/39	F	80/143	00:37:28.57
70/207	BENNETT, JOEL	12	00:31:43.35	06:20	5K30-39M	9/12	M	30/64	00:31:05.03
86/207	BENNETT, ROD	13	00:33:12.34	06:38	5K60+M	4/10	M	36/64	00:33:09.77
9/207	BODIE, COLTEN	14	00:22:50.27	04:34	5K20-29M	1/7	M	7/64	00:22:40.42
155/207	BOHN, DEVYNN	15	00:41:27.97	08:17	5K30-39F	32/39	F	103/143	00:41:12.81
99/207	BOUMA, GOOI	16	00:34:29.82	06:53	5K60+M	6/10	M	39/64	00:34:09.12
110/207	BRISCOE, NICOLE	17	00:36:02.28	07:12	5K30-39F	24/39	F	69/143	00:35:36.63
21/207	BROOKS, KARLI	191	00:26:21.46	05:16	5K20-29F	1/23	F	9/143	00:26:07.28
28/207	BROWN, LESLEY	229	00:27:28.87	05:29	5K40-49F	3/41	F	12/143	00:27:16.51
27/207	BROWN, MITCHEL	19	00:27:16.04	05:27	5K50-59M	2/5	M	16/64	00:27:12.57
66/207	BUREK, JUDY	20	00:31:04.67	06:12	5K50-59F	3/9	F	37/143	00:30:58.29
88/207	BYKOWSKI, ELANI	21	00:33:17.49	06:39	5K15-19F	7/9	F	52/143	00:33:12.07
71/207	CAMERON, JAKE	22	00:31:46.22	06:21	5K30-39M	10/12	M	31/64	00:31:26.49
109/207	CATONIO, CIANA	23	00:35:51.19	07:10	5K 9&UF	1/4	F	68/143	00:35:34.88
108/207	CATONIO, LAURIE	24	00:35:50.66	07:10	5K40-49F	12/41	F	67/143	00:35:35.49
152/207	CHELTE, ROBYN	25	00:41:15.28	08:15	5K40-49F	28/41	F	100/143	00:40:38.54
67/207	CHEVERIE, ZITA	222	00:31:22.69	06:16	5K40-49F	6/41	F	38/143	00:31:09.49
170/207	CHRISTENSEN, JESSICA	26	00:44:06.50	08:49	5K20-29F	19/23	F	114/143	00:43:55.08
180/207	CHRISTIANSON, STEPHANIE	27	00:50:18.10	10:03	5K20-29F	22/23	F	124/143	00:50:02.27
31/207	CLARK, JEFF	30	00:27:32.02	05:30	5K30-39M	5/12	M	18/64	00:27:25.02
90/207	CONROY, ALISON	197	00:33:24.75	06:40	5K40-49F	10/41	F	54/143	00:33:01.49
80/207	COPELAND, JENNIFER	31	00:32:08.02	06:25	5K40-49F	8/41	F	46/143	00:31:51.12
125/207	COWAN, SANDRA	214	00:37:59.03	07:35	5K40-49F	16/41	F	79/143	00:37:38.12
150/207	DESMIT, JULIE	32	00:40:51.23	08:10	5K40-49F	27/41	F	98/143	00:40:23.01
83/207	DORREN, ALISON	198	00:32:32.88	06:30	5K40-49F	9/41	F	49/143	00:32:20.48
124/207	DRYSDALE, LOUISE	33	00:37:54.42	07:34	5K30-39F	27/39	F	78/143	00:37:30.47
105/207	DUDLEY, CAT	34	00:35:31.80	07:06	5K30-39F	22/39	F	65/143	00:35:24.70
73/207	DUECK, CARL	35	00:31:49.32	06:21	5K40-49M	7/14	M	32/64	00:31:34.73
53/207	DUECK, ERIN	36	00:29:51.87	05:58	5K15-19F	4/9	F	28/143	00:29:40.46
54/207	DUECK, KEVIN	37	00:29:51.94	05:58	5K20-29M	4/7	M	26/64	00:29:37.89
52/207	DUECK, SARA	38	00:29:51.38	05:58	5K20-29F	4/23	F	27/143	00:29:37.33
174/207	DYKSTRA, BONITA	39	00:45:08.73	09:01	5K40-49F	34/41	F	118/143	00:44:40.81
11/207	FERGUSON, BILLIE-JO	41	00:23:12.99	04:38	5K40-49F	1/41	F	4/143	00:23:04.54
120/207	FERGUSON, CRYSTAL	42	00:37:21.96	07:28	5K30-39F	26/39	F	76/143	00:36:59.75
