

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10.38K Run - 6.45 Miles
76 Finishers

10K12&UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	SNIDER, GIDEON	1302	59:21.995	05:43	09:12	24/76	18/36	+00:00:00	DUCHESS

10K13-19F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	CHOI, RENY	1259	56:54.898	05:28	08:49	17/76	5/40	+00:00:00	BROOKS

10K13-19M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	CRAIG, MICHAEL	1260	47:21.445	04:33	07:20	4/76	4/36	+00:00:00	BROOKS
2/2	MCLELLAND, ETHAN	1319	50:15.049	04:50	07:47	7/76	7/36	+00:02:53	LAKE NEWELL RE

10K20-29F - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	CYR, NIKKI	1326	1:02:57.464	06:03	09:45	36/76	14/40	+00:00:00	BROOKS
2/5	WOLF, RACHEL	1316	1:06:36.620	06:25	10:19	41/76	19/40	+00:03:39	BROOKS
3/5	SAINAS, DEMETRA	1330	1:18:59.731	07:36	12:14	63/76	33/40	+00:16:02	CALGARY
4/5	ROBERTS, ANDREA	1321	2:03:40.256	11:54	19:10	73/76	39/40	+01:00:42	LETHBRIDGE
5/5	YEE, KATELYN	1323	2:03:42.461	11:55	19:10	75/76	40/40	+01:00:44	LETHBRIDGE

10K20-29M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	CYR, TYSON	1327	50:11.366	04:50	07:46	6/76	6/36	+00:00:00	BROOKS
2/6	INNES, GRAEME	1329	51:43.547	04:58	08:01	11/76	10/36	+00:01:32	EDMONTON
3/6	GROVE, SHERIFF	1272	52:25.333	05:03	08:07	13/76	11/36	+00:02:13	DUCHESS
4/6	VOLSCKENK, HAROLD	1307	1:11:50.511	06:55	11:08	51/76	25/36	+00:21:39	NEWELL COUNTY
5/6	SIMPSON, BRADY	1301	1:36:14.338	09:16	14:55	68/76	32/36	+00:46:02	LETHBRIDGE
6/6	IVAN, ALEX	1317	2:03:41.686	11:54	19:10	74/76	35/36	+01:13:30	LETHBRIDGE

10K30-39F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	GEIGER, KRISTEN	1268	56:32.755	05:26	08:46	16/76	4/40	+00:00:00	BROOKS
2/10	WEAVER, KARA-LYNE	1313	59:24.048	05:43	09:12	25/76	7/40	+00:02:51	CANMORE
3/10	GABRIELLE, CONNIE	1267	1:01:15.766	05:54	09:29	28/76	10/40	+00:04:43	LAKE NEWELL RE
4/10	ANDERSON, SIAN	1247	1:02:27.200	06:01	09:40	34/76	12/40	+00:05:54	OKOTOKS
5/10	ROSS, MORGAN	1297	1:03:41.880	06:08	09:52	38/76	16/40	+00:07:09	BROOKS
6/10	SEKERA, ALISON	1298	1:06:28.244	06:24	10:18	40/76	18/40	+00:09:55	CALGARY
7/10	WIEBE, KIM	1314	1:11:49.588	06:55	11:08	50/76	26/40	+00:15:16	MEDICINE HAT
8/10	OHLMANN, NIKKI	1320	1:12:25.521	06:58	11:13	54/76	28/40	+00:15:52	COALDALE
9/10	BROWN, MIRANDA	1255	1:19:23.933	07:38	12:18	65/76	35/40	+00:22:51	CALGARY
10/10	NIELSEN, KATIE	1288	1:31:11.817	08:47	14:08	67/76	36/40	+00:34:39	CALGARY

10K30-39M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	LJA, ROB	1318	46:11.942	04:27	07:09	1/76	1/36	+00:00:00	COALDALE
2/9	PAUL, DENNIS	1291	47:02.868	04:31	07:17	2/76	2/36	+00:00:50	BROOKS
3/9	YOUNG, GREG	1325	50:39.379	04:52	07:51	8/76	8/36	+00:04:27	CALGARY
4/9	APOLLONIN, DMYTRO	1249	55:55.188	05:23	08:40	15/76	12/36	+00:09:43	CALGARY
5/9	LOHMANN, CHRISTIAN	1285	58:41.338	05:39	09:05	18/76	13/36	+00:12:29	BROOKS
6/9	ADAMS, ZACH	1246	1:02:26.712	06:00	09:40	33/76	22/36	+00:16:14	AIRDRIE
7/9	LIZAMORE, MARTIN	1284	1:11:50.857	06:55	11:08	52/76	26/36	+00:25:38	NEWELL COUNTY
8/9	GIBSON, HEATH	1269	1:21:21.333	07:50	12:36	66/76	31/36	+00:35:09	CALGARY
9/9	PARISH, ADAM	1290	1:39:18.278	09:34	15:23	69/76	33/36	+00:53:06	EADS

