

2023 Dinosaur Pump It Up Run May 6/2023

Alpha Overall Results

5K - 3.1 Miles

92 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
49/92	ANDERSON, NANCY	641	33:52.946	06:46	10:53	5K40-49F	6/14	F	24/52	CALGARY, ALBERTA
59/92	BARRON, AMANDA	729	37:18.878	07:27	11:59	5K40-49F	8/14	F	30/52	BASSANO, ALBERTA
16/92	BECKER, ASHLEY	642	25:42.821	05:08	08:16	5K40-49M	1/7	M	16/40	BROOKS, ALBERTA
34/92	BECKER, DALYS	643	30:39.945	06:07	09:51	5K12&UF	3/9	F	13/52	BROOKS, ALBERTA
52/92	BECKER, KELTY	644	35:14.985	07:02	11:20	5K40-49F	7/14	F	25/52	BROOKS, ALBERTA
4/92	BECKER, WAYLON	645	22:12.237	04:26	07:08	5K13-19M	2/9	M	4/40	BROOKS, ALBERTA
14/92	BECKER, ZANE	646	24:34.703	04:54	07:54	5K13-19M	7/9	M	14/40	BROOKS, ALBERTA
3/92	BLACKMORE, ABE	647	21:57.243	04:23	07:03	5K13-19M	1/9	M	3/40	BROOKS, ALBERTA
1/92	BORKOVIC, BEN	648	20:14.662	04:02	06:30	5K30-39M	1/3	M	1/40	PATRICIA, ALBERTA
51/92	BORKOVIC, JOHN	649	34:20.833	06:52	11:02	5K70+M	1/1	M	27/40	YELLOWKNIFE, NORTH
39/92	BOVEY, BRITTANY	650	31:43.815	06:20	10:12	5K20-29F	2/6	F	17/52	INNISFAIL, ALBERTA
64/92	BRKICH, JESSICA	651	39:06.692	07:49	12:34	5K30-39F	8/11	F	33/52	BROOKS, ALBERTA
35/92	CLARKE-IRWIN, LEE	653	31:01.133	06:12	09:58	5K60-69F	3/6	F	14/52	BROOKS, ALBERTA
89/92	CROWE, STEPHEN	654	56:43.646	11:20	18:14	5K60-69M	5/5	M	40/40	HIGH RIVER, ALBERTA
58/92	DAVIS, AMANDA	726	37:17.735	07:27	11:59	5K30-39F	5/11	F	29/52	BASSANO, ALBERTA
32/92	DE OLIVEIRA, JAN	734	30:25.702	06:05	09:47	5K40-49F	4/14	F	11/52	CANMORE, AB
80/92	DOERKSEN, KATIE	655	45:44.754	09:08	14:42	5K30-39F	11/11	F	43/52	GEM, ALBERTA
79/92	DOERKSEN, LUCY	656	45:44.684	09:08	14:42	5K12&UF	9/9	F	42/52	GEM, ALBERTA
83/92	DUBE, LINDA	722	49:18.759	09:51	15:51	5K60-69F	5/6	F	46/52	BROOKS, ALBERTA
25/92	EGGER, JANICE	657	28:32.366	05:42	09:10	5K60-69F	1/6	F	5/52	BROOKS, ALBERTA
17/92	EGGER, SCOTT	658	26:06.119	05:13	08:23	5K60-69M	1/5	M	17/40	BROOKS, ALBERTA
27/92	FOURNIER, AMY	659	29:15.334	05:51	09:24	5K40-49F	2/14	F	7/52	CANMORE, ALBERTA
74/92	GERRIOR, SANGVATH	660	40:32.584	08:06	13:02	5K30-39F	10/11	F	39/52	BROOKS, ALBERTA
86/92	GOOD EAGLE, LJ	661	56:13.322	11:14	18:04	5K40-49M	7/7	M	38/40	LETHBRIDGE, ALBERTA
9/92	GROBBELAAR, ANDREW	662	23:01.113	04:36	07:24	5K12&UM	2/9	M	9/40	LAKE NEWELL RESORT
10/92	GROBBELAAR, ANTHONY	663	23:43.846	04:44	07:37	5K13-19M	5/9	M	10/40	LAKE NEWELL RESORT
8/92	GROBBELAAR, JONATHAN	664	22:39.409	04:31	07:17	5K12&UM	1/9	M	8/40	LAKE NEWELL RESORT
29/92	GROBBELAAR, KATE	739	29:27.503	05:53	09:28	5K12&UF	2/9	F	9/52	BROOKS, ALBERTA
