

2023 Conquer The Ridge Half, 10K, 5K

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/20	GANNON, GWENDOLYN	1044	28:05.383	05:37	09:01	5K35-49F	1/6	8/38	MEDICINE HAT, AB
2/20	NIELSEN, AMANDA	1056	28:23.526	05:40	09:07	5K35-49F	2/6	9/38	MEDICINE HAT, AB
3/20	COURTY, CLAIRE	1043	29:05.781	05:49	09:21	5K18&UF	1/5	10/38	MEDICINE HAT, AB
4/20	DEIS, ALLYSON	1072	32:30.083	06:30	10:27	5K35-49F	3/6	16/38	MEDICINE HAT, AB
5/20	ZAHN, JENNIFER	1064	33:24.857	06:40	10:44	5K50+F	1/4	18/38	MEDICINE HAT, AB
6/20	HORVAT, IVANA	1077	34:06.389	06:49	10:58	5K19-34F	1/5	19/38	MEDICINE HAT, AB
7/20	ALIBEGOVIC, AMRA	1080	35:54.551	07:10	11:32	5K35-49F	4/6	21/38	MEDICINE HAT, AB
8/20	MESHEN, MICHELLE	1055	37:39.741	07:31	12:06	5K35-49F	5/6	24/38	MEDICINE HAT, AB
9/20	HAWKINS, SHEILA	1046	38:08.965	07:37	12:16	5K19-34F	2/5	25/38	REDCLIFF, AB
10/20	STATHAM, ALLIE	1078	38:19.348	07:39	12:19	5K18&UF	2/5	26/38	MEDICINE HAT, AB
11/20	WILL, EMILIE	1060	38:35.779	07:43	12:24	5K18&UF	3/5	27/38	MEDICINE HAT, AB
12/20	WILL, SOPHIE	1062	38:36.692	07:43	12:24	5K18&UF	4/5	28/38	MEDICINE HAT, AB
13/20	LEPAGE, NADINE	1050	38:37.231	07:43	12:25	5K35-49F	6/6	29/38	MEDICINE HAT, AB
14/20	BULLOCK, TYCEE	1042	38:59.941	07:47	12:32	5K18&UF	5/5	30/38	BARNWELL, AB
15/20	JENSEN, CODY	1048	39:05.237	07:49	12:34	5K19-34F	3/5	31/38	MEDICINE HAT, AB
16/20	BULLOCK, CHELSIE	1041	43:45.150	08:45	14:04	5K19-34F	4/5	32/38	BARNWELL, AB
17/20	JENSEN, ANITA	1047	43:56.353	08:47	14:07	5K50+F	2/4	33/38	MEDICINE HAT, AB
18/20	LIBOIRON, TAMARA	1051	44:54.172	08:58	14:26	5K19-34F	5/5	34/38	MEDICINE HAT, AB
19/20	STATHAM, BEV	1079	47:33.873	09:30	15:17	5K50+F	3/4	35/38	MEDICINE HAT, AB
20/20	THOMPSON, GAIL	1059	1:30:13.029	18:02	29:00	5K50+F	4/4	38/38	MEDICINE HAT, AB

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/18	GILBORN, JOHNNY	1075	18:55.782	03:47	06:05	5K18&UM	1/10	1/38	DUCHESS, AB
2/18	KOLODY, KEEGAN	1049	19:01.123	03:48	06:06	5K19-34M	1/3	2/38	MEDICINE HAT, AB
3/18	JORDET, ODIN	1067	19:31.286	03:54	06:16	5K18&UM	2/10	3/38	CYPRESS COUNTY, AB
4/18	ROTH, DANIEL	1057	21:32.527	04:18	06:55	5K35-49M	1/3	4/38	BROOKS, AB
5/18	HANSEN, ETHAN	1068	24:34.377	04:54	07:54	5K18&UM	3/10	5/38	DUNMORE, AB
6/18	MESHEN, GAVIN	1054	25:14.078	05:02	08:06	5K18&UM	4/10	6/38	MEDICINE HAT, AB
7/18	MCKINNEY, DARCY	1053	26:49.866	05:21	08:37	5K19-34M	2/3	7/38	BROOKS, AB
8/18	DEIS, TAYLOR	1074	30:18.670	06:03	09:44	5K18&UM	5/10	11/38	MEDICINE HAT, AB
9/18	MCCONNELL, SEAN	1052	30:42.926	06:08	09:52	5K50+M	1/2	12/38	REGINA, SK
10/18	DRESCHER, CAMERON	1069	31:57.950	06:23	10:16	5K35-49M	2/3	13/38	MEDICINE HAT, AB
11/18	DRESCHER, EASTON	1070	31:57.997	06:23	10:16	5K18&UM	6/10	14/38	MEDICINE HAT, AB
12/18	DRESCHER, HARPER	1071	31:58.177	06:23	10:16	5K18&UM	7/10	15/38	MEDICINE HAT, AB
13/18	DEIS, GAVYN	1073	32:50.170	06:34	10:33	5K18&UM	8/10	17/38	MEDICINE HAT, AB
14/18	ALIBEGOVIC, EDIN	1081	35:54.480	07:10	11:32	5K35-49M	3/3	20/38	MEDICINE HAT, AB
15/18	WILL, ERIC	1061	36:52.373	07:22	11:51	5K18&UM	9/10	22/38	MEDICINE HAT, AB
16/18	HANSEN, NATHAN	1076	36:53.637	07:22	11:51	5K18&UM	10/10	23/38	DUNMORE, AB
17/18	BIRECKI, DONOVAN	1040	51:07.624	10:13	16:26	5K19-34M	3/3	36/38	MEDICINE HAT, AB
18/18	WITTS, PETER	1063	52:27.988	10:29	16:52	5K50+M	2/2	37/38	REDCLIFF, AB