

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 237 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
107/237	ADAMS, KRISTIN	5001	00:32:20.35	06:28	5K20-29F	19/43	F	74/181	00:31:56.11
68/237	ADAMS, LYLE	5002	00:28:57.81	05:47	5K40-49M	3/12	M	26/56	00:28:41.80
66/237	ADAMS, ROXANNE	5003	00:28:55.05	05:47	5K40-49F	8/41	F	41/181	00:28:39.88
208/237	ADDISON, FELICITY	5004	00:45:32.42	09:06	5K30-39F	36/39	F	159/181	00:45:08.31
207/237	ADDISON, LINDA	5005	00:45:31.82	09:06	5K50-59F	16/19	F	158/181	00:45:08.29
33/237	ALLEN, PHILIP	5007	00:26:06.25	05:13	5K10-14M	3/11	M	17/56	00:26:04.52
46/237	AMELINCKX, ERIK	5223	00:27:21.48	05:28	5K10-14M	4/11	M	20/56	00:27:14.79
69/237	APPELT, SHARON	5008	00:29:01.91	05:48	5K60+F	2/9	F	43/181	00:28:52.70
151/237	BAIN, RACHEL	5240	00:35:45.70	07:09	5K40-49F	22/41	F	111/181	00:35:24.75
160/237	BAPTISTA, ALLISON	5009	00:36:47.39	07:21	5K10-14F	9/12	F	118/181	00:36:19.29
166/237	BAPTISTA, EMILY	5010	00:37:01.37	07:24	5K 9&UF	4/8	F	124/181	00:36:34.49
192/237	BAPTISTA, SAVIO	5011	00:40:46.36	08:09	5K40-49F	34/41	F	146/181	00:40:18.26
52/237	BEAZER, CLARA	5012	00:27:48.71	05:33	5K15-19F	4/10	F	30/181	00:27:43.00
232/237	BEAZER, DUANE	5013	00:58:27.64	11:41	5K40-49M	12/12	M	54/56	00:57:58.42
4/237	BEAZER, JACK	5014	00:20:59.90	04:11	5K15-19M	1/4	M	4/56	00:20:59.30
211/237	BEAZER, KATE	5015	00:45:50.79	09:10	5K 9&UF	5/8	F	161/181	00:45:43.42
194/237	BEAZER, MARY	5016	00:41:01.82	08:12	5K10-14F	12/12	F	148/181	00:40:51.79
212/237	BEAZER, PATRICIA	5017	00:45:57.90	09:11	5K40-49F	38/41	F	162/181	00:45:47.22
36/237	BEBEK, BRYNNE	5231	00:26:26.80	05:17	5K30-39F	3/39	F	19/181	00:26:16.31
186/237	BENNETT, MEAGAN	5213	00:39:43.00	07:56	5K20-29F	39/43	F	141/181	00:39:24.64
121/237	BERGESON, BRITTANY	5018	00:33:18.03	06:39	5K20-29F	24/43	F	85/181	00:32:29.38
102/237	BISGAARD, SARAH	5019	00:31:55.45	06:23	5K15-19F	8/10	F	70/181	00:31:35.95
67/237	BRESSLER, KAMIKO	5022	00:28:55.09	05:47	5K20-29F	9/43	F	42/181	00:28:40.36
137/237	BRODIE, MICHAEL	5023	00:34:34.86	06:54	5K40-49M	6/12	M	38/56	00:34:15.35
21/237	BRUGGER, CAITLYN	5024	00:24:23.15	04:52	5K20-29F	4/43	F	7/181	00:24:17.25
93/237	BUREK, JUDY	5025	00:31:14.94	06:14	5K50-59F	5/19	F	62/181	00:31:05.15
15/237	BYKOWSKI, ELANI	5026	00:23:45.61	04:45	5K20-29F	3/43	F	5/181	00:23:31.67
43/237	BYKOWSKI, JOHN	5028	00:26:45.18	05:21	5K50-59M	2/8	M	19/56	00:26:39.37
91/237	CAMPBELL, KIM	5029	00:31:03.09	06:12	5K40-49F	12/41	F	60/181	00:30:45.61
