

## Category Results

## 5K - 3.1 Miles

## 5K 9&amp;UF - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	MOROZ, HAYLEE	114	01:13:54.05	23:50	139/141	LETH, AB,

## 5K 9&amp;UM - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	VANDERZEE, CALE	174	00:36:11.45	11:40	91/141	LETH, AB,
2/3	KAY, MICHAEL	84	00:37:36.30	12:07	99/141	LETH, AB,
3/3	FRENCH, CALVIN	51	00:44:03.85	14:12	112/141	LETH, AB,

## 5K10-14F - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	BYKOWSKI, ELANI	22	00:21:47.70	07:01	4/141	LETH, AB,
2/10	RICHARD, SHELBY	463	00:23:34.45	07:36	8/141	TABER, AB,
3/10	BASSETT, SHONDI	8	00:24:17.20	07:50	9/141	TABER, AB,
4/10	BYKOWSKI, JANELLE	23	00:24:38.95	07:56	12/141	LETH, AB,
5/10	BENNETT, ISABELLE	12	00:30:08.80	09:43	48/141	TABER, AB,
6/10	ADAMS, KRISTIN	3	00:34:50.90	11:14	83/141	LETH, AB,
7/10	MACKINNON, TAYLOR	97	00:36:43.75	11:50	94/141	LETH, AB,
8/10	RICHARD, SHAYLYN	138	00:37:06.10	11:58	97/141	TABER, AB,
9/10	ADAMS, REBEKAH	4	00:37:58.00	12:14	100/141	LETH, AB,
10/10	BOSER, GRACIE	17	00:58:02.85	18:43	131/141	LETH, AB,

## 5K10-14M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	MULLER, KALEB	123	00:23:23.25	07:32	7/141	Cranford, AB,
2/13	KAY, JONATHAN	83	00:25:09.75	08:06	16/141	LETH, AB,
3/13	CAHOON, JORDAN	25	00:26:15.15	08:28	20/141	LETH, AB,
4/13	HAYWARD, COOPER	66	00:26:24.10	08:30	22/141	LETH, AB,
5/13	VANDERZEE, NOEL	176	00:26:30.65	08:32	23/141	LETH, AB,
6/13	MYLES, JUSTIN	127	00:27:38.90	08:54	29/141	LETH, AB,
7/13	MYLES, GARRETT	126	00:29:01.90	09:21	38/141	LETH, AB,
8/13	ADAMS, SEAN	5	00:29:01.90	09:21	39/141	LETH, AB,
9/13	HARASEM-MITCHELL, SETH	65	00:30:47.85	09:55	53/141	COALHURST, AB,
10/13	ADAMS, JOSHUA	2	00:30:54.75	09:58	56/141	LETH, AB,
11/13	JESSUP, JAKE	79	00:34:19.75	11:04	80/141	LETH, AB,
12/13	MULLER, MASON	124	00:37:35.60	12:07	98/141	Cranford, AB,
13/13	HARASEM-MITCHELL, LEVI	64	00:39:19.55	12:40	103/141	COALHURST, AB,

## 5K15-19F - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	BASSETT, TANNIS	9	00:27:35.95	08:53	26/141	TABER, AB,
2/5	MACKINNON, JORDAN	96	00:29:41.60	09:34	45/141	LETH, AB,
3/5	MATIS, MELISSA	205	00:29:42.85	09:34	46/141	LETH, AB,
4/5	SCOTTON, TALISSA	147	00:34:10.65	11:01	77/141	RAYMOND, AB,
5/5	HUNTLEY, ASHLEY	75	00:49:22.65	15:55	121/141	LETH, AB,

## 5K15-19M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	MANERY, ADAM	100	00:19:34.40	06:18	2/141	LETH, AB,
2/2	CAZAL, JAMES	29	00:35:23.45	11:24	90/141	LETH, AB,

