

Category Results

5K - 3.1 Miles

5K 9&UF - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	RICHARD, SHAYLYN ANNALLISE	134	00:37:06.35	11:58	123/175	TABER, AB, CANADA
2/4	MANYCHIEF, CARLITA	203	00:39:04.40	12:36	134/175	STANDOFF, AB, CANADA
3/4	CHAMBERS, MILANA	29	00:53:38.80	17:18	171/175	LETH, AB, CANADA
4/4	MOROZ, HAYLEE	114	01:05:44.30	21:12	173/175	LETH, AB, CANADA

5K 9&UM - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	KAY, MICHAEL	87	00:35:49.20	11:33	115/175	LETH, AB, CANADA

5K10-14F - 16 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/16	BYKOWSKI, ELANI	19	00:21:13.00	06:50	10/175	LETH, AB, CANADA
2/16	BYKOWSKI, JANELLE	20	00:23:47.05	07:40	18/175	LETH, AB, CANADA
3/16	MOSER, TAYLOR	116	00:25:10.80	08:07	22/175	TABER, AB, CANADA
4/16	RICHARD, SHELBY RAE	135	00:27:25.80	08:50	33/175	TABER, AB, CANADA
5/16	SAITO, JENNA	139	00:27:51.60	08:59	35/175	LETH, AB, CANADA
6/16	HOLMES-DODD, BRENNIA	76	00:28:20.25	09:08	41/175	LETH, AB, CANADA
7/16	BRAVE ROCK, KATO	13	00:29:54.25	09:38	53/175	STANDOFF, AB, CANADA
8/16	RED CROW, DEJA	133	00:30:12.10	09:44	58/175	STANDOFF, AB, CANADA
9/16	SAITO, AMBER	137	00:30:41.25	09:53	64/175	LETH, AB, CANADA
10/16	WEASEL HEAD, MADISON	171	00:32:40.90	10:32	86/175	STANDOFF, AB, CANADA
11/16	MACKINNON, TAYLOR	102	00:33:18.85	10:44	94/175	LETH, AB, CANADA
12/16	CRYING HEAD, BRITTANY	27	00:35:54.25	11:34	117/175	STANDOFF, AB, CANADA
13/16	RABBIT, SATIVA	131	00:39:04.45	12:36	135/175	STANDOFF, AB, CANADA
14/16	HUNT, LATRELL	81	00:40:31.95	13:04	143/175	STANDOFF, AB, CANADA
15/16	DAY CHIEF, KORILEE	36	00:40:44.60	13:08	147/175	STANDOFF, AB, CANADA
16/16	TERRICK, RAENA	156	00:52:48.35	17:01	168/175	TABER, AB, CANADA

5K10-14M - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	KAY, JONATHAN	86	00:28:18.05	09:07	39/175	LETH, AB, CANADA
2/10	MYLES, JUSTIN	119	00:28:24.80	09:09	42/175	LETH, AB, CANADA
3/10	JESSUP, JAKE	83	00:29:42.10	09:34	50/175	LETH, AB, CANADA
4/10	HAYWARD, COOPER	62	00:31:35.25	10:11	75/175	LETH, AB, CANADA
5/10	MYLES, GARRETT	118	00:34:00.65	10:58	100/175	LETH, AB, CANADA
6/10	MARTIN, CAYDEN	108	00:38:28.75	12:24	132/175	LETH, AB, CANADA
7/10	DAY CHIEF, CARTER	35	00:39:24.65	12:42	136/175	STANDOFF, AB, CANADA
8/10	VAN PELT, NATHAN	164	00:40:39.45	13:06	145/175	LETH, AB, CANADA
9/10	KNIFE, PHOENIX	91	00:40:46.00	13:09	149/175	STANFOFF, AB, CANADA
10/10	CHIEF BODY, DRAKE	31	00:40:55.85	13:11	151/175	STANDOFF, AB, CANADA

