

2023 Conquer The Ridge Half, 10K, 5K
Category Award Results
TOP 3 In Category

Half Marathon 21.1K/ 13.1 Miles
33 Finishers

HALF18&UM (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	LAVOIE-PIERZCHALA, ELIJAH	5065	1:43:44.707	04:55	07:55	+00:00:00	7/33	5/21	MEDICINE HAT

HALF19-34F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	LINARES, LUISA	5081	1:43:23.754	04:54	07:53	+00:00:00	6/33	2/12	
2/2	RYAN, KATIE	5076	2:45:37.426	07:50	12:38	+01:02:13	30/33	11/12	MEDICINE HAT

HALF19-34M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	RAPUANO, TRAVIS	5074	1:43:12.175	04:53	07:52	+00:00:00	5/33	4/21	MEDICINE HAT
2/6	LINARES, ANDRES	5083	1:45:26.025	04:59	08:02	+00:02:13	9/33	6/21	
3/6	DALLA LONGA, AUSTYN	5051	1:57:28.788	05:34	08:58	+00:14:16	13/33	10/21	MEDICINE HAT

HALF35-49F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	SHRIVES, HELOISE	5077	1:39:15.975	04:42	07:34	+00:00:00	2/33	1/12	MEDICINE HAT
2/9	EMERSON, SHERI	5055	1:45:00.383	04:58	08:00	+00:05:44	8/33	3/12	MEDICINE HAT
3/9	HENDERSON, LAURA	5058	2:04:49.620	05:54	09:31	+00:25:33	20/33	5/12	LEADER

HALF35-49M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	FIGUEROA, JULIO	5056	1:26:50.949	04:06	06:37	+00:00:00	1/33	1/21	MEDICINE HAT
2/9	OSBORNE, MORGAN	5070	1:41:02.193	04:47	07:42	+00:14:11	3/33	2/21	MEDICINE HAT
3/9	PIERZCHALA, MARK	5073	1:41:22.653	04:48	07:44	+00:14:31	4/33	3/21	MEDICINE HAT

HALF50+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	LACHANCE, CHANTAL	5063	1:58:43.037	05:37	09:03	+00:00:00	17/33	4/12	HALIFAX

HALF50+M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	PATTISON, ANDY	5071	1:58:42.358	05:37	09:03	+00:00:00	16/33	13/21	HALIFAX
2/5	SPURGEON, DANIEL	5078	2:00:58.763	05:44	09:14	+00:02:16	18/33	14/21	MEDICINE HAT
3/5	BURMAN, DALE	5046	2:17:46.337	06:31	10:31	+00:19:03	26/33	18/21	MEDICINE HAT