## 5K20-29F - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/22	THOMPSON, DEVONEE	163	00:27:58.25	09:01	33/141	STIRLING, AB,
2/22	VOLK, VICKY	182	00:28:56.00	09:20	37/141	LETH, AB,
3/22	KLEISINGER, CARLY	89	00:29:14.85	09:25	42/141	LETH, AB,
4/22	TRAVIS, EMILY	195	00:30:29.25	09:50	51/141	LETH, AB,
5/22	LAROCQUE, JESSICA	90	00:31:01.65	10:00	59/141	LETH, AB,
6/22	JOHNSON, MERENA	80	00:31:20.65	10:06	61/141	LETH, AB,
7/22	BLANKENSTEIN, LYNN	15	00:31:53.60	10:17	64/141	LETH, AB,
8/22	DE JONG, HEATHER	39	00:32:02.00	10:20	65/141	LETH, AB,
9/22	MANKEE, LARISSA	101	00:32:19.50	10:25	67/141	LETH, AB,
10/22	GIESBRECHT, COLLEEN	52	00:32:28.25	10:28	68/141	LETH, AB,
11/22	MORRISON, RHEA	118	00:34:13.85	11:02	78/141	LETH, AB,
12/22	WILDE, TINA	188	00:35:17.35	11:22	88/141	LETH, AB,
13/22	CRADDOCK, KALEY	37	00:36:50.00	11:52	95/141	LETH, AB,
14/22	PENNER, KIRA	132	00:42:04.90	13:34	107/141	CALGARY, AB,
15/22	ROSS, CAITLIN	139	00:42:05.10	13:34	108/141	CALGARY, AB,

## Category Results

## 5K - 3.1 Miles

## 5K20-29F - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
16/22	MORRIS, DONNELLY	116	00:43:08.60	13:54	111/141	LETH, AB,
17/22	HARVIE, JILL	202	00:48:14.30	15:33	119/141	LETH, AB,
18/22	GRIMES, TRICIA	58	00:54:28.25	17:34	128/141	LETH, AB,
19/22	THOMAS, JANELLE	162	00:54:28.40	17:34	129/141	LETH, AB,
20/22	KIRBY, EILEEN	88	00:56:21.15	18:10	130/141	LETH, AB,
21/22	GRAHAM, ASHLEY	56	01:11:27.15	23:02	138/141	LETH, AB,
22/22	SEARS, KIM	148	01:13:55.20	23:50	140/141	LETH, AB,

## 5K20-29M - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	KURIO, BRETT	18	00:24:29.65	07:53	11/141	LETH, AB,
2/6	LIVINGSTONE, BRIAN	207	00:27:47.35	08:57	32/141	, ,
3/6	NOVAK, RYAN	201	00:29:35.55	09:32	44/141	LETH, AB,
4/6	MORRISON, SHANE	119	00:34:13.85	11:02	79/141	LETH, AB,
5/6	WILDE, ALAN	187	00:35:17.10	11:22	87/141	LETH, AB,
6/6	GRAHAM, TREVOR	57	01:11:26.20	23:02	137/141	LETH, AB,

## 5K30-39F - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	FERGUSON, BILLIEJO	48	00:24:47.35	07:59	13/141	TABER, AB,
2/11	HARMS, JILL	200	00:25:38.50	08:16	18/141	LETH, AB,
3/11	STOTHART, KAYLANI	154	00:28:42.50	09:15	35/141	EDMONTON, AB,
4/11	BEATTIE, CANDICE	10	00:30:48.35	09:56	54/141	LETH, AB,
5/11	ADAMS, JACKIE	1	00:30:59.85	09:59	58/141	LETH, AB,
6/11	VILLENEUVE, MICHELLE	177	00:31:08.95	10:02	60/141	LETH, AB,
7/11	SAITO, MIKI	144	00:32:06.65	10:21	66/141	LETH, AB,
8/11	TRUDEN, KIM	167	00:34:10.20	11:01	76/141	LETH, AB,
9/11	EAVES, CHERISE	44	00:47:46.65	15:24	117/141	LETH, AB,
10/11	O'BRIEN, RAE-ANNE	130	00:47:47.00	15:24	118/141	LETH, AB,
11/11	KUZMINSKI, KRISTIN	440	01:00:18.35	19:27	136/141	LETH, AB,

