# Down and Dirty 5K Obstacle Course Aug 13/2016

## Teams/(Averaged Times)

### 5K Teams

<u> </u>	<del>cams</del>			
1.	Edmonton Harriers	00:28:15.24	(Average Time - 2 member Team)	
	RECKHARD, JACOB	5K-M	00:27:33.10	
	MOORE-PAYOT, AUSTIN	5K-M	00:28:57.40	_
2.	Robertsons Dream Team	00:39:38.62	(Average Time - 3 member Team)	
	COTTON, DAVID	5K-M	00:35:05.95	
	PEARSON, JONATHAN	5K-M	00:38:01.15	_
	SLUGGETT, BRYAN	5K-M	00:45:47.75	_
3.	World Health	00:42:41.19	(Average Time - 6 member Team)	_
••	BAGNELL, MICHELLE	5K-F	00:36:54.30	
	COURT, GARNET	5K-M	00:37:36.15	_
	LEDDY, COLIN	5K-M	00:42:25.40	
	PRATLEY, DAVID	5K-M	00:45:53.75	_
	TOLLEFSON, STEPHANIE	5K-F	00:46:38.75	_
	GAW, BOBBIE	5K-F	00:46:40.15	_
1	Just the two of us!	00:47:59.92	(Average Time - 2 member Team)	_
4.		5K-F	00:46:27.20	
	BARRETT, MEGHAN			_
_	MCKAY, JOSEPH	5K-M	00:49:31.25	
ວ.	Mud Hunters	00:49:35.98	(Average Time - 2 member Team)	
	HUNTER, JESSICA	5K-F	00:49:34.70	_
_	TURNER, KEEGAN	5K-M	00:49:36.90	
6.	Dirty Diva's	00:52:21.53	(Average Time - 2 member Team)	
	BARLOW, CHELSEA	5K-F	00:52:21.45	_
	JEFFRIES, ROBIN	5K-F	00:52:22.15	_
7.	DV Legacy	00:54:34.50	(Average Time - 2 member Team)	
	PERRY, ROB	5K-M	00:54:34.45	_
	WILLIAMS, AMANDA	5K-F	00:54:34.70	_
8.	Clearstream	00:56:05.96	(Average Time - 2 member Team)	
	KLEIN, CRYSTAL	5K-F	00:56:05.65	
	CHESHIRE, LISA	5K-F	00:56:05.70	
9.	Awesomus Maximus	00:57:19.68	(Average Time - 3 member Team)	
	BAKER, TYLER	5K-M	00:57:18.05	
	BAKER, DONNA	5K-F	00:57:18.20	
	GELASCO, ANDREW	5K-M	00:57:23.30	
0.	BFFFL	00:57:26.63	(Average Time - 3 member Team)	
	TURNER, MEAGAN	5K-F	00:45:21.00	
	BELL, CHANTAL	5K-F	01:03:28.45	
	MELDRUM, TARA	5K-F	01:03:29.65	
1.	OCR Girls	00:59:29.46	(Average Time - 2 member Team)	
	PEDRO, MELANIE	5K-F	00:59:28.85	
	KALYNCHUK, MONICA	5K-F	00:59:29.50	_
2.	Chafing The Dream	01:00:28.84	(Average Time - 7 member Team)	
	CAMPAGNA, JENNIFER	5K-F	00:59:46.00	
	REED, JASON	5K-M	00:59:47.35	
	KAWALIK, MARK	5K-M	01:00:18.85	
	HEMINGSON, KELLI	5K-F	01:00:18.63	_
	EMMETT, KYLA			_
		5K-F	01:00:54.50	_
	HAMMOND, TYRA	5K-F	01:01:06.25	
2	ROZAK, DANA	5K-F	01:01:08.70	
ა.	Not Fast, Just Furious	01:00:32.95	(Average Time - 5 member Team)	
	ALVAREZ, TAYLOR	5K-M	00:52:00.30	_
	LAW, RYAN	5K-M	00:52:01.05	_
	MAJEAU, BROOKLYNN	5K-F	01:05:41.65	_
	HOMEAK, PAYTON DUNSTALL, LEAH	5K-M 5K-F	01:05:44.10 01:07:15.85	