219/237	CANT, DEBBIE	5232	00:48:39.24	09:43	5K50-59F	18/19	F	169/181	00:47:53.45
159/237	CAPUTO, KAAREEN	5030	00:36:46.48	07:21	5K40-49F	25/41	F	117/181	00:36:41.41
165/237	CATONIO, CIANA	5031	00:37:01.37	07:24	5K 9&UF	3/8	F	123/181	00:36:34.03
214/237	CHRISTENSEN, JESSICA	5032	00:47:23.46	09:28	5K20-29F	43/43	F	164/181	00:47:12.38
81/237	CHRISTENSEN, SHERRY	5033	00:30:21.51	06:04	5K50-59F	4/19	F	54/181	00:30:17.55
206/237	CHUDOBIAK, APRIL	5034	00:44:35.90	08:55	5K30-39F	35/39	F	157/181	00:44:10.69
98/237	CONROY, ALISON	5035	00:31:40.20	06:20	5K40-49F	13/41	F	67/181	00:31:22.97
87/237	COPELAND, JENNIFER	5036	00:30:46.96	06:09	5K40-49F	11/41	F	57/181	00:30:22.13
148/237	CROSS, AMANDA	5037	00:35:39.24	07:07	5K30-39F	24/39	F	108/181	00:35:18.59
140/237	DAISLEY, JAHLEE	5038	00:34:44.08	06:56	5K10-14F	8/12	F	101/181	00:34:37.83
30/237	DAISLEY, JENNY	5039	00:26:02.30	05:12	5K30-39F	2/39	F	15/181	00:26:00.91
90/237	DAVIS, JENNIFER	5040	00:30:55.46	06:11	5K30-39F	15/39	F	59/181	00:30:35.06
177/237	DIETZE, EMMA	5042	00:37:59.52	07:35	5K15-19F	9/10	F	134/181	00:37:33.68
178/237	DIETZE, KIRBY	5043	00:37:59.60	07:35	5K40-49M	9/12	M	44/56	00:37:33.42
209/237	DOLEZSAR, GINA	5044	00:45:47.18	09:09	5K40-49F	37/41	F	160/181	00:44:48.06
196/237	DOMINATO, ASHLEY	5045	00:41:23.72	08:16	5K30-39F	30/39	F	149/181	00:41:13.23
172/237	DORILAS, JOANNIE	5214	00:37:34.61	07:30	5K20-29F	37/43	F	129/181	00:37:27.24
53/237	DORREN, ALISON	5224	00:27:51.21	05:34	5K40-49F	6/41	F	31/181	00:27:48.24
76/237	DREW, HOLLY	5046	00:29:47.15	05:57	5K20-29F	11/43	F	50/181	00:29:42.61
155/237	DUBORD, ANNE	5048	00:36:17.52	07:15	5K30-39F	26/39	F	115/181	00:36:06.02
128/237	DYCK, JASON	5049	00:34:08.67	06:49	5K40-49M	5/12	M	37/56	00:33:41.33
63/237	ERICKSON, CHANTELE	5233	00:28:51.37	05:46	5K30-39F	10/39	F	38/181	00:28:41.18
179/237	EVES, VANESSA	5051	00:38:17.17	07:39	5K30-39F	29/39	F	135/181	00:38:06.49
200/237	FAROUGH, HEATHER	5052	00:43:46.32	08:45	5K30-39F	33/39	F	153/181	00:43:25.03
16/237	FERGUSON, BILLIE-JO	5053	00:23:54.20	04:46	5K40-49F	2/41	F	6/181	00:23:46.13
83/237	FILIPUZZI, CARISSA	5054	00:30:26.34	06:05	5K20-29F	13/43	F	55/181	00:30:18.00
117/237	FISHER, CATHY	5234	00:33:16.21	06:39	5K50-59F	8/19	F	81/181	00:33:04.85
170/237	FONTAINE, ABI	5055	00:37:24.32	07:28	5K10-14F	10/12	F	127/181	00:37:05.96
197/237	FONTAINE, JAIME	5056	00:42:06.11	08:25	5K30-39F	31/39	F	150/181	00:41:47.77
182/237	FRASER, VALERIE	5057	00:38:40.79	07:44	5K40-49F	31/41	F	138/181	00:38:18.86