## 5K30-39M - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	WETMORE, JOEL	186	00:23:04.25	07:26	5/141	LETH, AB,
2/11	STEED, REGAN	153	00:23:06.55	07:27	6/141	LETH, AB,
3/11	MULLER, JOHN	454	00:24:55.20	08:02	14/141	Cranford, AB,
4/11	EVELEIGH, DARREN	47	00:24:56.75	08:02	15/141	LETH, AB,
5/11	MASON, IAN	103	00:27:13.25	08:46	24/141	LETH, AB,
6/11	HACIOR, ROGER	63	00:27:37.50	08:54	27/141	LETH, AB,
7/11	HOOD, CAM	70	00:27:39.40	08:55	30/141	LETH, AB,
8/11	VILLENEUVE, ROB	178	00:30:31.15	09:50	52/141	LETH, AB,
9/11	CRADDOCK, BRANT	36	00:33:30.40	10:48	74/141	LETH, AB,
10/11	DRANCHUK, CHAD	43	00:39:17.35	12:40	102/141	LETH, AB,
11/11	FRENCH, ADAM	50	00:44:04.05	14:12	113/141	LETH, AB,

## 5K40-49F - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	CHANG, EVA	31	00:28:47.95	09:17	36/141	LETH, AB,
2/15	LENZ, EMMA	94	00:29:06.65	09:23	41/141	COALHURST, AB,
3/15	NORN, BRENDA	128	00:30:58.25	09:59	57/141	LETH, AB,
4/15	SMITH-MYLES, KAREN	151	00:34:08.70	11:00	75/141	LETH, AB,
5/15	TURCATO, GLYNNIS	169	00:34:48.65	11:13	82/141	TABER, AB,
6/15	OISHI, SHEILA	131	00:34:58.65	11:16	84/141	LETH, AB,
7/15	MCLAUGHLIN, DONNA	106	00:35:03.25	11:18	86/141	COALHURST, AB,
8/15	MACKINNON, BOBBIE	95	00:36:43.25	11:50	93/141	LETH, AB,
9/15	TURNER, APRIL	171	00:41:22.00	13:20	105/141	LETH, AB,
10/15	BORG, BRENDA	16	00:42:44.20	13:47	109/141	LETH, AB,
11/15	COWAN, TREANNA	35	00:42:45.10	13:47	110/141	CARDSTON, AB,
12/15	SIMARD, LUCIE	150	00:45:27.05	14:39	114/141	LETH, AB,
13/15	MOLINE, WENDY	111	00:49:43.05	16:02	122/141	LETH, AB,
14/15	MCRAE, LISA	107	00:58:03.05	18:43	132/141	LETH, AB,
15/15	CAZAL, TAMMI	30	00:59:44.45	19:16	133/141	LETH, AB,

## 5K40-49M - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/6	PEARSON, TIM	196	00:18:23.60	05:55	1/141	LETH, AB,
2/6	BYKOWSKI, JOHN	24	00:25:26.50	08:12	17/141	LETH, AB,

## Category Results

## 5K - 3.1 Miles

## 5K40-49M - 6 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
3/6	HAYWARD, TYLER	67	00:26:23.15	08:30	21/141	LETH, AB,
4/6	SOUTHALL, NORM	152	00:29:05.45	09:22	40/141	LETH, AB,
5/6	GULKIEWICH, PAUL	61	00:33:08.85	10:41	73/141	LETH, AB,
6/6	VANDERZEE, JIM	175	00:36:11.70	11:40	92/141	LETH, AB,