5K15-19F - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	BOSSERT, MIRIAM	9	00:25:41.70	08:17	24/175	LETH, AB, CANADA
2/9	MACKINNON, JORDAN	101	00:26:41.45	08:36	29/175	LETH, AB, CANADA
3/9	HEYLAND, MIKAELA	72	00:26:58.25	08:41	30/175	LETH, AB, CANADA
4/9	JOHNSON, KIERA	200	00:26:58.40	08:41	31/175	MED. HAT, AB, CANADA
5/9	FAULKNER, COURTNEY	188	00:29:24.85	09:29	47/175	FT. MACLEOD, AB, CANADA
6/9	BALOG, WHITNEY	3	00:29:40.15	09:34	48/175	LETH, AB, CANADA
7/9	FEHR, CHARISSA	46	00:33:48.25	10:54	98/175	MILK RIVER, AB, CANADA
8/9	CASE, JULIA	25	00:35:21.45	11:24	114/175	LETH, AB, CANADA
9/9	DIEHL, VICKI	39	00:37:47.10	12:11	128/175	LETH, AB, CANADA

5K15-19M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	BOCKSNICK, JACKSON	197	00:17:08.75	05:31	1/175	LETH, AB, CANADA
2/5	HURDLE, CHRIS	82	00:18:01.80	05:48	2/175	LETH, AB, CANADA
3/5	MANERY, ADAM	199	00:18:42.85	06:01	3/175	LETH, AB, CANADA
4/5	HASTINGS, KENDON	181	00:19:53.55	06:24	5/175	LETH, AB, CANADA
5/5	MAENG, JUNHO	103	00:52:48.15	17:01	167/175	TABER, AB, CANADA

5K20-29F - 26 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/26	HARRIS, ERIN	179	00:21:00.65	06:46	8/175	LETH, AB, CANADA
2/26	HILKEWICH, LESLEE	73	00:23:37.80	07:37	15/175	LETH, AB, CANADA
3/26	PARISEAU, JESSICA	125	00:28:00.25	09:01	37/175	BARONS, AB, CANADA
4/26	BALOG, MELANIE	2	00:29:40.35	09:34	49/175	LETH, AB, CANADA

Category Results

5K - 3.1 Miles

5K20-29F - 26 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
5/26	DE JONG, HEATHER	37	00:30:05.45	09:42	55/175	LETH, AB, CANADA
6/26	NEWMAN, CHRYSLYN	185	00:30:07.25	09:42	56/175	LETH, AB, CANADA
7/26	VOLK, VICKEY	192	00:30:49.90	09:56	65/175	LETH, AB, CANADA
8/26	BUSZ, MARY	17	00:31:03.75	10:00	66/175	LETH, AB, CANADA
9/26	PONOMAR, VICTORIA	130	00:31:05.50	10:01	67/175	LETH, AB, CANADA
10/26	SMITH, KRISTIN	150	00:31:12.50	10:03	69/175	RAYMOND, AB, CANADA
11/26	SHEFFIELD, KRISTA	146	00:31:18.00	10:05	70/175	LETH, AB, CANADA
12/26	THOMPSON, JOLENE	160	00:31:28.90	10:09	72/175	LETH, AB, CANADA
13/26	HOPKINS, CHEYENNE	78	00:32:03.15	10:20	82/175	LETH, AB, CANADA
14/26	BROWN, NICHELLE	15	00:32:16.15	10:24	83/175	COALHURST, AB, CANADA
15/26	SCHMIDT, DARLENE	142	00:32:39.45	10:31	85/175	LETH, AB, CANADA
16/26	RAUSCH, STEFANIE	190	00:33:10.60	10:41	91/175	LETH, AB, CANADA
17/26	AFFLECK, HELENA	189	00:33:12.15	10:42	92/175	LETH, AB, CANADA
18/26	FEHR, LISA	47	00:33:35.85	10:50	96/175	LETH, AB, CANADA
19/26	HOLT, KINSEY	77	00:33:57.70	10:57	99/175	RAYMOND, AB, CANADA
20/26	FRIESEN, CANDACE	54	00:34:59.35	11:17	107/175	LETH, AB, CANADA
21/26	WARD, LEAH	170	00:37:37.45	12:08	125/175	LETH, AB, CANADA
22/26	BOUCHARD, KAYLIE	10	00:38:21.20	12:22	130/175	LETH, AB, CANADA
23/26	VOLK, DAWN	191	00:42:18.90	13:38	153/175	LETH, AB, CANADA
24/26	DIEHL, LEANNE	193	00:47:10.70	15:12	158/175	LETH, AB, CANADA
25/26	FRESS, KELLY	53	00:49:07.55	15:50	163/175	LETH, AB, CANADA
26/26	MOROZ, ALYSSA	113	01:05:43.75	21:11	172/175	LETH, AB, CANADA