58/237	GARCIA, PRISCILLA	5058	00:28:25.89	05:41	5K20-29F	8/43	F	35/181	00:28:00.50
35/237	GARDEN, DANA	5059	00:26:26.08	05:17	5K50-59F	2/19	F	18/181	00:26:20.37
95/237	GEDRASIK, TERRI	5225	00:31:21.66	06:16	5K30-39F	17/39	F	64/181	00:31:05.97
108/237	GELLATLY, JESSICA	5215	00:32:30.94	06:30	5K20-29F	20/43	F	75/181	00:32:09.17
44/237	GIESBRECHT, COLLEEN	5060	00:26:53.84	05:22	5K30-39F	5/39	F	25/181	00:26:38.37
190/237	GILLET, SHARON	5061	00:40:22.06	08:04	5K50-59F	14/19	F	144/181	00:39:46.59
29/237	GINGRAS, SANDY	5062	00:26:01.32	05:12	5K40-49F	4/41	F	14/181	00:25:55.41

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## 5K Run - 3.1 Miles

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
106/237	GLAISTER, BETHANY	5063	00:32:12.85	06:26	5K30-39F	18/39	F	73/181	00:31:56.60
55/237	GOMEZ, LAUREN	5064	00:28:01.16	05:36	5K10-14F	4/12	F	33/181	00:27:49.50
205/237	GROUETTE, AMANDA	5041	00:44:26.48	08:53	5K30-39F	34/39	F	156/181	00:44:03.43
157/237	GRUNINGER, JOHN	5065	00:36:44.93	07:20	5K20-29M	6/7	M	42/56	00:36:39.12
158/237	GRUNINGER, STEPHANIE	5066	00:36:45.01	07:21	5K20-29F	33/43	F	116/181	00:36:39.20
100/237	HALBERT, DALE	5067	00:31:48.31	06:21	5K60+M	2/4	M	32/56	00:31:34.76
101/237	HALBERT, KRISTIE	5068	00:31:48.40	06:21	5K20-29F	17/43	F	69/181	00:31:34.64
72/237	HANSEN, BONNIE	5069	00:29:18.97	05:51	5K40-49F	9/41	F	46/181	00:29:00.75
231/237	HANSEN, CHRIS	5070	00:57:00.43	11:24	5K20-29M	7/7	M	53/56	00:56:30.62
230/237	HANSEN, MIKE	5071	00:56:59.51	11:23	5K50-59M	8/8	M	52/56	00:56:30.71
204/237	HANSON, WES	5073	00:44:15.81	08:51	5K50-59M	7/8	M	49/56	00:44:05.82
94/237	HARRIS, REBECCA	5074	00:31:20.82	06:16	5K30-39F	16/39	F	63/181	00:30:50.96
62/237	HARVEY, ROSE	5075	00:28:51.15	05:46	5K10-14F	5/12	F	37/181	00:28:40.82
188/237	HEFFERNAN, CHANTAL	5076	00:40:00.01	08:00	5K40-49F	33/41	F	143/181	00:39:31.11
114/237	HEIDT, DANYELLE	5077	00:33:11.65	06:38	5K20-29F	22/43	F	80/181	00:32:53.87
2/237	HEINRICH, RYAN	5262	00:18:38.49	03:43	5K30-39M	2/8	M	2/56	00:18:37.89
14/237	HILL, CAMELLIA	5216	00:22:48.36	04:33	5K20-29F	2/43	F	4/181	00:22:41.29
126/237	HOGAN, STEPHANIE	5266	00:34:02.53	06:48	5K20-29F	26/43	F	90/181	00:33:38.48
131/237	HOUWELING, ROXANNE	5078	00:34:14.87	06:50	5K30-39F	21/39	F	94/181	00:33:53.92
105/237	JERVIS, NEIL	5079	00:32:12.47	06:26	5K50-59M	6/8	M	33/56	00:32:04.20
174/237	JOHNSON, SACHA	5080	00:37:38.45	07:31	5K30-39F	28/39	F	131/181	00:37:26.95
220/237	KAATZ, TAMMY	5081	00:49:51.48	09:58	5K40-49F	39/41	F	170/181	00:49:45.47