10K40-49F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/16	TUCKOVA, HEATHER	1306	51:08.035	04:55	07:55	9/76	1/40	+00:00:00	LETHBRIDGE
2/16	EMERSON, SHERI	1263	52:25.162	05:03	08:07	12/76	2/40	+00:01:17	MEDICINE HAT
3/16	SCRIVENER, KATHY	1324	54:31.316	05:15	08:27	14/76	3/40	+00:03:23	MEDICINE HAT
4/16	PHARAND, KARINE	1293	59:10.268	05:42	09:10	21/76	6/40	+00:08:02	CANMORE
5/16	WAGNER, DALLAS	1309	1:00:57.021	05:52	09:26	26/76	8/40	+00:09:48	BROOKS
6/16	WALKER, EMMA	1310	1:02:02.598	05:58	09:37	32/76	11/40	+00:10:54	MEDICINE HAT
7/16	SHEA, JENNIFER	1300	1:02:28.153	06:01	09:41	35/76	13/40	+00:11:20	CANMORE
8/16	GREENSTEIN, TWYLA	1271	1:05:54.384	06:20	10:13	39/76	17/40	+00:14:46	REDCLIFF
9/16	JORDET, MELANIE	1280	1:06:45.135	06:25	10:20	42/76	20/40	+00:15:37	CYPRESS COUNT
10/16	BOEKEL, RACHEL	1254	1:07:37.983	06:30	10:29	44/76	21/40	+00:16:29	CANMORE
11/16	VON KROGH, ERIKA	1308	1:07:38.582	06:31	10:29	45/76	22/40	+00:16:30	CANMORE
12/16	BEATON, LAUREL	1252	1:08:00.427	06:33	10:32	46/76	23/40	+00:16:52	LAKE NEWELL RE
13/16	FROESE, ANNA	1266	1:09:34.585	06:42	10:47	47/76	24/40	+00:18:26	DUCHESS
14/16	ENNS, ANNA	1264	1:09:36.277	06:42	10:47	48/76	25/40	+00:18:28	DUCHESS

OA/PI = Overall Placing

Category Results

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10.38K Run - 6.45 Miles

76 Finishers

10K40-49F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
15/16	HOLLAND, TAMMY	1276	1:17:32.514	07:28	12:01	60/76	31/40	+00:26:24	CALGARY
16/16	JOHNSON, LISA	1278	1:18:37.234	07:34	12:11	61/76	32/40	+00:27:29	ATMORE

10K40-49M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	PIERZCHALA, MARK	1294	47:15.031	04:33	07:19	3/76	3/36	+00:00:00	MEDICINE HAT
2/6	LEOPOLDINO, NILSON	1283	51:38.315	04:58	08:00	10/76	9/36	+00:04:23	BROOKS
3/6	WILLIAMS, PAUL	1315	59:01.903	05:41	09:09	19/76	14/36	+00:11:46	REDCLIFF
4/6	CAMIRÉ, FÉLIX	1257	59:11.115	05:42	09:10	22/76	16/36	+00:11:56	CANMORE
5/6	BALLS, DAVID	1250	1:09:55.621	06:44	10:50	49/76	24/36	+00:22:40	BROOKS
6/6	HAGGERTY, CHAD	1273	1:16:42.826	07:23	11:53	59/76	29/36	+00:29:27	CALGARY

10K50-59F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	SENGER, BARB	1299	1:14:55.920	07:13	11:37	57/76	29/40	+00:00:00	CALGARY
2/3	RICHARDS, LAUREL	1295	1:16:27.160	07:21	11:51	58/76	30/40	+00:01:31	REDWOOD MEAD
3/3	BROWN, CYNTHIA	1328	1:19:03.053	07:36	12:15	64/76	34/40	+00:04:07	EDMONTON

10K50-59M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	ROMMENS, BRIAN	1296	48:55.034	04:42	07:35	5/76	5/36	+00:00:00	CALGARY
2/11	WATSON, JAMES	1312	59:02.729	05:41	09:09	20/76	15/36	+00:10:07	MEDICINE HAT
3/11	HOBLEY, RICHARD	1275	59:21.412	05:43	09:12	23/76	17/36	+00:10:26	MEDICINE HAT
4/11	KISS, MIKE	1282	1:01:24.048	05:54	09:31	29/76	19/36	+00:12:29	CALGARY
5/11	CALVERO, JUNEER	1256	1:01:56.569	05:58	09:36	30/76	20/36	+00:13:01	CALGARY
6/11	WALKER, PETER	1311	1:02:02.380	05:58	09:37	31/76	21/36	+00:13:07	MEDICINE HAT
7/11	CHOI, DOHAN	1258	1:07:30.689	06:30	10:28	43/76	23/36	+00:18:35	BROOKS
8/11	MARTIREZ, SERAFIN	1286	1:12:32.819	06:59	11:14	55/76	27/36	+00:23:37	BROOKS
9/11	JOHNSON, STEVEN	1279	1:18:38.893	07:34	12:11	62/76	30/36	+00:29:43	ATMORE
10/11	BLOCK, LAWRENCE	1253	1:45:37.927	10:10	16:22	70/76	34/36	+00:56:42	BROOKS
11/11	UCHIKURA, GARY	1322	2:03:43.243	11:55	19:10	76/76	36/36	+01:14:48	LETHBRIDGE

10K60-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	MCMILLAN, KAREN	1305	1:00:59.178	05:52	09:27	27/76	9/40	+00:00:00	DRUMHELLER
2/4	SUNDE, BRENDA	1303	1:02:58.204	06:03	09:45	37/76	15/40	+00:01:59	MAPLE CREEK
3/4	JACKSON, ANNE	1277	1:12:15.997	06:57	11:12	53/76	27/40	+00:11:16	BROOKS
4/4	FRENG, ALISON	1265	1:52:21.611	10:49	17:25	71/76	37/40	+00:51:22	LETHBRIDGE

10K60-69M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	SUNDE, MELVIN	1304	1:13:48.056	07:06	11:26	56/76	28/36	+00:00:00	MAPLE CREEK

10K70+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	WHITNACK, LESLIE	1262	1:52:47.353	10:51	17:29	72/76	38/40	+00:00:00	LETHBRIDGE