

Alpha Overall Results

10K Run - 6.21 Miles

83 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
56/83	ADAMS LAURENDEA, QUINN	1001	01:00:37.85	06:03	10K 9&UM	1/1	M	27/37	01:00:15.48
65/83	ANDERSON, KATHERINE	1002	01:04:29.69	06:26	10K20-29F	10/12	F	36/46	01:03:53.20
39/83	ANDERSON, SUSAN	1003	00:53:53.92	05:23	10K30-39F	7/18	F	16/46	00:53:41.46
18/83	ARGYLE, GRAHAM	1004	00:48:32.15	04:51	10K60+M	2/6	M	14/37	00:48:28.19
50/83	BAIRD, MARK	1005	00:58:05.75	05:48	10K40-49M	5/6	M	26/37	00:57:51.34
34/83	BERNATCHEZ, CORA	1006	00:52:26.41	05:14	10K30-39F	5/18	F	12/46	00:52:05.32
30/83	BEZOYEN, ANDREA	1007	00:51:53.90	05:11	10K30-39F	4/18	F	10/46	00:51:46.53
16/83	BORG, ANDREW	1072	00:48:08.07	04:48	10K30-39M	2/7	M	13/37	00:48:00.04
54/83	BRAUN, CANDICE	1009	01:00:01.93	06:00	10K30-39F	11/18	F	28/46	00:59:46.14
75/83	BRODIE, BRENDAN	1010	01:08:05.97	06:48	10K30-39M	7/7	M	34/37	01:07:46.16
74/83	BRODIE, JORDAN	1011	01:08:05.67	06:48	10K20-29M	3/4	M	33/37	01:07:46.17
66/83	BULLOCK, WHITNEY	1083	01:04:39.11	06:27	10K30-39F	12/18	F	37/46	01:04:23.00
73/83	CAMERON, JAKE	1012	01:08:04.27	06:48	10K30-39M	6/7	M	32/37	01:07:55.93
37/83	CHAMBERS, BRIGIDA	1046	00:53:40.64	05:22	10K40-49F	6/11	F	14/46	00:53:39.33
80/83	CHRONIK, JUSTIN	1014	01:17:10.64	07:43	10K20-29M	4/4	M	37/37	01:16:33.81
71/83	DAVIDSON, NATHALIE	1016	01:06:20.76	06:38	10K20-29F	12/12	F	41/46	01:05:48.30
1/83	DEGUIRE, GAEL	1021	00:38:28.39	03:50	10K20-29M	1/4	M	1/37	00:38:27.94
79/83	DIBBEN, CHARLENE	1017	01:14:53.46	07:29	10K30-39F	16/18	F	43/46	01:14:35.68
82/83	DRYSDALE, LOUISE	1018	01:19:56.33	07:59	10K30-39F	18/18	F	45/46	01:19:43.39
8/83	DYCK, JESSICA	1019	00:45:59.60	04:35	10K20-29F	2/12	F	2/46	00:45:57.49
38/83	ENGEN, LINDSAY	1020	00:53:42.55	05:22	10K30-39F	6/18	F	15/46	00:53:30.09
72/83	FLAIG, DON	1086	01:07:59.15	06:47	10K60+M	6/6	M	31/37	01:07:43.14
12/83	GOMEZ, CORBIN	1022	00:47:39.75	04:45	10K15-19M	1/1	M	9/37	00:47:35.61
51/83	GOODFELLOW, PIPPA	1084	00:59:01.29	05:54	10K50-59F	1/2	F	25/46	00:58:52.29
21/83	GRANT, BRENDAN	1023	00:49:00.72	04:54	10K30-39M	3/7	M	15/37	00:48:47.98
49/83	GRANT, DARRELL	1024	00:58:05.55	05:48	10K30-39M	5/7	M	25/37	00:57:51.14
69/83	GROENENBOOM, ABIGAIL	1025	01:06:12.80	06:37	10K30-39F	14/18	F	39/46	01:05:58.17