5K20-29M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	KAZAKOFF, DUSTIN	89	00:21:13.65	06:50	11/175	NOBLEFORD, AB, CANADA
2/5	TROCKSTAD, CHAD	162	00:24:29.85	07:53	19/175	LETH, AB, CANADA
3/5	SMITH, TYLER	151	00:27:39.75	08:55	34/175	RAYMOND, AB, CANADA
4/5	HEGGIE, LANDON	65	00:28:58.25	09:20	46/175	RAYMOND, AB, CANADA
5/5	BOUCHARD, KRIS	11	00:38:20.10	12:21	129/175	LETH, AB, CANADA

5K30-39F - 33 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/33	NELSON, STACIA	195	00:22:41.55	07:19	13/175	LETH, AB, CANADA
2/33	SIKKENS, HEIDI	148	00:23:06.10	07:27	14/175	TURIN, AB, CANADA
3/33	HEGGIE, JONI	196	00:24:35.40	07:55	21/175	LETH, AB, CANADA
4/33	FERGUSON, BILLIE-JO	48	00:25:23.35	08:11	23/175	TABER, AB, CANADA
5/33	NITSCHHELM, JENNIFER	121	00:28:09.10	09:04	38/175	COALDALE, AB, CANADA
6/33	VILLENEUVE, MICHELLE	165	00:29:51.80	09:37	52/175	LETH, AB, CANADA
7/33	SAITO, MIKI	140	00:30:02.75	09:41	54/175	LETH, AB, CANADA
8/33	MAIER, DONNA	104	00:30:08.60	09:43	57/175	LETH, AB, CANADA
9/33	GEDNY, TRINA	177	00:30:24.30	09:48	60/175	TABER, AB, CANADA
10/33	NEUFELD, LISA	120	00:30:26.35	09:49	61/175	COALDALE, AB, CANADA
11/33	STAPLES, JENN	153	00:30:32.10	09:50	62/175	LETH, AB, CANADA
12/33	GLASSFORD, MARYLEE	60	00:31:11.35	10:03	68/175	LETH, AB, CANADA
13/33	EVA, NICOLE	45	00:31:28.90	10:09	71/175	LETH, AB, CANADA
14/33	KERR, AMY	176	00:31:32.05	10:10	73/175	COALDALE, AB, CANADA
15/33	LUNDQUIST, ANGELA	97	00:31:36.70	10:11	76/175	LETH, AB, CANADA
16/33	KWASNY, TRACY	94	00:31:52.70	10:16	78/175	LETH, AB, CANADA
17/33	DRANCHUK, SARAH	41	00:32:01.70	10:19	81/175	LETH, AB, CANADA
18/33	SCULLEN, MELISSA	202	00:32:47.25	10:34	87/175	LETH, AB, CANADA
19/33	HEGGIE, HEATHER	64	00:32:58.10	10:38	90/175	LETH, AB, CANADA
20/33	BERRETH, KIMBERLEY	5	00:34:29.15	11:07	102/175	GRANUM, AB, CANADA
21/33	PATRICK, KARLY	126	00:34:31.00	11:08	103/175	LETH, AB, CANADA
22/33	CANNADY, SHAUNA	22	00:37:00.45	11:56	122/175	LETH, AB, CANADA
23/33	MITCHELL-HARTY, KATHRYN	204	00:37:26.95	12:04	124/175	LETH, AB, CANADA
24/33	KRUCHKYWICH, SHARON	92	00:37:37.95	12:08	126/175	LETH, AB, CANADA
25/33	MARTIN, TARA	109	00:38:27.90	12:24	131/175	LETH, AB, CANADA
26/33	TETRAULT, CANDY	158	00:39:33.90	12:45	137/175	LETH, AB, CANADA
27/33	COWAN, TREANA	33	00:39:55.25	12:52	139/175	CARDSTON, AB, CANADA
28/33	FORDHAM, DAWN	51	00:40:10.10	12:57	140/175	LETH, AB, CANADA
29/33	HEGGS, LINDA	66	00:40:36.85	13:05	144/175	LETH, AB, CANADA
30/33	MAATJE, NADINE	98	00:40:53.45	13:11	150/175	LETH, AB, CANADA
31/33	OISHI, JENNIFER	123	00:48:59.95	15:48	161/175	LETH, AB, CANADA