136/237	KAPPEL, JOANNA	5082	00:34:29.19	06:53	5K40-49F	20/41	F	99/181	00:34:14.56
8/237	KEARL, BRENDAN	5116	00:21:30.92	04:18	5K20-29M	1/7	M	8/56	00:21:30.17
70/237	KEARL, MEGAN	5268	00:29:05.19	05:49	5K20-29F	10/43	F	44/181	00:28:59.48
142/237	KENNEDY, CHANDRA	5083	00:34:49.34	06:57	5K20-29F	30/43	F	103/181	00:34:37.16
27/237	KIRK, MCKENNA	5084	00:25:20.80	05:04	5K15-19F	1/10	F	12/181	00:25:14.79
199/237	KIRK, SANDRA	5085	00:43:06.31	08:37	5K50-59F	15/19	F	152/181	00:42:43.18
96/237	KLASSEN, TONI	5086	00:31:37.04	06:19	5K20-29F	16/43	F	65/181	00:31:25.44
17/237	KLIMA, AUSTIN	5087	00:24:00.65	04:48	5K20-29M	3/7	M	11/56	00:23:42.28
22/237	KLIMA, KAYLEIGH	5089	00:24:45.82	04:57	5K10-14F	1/12	F	8/181	00:24:27.45
228/237	KLIMA, KEVIN	5090	00:55:02.83	11:00	5K40-49M	11/12	M	51/56	00:54:36.29
222/237	KLIMA, LINDA	5091	00:50:11.86	10:02	5K60+F	7/9	F	172/181	00:49:45.60
225/237	KLIMA, MARY JEAN	5217	00:51:05.00	10:13	5K50-59F	19/19	F	175/181	00:50:29.21
227/237	KLIMA, MIRA	5092	00:55:02.65	11:00	5K 9&UF	7/8	F	177/181	00:54:35.57
3/237	KLOHN, CHAD	5226	00:19:20.11	03:52	5K30-39M	3/8	M	3/56	00:19:18.98
56/237	KLOHN, JANINE	5227	00:28:05.47	05:37	5K30-39F	9/39	F	34/181	00:27:49.68
120/237	KLUG, JESSICA	5093	00:33:17.87	06:39	5K20-29F	23/43	F	84/181	00:32:29.02
173/237	KNIGHT, BEKKY	5218	00:37:35.07	07:31	5K20-29F	38/43	F	130/181	00:37:27.30
217/237	KORMOS, KATELYNNE	5094	00:48:10.85	09:38	5K 9&UF	6/8	F	167/181	00:47:50.49
218/237	KORMOS, STEPHANIE	5095	00:48:11.05	09:38	5K30-39F	37/39	F	168/181	00:47:51.58
191/237	KORTHUIS, DANIELLE	5261	00:40:23.06	08:04	5K20-29F	41/43	F	145/181	00:40:11.80
195/237	KOWALZIK, MURRAY	5096	00:41:04.29	08:12	5K60+M	4/4	M	47/56	00:40:51.23
84/237	KREMENIK, BRAEDEN	5097	00:30:36.34	06:07	5K10-14M	8/11	M	29/56	00:30:17.99
57/237	KREMENIK, PETER	5098	00:28:11.77	05:38	5K50-59M	3/8	M	23/56	00:27:53.19
122/237	KREMENIK, TERRI	5099	00:33:30.39	06:42	5K40-49F	16/41	F	86/181	00:33:11.50
144/237	KRISTENSEN, DIANA	5100	00:34:49.82	06:57	5K30-39F	23/39	F	105/181	00:34:23.98
143/237	KRISTENSEN, KELSEY	5101	00:34:49.76	06:57	5K20-29F	31/43	F	104/181	00:34:24.47
42/237	KRUEGER, TANYA	5102	00:26:40.89	05:20	5K40-49F	5/41	F	24/181	00:26:34.22
132/237	KUTA, PAIGE	5103	00:34:15.47	06:51	5K20-29F	28/43	F	95/181	00:34:06.26
26/237	KWAN, MICHELLE	5263	00:24:59.28	04:59	5K20-29F	6/43	F	11/181	00:24:55.83
113/237	LANDRY, LOUISE	5104	00:32:55.67	06:35	5K50-59F	7/19	F	79/181	00:32:45.35