91/92	GROBBELAAR, THELMA	740	1:00:19.631	12:03	19:23	5K40-49F	13/14	F	51/52	BROOKS, ALBERTA
31/92	GROVE, JOSEPH	666	29:47.855	05:57	09:34	5K40-49M	2/7	M	21/40	MEDICINE HAT, ALBER
50/92	GROVE, ROWDY	667	34:03.217	06:48	10:56	5K13-19M	9/9	M	26/40	DUCHESS, ALBERTA
61/92	GROVE, SHANE	668	38:43.372	07:44	12:27	5K40-49M	5/7	M	30/40	DUCHESS, ALBERTA
78/92	HEAL, TRUDI	669	45:05.307	09:01	14:29	5K70+F	1/1	F	41/52	CANMORE, ALBERTA
28/92	HEAL, VERA	670	29:16.823	05:51	09:24	5K12&UF	1/9	F	8/52	CANMORE, ALBERTA
70/92	HENRICKSON, CASSIDY	671	39:49.456	07:57	12:48	5K20-29F	5/6	F	37/52	PATRICIA, ALBERTA
26/92	HUDEC, AMBER	672	29:14.552	05:50	09:24	5K40-49F	1/14	F	6/52	DUCHESS, ALBERTA
7/92	HUDEC, GRADY	673	22:36.986	04:31	07:16	5K13-19M	4/9	M	7/40	DUCHESS, ALBERTA
21/92	HUSSEY, ANNESSA	730	27:47.612	05:33	08:56	5K30-39F	2/11	F	3/52	CANMORE, AB
38/92	JENKINS, ANNIKA	676	31:35.672	06:19	10:09	5K12&UF	4/9	F	16/52	CANMORE, ALBERTA
22/92	JENKINS, ELI	677	28:15.451	05:39	09:05	5K12&UM	3/9	M	19/40	CANMORE, ALBERTA
11/92	KEARLEY, CALEB	678	23:44.884	04:44	07:38	5K20-29M	2/4	M	11/40	REGINA, SASKATCHEW
19/92	KEARLEY, JACLYN	679	26:20.712	05:16	08:28	5K20-29F	1/6	F	1/52	REGINA, SASKATCHEW
5/92	KEARLEY, JESSE	725	22:35.202	04:31	07:15	5K30-39M	2/3	M	5/40	COCHRANE, AB
82/92	KELLY, THERESA	728	47:35.995	09:31	15:18	5K40-49F	10/14	F	45/52	BASSANO, ALBERTA
90/92	KORNEY, ANDREA	735	1:00:19.162	12:03	19:23	5K40-49F	12/14	F	50/52	LAS VEGAS, ARIZ
23/92	KRUEGER, SYDNEY	680	28:15.594	05:39	09:05	5K30-39F	3/11	F	4/52	BROOKS, ALBERTA
2/92	LEON, JUAN	681	20:42.686	04:08	06:39	5K20-29M	1/4	M	2/40	REDCLIFF, ALBERTA
67/92	LIZAMORE, ALISMI	682	39:07.391	07:49	12:34	5K12&UF	8/9	F	36/52	NEWELL COUNTY, ALB
65/92	LIZAMORE, BEATRIX	683	39:07.087	07:49	12:34	5K60-69F	4/6	F	34/52	NEWELL COUNTY, ALB
62/92	LIZAMORE, LINSA	684	39:03.360	07:48	12:33	5K30-39F	7/11	F	32/52	NEWELL COUNTY, ALB
63/92	LIZAMORE, PIETER	685	39:06.549	07:49	12:34	5K12&UM	6/9	M	31/40	NEWELL COUNTY, ALB
36/92	MACDONALD, CATHY	686	31:04.126	06:12	09:59	5K50-59F	1/3	F	15/52	BROOKS, ALBERTA
92/92	MCCLELLAND, KIM	716	1:00:20.902	12:04	19:24	5K40-49F	14/14	F	52/52	LAKE NEWELL RESORT
41/92	MCCLELLAND, SCOTT	717	31:45.947	06:21	10:12	5K40-49M	3/7	M	23/40	LAKE NEWELL RESORT
53/92	MCMECKEN, SHEVAUN	688	35:15.120	07:03	11:20	5K30-39F	4/11	F	26/52	BROOKS, ALBERTA
48/92	NIZNIK, EVA	689	33:28.311	06:41	10:45	5K13-19F	1/2	F	23/52	BROOKS, ALBERTA
56/92	NIZNIK, KRISTEN	690	36:10.499	07:14	11:37	5K50-59F	2/3	F	28/52	BROOKS, ALBERTA

