Teams/(Averaged Times)

## 5K Teams

| 1. | The Fam Jam | 00:49:05.48 | (Average Time - 2 member Team) |
| :---: | :---: | :---: | :---: |
|  | LAFRANCE, AMANDA | 5K30-39F | 00:49:05.24 |
|  | LAFRANCE, MIKE | 5K30-39M | 00:49:05.49 |
| 2. | Mudrakers | 00:53:21.55 | (Average Time - 2 member Team) |
|  | HEAP, ROBERT | 5K50+M | 00:53:21.53 |
|  | SARNECKI, JANICE | 5K50+F | 00:53:22.48 |
| 3. | Gau-Hofs | 00:54:29.99 | (Average Time - 2 member Team) |
|  | GAUMONT, LOUIS | 5K30-39M | 00:54:21.25 |
|  | HOFLIN, ADELE | 5K40-49F | 00:54:38.69 |
| 4. | NP | 00:54:40.02 | (Average Time - 2 member Team) |
|  | JOLLIMORE, PETER | 5K20-29M | 00:47:59.22 |
|  | BERG, NADIA | 5K30-39F | 01:01:21.20 |
| 5. | Amy's Army | 00:59:13.50 | (Average Time - 2 member Team) |
|  | SLEEMAN, DALLAS | 5K30-39F | 00:59:13.52 |
|  | OWEN, TESS | 5K30-39F | 00:59:13.59 |
| 6. | Sarah's Wrecking Balls | 01:00:28.22 | (Average Time - 5 member Team) |
|  | PORTER, SARAH | 5K15\&UF | 00:53:06.73 |
|  | CHERNIWCHAN, MAX | 5K15\&UM | 00:53:07.22 |
|  | CHERNIWCHAN, LAUREN | 5K15\&UF | 00:57:32.96 |
|  | PORTER, TAYLOR | 5K15\&UF | 01:09:16.93 |
|  | CHERNIWCHAN, KAREN | 5K40-49F | 01:09:18.49 |
| 7. | Lynx Legacy | 01:00:32.53 | (Average Time - 2 member Team) |
|  | GREGOR, TRACI | 5K40-49F | 01:00:32.69 |
|  | WATT, KIM | 5K40-49F | 01:00:33.00 |
| 8. | Red Deer Reds | 01:03:00.66 | (Average Time - 3 member Team) |
|  | LEROUGE, JACK | 5K15\&UM | 01:01:16.39 |
|  | LEROUGE, CARSON | 5K15\&UM | 01:01:21.53 |
|  | LEROUGE, ERIN | 5K40-49F | 01:06:23.89 |
| 9. | Goal Diggers | 01:03:18.05 | (Average Time - 2 member Team) |
|  | KING, HUNTER | 5K15\&UM | 00:57:17.97 |
|  | KING, LESLEY | 5K40-49F | 01:09:19.14 |
| 10. | This Mud's for Nick | 01:03:57.98 | (Average Time - 4 member Team) |
|  | KERR, JORDAN | 5K20-29M | 00:49:35.08 |
|  | DONNAN, LEWIS | 5K30-39M | 00:49:37.13 |
|  | CHWYL, KENNEDY | 5K20-29F | 01:18:18.70 |
|  | STEPANIUK, BRENDAN | 5K20-29M | 01:18:20.48 |
| 11. | Nisfits | 01:06:48.03 | (Average Time - 2 member Team) |
|  | DAVEY, JIM | 5K40-49M | 01:06:48.27 |
|  | DAVEY, TYSON | 5K20-29M | 01:06:48.35 |
| 12. | Saint City Mudpies | 01:07:25.47 | (Average Time - 4 member Team) |
|  | THOMSON, PAUL | 5K40-49M | 01:07:24.13 |
|  | THOMSON, ANDREA | 5K30-39F | 01:07:25.02 |
|  | LYDIATT, BRENT | 5K30-39M | 01:07:25.60 |
|  | LYDIATT, LISA | 5K30-39F | 01:07:26.21 |
| 13. | Mudder Fockers | 01:07:52.58 | (Average Time - 5 member Team) |
|  | ISON, GERRY | 5K40-49M | 01:06:59.90 |
|  | ISON, MACARIO | 5K15\&UM | 01:07:00.02 |
|  | ISON, KIARA | 5K15\&UF | 01:07:25.38 |
|  | RASMUSSEN-TAN, JACK | 5K15\&UM | 01:08:58.31 |
|  | TAN, JAKE | 5K15\&UM | 01:08:58.78 |
| 14. | Seductive Sloths | 01:08:21.99 | (Average Time - 2 member Team) |
|  | LAW, JOSH | 5K20-29M | 01:08:20.98 |
|  | HOLSTIENE, SAMANTHA | 5K20-29F | 01:08:22.92 |
| 15 | Squeaky Clean | 01:08:46.00 | (Average Time - 3 member Team) |
|  | HINCHLIFFE, JAMES | 5K50+M |  |
|  | HINCHLIFFE, ZACH | 5K20-29M | 00:55:31.19 |
|  | HINCHLIFFE, HALEIGH | 5K20-29F | 01:15:23.30 |
|  | BOGGS, CHRIS | 5K20-29M | 01:15:23.56 |