121/207	FERGUSON, DAVE	43	00:37:22.41	07:28	5K30-39M	12/12	M	45/64	00:37:01.01
68/207	FILIPUZZI, CARISSA	44	00:31:37.12	06:19	5K20-29F	8/23	F	39/143	00:31:32.69
156/207	FLETCHER, CHARLENE	45	00:41:28.79	08:17	5K40-49F	29/41	F	104/143	00:41:13.63
147/207	FONTAINE, ANNE-MARIE	46	00:40:48.20	08:09	5K50-59F	7/9	F	96/143	00:40:27.67
46/207	FONTAINE, DAVID	47	00:29:37.10	05:55	5K20-29M	3/7	M	22/64	00:29:33.72
25/207	FONTAINE, PAUL	48	00:27:01.36	05:24	5K20-29M	2/7	M	14/64	00:26:57.98
149/207	FONTAINE, RENE	49	00:40:49.39	08:09	5K50-59M	5/5	M	52/64	00:40:28.23
138/207	GARANT, TAUNYA	51	00:40:09.04	08:01	5K40-49F	22/41	F	89/143	00:39:59.80
65/207	GARCIA, PRISCILLA	52	00:30:58.62	06:11	5K20-29F	7/23	F	36/143	00:30:35.02
82/207	GEDRASIK, TERRI	53	00:32:17.97	06:27	5K30-39F	14/39	F	48/143	00:32:14.57
59/207	GIBSON, BRETT	54	00:30:19.48	06:03	5K10-14F	3/13	F	31/143	00:30:13.56
116/207	GIBSON, LAURIE	55	00:37:01.91	07:24	5K40-49F	15/41	F	73/143	00:36:56.11
43/207	GIESBRECHT, COLLEEN	56	00:29:09.86	05:49	5K30-39F	8/39	F	22/143	00:28:33.87
148/207	GRIGG, MIKAELA	58	00:40:49.34	08:09	5K20-29F	14/23	F	97/143	00:40:21.28
140/207	GUNNESS, CORY	59	00:40:11.50	08:02	5K40-49M	10/14	M	50/64	00:39:35.48
55/207	HAMM, JONNY	60	00:29:53.50	05:58	5K20-29M	5/7	M	27/64	00:29:42.46
102/207	HARDER, MELINDA	225	00:34:56.22	06:59	5K30-39F	21/39	F	63/143	00:34:34.01
3/207	HARRIS, ERIN	210	00:21:39.85	04:19	5K30-39F	1/39	F	1/143	00:21:33.47
198/207	HARTY, ANNELEISE	219	00:56:13.06	11:14	5K 9&UF	3/4	F	139/143	00:55:39.13

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 207 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
104/207	HAUGEN, JENNA	61	00:35:22.88	07:04	5K20-29F	11/23	F	64/143	00:34:57.23
118/207	HOLLINGSWORTH, TANNER	62	00:37:13.90	07:26	5K 9&UM	1/5	M	44/64	00:36:36.91
153/207	HOLLINGSWORTH, TAYLOR	63	00:41:15.72	08:15	5K10-14F	10/13	F	101/143	00:40:37.70
195/207	IRWIN, SHERRY	199	00:54:05.76	10:49	5K40-49F	40/41	F	136/143	00:53:38.38
129/207	JANZEN, SHAWN	200	00:38:20.97	07:40	5K40-49M	9/14	M	47/64	00:37:52.35
175/207	JANZEN, SHEILA	201	00:45:28.39	09:05	5K40-49F	35/41	F	119/143	00:44:58.63
165/207	JENSEN, STEFAN	220	00:43:06.09	08:37	5K20-29M	7/7	M	55/64	00:43:02.43
194/207	KANASHIRO, KAZ	66	00:53:22.04	10:40	5K60+F	5/5	F	135/143	00:52:54.60
193/207	KANASHIRO, TOSH	67	00:53:21.22	10:40	5K60+M	10/10	M	59/64	00:52:53.06
24/207	KELLY, AMBREA	68	00:26:44.86	05:20	5K10-14F	1/13	F	11/143	00:26:37.38
164/207	KENNA, BRIDGET	202	00:43:06.02	08:37	5K30-39F	33/39	F	110/143	00:43:03.09
162/207	KING, CHELSEA	69	00:42:37.13	08:31	5K20-29F	17/23	F	109/143	00:42:23.75