33/83	GUENTHER, CHARLES	1071	00:52:19.79	05:13	10K60+M	5/6	M	22/37	00:52:15.75
44/83	HAMILTON, COURTENEY	1078	00:56:31.73	05:39	10K20-29F	4/12	F	21/46	00:56:20.75
28/83	HANSON, JANNIS	1026	00:51:43.47	05:10	10K20-29F	3/12	F	9/46	00:51:37.40
43/83	HEWITT, LYN	1079	00:56:31.13	05:39	10K30-39F	9/18	F	20/46	00:56:15.12
3/83	HIGGINS, BOB	1027	00:43:00.85	04:18	10K50-59M	1/12	M	3/37	00:42:59.54
2/83	HILL, BO	1087	00:41:26.02	04:08	10K30-39M	1/7	M	2/37	00:41:25.99
46/83	HYCHA, AMY	1029	00:57:02.19	05:42	10K20-29F	5/12	F	22/46	00:56:51.43
48/83	KLIMA, LORANNE	1030	00:57:31.89	05:45	10K30-39F	10/18	F	24/46	00:57:09.45
55/83	KOPPE, MIRIAM	1031	01:00:06.65	06:00	10K20-29F	8/12	F	29/46	00:59:41.82
13/83	KUNDRIK, LARRY	1032	00:47:47.83	04:46	10K60+M	1/6	M	10/37	00:47:44.86
5/83	KWOK, VANESSA	1028	00:44:38.17	04:27	10K20-29F	1/12	F	1/46	00:44:36.66
11/83	LAMMERS-POTTAGE, ANDREA	1033	00:47:32.63	04:45	10K30-39F	1/18	F	3/46	00:47:30.50
57/83	LAURENDEAU, JASON	1034	01:00:38.08	06:03	10K40-49M	6/6	M	28/37	01:00:15.65
40/83	LENZ, EMMA	1035	00:54:38.89	05:27	10K40-49F	7/11	F	17/46	00:54:35.38
19/83	LOW, JENNIE	1036	00:48:54.47	04:53	10K30-39F	2/18	F	5/46	00:48:52.20
20/83	LOWRY, NATALIE	1037	00:48:58.91	04:53	10K30-39F	3/18	F	6/46	00:48:55.72
4/83	LUKINUK, BRENDT	1038	00:43:17.55	04:19	10K40-49M	1/6	M	4/37	00:43:16.80
68/83	LUKINUK, ELIZABETH	1039	01:05:16.04	06:31	10K30-39F	13/18	F	38/46	01:04:57.68
26/83	MAATJE, JOHAN	1040	00:51:20.96	05:08	10K50-59M	7/12	M	19/37	00:51:13.79
22/83	MARKS, CORWIN	1088	00:50:07.64	05:00	10K50-59M	6/12	M	16/37	00:50:04.19
64/83	MEGAW, CAROL	1041	01:04:18.52	06:25	10K60+F	2/3	F	35/46	01:04:13.89
61/83	MEZEI, PEGGY	1051	01:01:22.12	06:08	10K60+F	1/3	F	33/46	01:01:06.11
76/83	MIHALIK, TOM	1042	01:08:26.47	06:50	10K50-59M	11/12	M	35/37	01:08:18.20
83/83	NICHOLSON, ALICE	1043	01:23:40.01	08:22	10K60+F	3/3	F	46/46	01:23:17.94
45/83	PEARCE, JIM	1044	00:56:41.16	05:40	10K50-59M	9/12	M	24/37	00:56:25.75
10/83	PENNER, KEN	1045	00:47:04.47	04:42	10K50-59M	4/12	M	8/37	00:47:01.70
29/83	POTE, JAMES	1047	00:51:53.90	05:11	10K60+M	3/6	M	20/37	00:51:46.19
14/83	RANDLE, LARRY	1073	00:47:53.49	04:47	10K50-59M	5/12	M	11/37	00:47:50.20
25/83	REIMER, SUSAN	1048	00:51:07.26	05:06	10K40-49F	2/11	F	7/46	00:51:05.45