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14.	Mud Mafia 3	01:02:04.61	(Average Time - 5 member Team)	
	DOUPE, MICHELLE	5K-F	01:01:35.15	
	OTT, ANNAMARIE	5K-F	01:01:36.65	
	SAWATZKY, AMANDA	5K-F	01:02:23.05	
	LEPAGE, ROBYN	5K-F	01:02:24.05	
	GILES, SHANNON	5K-F	01:02:24.65	
15.	Garneau Chiropractic	01:02:55.21	(Average Time - 6 member Team)	
	DELTOMBE, ROBERT	5K-M	00:52:07.50	
	ST. DENIS, NICOLE	5K-F	00:59:58.00	
	CLYDE, ANDREW	5K-M	01:04:08.95	
	CLYDE, GEORDIE	5K-M	01:04:09.35	
	CLOUGH, DOUGLAS	5K-M	01:05:59.80	
	DELTOMBE, GARY	5K-M	01:11:07.70	
16	FeelNoPain	01:03:10.98	(Average Time - 2 member Team)	
10.	WHITTAKER, JIM	5K-M	01:03:09.95	
	BAUER, SHELLEY	5K-W	01:03:11.75	
47				
17.	Mud Flaps	01:04:59.81	(Average Time - 5 member Team)	
	LINDSTROM, KEVIN	5K-M 5K-F	00:51:01.35	
	LINDSTROM, MICHELLE		00:51:03.85	
	HU, SUKY	5K-F	01:08:02.95	
	LOTTERING, NATASHA	5K-F	01:17:23.50	
	DU PLESSIS, LOUIS	5K-M	01:17:27.85	
18.	Lifesavers	01:05:25.33	(Average Time - 3 member Team)	
	KUNDERT, MIRIAM	5K-F	00:49:09.05	
	DEDINCA, GRESA	5K-F	01:02:40.55	
	BROWN, SABRINA	5K-F	01:24:26.45	
19.	The Wallowing Wanderers	01:06:19.03	(Average Time - 4 member Team)	
	LENIHAN, TONY	5K-M	01:06:12.25	
	KLOTZ, CHRISTINA	5K-F	01:06:20.55	
	LENIHAN, LINDSEY	5K-F	01:06:21.30	
	KLOTZ, PAUL	5K-M	01:06:22.05	
20.	The Golden Girls	01:07:16.51	(Average Time - 6 member Team)	
	GRUNINGER, SHIRLEE	5K-F	01:07:10.70	
	GRUNINGER, DELIA	5K-F	01:07:16.15	
	DD COMMUNIC DISCOURT		04.07.40.05	
	BROWNING, RHONDA	5K-F	01:07:16.85	
	WILSON, KATHLEEN	5K-F 5K-F	01:07:16.85 01:07:17.20	
	WILSON, KATHLEEN	5K-F	01:07:17.20	
21.	WILSON, KATHLEEN PARK, SHERRY	5K-F 5K-F	01:07:17.20 01:07:18.30	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA	5K-F 5K-F 5K-F	01:07:17.20 01:07:18.30 01:07:20.65	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ	5K-F 5K-F 5K-F <b>01:10:06.15</b>	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team)	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER	5K-F 5K-F 5K-F <b>01:10:06.15</b> 5K-M	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team) 00:57:36.60	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA	5K-F 5K-F 5K-F <b>01:10:06.15</b> 5K-M 5K-F	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team) 00:57:36.60 00:57:51.30	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN	5K-F 5K-F 5K-F <b>01:10:06.15</b> 5K-M 5K-F 5K-M	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90	
21.	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT	5K-F 5K-F 5K-F <b>01:10:06.15</b> 5K-M 5K-F 5K-M	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS	5K-F 5K-F 5K-F <b>01:10:06.15</b> 5K-M 5K-F 5K-M 5K-M	01:07:17.20 01:07:18.30 01:07:20.65 (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-M	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team)	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves SIMPSON, TRACEY	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-M 01:10:10.14 5K-F	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team) 01:02:26.55	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves SIMPSON, TRACEY LEHMAN, KAREN	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-M 01:10:10.14 5K-F	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:51.30 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team) 01:02:26.55 01:02:27.60	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves SIMPSON, TRACEY LEHMAN, KAREN LAUNHARDT, ELISE	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-F 5K-M 01:10:10.14	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team) 01:02:26.55 01:02:27.60 01:04:45.30	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves SIMPSON, TRACEY LEHMAN, KAREN LAUNHARDT, ELISE BLACKBURN, MEAGHAN	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-F 5K-F 5K-F 5K-F 5K-F 5K-F 5K-F	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team) 01:02:26.55 01:02:27.60 01:04:45.30 01:07:20.70	
	WILSON, KATHLEEN PARK, SHERRY TREICHEL, SHAUNA Harvard Broadcasting - HOT 107 & 95.7 CRUZ ON HOT 107, RYDER JAMES, JENNA HICKS, JOHN STEELE, SCOTT TURNER-WIENS, NETANNYS BROWN-HANSRAJ, SHYLO Muddy Curves SIMPSON, TRACEY LEHMAN, KAREN LAUNHARDT, ELISE	5K-F 5K-F 5K-F 01:10:06.15 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-M 5K-F 5K-F 5K-M 01:10:10.14	01:07:17.20 01:07:18.30 01:07:20.65  (Average Time - 6 member Team) 00:57:36.60 00:57:51.30 00:57:51.90 01:14:06.45 01:26:34.95 01:26:35.35  (Average Time - 7 member Team) 01:02:26.55 01:02:27.60 01:04:45.30	