Category Results

5K - 3.1 Miles

5K30-39F - 33 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
32/33	TERRICK, VICKI	157	00:52:48.65	17:01	169/175	TABER, AB, CANADA
33/33	CHAMBERS, BRIGIDA	28	00:53:37.50	17:17	170/175	LETH, AB, CANADA

5K30-39M - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	HUMPHREY, MIKE	194	00:19:23.75	06:15	4/175	LETH, AB, CANADA
2/11	MANY FINGERS, TROY	107	00:23:45.95	07:39	17/175	STANDOFF, AB, CANADA
3/11	ANDERSON, JASON	205	00:26:24.65	08:30	27/175	LETH, AB, CANADA
4/11	VILLENEUVE, ROB	166	00:28:52.75	09:18	44/175	LETH, AB, CANADA
5/11	NEWMAN, TAVIS	186	00:28:52.95	09:18	45/175	LETH, AB, CANADA
6/11	JESSUP, RON	84	00:30:32.10	09:50	63/175	LETH, AB, CANADA
7/11	KWASNY, JASON	93	00:31:53.95	10:17	79/175	LETH, AB, CANADA
8/11	HACIOR, ROGER	184	00:33:37.30	10:50	97/175	LETH, AB, CANADA
9/11	SILJAK, JOHN	149	00:36:55.65	11:54	121/175	LETH, AB, CANADA
10/11	SCHMIDKE, STEPHEN	141	00:40:10.15	12:57	141/175	LETH, AB, CANADA
11/11	FRIESEN, LADELL	55	00:40:44.70	13:08	148/175	LETH, AB, CANADA

5K40-49F - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/23	MAINZER, PATRICIA	105	00:26:13.70	08:27	26/175	LETH, AB, CANADA
2/23	LENZ, EMMA	95	00:28:19.20	09:08	40/175	COALHURST, AB, CANADA
3/23	KASKO, SHANNON	85	00:29:45.45	09:35	51/175	COALDALE, AB, CANADA
4/23	MIFFLIN, KAREN	112	00:30:12.65	09:44	59/175	CLARESHOLM, AB, CANADA
5/23	HAYWARD, TYLER	63	00:31:35.00	10:11	74/175	LETH, AB, CANADA
6/23	PITCHER, JANELE	128	00:31:48.65	10:15	77/175	LETH, AB, CANADA
7/23	DYCK, ANNIE	42	00:32:51.75	10:35	88/175	LETH, AB, CANADA
8/23	MACKINNON, BOBBIE	100	00:33:18.70	10:44	93/175	LETH, AB, CANADA
9/23	SMITH-MYLES, KAREN	152	00:34:06.15	11:00	101/175	LETH, AB, CANADA
10/23	HUCULAK, CAROL	79	00:35:05.70	11:19	108/175	LETH, AB, CANADA
11/23	RAMSEY, TASMA	132	00:35:10.10	11:20	111/175	LETH, AB, CANADA
12/23	CASE, ROSALIE	26	00:35:21.40	11:24	113/175	LETH, AB, CANADA
13/23	CHANG, EVA	30	00:35:49.65	11:33	116/175	LETH, AB, CANADA
14/23	HACIOR, HEATHER	183	00:36:16.45	11:41	119/175	LETH, AB, CANADA
15/23	ELLIS, KARI	43	00:38:42.55	12:29	133/175	PURPLE SPRINGS, AB, CANADA
16/23	BORG, BRENDA	7	00:39:50.75	12:50	138/175	LETH, AB, CANADA
17/23	TROCKSTAD, CARMEN	161	00:43:49.65	14:08	155/175	LETH, AB, CANADA
18/23	SCOTT, BONNIE	143	00:44:52.50	14:28	156/175	PINCHER CREEK, AB, CANADA
19/23	FAULKNER, NAOMI	187	00:44:52.95	14:28	157/175	FT. MACLEOD, AB, CANADA
20/23	OISHI, SHEILA	124	00:49:00.75	15:48	162/175	LETH, AB, CANADA
21/23	KAZAKOFF, ALANNA	88	00:51:48.75	16:42	165/175	NOBLEFORD, AB, CANADA
22/23	MALINOWSKI, KERRY	106	01:05:45.75	21:12	174/175	LETH, AB, CANADA
23/23	MOROZ, SUE	115	01:05:47.50	21:13	175/175	LETH, AB, CANADA

