

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
24 Finishers

## 10K19-34F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	LINARES, ANA	2262	52:14.677	05:13	08:24	5/24	2/16	+00:00:00	

## 10K19-34M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	SINGH, GURDEEP	2263	52:53.184	05:17	08:30	6/24	4/8	+00:00:00	MEDICINE HAT
2/2	CHOW, TYSON	2237	1:06:07.920	06:36	10:38	19/24	8/8	+00:13:14	MEDICINE HAT

## 10K35-49F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	BERNATH, DANIELLE	2206	52:13.922	05:13	08:24	4/24	1/16	+00:00:00	MEDICINE HAT
2/9	SLETTEN, LEASA	2247	54:26.585	05:26	08:46	8/24	3/16	+00:02:12	MEDICINE HAT
3/9	JORDET, MELANIE	2255	1:00:02.673	06:00	09:40	12/24	5/16	+00:07:48	CYPRESS COUNT
4/9	SCHULZ, CYNTHIA	2257	1:01:31.336	06:09	09:54	15/24	8/16	+00:09:17	MEDICINE HAT
5/9	WIEBE, KIM	2256	1:05:30.021	06:33	10:32	17/24	10/16	+00:13:16	MEDICINE HAT
6/9	HODGKINSON, PAM	2240	1:05:32.781	06:33	10:33	18/24	11/16	+00:13:18	MEDICINE HAT
7/9	STUMBORG, CHAR	2258	1:07:15.231	06:43	10:49	20/24	12/16	+00:15:01	MEDICINE HAT
8/9	LOEWEN, SUSANA	2242	1:14:03.395	07:24	11:55	23/24	15/16	+00:21:49	MEDICINE HAT
9/9	YKEMA, SARAH	2254	1:16:00.607	07:36	12:14	24/24	16/16	+00:23:46	CALGARY

## 10K35-49M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	MESHEN, ROBBIE	2244	47:26.514	04:44	07:38	3/24	3/8	+00:00:00	MEDICINE HAT

## 10K50+F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	SUNDE, BRENDA	2251	58:07.479	05:48	09:21	10/24	4/16	+00:00:00	MAPLE CREEK
2/6	YOUNG, ALANA	2259	1:00:04.197	06:00	09:40	13/24	6/16	+00:01:56	MEDICINE HAT
3/6	MAHOOD, RAELYN	2243	1:00:59.909	06:05	09:49	14/24	7/16	+00:02:52	MEDICINE HAT
4/6	SUMNERS, LORI	2250	1:03:23.455	06:20	10:12	16/24	9/16	+00:05:15	CYPRESS COUNT
5/6	SPICER, SUSAN	2249	1:07:37.542	06:45	10:53	21/24	13/16	+00:09:30	MEDICINE HAT
6/6	CHOW, PHYLLIS	2236	1:11:02.924	07:06	11:26	22/24	14/16	+00:12:55	MEDICINE HAT

## 10K50+M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	SMITH, DARRYL	2248	39:18.971	03:55	06:19	1/24	1/8	+00:00:00	MEDICINE HAT
2/5	LEDUC, CORRY	2241	45:48.476	04:34	07:22	2/24	2/8	+00:06:29	MEDICINE HAT
3/5	YOUNG, SCOTT	2260	53:43.224	05:22	08:39	7/24	5/8	+00:14:24	MEDICINE HAT
4/5	POWELL, BRIAN	2246	57:05.908	05:42	09:11	9/24	6/8	+00:17:46	REGINA
5/5	SUNDE, MELVIN	2252	59:48.962	05:58	09:37	11/24	7/8	+00:20:29	MAPLE CREEK