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23.	Lake Babes	01:12:15.41	(Average Time - 5 member Team)	
	COX, HEATHER	5K-F	01:12:14.60	
	HUCKABEE, JAMIE	5K-F	01:12:14.80	
	ARBOUR, THUY	5K-F	01:12:15.55	
	CHMAIT, ALISE	5K-F	01:12:16.25	
	DELANCEY, TRISH	5K-F	01:12:16.45	
24.	CJM	01:15:07.52	(Average Time - 2 member Team)	
	MALE, JIM	5K-M	01:15:07.40	
	MALE, CRISTA	5K-F	01:15:08.00	
25.	Dirty M&M	01:18:29.51	(Average Time - 2 member Team)	
	NEWIGER, MEGAN	5K-F	01:18:28.80	
	ANDRES, MELISSA	5K-F	01:18:30.55	
26.	The Dirty Martinis	01:20:43.46	(Average Time - 2 member Team)	
	LOCKHART, CARLY	5K-F	01:20:41.80	
	JOYAL, HEIDI	5K-F	01:20:44.55	
27.	Vertical X Freestyle	01:23:42.98	(Average Time - 3 member Team)	
	GACZOL, FARREN	5K-M	01:23:41.60	
	DICKSON, MITZI	5K-F	01:23:42.55	
	SCHWINDT, CAROLYN	5K-F	01:23:44.50	
28.	Dr. Teeth and the Electric Mayhem	01:24:14.51	(Average Time - 2 member Team)	
	LASTIWKA, ANDREA	5K-F	01:24:14.40	
	BRADBURY, NAIRIN	5K-F	01:24:14.90	
29.	The Eh Team/CMQ	01:24:36.17	(Average Time - 2 member Team)	
	KENNEY, SUSAN	5K-F	01:24:35.40	
	POELZER, FENNA	5K-F	01:24:36.95	
30.	Abbasi Warriors	01:24:47.78	(Average Time - 4 member Team)	
	ABBASI, AMINA	5K-F	01:24:47.65	
	ABBASI, SUMMER	5K-F	01:24:48.00	
	ABBASI, SANA	5K-F	01:24:48.35	
	ABBASI, ZAINAB	5K-M	01:24:48.40	
31.	The Flora McGlinchey Tough Mudders	01:31:09.99	(Average Time - 2 member Team)	
	GAIGNEUR, CHRISTOPHER	5K-M	01:31:09.75	
	CROTHERS, LISA	5K-F	01:31:10.05	
32.	TIREBOSS	01:34:24.15	(Average Time - 7 member Team)	
			, ,	
	FOX, KAYLA	5K-F	01:34:19.80	
	·			
	KONOPKA, ANITA	5K-F	01:34:19.80 01:34:21.95 01:34:22.80	
	KONOPKA, ANITA AGBULOS, JERICK	5K-F 5K-M	01:34:21.95 01:34:22.80	
	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY	5K-F 5K-M 5K-F	01:34:21.95 01:34:22.80 01:34:23.30	
	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR	5K-F 5K-M 5K-F 5K-M	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80	
	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR TREVORS, LEANNE	5K-F 5K-M 5K-F 5K-M 5K-F	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80 01:34:26.65	
33	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR TREVORS, LEANNE NORMANDEAU, ROGER	5K-F 5K-M 5K-F 5K-M 5K-F 5K-M	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80 01:34:26.65 01:34:29.40	
33.	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR TREVORS, LEANNE NORMANDEAU, ROGER Warriors	5K-F 5K-M 5K-F 5K-M 5K-F 5K-M <b>01:45:42.50</b>	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80 01:34:26.65 01:34:29.40 (Average Time - 4 member Team)	
33.	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR TREVORS, LEANNE NORMANDEAU, ROGER Warriors XU, CASEY	5K-F 5K-M 5K-F 5K-M 5K-F 5K-M <b>01:45:42.50</b> 5K-M	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80 01:34:26.65 01:34:29.40 (Average Time - 4 member Team) 01:45:40.30	
33.	KONOPKA, ANITA AGBULOS, JERICK KOBER, TAMMY ALCALA, EDGAR TREVORS, LEANNE NORMANDEAU, ROGER Warriors	5K-F 5K-M 5K-F 5K-M 5K-F 5K-M <b>01:45:42.50</b>	01:34:21.95 01:34:22.80 01:34:23.30 01:34:25.80 01:34:26.65 01:34:29.40 (Average Time - 4 member Team)	