161/207	KING, JENNIFER	70	00:42:36.84	08:31	5K40-49F	31/41	F	108/143	00:42:22.97
72/207	KING, PAYTON	71	00:31:48.32	06:21	5K10-14F	7/13	F	41/143	00:31:35.60
22/207	KIRK, MCKENNA	72	00:26:25.01	05:17	5K15-19F	1/9	F	10/143	00:26:18.71
179/207	KIRK, SANDRA	73	00:48:47.80	09:45	5K50-59F	9/9	F	123/143	00:48:21.70
157/207	KNIGHT, CASSANDRA	74	00:42:07.62	08:25	5K40-49F	30/41	F	105/143	00:41:41.97
145/207	KOMM, STEPHANIE	75	00:40:24.96	08:04	5K40-49F	26/41	F	94/143	00:40:01.78
207/207	KORMOS, KATELYNNE	76	01:01:50.97	12:22	5K 9&UF	4/4	F	143/143	01:01:24.58
206/207	KORMOS, STEPHANIE	77	01:01:50.85	12:22	5K30-39F	39/39	F	142/143	01:01:24.52
128/207	KRAMPL, WENDY	78	00:38:20.80	07:40	5K40-49F	18/41	F	82/143	00:37:51.36
34/207	KRASSELLT, KEVIN	79	00:27:42.12	05:32	5K30-39M	6/12	M	19/64	00:27:37.19
14/207	KROKER, JOSH	80	00:24:18.21	04:51	5K10-14M	2/6	M	9/64	00:24:16.82
33/207	KROKER, MICHELA	81	00:27:34.32	05:30	5K10-14F	2/13	F	15/143	00:27:26.76
95/207	KUHL, GREG	227	00:33:44.91	06:44	5K60+M	5/10	M	37/64	00:33:28.86
56/207	KWAN, MICHELLE	84	00:30:04.54	06:00	5K20-29F	5/23	F	29/143	00:29:58.63
87/207	LAHIJI, LAYLA	203	00:33:17.42	06:39	5K15-19F	6/9	F	51/143	00:33:11.40
91/207	LAING, ROBIN	224	00:33:29.42	06:41	5K50-59F	4/9	F	55/143	00:33:12.01
6/207	LAMMERS-POTTAGE, ANDREA	85	00:22:05.06	04:25	5K30-39F	2/39	F	2/143	00:22:04.60
111/207	LARKO, TRINIDI	86	00:36:03.38	07:12	5K20-29F	12/23	F	70/143	00:35:37.70
16/207	LAURENDEAU, JASON	204	00:25:02.09	05:00	5K40-49M	3/14	M	10/64	00:24:57.95
98/207	LEDUC, FRANCINE	87	00:34:26.23	06:53	5K30-39F	20/39	F	60/143	00:34:19.54
151/207	LEHMANN, EMMA	88	00:40:51.43	08:10	5K20-29F	15/23	F	99/143	00:40:23.02
44/207	LEISHMAN, JESSICA	89	00:29:18.18	05:51	5K30-39F	9/39	F	23/143	00:29:02.74
184/207	LENNOX-YAUCK, JULIA	90	00:50:24.33	10:04	5K15-19F	9/9	F	127/143	00:49:53.77
35/207	LENZ, EMMA	223	00:27:45.85	05:33	5K40-49F	5/41	F	16/143	00:27:42.91
168/207	LOW, GAYLE	91	00:43:23.98	08:40	5K60+F	4/5	F	112/143	00:43:10.18
167/207	LOW, RICHARD	92	00:43:23.86	08:40	5K60+M	9/10	M	56/64	00:43:09.41
36/207	LYLE, JEFF	215	00:28:01.41	05:36	5K40-49M	5/14	M	20/64	00:27:57.19
185/207	MAASS, HAILEY	93	00:50:26.32	10:05	5K10-14F	12/13	F	128/143	00:49:54.82
186/207	MAASS, SHANNON	94	00:50:29.97	10:05	5K40-49F	38/41	F	129/143	00:49:58.15
17/207	MACKINNON, BOBBIE	96	00:25:44.22	05:08	5K40-49F	2/41	F	7/143	00:25:40.09
134/207	MACLEOD, DOUGLAS	187	00:39:36.23	07:55	5K60+M	8/10	M	49/64	00:39:06.40
183/207	MARCINEK, ANDREA	97	00:50:19.87	10:03	5K30-39F	34/39	F	126/143	00:50:19.87
103/207	MATHIAS, ANDREW	192	00:35:17.56	07:03	5K50-59M	3/5	M	40/64	00:34:58.45
146/207	MATHIAS, MELANIE	98	00:40:46.85	08:09	5K20-29F	13/23	F	95/143	00:40:27.86