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Alpha Overall Results

5K - 3.1 Miles

92 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
87/92	OBERMEYER, FRED	691	56:35.710	11:19	18:11	5K60-69M	4/5	M	39/40	CALGARY, ALBERTA
43/92	OLAUSON, COLIN	692	32:18.623	06:27	10:23	5K40-49M	4/7	M	24/40	CANMORE, ALBERTA
42/92	OLAUSON, ELLIE	693	32:18.272	06:27	10:23	5K12&UF	6/9	F	19/52	CANMORE, ALBERTA
44/92	OLAUSON, JESSICA	694	32:18.695	06:27	10:23	5K40-49F	5/14	F	20/52	CANMORE, ALBERTA
45/92	OLAUSON, NORAH	695	32:19.143	06:27	10:23	5K12&UF	7/9	F	21/52	CANMORE, ALBERTA
57/92	OLSENBERG, ALLAN	737	37:02.452	07:24	11:54	5K12&UM	5/9	M	29/40	BROOKS,
73/92	OLSENBERG, NEAL	738	39:57.162	07:59	12:50	5K40-49M	6/7	M	35/40	BROOKS,
72/92	PATTON, ALISON	696	39:52.225	07:58	12:49	5K50-59F	3/3	F	38/52	BROOKS, ALBERTA
15/92	PATTON, CALLUM	697	25:32.782	05:06	08:12	5K20-29M	4/4	M	15/40	BROOKS, ALBERTA
71/92	PATTON, RANDY	698	39:50.694	07:58	12:48	5K60-69M	3/5	M	34/40	BROOKS, ALBERTA
81/92	PETKAU, CHRISTINE	727	47:35.650	09:31	15:18	5K40-49F	9/14	F	44/52	BASSANO, ALBERTA
33/92	ROMMENS, JANET	699	30:30.060	06:06	09:48	5K60-69F	2/6	F	12/52	BROOKS, ALBERTA
24/92	ROMMENS, WENDELL	700	28:31.435	05:42	09:10	5K60-69M	2/5	M	20/40	BROOKS, ALBERTA
12/92	SARGEANT, REID	701	24:22.236	04:52	07:50	5K13-19M	6/9	M	12/40	BROOKS, ALBERTA
37/92	SCRIVENER, IAN	732	31:22.348	06:16	10:05	5K50-59M	2/2	M	22/40	MEDICINE HAT, ALBERTA
6/92	SCRIVENER, JAXON	721	22:36.513	04:31	07:16	5K13-19M	3/9	M	6/40	MEDICINE HAT, ALBERTA
30/92	SEWALL, TACE	718	29:37.170	05:55	09:31	5K40-49F	3/14	F	10/52	BROOKS, ALBERTA
46/92	SEWALL, TAYVEN	719	32:24.857	06:28	10:25	5K13-19M	8/9	M	25/40	BROOKS, ALBERTA
40/92	SEWALL, TESSA	720	31:44.859	06:20	10:12	5K12&UF	5/9	F	18/52	BROOKS, ALBERTA
54/92	SMITH, DAVIN	702	35:16.354	07:03	11:20	5K12&UM	4/9	M	28/40	BROOKS, ALBERTA
18/92	SMITH, TODD	703	26:18.812	05:15	08:27	5K50-59M	1/2	M	18/40	BROOKS, ALBERTA
76/92	SNIDER, JASON	704	42:49.721	08:33	13:46	5K30-39M	3/3	M	36/40	DUCHESS, ALBERTA
77/92	SNIDER, JUDAH	705	42:51.849	08:34	13:46	5K12&UM	9/9	M	37/40	DUCHESS, ALBERTA
85/92	SWEET GRASS, SARAH	706	56:13.006	11:14	18:04	5K40-49F	11/14	F	48/52	LETHBRIDGE, ALBERTA
84/92	SWEET GRASS, SELAH PEACH	707	49:20.121	09:52	15:51	5K13-19F	2/2	F	47/52	LETHBRIDGE, ALBERTA
13/92	TAYLOR, DYLAN	731	24:31.887	04:54	07:53	5K20-29M	3/4	M	13/40	LETHBRIDGE, AB
60/92	THORNHILL, NIKITA	736	38:12.733	07:38	12:17	5K30-39F	6/11	F	31/52	BROOKS, AB
20/92	THUE, GLENDA	723	26:31.321	05:18	08:31	5K30-39F	1/11	F	2/52	BLACKIE, AB
66/92	TIFFIN, LISA	724	39:07.270	07:49	12:34	5K30-39F	9/11	F	35/52	BROOKS, ALBERTA
88/92	TRAVIS, LORIE	708	56:43.606	11:20	18:14	5K60-69F	6/6	F	49/52	CALGARY, ALBERTA
55/92	UGLEM, SEANNA	709	35:16.732	07:03	11:20	5K20-29F	4/6	F	27/52	LETHBRIDGE, ALBERTA
47/92	VAN WERT, GRACE	710	33:26.017	06:41	10:45	5K20-29F	3/6	F	22/52	TILLEY, ALBERTA
75/92	VOLSCHENK, STELLA-MARI	713	42:22.729	08:28	13:37	5K20-29F	6/6	F	40/52	NEWELL COUNTY, ALBERTA
69/92	WAGNER, CHARLIE	714	39:17.876	07:51	12:38	5K12&UM	8/9	M	33/40	BROOKS, ALBERTA
68/92	WAGNER, PEYTON	715	39:15.889	07:51	12:37	5K12&UM	7/9	M	32/40	BROOKS, ALBERTA