## 5K50-59F - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/16	SCOTT, JANE	145	00:27:38.90	08:54	28/141	LETH, AB,
2/16	APPELT, SHARON	6	00:30:24.65	09:48	50/141	LETH, AB,
3/16	CHRISTENSEN, SHERRY	33	00:31:38.35	10:12	62/141	COALHURST, AB,
4/16	MEGAW, CAROL	199	00:31:40.90	10:12	63/141	LETH, AB,
5/16	MORRIS, NANCY	117	00:32:35.35	10:30	69/141	LETH, AB,
6/16	SCOTTON, KAREN	146	00:32:54.15	10:36	70/141	RAYMOND, AB,
7/16	CARON, ADELE	26	00:33:02.05	10:39	71/141	LETH, AB,
8/16	WONG, JANICE	191	00:34:58.65	11:16	85/141	LETH, AB,
9/16	WOOLFORD, TRUDY	193	00:39:21.20	12:41	104/141	CARDSTON, AB,
10/16	VOLK, HELEN	180	00:48:25.55	15:37	120/141	LETH, AB,
11/16	SYRENNE, DARCEY	155	00:53:13.25	17:10	124/141	CALGARY, AB,
12/16	HUMPHRIES, RICHELLE	74	00:53:13.55	17:10	125/141	CALGARY, AB,
13/16	CHISHOLM, DEBBIE	32	00:53:45.10	17:20	126/141	LETH, AB,
14/16	MORLEY, JACKIE	112	00:53:45.30	17:20	127/141	LETH, AB,
15/16	VEDRES, HELENA	489	01:00:18.25	19:27	135/141	LETH, AB,
16/16	MOROZ, SUE	115	01:14:05.75	23:53	141/141	LETH, AB,

## 5K50-59M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	BRYANT, JEFF	20	00:21:26.40	06:54	3/141	LETH, AB,
2/15	KAY, WALTER	85	00:24:29.55	07:53	10/141	LETH, AB,
3/15	SYRENNE, RANDY	156	00:26:10.45	08:26	19/141	CALGARY, AB,
4/15	BROWN, MITCHEL	19	00:27:14.70	08:47	25/141	FT. MACLEOD, AB,
5/15	MYLES, CHARLIE	125	00:27:42.65	08:56	31/141	LETH, AB,
6/15	POTE, JAMES	136	00:28:22.15	09:09	34/141	LETH, AB,
7/15	WEASEL MOCCASIN, PETER	204	00:29:22.90	09:28	43/141	STANDOFF, AB,
8/15	BAIN, RON	7	00:30:07.45	09:42	47/141	LETH, AB,
9/15	BEATTIE, PAUL	11	00:30:51.60	09:57	55/141	COALDALE, AB,
10/15	FLAIG, DON	49	00:33:04.00	10:40	72/141	LETH, AB,
11/15	DORE, THOMAS	42	00:35:19.15	11:23	89/141	LETH, AB,
12/15	WOOLFORD, ROD	192	00:36:51.35	11:53	96/141	CARDSTON, AB,
13/15	VOLK, STAN	181	00:38:59.10	12:34	101/141	LETH, AB,
14/15	POHL, BERNIE	134	00:41:52.40	13:30	106/141	LETH, AB,
15/15	VIROSTEK, KEVIN	179	00:53:09.05	17:08	123/141	COALHURST, AB,

## 5K60+F - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	NORRIS, JOAN	129	00:30:12.90	09:44	49/141	LETH, AB,
2/5	VAN DYK, JANNIE	173	00:34:30.00	11:07	81/141	LETH, AB,
3/5	TIPPER, DOROTHY	483	00:46:06.60	14:52	115/141	LETH, AB,
4/5	STALLARD, MOLLY	473	00:46:06.90	14:52	116/141	LETH, AB,
5/5	MUGFORD, RANDI-LEE	122	00:59:45.15	19:16	134/141	LETH, ,