236/237	LANDRY, RAE	5105	01:22:12.90	16:26	5K30-39M	8/8	M	56/56	01:21:34.67
80/237	LANDRY, STEPHANIE	5106	00:30:14.63	06:02	5K30-39F	14/39	F	53/181	00:29:37.22
237/237	LANDRY, VIOLET	5107	01:22:16.21	16:27	5K 9&UF	8/8	F	181/181	01:21:37.76
130/237	LAROCHELLE, CHRISTINA	5108	00:34:14.02	06:50	5K40-49F	19/41	F	93/181	00:34:01.26
31/237	LASTUKA, DAWN	5109	00:26:02.78	05:12	5K50-59F	1/19	F	16/181	00:25:48.84
97/237	LEE, KAELA	5110	00:31:38.42	06:19	5K15-19F	7/10	F	66/181	00:31:18.14
123/237	LEE, SARAH	5111	00:33:36.25	06:43	5K40-49F	17/41	F	87/181	00:33:15.89
82/237	LEISHMAN, ERIC	5112	00:30:23.81	06:04	5K30-39M	7/8	M	28/56	00:30:07.72
41/237	LEISHMAN, JESSICA	5113	00:26:33.83	05:18	5K30-39F	4/39	F	23/181	00:26:16.76
213/237	LEMLEY, CINDY	5114	00:46:29.55	09:17	5K60+F	5/9	F	163/181	00:46:08.26
193/237	LIDDELL, JENNIFER	5115	00:40:47.94	08:09	5K20-29F	42/43	F	147/181	00:39:58.25
185/237	MACLEOD, DOUGLAS	5117	00:39:31.56	07:54	5K60+M	3/4	M	45/56	00:39:05.50
85/237	MAINZER, ALVIN	5118	00:30:36.34	06:07	5K50-59M	5/8	M	30/56	00:30:32.47
40/237	MAINZER, PATRICIA	5119	00:26:32.94	05:18	5K50-59F	3/19	F	22/181	00:26:29.57

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## 237 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
234/237	MALAMAS, JUNIOR	5120	01:20:58.07	16:11	5K 9&UM	2/2	M	55/56	01:20:15.58
171/237	MATHIAS, MELANIE	5123	00:37:33.89	07:30	5K20-29F	36/43	F	128/181	00:37:21.93
221/237	MCGREGOR, KIM	5124	00:49:51.88	09:58	5K40-49F	40/41	F	171/181	00:49:45.87
38/237	MCKEE, CAROLYN	5219	00:26:30.82	05:18	5K15-19F	2/10	F	20/181	00:26:23.17
223/237	MESZAROS, DIANE	5125	00:50:51.04	10:10	5K60+F	8/9	F	173/181	00:50:01.63
65/237	MIKO, KLOE	5126	00:28:53.72	05:46	5K30-39F	11/39	F	40/181	00:28:40.02
187/237	MILFORD, TAMARA	5127	00:39:58.27	07:59	5K20-29F	40/43	F	142/181	00:39:40.79
103/237	MORRIS, NANCY	5128	00:32:01.77	06:24	5K50-59F	6/19	F	71/181	00:31:48.23
34/237	MPOFU, AMY	5129	00:26:21.80	05:16	5K10-14F	2/12	F	17/181	00:26:19.21
19/237	MPOFU, ARCHIE	5130	00:24:16.35	04:51	5K30-39M	5/8	M	13/56	00:24:13.84
115/237	MPOFU, ARNIE	5131	00:33:13.58	06:38	5K 9&UM	1/2	M	35/56	00:33:10.61
54/237	MPOFU, MEL	5132	00:27:54.49	05:34	5K30-39F	8/39	F	32/181	00:27:51.79
10/237	MRAK, LAURA	5133	00:21:38.19	04:19	5K30-39F	1/39	F	1/181	00:21:36.18
51/237	MUSIAL, JORDYN	5134	00:27:41.64	05:32	5K10-14F	3/12	F	29/181	00:27:30.06
20/237	MYLES, CHARLIE	5135	00:24:19.70	04:51	5K50-59M	1/8	M	14/56	00:24:16.73
104/237	NELSON, KENZIE	5136	00:32:11.77	06:26	5K20-29F	18/43	F	72/181	00:31:54.60