127/207	MCFADYEN, GILLIAN	221	00:38:08.93	07:37	5K40-49F	17/41	F	81/143	00:37:54.54
49/207	MCFADYEN, JOHN	99	00:29:44.15	05:56	5K40-49M	6/14	M	25/64	00:29:32.73
37/207	MCFADYEN, KIRSTY	100	00:28:12.45	05:38	5K15-19F	2/9	F	17/143	00:28:01.03
122/207	MCFADYEN, MURRAY	101	00:37:31.60	07:30	5K10-14M	5/6	M	46/64	00:37:19.68
57/207	MELLISH, SARAH	103	00:30:05.94	06:01	5K30-39F	11/39	F	30/143	00:29:29.92
40/207	MICHEL, GRAYSON	104	00:29:01.22	05:48	5K30-39M	7/12	M	21/64	00:28:48.48
197/207	MITCHELL HARTY, KATHRYN	218	00:56:12.58	11:14	5K40-49F	41/41	F	138/143	00:55:39.61
94/207	MOENS, MARIAN	105	00:33:44.21	06:44	5K30-39F	19/39	F	58/143	00:33:19.89
100/207	MORO-CLARKE, LORI	106	00:34:52.22	06:58	5K50-59F	5/9	F	61/143	00:34:46.99
15/207	MRAK, LAURA	189	00:24:51.12	04:58	5K30-39F	4/39	F	6/143	00:24:49.52
39/207	MULDER, BROOKE	107	00:28:54.35	05:46	5K20-29F	3/23	F	19/143	00:28:44.23
199/207	MURIA, MAYU	213	00:56:57.25	11:23	5K20-29F	23/23	F	140/143	00:56:32.34
61/207	MUSIAL, JORDYN	110	00:30:29.84	06:05	5K10-14F	4/13	F	32/143	00:30:22.14
112/207	MUSIAL, WENDY	111	00:36:08.71	07:13	5K40-49F	13/41	F	71/143	00:35:59.95
18/207	MYLES, CHARLIE	112	00:26:10.56	05:14	5K50-59M	1/5	M	11/64	00:26:08.48
201/207	NELSON, MARK	193	01:00:42.98	12:08	5K40-49M	14/14	M	61/64	01:00:38.36
5/207	NUTLEY, MICK	113	00:21:56.67	04:23	5K40-49M	1/14	M	4/64	00:21:55.28
133/207	OISHI, SHEILA	194	00:39:35.85	07:55	5K40-49F	19/41	F	85/143	00:39:05.28
178/207	OSBORN, WENDY	114	00:47:51.13	09:34	5K40-49F	36/41	F	122/143	00:47:18.64
32/207	OSEEN, JENNY	205	00:27:32.83	05:30	5K40-49F	4/41	F	14/143	00:27:22.72

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## 5K Run - 3.1 Miles

## 207 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
2/207	OTTO, ANDREW	115	00:20:43.44	04:08	5K30-39M	2/12	M	2/64	00:20:42.98
48/207	PERRETT, ADAM	117	00:29:43.01	05:56	5K30-39M	8/12	M	24/64	00:29:24.75
47/207	PERRETT, LIAM	118	00:29:41.19	05:56	5K10-14M	3/6	M	23/64	00:29:24.74
79/207	PERRETT, MEGAN	119	00:32:07.38	06:25	5K15-19F	5/9	F	45/143	00:31:50.53
92/207	PHILLIPS, JENNICA	206	00:33:42.25	06:44	5K30-39F	17/39	F	56/143	00:33:26.28
142/207	PIERSON, CARLA	120	00:40:17.96	08:03	5K40-49F	24/41	F	92/143	00:39:37.04
26/207	POYTRESS, AARON	121	00:27:03.79	05:24	5K30-39M	3/12	M	15/64	00:26:39.54
93/207	POYTRESS, LACEY	122	00:33:44.09	06:44	5K30-39F	18/39	F	57/143	00:33:19.95
141/207	PRAWDZIK, LISA-MARIE	123	00:40:17.72	08:03	5K40-49F	23/41	F	91/143	00:39:35.10
196/207	PURCELL, SHELLEY	207	00:54:06.08	10:49	5K30-39F	38/39	F	137/143	00:53:38.30
106/207	REMPEL, CARRIE	124	00:35:36.58	07:07	5K30-39F	23/39	F	66/143	00:34:58.45
