

2023 Conquer The Ridge Half, 10K, 5K

Alpha Overall Results

5K - 3.1 Miles

38 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
21/38	ALIBEGOVIC, AMRA	1080	35:54.551	07:10	11:32	5K35-49F	4/6	F	7/20	MEDICINE HAT, AB
20/38	ALIBEGOVIC, EDIN	1081	35:54.480	07:10	11:32	5K35-49M	3/3	M	14/18	MEDICINE HAT, AB
36/38	BIRECKI, DONOVAN	1040	51:07.624	10:13	16:26	5K19-34M	3/3	M	17/18	MEDICINE HAT, AB
32/38	BULLOCK, CHELSIE	1041	43:45.150	08:45	14:04	5K19-34F	4/5	F	16/20	BARNWELL, AB
30/38	BULLOCK, TYCEE	1042	38:59.941	07:47	12:32	5K18&UF	5/5	F	14/20	BARNWELL, AB
10/38	COURTY, CLAIRE	1043	29:05.781	05:49	09:21	5K18&UF	1/5	F	3/20	MEDICINE HAT, AB
16/38	DEIS, ALLYSON	1072	32:30.083	06:30	10:27	5K35-49F	3/6	F	4/20	MEDICINE HAT, AB
17/38	DEIS, GAVYN	1073	32:50.170	06:34	10:33	5K18&UM	8/10	M	13/18	MEDICINE HAT, AB
11/38	DEIS, TAYLOR	1074	30:18.670	06:03	09:44	5K18&UM	5/10	M	8/18	MEDICINE HAT, AB
13/38	DRESCHER, CAMERON	1069	31:57.950	06:23	10:16	5K35-49M	2/3	M	10/18	MEDICINE HAT, AB
14/38	DRESCHER, EASTON	1070	31:57.997	06:23	10:16	5K18&UM	6/10	M	11/18	MEDICINE HAT, AB
15/38	DRESCHER, HARPER	1071	31:58.177	06:23	10:16	5K18&UM	7/10	M	12/18	MEDICINE HAT, AB
8/38	GANNON, GWENDOLYN	1044	28:05.383	05:37	09:01	5K35-49F	1/6	F	1/20	MEDICINE HAT, AB
1/38	GILBORN, JOHNNY	1075	18:55.782	03:47	06:05	5K18&UM	1/10	M	1/18	DUCHESS, AB
5/38	HANSEN, ETHAN	1068	24:34.377	04:54	07:54	5K18&UM	3/10	M	5/18	DUNMORE, AB
23/38	HANSEN, NATHAN	1076	36:53.637	07:22	11:51	5K18&UM	10/10	M	16/18	DUNMORE, AB
25/38	HAWKINS, SHEILA	1046	38:08.965	07:37	12:16	5K19-34F	2/5	F	9/20	REDCLIFF, AB
19/38	HORVAT, IVANA	1077	34:06.389	06:49	10:58	5K19-34F	1/5	F	6/20	MEDICINE HAT, AB
33/38	JENSEN, ANITA	1047	43:56.353	08:47	14:07	5K50+F	2/4	F	17/20	MEDICINE HAT, AB
31/38	JENSEN, CODY	1048	39:05.237	07:49	12:34	5K19-34F	3/5	F	15/20	MEDICINE HAT, AB
3/38	JORDET, ODIN	1067	19:31.286	03:54	06:16	5K18&UM	2/10	M	3/18	CYPRESS COUNTY, AB
2/38	KOLODY, KEEGAN	1049	19:01.123	03:48	06:06	5K19-34M	1/3	M	2/18	MEDICINE HAT, AB
29/38	LEPAGE, NADINE	1050	38:37.231	07:43	12:25	5K35-49F	6/6	F	13/20	MEDICINE HAT, AB
34/38	LIBOIRON, TAMARA	1051	44:54.172	08:58	14:26	5K19-34F	5/5	F	18/20	MEDICINE HAT, AB
12/38	MCCONNELL, SEAN	1052	30:42.926	06:08	09:52	5K50+M	1/2	M	9/18	REGINA, SK
7/38	MCKINNEY, DARCY	1053	26:49.866	05:21	08:37	5K19-34M	2/3	M	7/18	BROOKS, AB
6/38	MESHEN, GAVIN	1054	25:14.078	05:02	08:06	5K18&UM	4/10	M	6/18	MEDICINE HAT, AB
24/38	MESHEN, MICHELLE	1055	37:39.741	07:31	12:06	5K35-49F	5/6	F	8/20	MEDICINE HAT, AB
9/38	NIELSEN, AMANDA	1056	28:23.526	05:40	09:07	5K35-49F	2/6	F	2/20	MEDICINE HAT, AB
4/38	ROTH, DANIEL	1057	21:32.527	04:18	06:55	5K35-49M	1/3	M	4/18	BROOKS, AB
26/38	STATHAM, ALLIE	1078	38:19.348	07:39	12:19	5K18&UF	2/5	F	10/20	MEDICINE HAT, AB
35/38	STATHAM, BEV	1079	47:33.873	09:30	15:17	5K50+F	3/4	F	19/20	MEDICINE HAT, AB
38/38	THOMPSON, GAIL	1059	1:30:13.029	18:02	29:00	5K50+F	4/4	F	20/20	MEDICINE HAT, AB
27/38	WILL, EMILIE	1060	38:35.779	07:43	12:24	5K18&UF	3/5	F	11/20	MEDICINE HAT, AB
22/38	WILL, ERIC	1061	36:52.373	07:22	11:51	5K18&UM	9/10	M	15/18	MEDICINE HAT, AB
28/38	WILL, SOPHIE	1062	38:36.692	07:43	12:24	5K18&UF	4/5	F	12/20	MEDICINE HAT, AB
37/38	WITTS, PETER	1063	52:27.988	10:29	16:52	5K50+M	2/2	M	18/18	REDCLIFF, AB
18/38	ZAHN, JENNIFER	1064	33:24.857	06:40	10:44	5K50+F	1/4	F	5/20	MEDICINE HAT, AB