47/83	RIEXINGER, JORDYN	1049	00:57:02.19	05:42	10K20-29F	6/12	F	23/46	00:56:51.96
6/83	RITCHOT, GILLES	1074	00:44:40.48	04:28	10K50-59M	2/12	M	5/37	00:44:38.27
27/83	ROEMMELE, TRACEY	1050	00:51:40.16	05:10	10K40-49F	3/11	F	8/46	00:51:35.23
17/83	SCHINDELER, SUSAN	1052	00:48:21.57	04:50	10K40-49F	1/11	F	4/46	00:48:18.28
32/83	SOROCHAN, GLENN	1054	00:52:09.31	05:12	10K60+M	4/6	M	21/37	00:51:53.12
60/83	SPRIDDLER, JENNIFER	1085	01:01:21.84	06:08	10K40-49F	10/11	F	32/46	01:01:04.22
63/83	STANIER, MICHAEL	1055	01:03:17.85	06:19	10K20-29M	2/4	M	29/37	01:02:53.72
52/83	STEPHEN, KELLY	1056	00:59:05.03	05:54	10K20-29F	7/12	F	26/46	00:58:48.26
70/83	SUTHERLAND, ALYSSA	1057	01:06:18.95	06:37	10K20-29F	11/12	F	40/46	01:05:47.03
9/83	SWITZER, JOHN	1075	00:46:21.40	04:38	10K50-59M	3/12	M	7/37	00:46:17.95

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
36/83	TAKEYASU, CARRIE	1058	00:53:17.08	05:19	10K40-49F	5/11	F	13/46	00:53:10.91
42/83	TAMS, MARILYN	1076	00:55:04.07	05:30	10K40-49F	8/11	F	19/46	00:55:00.20
35/83	THIESSEN, ERNIE	1089	00:52:47.45	05:16	10K50-59M	8/12	M	23/37	00:52:38.79
41/83	THOMPSON, NICOLE	1059	00:54:43.76	05:28	10K30-39F	8/18	F	18/46	00:54:32.10
58/83	THURSTON, KASHA	1060	01:00:40.65	06:04	10K20-29F	9/12	F	30/46	01:00:27.99
53/83	TIETZ, TERRIE	1081	00:59:53.48	05:59	10K50-59F	2/2	F	27/46	00:59:38.05
24/83	TOPOLNISKY, OLIVER	1067	00:51:00.15	05:06	10K30-39M	4/7	M	18/37	00:50:50.04
81/83	TROTTIER, CHARMAINE	1061	01:18:17.05	07:49	10K30-39F	17/18	F	44/46	01:17:46.17
67/83	TRUDEAU, MARC	1062	01:04:42.19	06:28	10K50-59M	10/12	M	30/37	01:04:35.12
78/83	VAN DEURZEN, JOHN	1077	01:10:51.68	07:05	10K50-59M	12/12	M	36/37	01:10:38.62
7/83	VANDEN DOOL, GLENN	1063	00:44:56.35	04:29	10K40-49M	2/6	M	6/37	00:44:49.56
59/83	VANDERHEYDEN, MANON	1064	01:00:46.86	06:04	10K40-49F	9/11	F	31/46	01:00:38.91
77/83	WALOWETZ, CHANTAL	1065	01:10:17.37	07:01	10K30-39F	15/18	F	42/46	01:09:59.95
31/83	WALSHE, HEIDEE	1066	00:52:01.93	05:12	10K40-49F	4/11	F	11/46	00:50:58.97
62/83	WESSELING, CAROLIEN	1082	01:01:50.58	06:11	10K40-49F	11/11	F	34/46	01:01:20.06
15/83	WILLMS, MIKE	1068	00:48:07.43	04:48	10K40-49M	3/6	M	12/37	00:48:02.16
23/83	WILSON, MATT	1069	00:50:21.38	05:02	10K40-49M	4/6	M	17/37	00:50:08.62