177/207	REYNOLDS, NICOLE	125	00:45:57.16	09:11	5K20-29F	21/23	F	121/143	00:45:49.78
181/207	RIBLING, ANNET	126	00:50:18.30	10:03	5K40-49F	37/41	F	125/143	00:49:47.11
182/207	RIBLING, KELLY	127	00:50:18.32	10:03	5K40-49M	12/14	M	57/64	00:49:46.74
45/207	RICHARD, SHELBY	211	00:29:20.65	05:52	5K15-19F	3/9	F	24/143	00:29:11.31
89/207	RICHARDS, RACHEL	128	00:33:19.70	06:39	5K30-39F	16/39	F	53/143	00:33:12.60
1/207	ROBDRUP, DANNY	226	00:19:48.86	03:57	5K30-39M	1/12	M	1/64	00:19:48.68
119/207	ROBLIN, ALECIA	129	00:37:18.18	07:27	5K30-39F	25/39	F	75/143	00:36:54.91
176/207	ROED, MINA	130	00:45:54.84	09:10	5K20-29F	20/23	F	120/143	00:45:47.14
78/207	RUSCHIN, TRACEY	131	00:32:06.17	06:25	5K30-39F	13/39	F	44/143	00:31:44.78
69/207	SCHINDELER, MACKENZIE	132	00:31:41.87	06:20	5K10-14F	6/13	F	40/143	00:31:37.73
13/207	SCHINDELER, NICHOLAS	133	00:23:54.24	04:46	5K10-14M	1/6	M	8/64	00:23:50.58
205/207	SCOTT, BRENDEN	134	01:01:06.87	12:13	5K15-19M	5/5	M	64/64	01:00:31.26
204/207	SCOTT, JAXEN	136	01:01:06.61	12:13	5K 9&UM	5/5	M	63/64	01:00:36.41
202/207	SCOTT, MACKENZIE	137	01:01:01.80	12:12	5K10-14F	13/13	F	141/143	01:00:31.35
203/207	SCOTT, PARKER	138	01:01:02.18	12:12	5K 9&UM	4/5	M	62/64	01:00:26.94
169/207	SCOTTON, TALISSA	139	00:43:32.48	08:42	5K20-29F	18/23	F	113/143	00:43:18.78
158/207	SEELEY, ERIN	140	00:42:27.57	08:29	5K20-29F	16/23	F	106/143	00:42:13.58
159/207	SEELEY, KARSON	141	00:42:27.73	08:29	5K20-29M	6/7	M	53/64	00:42:14.40
60/207	SEELEY, REID	142	00:30:21.29	06:04	5K15-19M	3/5	M	29/64	00:30:09.79
63/207	SHAPKA, MEGAN	190	00:30:36.51	06:07	5K30-39F	12/39	F	34/143	00:30:32.46
113/207	SMITH, LLOYD	208	00:36:44.28	07:20	5K50-59M	4/5	M	42/64	00:36:26.76
188/207	SMITH, MELISSA	144	00:50:38.17	10:07	5K30-39F	36/39	F	131/143	00:50:10.46
163/207	SPEELMAN, JAXSON	209	00:43:05.62	08:37	5K 9&UM	3/5	M	54/64	00:43:03.06
74/207	STAPLES, JENN	145	00:31:52.11	06:22	5K40-49F	7/41	F	42/143	00:31:26.24
38/207	STEED, JULIA	146	00:28:19.66	05:39	5K20-29F	2/23	F	18/143	00:28:04.65
8/207	STEWART, BRUCE	148	00:22:12.16	04:26	5K40-49M	2/14	M	6/64	00:22:10.92
7/207	STEWART, DEAN	149	00:22:12.02	04:26	5K15-19M	2/5	M	5/64	00:22:10.53
107/207	STROEVE, JOE	150	00:35:50.28	07:10	5K60+M	7/10	M	41/64	00:35:38.19
139/207	STRUTH, NICOLE	151	00:40:09.24	08:01	5K30-39F	31/39	F	90/143	00:40:00.00
50/207	TAMS, CATHERINE	152	00:29:44.96	05:56	5K30-39F	10/39	F	25/143	00:29:04.51
77/207	TAMS, CONNOR	153	00:31:57.12	06:23	5K10-14M	4/6	M	34/64	00:31:56.18
123/207	TAMS, SCHYLER	155	00:37:48.36	07:33	5K15-19F	8/9	F	77/143	00:37:14.43
173/207	TAMS, TASHA	156	00:44:23.31	08:52	5K40-49F	33/41	F	117/143	00:43:48.00