112/237	NELSON, KIRSTEN	5228	00:32:52.01	06:34	5K20-29F	21/43	F	78/181	00:32:36.22
61/237	NELSON, MARK	5229	00:28:46.97	05:45	5K50-59M	4/8	M	25/56	00:28:30.78
45/237	NIEBOER, JEN	5138	00:27:03.32	05:24	5K30-39F	6/39	F	26/181	00:26:58.69
99/237	NORRIS, JOAN	5139	00:31:46.27	06:21	5K60+F	3/9	F	68/181	00:31:31.34
184/237	OISHI, SHEILA	5140	00:39:31.28	07:54	5K40-49F	32/41	F	140/181	00:39:05.68
125/237	OLIVIERI, DANIELLE	5141	00:33:47.07	06:45	5K40-49F	18/41	F	89/181	00:33:35.71
24/237	OLIVIERI, TIFFANY	5142	00:24:58.84	04:59	5K20-29F	5/43	F	9/181	00:24:57.71
64/237	OOSTERBROEK, TRACY	5220	00:28:51.55	05:46	5K40-49F	7/41	F	39/181	00:28:47.20
135/237	OSBERG, WANDA	5143	00:34:24.02	06:52	5K50-59F	11/19	F	98/181	00:34:09.53
5/237	OTTO, ANDREW	5144	00:21:05.18	04:13	5K30-39M	4/8	M	5/56	00:21:03.57
162/237	PACK, SHAUNLEE	5145	00:36:50.72	07:22	5K40-49F	26/41	F	120/181	00:36:28.65
77/237	PANKRATZ, SAMANTHA	5146	00:29:55.21	05:59	5K20-29F	12/43	F	51/181	00:29:45.82
92/237	PAULANCE, TORY	5148	00:31:11.14	06:14	5K20-29F	15/43	F	61/181	00:30:59.64
198/237	PERKINS, NICOLE	5241	00:43:02.35	08:36	5K30-39F	32/39	F	151/181	00:42:56.64
50/237	PERRETT, ADAM	5149	00:27:31.61	05:30	5K30-39M	6/8	M	22/56	00:27:07.90
49/237	PERRETT, LIAM	5150	00:27:31.45	05:30	5K10-14M	5/11	M	21/56	00:27:08.20
86/237	PERRETT, MEGAN	5151	00:30:46.56	06:09	5K15-19F	6/10	F	56/181	00:30:21.73
139/237	PHILLIPS, JENNICA	5243	00:34:41.48	06:56	5K30-39F	22/39	F	100/181	00:34:32.48
127/237	PHILLIPS, SARAH	5247	00:34:07.57	06:49	5K20-29F	27/43	F	91/181	00:33:43.24
203/237	PRAWDZIK, LISA-MARIE	5153	00:44:00.36	08:48	5K40-49F	36/41	F	155/181	00:43:29.02
129/237	REGIER, CHERYL	5154	00:34:13.70	06:50	5K50-59F	9/19	F	92/181	00:34:00.94
169/237	REINKE, HEIDI	5242	00:37:22.21	07:28	5K20-29F	35/43	F	126/181	00:37:12.68
48/237	REMPEL, CARRIE	5155	00:27:28.77	05:29	5K30-39F	7/39	F	28/181	00:27:22.70
1/237	ROBDRUP, DANNY	5157	00:18:36.93	03:43	5K30-39M	1/8	M	1/56	00:18:35.94
161/237	ROSS, CAITLIN	5158	00:36:49.83	07:21	5K20-29F	34/43	F	119/181	00:36:36.29
32/237	ROYER, ANDRE	5245	00:26:05.00	05:13	5K40-49M	2/12	M	16/56	00:25:55.69
73/237	RUSCHIN, TRACEY	5159	00:29:34.74	05:54	5K30-39F	12/39	F	47/181	00:29:25.35
235/237	SAMPATH, SHELLY	5160	01:21:00.58	16:12	5K30-39F	39/39	F	180/181	01:20:18.95
39/237	SAUNDERS, RENAE	5162	00:26:31.32	05:18	5K15-19F	3/10	F	21/181	00:26:24.75
75/237	SCHINDELER, MACKENZIE	5163	00:29:43.93	05:56	5K10-14F	7/12	F	49/181	00:29:39.79