5K40-49M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	RUNIONS, PAUL	136	00:20:06.20	06:29	6/175	FT. MACLEOD, AB, CANADA
2/5	LOW, STEVE	96	00:20:38.70	06:39	7/175	COALDALE, AB, CANADA
3/5	BYKOWSKI, JOHN	21	00:24:32.80	07:54	20/175	LETH, AB, CANADA
4/5	SAITO, JEFF	138	00:27:51.75	08:59	36/175	LETH, AB, CANADA
5/5	GILLESPIE, TOM	59	00:32:37.75	10:31	84/175	PINCHER CREEK, AB, CANADA

5K50-59F - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	VAN DAMME, ANN	198	00:23:39.60	07:37	16/175	TABER, AB, CANADA
2/13	SCOTT, JANE	144	00:26:32.20	08:33	28/175	LETH, AB, CANADA
3/13	HOLMES, CHARLOTTE	74	00:31:57.15	10:18	80/175	LETH., AB, CANADA
4/13	MCKENZIE, DIANE	111	00:33:18.95	10:44	95/175	WARNER, AB, CANADA
5/13	WIKTORSKI, JO	180	00:34:35.80	11:09	104/175	LETH, AB, CANADA
6/13	AMBLER, BRENDA	1	00:34:56.45	11:16	106/175	LETH, AB, CANADA
7/13	CARON, ADELE	24	00:35:06.55	11:19	109/175	LETH, AB, CANADA
8/13	FIGENSHAU, DEBI	49	00:36:14.90	11:41	118/175	WARNER, AB, CANADA
9/13	BROWN, JANICE	201	00:37:45.45	12:10	127/175	LETH, AB, CANADA
10/13	VOLK, HELEN	167	00:43:08.90	13:54	154/175	LETH, AB, CANADA
11/13	VOORT, MARYLEE	169	00:48:51.15	15:45	159/175	LETH, AB, CANADA
12/13	BRAUTIGAM, BRENDA	12	00:48:51.60	15:45	160/175	WARNER, AB, CANADA
13/13	BROWN, SHARON	16	00:51:50.15	16:43	166/175	LETH, AB, CANADA

Category Results

5K - 3.1 Miles

5K50-59M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	WINGERTER, LES	173	00:21:05.10	06:48	9/175	LETH, AB, CANADA
2/9	BROWN, MITCHEL	14	00:25:41.95	08:17	25/175	FT. MACLEOD, AB, CANADA
3/9	MYLES, CHARLIE	117	00:28:24.95	09:09	43/175	LETH, AB, CANADA
4/9	ENGBRECHT, ERNIE	44	00:32:51.95	10:35	89/175	LETH, AB, CANADA
5/9	VOLK, STAN	168	00:34:42.10	11:11	105/175	LETH, AB, CANADA
6/9	FLAIG, DON	50	00:35:07.10	11:19	110/175	LETH, AB, CANADA
7/9	ZIELINSKI, WALTER	175	00:35:10.30	11:20	112/175	COALDALE, AB, CANADA
8/9	SHELSON, RICHARD	147	00:42:00.40	13:32	152/175	LETH, AB, CANADA
9/9	KAZAKOFF, JACK	90	00:50:49.25	16:23	164/175	NOBLEFORD, AB, CANADA

5K60+F - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	BYERS, BRIGITTE	182	00:36:50.70	11:52	120/175	LETH, AB, CANADA
2/2	THOMAS, LOUISE	159	00:40:26.10	13:02	142/175	LETH, AB, CANADA

5K60+M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	STEWART, CAL	154	00:22:33.15	07:16	12/175	LETH, AB, CANADA
2/3	BYERS, BOB	18	00:27:09.85	08:45	32/175	LETHBRIDGE, AB, CANADA
3/3	HOLMES, OWEN	75	00:40:40.30	13:07	146/175	LETHBRIDGE, AB, CANADA