Teams/(Averaged Times)

## 5K Teams

| 16. | Muddy milfs | 01:10:35.47 | (Average Time - 2 member Team) |
| :---: | :---: | :---: | :---: |
|  | NELSON, ALYSHA | 5K20-29F | 01:10:34.68 |
|  | PARKS, LAURA | 5K30-39F | 01:10:35.90 |
| 17. | Alberta Oil Tool | 01:10:47.64 | (Average Time - 17 member Team) |
|  | HONG, DONG | 5K50+M |  |
|  | MACINTYRE, SCOTT | 5K30-39M | 00:53:49.45 |
|  | CATHCART, DAVID | 5K20-29M | 00:54:19.82 |
|  | BURNELL, RYAN | 5K30-39M | 00:55:20.29 |
|  | TORO, PAOLA | 5K30-39F | 01:04:34.42 |
|  | CLEVELEY, KEARN | 5K20-29M | 01:09:21.60 |
|  | CHUA, NEIL | 5K30-39M | 01:09:25.59 |
|  | LARAMEE, MORGAN | 5K20-29F | 01:09:54.35 |
|  | KIRKWOOD, JULIE | 5K30-39F | 01:09:54.65 |
|  | KAYFISH, KAIDEN | 5K15\&UM | 01:15:37.06 |
|  | KAYFISH, SHAINE | 5K30-39M | 01:15:41.99 |
|  | LAPOINTE, LISA | 5K20-29F | 01:17:19.43 |
|  | THOMSON, NICHOLE | 5K30-39F | 01:17:19.49 |
|  | TORO, JUAN CARLOS | 5K30-39M | 01:18:07.92 |
|  | FELIX, MIGUEL L. | 5K30-39M | 01:18:08.54 |
|  | TORO, MARIA | 5K20-29F | 01:18:10.72 |
|  | MURILLO, LUCY | 5K30-39F | 01:18:10.88 |
|  | GARCIA, MELISSA | 5K30-39F | 01:18:12.76 |
| 18. | 9R | 01:11:12.11 | (Average Time - 9 member Team) |
|  | FARRELL, TRISH | 5K20-29F |  |
|  | FELZIEN, JEREMIE | 5K30-39M | 01:06:52.56 |
|  | HUDSON, AMY | 5K20-29F | 01:06:54.13 |
|  | FELZIEN, HOLLY | 5K30-39F | 01:06:57.95 |
|  | OOSTERINK, HENDRIK | 5K20-29M | 01:06:58.21 |
|  | BROOKMAN, GRACI | 5K15\&UF | 01:09:43.52 |
|  | BROOKMAN, EMMA | 5K30-39F | 01:13:19.97 |
|  | LANDRY, JILLIAN | 5K40-49F | 01:13:39.27 |
|  | BROMAN, LEASA | 5K40-49F | 01:18:11.45 |
|  | LANSDELL, LEANN | 5K50+F | 01:18:11.99 |
| 19. | Muddy Charms | 01:13:28.78 | (Average Time - 5 member Team) |
|  | FLETCHER, MARIA | 5K30-39F | 00:47:01.93 |
|  | FLETCHER, MARIA | 5K30-39F | 01:20:04.24 |
|  | SMITH, NIKKI | 5K30-39F | 01:20:04.29 |
|  | RALPH, TRUDY | 5K30-39F | 01:20:06.01 |
|  | BATES, KRISTA | 5K20-29F | 01:20:06.93 |
| 20. | Awesomus Maximus | 01:15:22.75 | (Average Time - 4 member Team) |
|  | BAKER, TYLER | 5K20-29M | 01:15:14.96 |
|  | OLSON, JESSIE | 5K20-29F | 01:15:20.63 |
|  | HAGUE, DAN | 5K30-39M | 01:15:27.80 |
|  | GELASCO, ANDREW | 5K30-39M | 01:15:27.86 |
| 21. | Team Perry | 01:15:30.02 | (Average Time - 2 member Team) |
|  | PERRY, ROB | 5K40-49M | 01:15:29.89 |
|  | PERRY, CHANCE | 5K16-19M | 01:15:30.52 |
| 22. | Carosuli x Nardelz | 01:15:45.00 | (Average Time - 2 member Team) |
|  | NARDELLA, MATT | 5K20-29M | 01:15:44.94 |
|  | SULIGA, CAROLINE | 5K20-29F | 01:15:45.18 |
| 23. | Banina | 01:17:12.53 | (Average Time - 2 member Team) |
|  | URBANSKI, BART | 5K20-29M | 01:17:12.78 |
|  | PARTRIDGE, NINA | 5K30-39F | 01:17:13.01 |
| 24. | Not Fast, Just Furious | 01:17:20.51 | (Average Time - 2 member Team) |
|  | BULLOCK, ALEXANDRA | 5K20-29F |  |
|  | DUNN, GEORGIA | 5K20-29F | 01:17:20.57 |
|  | MEWHORT, MELANIE | 5K20-29F | 01:17:20.80 |