23/237	SCHINDELER, NICHOLAS	5164	00:24:55.01	04:59	5K10-14M	2/11	M	15/56	00:24:50.87
176/237	SCHUSSLER, ALICE	5269	00:37:44.15	07:32	5K50-59F	13/19	F	133/181	00:37:34.94
134/237	SCOTTON, TALISSA	5166	00:34:20.90	06:52	5K20-29F	29/43	F	97/181	00:34:09.04
229/237	SEBERG, TIARA	5167	00:56:56.35	11:23	5K15-19F	10/10	F	178/181	00:56:36.25
18/237	SHARMA, BIRTAM	5246	00:24:15.61	04:51	5K15-19M	3/4	M	12/56	00:24:13.80
226/237	SHAW, SAMANTHA	5267	00:53:52.71	10:46	5K40-49F	41/41	F	176/181	00:53:28.30
156/237	SHIELDS, BRANDON	5168	00:36:39.90	07:19	5K20-29M	5/7	M	41/56	00:36:27.44
164/237	SHIELDS, KATIE	5169	00:37:00.55	07:24	5K30-39F	27/39	F	122/181	00:36:47.19
119/237	SIEMENS, JODY	5170	00:33:17.73	06:39	5K40-49F	15/41	F	83/181	00:32:59.15
47/237	SMITH, SARAH	5244	00:27:24.34	05:28	5K20-29F	7/43	F	27/181	00:27:11.30
13/237	SNOW, KIMBER	5172	00:22:14.10	04:26	5K20-29F	1/43	F	3/181	00:21:54.55
88/237	SOLBERG, JEFF	5264	00:30:53.78	06:10	5K20-29M	4/7	M	31/56	00:30:27.68
89/237	SOLBERG, MISSY	5265	00:30:53.92	06:10	5K20-29F	14/43	F	58/181	00:30:27.38
6/237	STEWART, BRUCE	5173	00:21:09.16	04:13	5K40-49M	1/12	M	6/56	00:21:07.77
7/237	STEWART, DEAN	5174	00:21:26.92	04:17	5K15-19M	2/4	M	7/56	00:21:25.11
9/237	STEWART, OWEN	5175	00:21:31.70	04:18	5K10-14M	1/11	M	9/56	00:21:30.31
11/237	SUTHERLAND, DREW	5176	00:21:59.78	04:23	5K20-29M	2/7	M	10/56	00:21:55.64
163/237	SUTHERLAND, LORNA	5177	00:36:54.32	07:22	5K40-49F	27/41	F	121/181	00:36:45.66
78/237	TAMS, CONNOR	5178	00:29:59.50	05:59	5K10-14M	7/11	M	27/56	00:29:56.91
181/237	TAMS, TASHA	5181	00:38:33.84	07:42	5K40-49F	30/41	F	137/181	00:38:10.71

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 237 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
175/237	TIFFIN, JENNIFER	5182	00:37:44.05	07:32	5K40-49F	29/41	F	132/181	00:37:35.61
215/237	TIPPER, DOROTHY	5183	00:47:56.81	09:35	5K60+F	6/9	F	165/181	00:47:36.53
59/237	TUCEK, LUKASH	5184	00:28:29.45	05:41	5K10-14M	6/11	M	24/56	00:28:24.52
12/237	TUCKOVA, HEATHER	5185	00:22:12.02	04:26	5K40-49F	1/41	F	2/181	00:22:07.49
224/237	USMAN, GINNY	5186	00:51:03.68	10:12	5K30-39F	38/39	F	174/181	00:50:27.03
183/237	VAN DYK, JANNIE	5187	00:38:55.23	07:47	5K60+F	4/9	F	139/181	00:38:31.12
168/237	VAN ROON, ANNE	5188	00:37:17.81	07:27	5K40-49F	28/41	F	125/181	00:36:50.57
167/237	VAN ROON, CRAIG	5189	00:37:16.19	07:27	5K40-49M	8/12	M	43/56	00:36:48.27
74/237	VANDEN DOOL, GRACE	5190	00:29:41.91	05:56	5K40-49F	10/41	F	48/181	00:29:31.88