101/207	THOM, AMANDA	158	00:34:54.42	06:58	5K20-29F	10/23	F	62/143	00:34:49.09
10/207	THOMAS, ARIEL	188	00:23:04.21	04:36	5K30-39F	3/39	F	3/143	00:22:57.70
187/207	THOMPSON, ASHLEY	159	00:50:38.03	10:07	5K30-39F	35/39	F	130/143	00:50:11.35
136/207	TIFFIN, JENNIFER	160	00:39:54.74	07:58	5K40-49F	20/41	F	87/143	00:39:39.65
160/207	TIPPER, DOROTHY	162	00:42:32.30	08:30	5K60+F	2/5	F	107/143	00:42:15.45
154/207	URANO, ATSUKO	163	00:41:16.44	08:15	5K50-59F	8/9	F	102/143	00:33:10.72
81/207	VAN ECK, NICOLE	164	00:32:14.04	06:26	5K20-29F	9/23	F	47/143	00:32:07.83
115/207	VAN ROON, ANNE	165	00:36:58.05	07:23	5K40-49F	14/41	F	72/143	00:36:38.62
114/207	VAN ROON, CRAIG	166	00:36:45.54	07:21	5K40-49M	8/14	M	43/64	00:36:23.33
137/207	VANDENBELD, BRENDA	167	00:39:57.36	07:59	5K40-49F	21/41	F	88/143	00:39:33.18
85/207	VEDRES, FAYLA	168	00:32:48.21	06:33	5K30-39F	15/39	F	50/143	00:32:29.95
117/207	VEDRES, HELENA	169	00:37:08.75	07:25	5K50-59F	6/9	F	74/143	00:36:50.50
41/207	VILLENEUVE, MICHELLE	195	00:29:03.85	05:48	5K30-39F	6/39	F	20/143	00:28:55.35
29/207	VILLENEUVE, ROB	196	00:27:30.33	05:30	5K30-39M	4/12	M	17/64	00:27:20.78
30/207	VOLK, VICKEY	170	00:27:31.81	05:30	5K30-39F	5/39	F	13/143	00:27:24.43
62/207	WALKER, EMMA	172	00:30:31.61	06:06	5K10-14F	5/13	F	33/143	00:30:23.18
12/207	WALKER, KELCEY	173	00:23:39.89	04:43	5K60+F	1/5	F	5/143	00:23:31.43
20/207	WARREN, JEFF	174	00:26:16.46	05:15	5K60+M	1/10	M	12/64	00:26:11.95
143/207	WASILENKO, STARLA	175	00:40:18.06	08:03	5K40-49F	25/41	F	93/143	00:39:35.48
144/207	WASILENKO, TREVOR	176	00:40:18.26	08:03	5K40-49M	11/14	M	51/64	00:39:36.30
64/207	WEISS, NADIA	177	00:30:46.77	06:09	5K20-29F	6/23	F	35/143	00:30:34.80
166/207	WHITNACK, LESLIE	178	00:43:16.80	08:39	5K60+F	3/5	F	111/143	00:42:43.71

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 207 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
23/207	WIELENGA, CHRIS	179	00:26:27.83	05:17	5K40-49M	4/14	M	13/64	00:26:07.62
58/207	WIENS, MURRAY	180	00:30:09.52	06:01	5K60+M	2/10	M	28/64	00:29:59.41
19/207	WILLIAMS, DR CAROL	181	00:26:14.34	05:14	5K50-59F	1/9	F	8/143	00:26:13.35
84/207	WOJTOWICZ, BROCK	182	00:32:44.40	06:32	5K15-19M	4/5	M	35/64	00:32:43.46
135/207	WOJTOWICZ, CAMRYN	183	00:39:46.40	07:57	5K10-14F	9/13	F	86/143	00:39:11.63
172/207	WOJTOWICZ, MANDY	184	00:44:21.52	08:52	5K40-49F	32/41	F	116/143	00:43:46.28
42/207	WLOUDWIJK, KATE	228	00:29:08.19	05:49	5K30-39F	7/39	F	21/143	00:28:57.57
191/207	YAUCK, DOMINICK	185	00:52:47.06	10:33	5K10-14M	6/6	M	58/64	00:52:16.49
192/207	YAUCK, THERESA	186	00:52:49.46	10:33	5K30-39F	37/39	F	134/143	00:52:18.64