

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

Category Top Results  
 TOP 3 In Category

5K Run - 3.1 Miles  
 192 Finishers

5K 9&UF (Female) - 14 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	RUSCHIN, LEIA	5439	00:39:02.22	07:48	+00:00:00	121/192	74/131	LETHBRIDGE
2/14	ORMSTON, CALLIE	5425	00:39:39.87	07:55	+00:00:37	128/192	79/131	LETHBRIDGE
3/14	KORMOS, KATELYNNE	5391	00:40:40.12	08:08	+00:01:37	131/192	81/131	TABER
5K 9&UM (Male) - 5 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	GRANT, MATT	5360	00:27:50.33	05:34	+00:00:00	40/192	29/61	COALHURST
2/5	HOPE, SPENCER	5372	00:36:58.24	07:23	+00:09:07	108/192	46/61	LETHBRIDGE
3/5	TOGO, BENTLEY	5464	00:37:24.81	07:28	+00:09:34	112/192	47/61	LETHBRIDGE
5K10-14F (Female) - 4 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	GOMEZ, LAUREN	5357	00:28:14.92	05:38	+00:00:00	46/192	15/131	LETHBRIDGE
2/4	BAPTISTA, ALLISON	5305	00:29:17.11	05:51	+00:01:02	54/192	20/131	LETHBRIDGE
3/4	OSORIO, ELDA	5497	00:31:49.02	06:21	+00:03:34	76/192	37/131	LETHBRIDGE
5K10-14M (Male) - 9 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	SCHMIDTKE, KIERAN	5444	00:20:14.32	04:02	+00:00:00	7/192	7/61	LETHBRIDGE
2/9	GALLANT, CARSON	5350	00:24:27.99	04:53	+00:04:13	18/192	16/61	LETHBRIDGE
3/9	JENSEN, DENVER	5380	00:24:40.33	04:56	+00:04:26	19/192	17/61	LETHBRIDGE
5K15-19F (Female) - 7 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	BYKOWSKI, JANELLE	5378	00:21:20.24	04:16	+00:00:00	10/192	1/131	LETHBRIDGE
2/7	NEUDORF, ABBY	5420	00:28:35.86	05:43	+00:07:15	47/192	16/131	LETHBRIDGE
3/7	ODSHOORN, SHALAYNE	5490	00:38:27.49	07:41	+00:17:07	115/192	68/131	FORT MACLEOD
5K15-19M (Male) - 6 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	JENSEN, BROCK	5379	00:17:19.21	03:27	+00:00:00	1/192	1/61	LETHBRIDGE
2/6	JACKLYNN, RITCH	5511	00:19:10.74	03:50	+00:01:51	3/192	3/61	LETHBRIDGE
3/6	STEWART, OWEN	5455	00:19:10.88	03:50	+00:01:51	4/192	4/61	LETHBRIDGE
5K20-29F (Female) - 17 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	BYKOWSKI, ELANI	5321	00:24:22.76	04:52	+00:00:00	17/192	2/131	LETHBRIDGE
2/17	BRESSLER, KAMIKO	5315	00:24:52.02	04:58	+00:00:29	21/192	4/131	LETHBRIDGE
3/17	BUCHANAN, ANNA	5508	00:30:21.68	06:04	+00:05:58	62/192	26/131	LETHBRIDGE
5K20-29M (Male) - 4 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	KEARL, BRENDAN	5386	00:20:11.96	04:02	+00:00:00	5/192	5/61	LETHBRIDGE
2/4	BROADBENT, BENJAMIN	5316	00:20:13.02	04:02	+00:00:01	6/192	6/61	LETHBRIDGE
3/4	HEALY, RILEY	5365	00:26:39.49	05:19	+00:06:27	30/192	23/61	GLEICHEN
5K30-39F (Female) - 54 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/54	LAMMERS-POTTAGE, ANDREA	5396	00:24:44.21	04:56	+00:00:00	20/192	3/131	LETHBRIDGE
2/54	GOOK, ADA	5358	00:25:00.66	05:00	+00:00:16	22/192	5/131	LETHBRIDGE
3/54	GIESBRECHT, COLLEEN	5354	00:26:41.43	05:20	+00:01:57	31/192	8/131	LETHBRIDGE
5K30-39M (Male) - 8 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	RODDRUP, DANNY	5435	00:18:50.54	03:46	+00:00:00	2/192	2/61	ZEPHBRIDGE
2/8	KYWERIGA, MICHAEL	5394	00:21:17.94	04:15	+00:02:27	9/192	9/61	LETHBRIDGE
3/8	SECRETAN, MIKE	5448	00:28:47.72	05:45	+00:09:57	50/192	32/61	LETHBRIDGE
5K40-49F (Female) - 12 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	JACQUES, PENNY	5430	00:29:37.16	05:55	+00:00:00	56/192	22/131	COALDALE
2/12	BORDEN, LEONA	5313	00:31:47.64	06:21	+00:02:10	74/192	35/131	LETHBRIDGE
3/12	WILLIAMS, MELANIE	5479	00:32:44.46	06:32	+00:03:07	78/192	39/131	RAYMOND
5K40-49M (Male) - 13 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	MALINOWSKI, MATT	5410	00:21:41.54	04:20	+00:00:00	11/192	10/61	LETHBRIDGE
2/13	STEWART, BRUCE	5453	00:21:53.40	04:22	+00:00:11	12/192	11/61	LETHBRIDGE
3/13	JENSEN, JAMES	5381	00:22:26.56	04:29	+00:00:45	13/192	12/61	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Top Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

## 192 Finishers

**5K50-59F (Female) - 13 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	GARDEN, DANA	5353	00:26:06.83	05:13	+00:00:00	26/192	7/131	LETHBRIDGE
2/13	OPHUS, MELANIE	5424	00:31:35.66	06:19	+00:05:28	73/192	34/131	COALHURST
3/13	TIETZ, TERRIE	5461	00:31:48.38	06:21	+00:05:41	75/192	36/131	LETHBRIDGE

**5K50-59M (Male) - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	SWITZER, JOHN	5496	00:23:14.14	04:38	+00:00:00	14/192	13/61	LETHBRIDGE
2/12	RANDLE, LARRY	5491	00:23:31.88	04:42	+00:00:17	15/192	14/61	LETHBRIDGE
3/12	MACKINNON, BRUCE	5409	00:26:32.10	05:18	+00:03:17	29/192	22/61	LETHBRIDGE

**5K60+F (Female) - 10 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	WILLIAMS, DR CAROL	5506	00:25:58.42	05:11	+00:00:00	25/192	6/131	LETHBRIDGE
2/10	APPELT, SHARON	5304	00:30:38.00	06:07	+00:04:39	66/192	29/131	LETHBRIDGE
3/10	NORRIS, JOAN	5422	00:35:01.11	07:00	+00:09:02	93/192	50/131	LETHBRIDGE

**5K60+M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	WARREN, JEFF	5478	00:25:03.34	05:00	+00:00:00	23/192	18/61	LETHBRIDGE
2/4	LOW, RICHARD	5406	00:27:08.94	05:25	+00:02:05	33/192	25/61	LETHBRIDGE
3/4	KEEP, ALFRED	5387	00:27:34.20	05:30	+00:02:30	37/192	27/61	REDCLIFF