110/237	VEDRES, FAYLA	5191	00:32:36.20	06:31	5K30-39F	19/39	F	76/181	00:32:12.75
152/237	VEDRES, HELENA	5192	00:36:01.84	07:12	5K50-59F	12/19	F	112/181	00:35:37.17
216/237	VOORT, MARY LEE	5193	00:47:58.04	09:35	5K50-59F	17/19	F	166/181	00:47:37.31
210/237	WADSWORTH, EMERSON	5270	00:45:50.36	09:10	5K10-14M	11/11	M	50/56	00:45:29.35
189/237	WADSWORTH, EMERY	5259	00:40:00.75	08:00	5K10-14M	10/11	M	46/56	00:39:38.80
153/237	WALKER, SAMANTHA	5194	00:36:09.66	07:13	5K40-49F	23/41	F	113/181	00:36:03.20
145/237	WALL, CARMEN	5195	00:35:00.03	07:00	5K40-49F	21/41	F	106/181	00:34:31.23
116/237	WALL, TYLER	5196	00:33:15.91	06:39	5K40-49M	4/12	M	36/56	00:32:46.60
79/237	WARD, JANENE	5230	00:30:02.94	06:00	5K30-39F	13/39	F	52/181	00:29:47.47
124/237	WARD-SUTHERLAND, AMANDA	5197	00:33:45.17	06:45	5K20-29F	25/43	F	88/181	00:33:33.42
37/237	WARREN, JEFF	5235	00:26:29.70	05:17	5K60+M	1/4	M	18/56	00:26:25.66
202/237	WASILENKO, STARLA	5198	00:43:59.96	08:47	5K40-49F	35/41	F	154/181	00:43:29.16
201/237	WASILENKO, TREVOR	5199	00:43:59.90	08:47	5K40-49M	10/12	M	48/56	00:43:28.94
141/237	WESSELING, DENISE	5236	00:34:47.10	06:57	5K 9&UF	1/8	F	102/181	00:34:18.20
147/237	WESSELING, HANS	5237	00:35:38.51	07:07	5K40-49M	7/12	M	40/56	00:35:09.20
109/237	WESSELING, MITCHELL	5238	00:32:35.13	06:31	5K10-14M	9/11	M	34/56	00:32:16.91
146/237	WESSELING, ZOE	5239	00:35:36.62	07:07	5K 9&UF	2/8	F	107/181	00:35:06.79
233/237	WHITNEY, SHIRLEY	5200	01:04:51.73	12:58	5K60+F	9/9	F	179/181	01:04:16.34
154/237	WIGAND, CORAL	5201	00:36:09.80	07:13	5K40-49F	24/41	F	114/181	00:36:03.13
71/237	WILLIAMS, ASHLEE	5202	00:29:10.06	05:50	5K10-14F	6/12	F	45/181	00:28:49.97
25/237	WILLIAMS, DR CAROL	5203	00:24:59.27	04:59	5K60+F	1/9	F	10/181	00:24:58.52
60/237	WILLIAMS, KAYLEE	5204	00:28:43.67	05:44	5K15-19F	5/10	F	36/181	00:28:23.97
111/237	WILLIAMS, MELANIE	5205	00:32:51.19	06:34	5K40-49F	14/41	F	77/181	00:32:30.18
149/237	WILLIAMS, SHAINA	5222	00:35:39.68	07:07	5K30-39F	25/39	F	109/181	00:35:19.92
28/237	WITDOUCK, SANDY	5206	00:25:55.22	05:11	5K40-49F	3/41	F	13/181	00:25:53.61
138/237	WOJTOWICZ, BROCK	5207	00:34:36.35	06:55	5K15-19M	4/4	M	39/56	00:34:33.19
180/237	WOJTOWICZ, CAMRYN	5208	00:38:20.57	07:40	5K10-14F	11/12	F	136/181	00:38:17.78
150/237	WOODMAN, BROOKE	5209	00:35:42.46	07:08	5K20-29F	32/43	F	110/181	00:35:32.94
118/237	WORNE, SONNI	5210	00:33:17.25	06:39	5K30-39F	20/39	F	82/181	00:33:00.60
133/237	YORK - GILLETT, TRISH	5212	00:34:19.55	06:51	5K50-59F	10/19	F	96/181	00:34:14.60