## 5K Teams

| 25. | MudRinks | 01:17:46.48 | (Average Time - 4 member Team) |
| :---: | :---: | :---: | :---: |
|  | HOFER, KIERA | 5K15\&UF | 01:17:28.98 |
|  | RINK, SHAYNA | 5K15\&UF | 01:17:37.14 |
|  | RINK, SHERI | 5K40-49F | 01:17:59.63 |
|  | RINK, DAVID | 5K50+M | 01:17:59.65 |
| 26. | Mud, Sweat, Beers | 01:20:33.99 | (Average Time - 5 member Team) |
|  | DUTOT, MEGAN | 5K30-39F | 01:20:31.36 |
|  | MCGREGOR, ASHLEY | 5K30-39F | 01:20:33.18 |
|  | RUTA, ALEX | 5K30-39M | 01:20:33.20 |
|  | CAMPBELL, GEOFF | 5K30-39M | 01:20:35.10 |
|  | FRANK, SARAH | 5K20-29F | 01:20:36.87 |
| 27. | The Muddy Ducks | 01:21:07.82 | (Average Time - 5 member Team) |
|  | ROBERTSON, STEVEN | 5K20-29M | 01:21:06.46 |
|  | COLEMAN, AMANDA | 5K20-29F | 01:21:07.74 |
|  | COLEMAN, CAROLYN | 5K20-29F | 01:21:08.04 |
|  | LYLE, ALEXIS | 5K20-29F | 01:21:08.82 |
|  | VAN ELST, ALEX | 5K20-29M | 01:21:09.14 |
| 28. | Feel The Bern | 01:23:07.67 | (Average Time - 3 member Team) |
|  | DANG, JENNY | 5K20-29F | 01:23:06.53 |
|  | HALL, MIRANDA | 5K20-29F | 01:23:07.58 |
|  | YEUNG, BERNIE | 5K40-49M | 01:23:09.23 |
| 29. | Word to Your Mudder! | 01:24:24.73 | (Average Time - 4 member Team) |
|  | ROY, CATHERINE | 5K20-29F | 01:24:23.20 |
|  | ST-MICHEL, HUGUES | 5K40-49M | 01:24:24.49 |
|  | MARINIER, KIM | 5K40-49F | 01:24:25.20 |
|  | DUMONT, REBECCA | 5K40-49F | 01:24:25.39 |
| 30. | Young and Wreckless | 01:25:09.00 | (Average Time - 2 member Team) |
|  | LASKEY, ARLENE | 5K50+F | 01:25:08.97 |
|  | LASKEY, RACHEL | 5K20-29F | 01:25:09.11 |
| 31. | CrossFit FNA | 01:26:49.17 | (Average Time - 6 member Team) |
|  | MCRORY, KATIE | 5K30-39F | 01:26:44.87 |
|  | KLEINSTIVER, JESSE | 5K30-39M | 01:26:45.69 |
|  | BELLEY, NICOLE | 5K30-39F | 01:26:46.98 |
|  | MARTINEAU, MICHAEL | 5K30-39M | 01:26:52.48 |
|  | BELLEY, MICHAEL | 5K30-39M | 01:26:52.62 |
|  | RUHLAND, KELLY | 5K20-29F | 01:26:52.77 |
| 32. | mud squad 2.0 | 01:27:35.51 | (Average Time - 4 member Team) |
|  | ELLIOT, JANINE | 5K50+F |  |
|  | MAGUIRE-JUTRAS, ALICE | 5K30-39F | 01:24:33.62 |
|  | TRENDALL, CODY | 5K20-29M | 01:26:09.90 |
|  | TRENDALL, KATHLEEN | 5K20-29F | 01:28:29.89 |
|  | KITCHEN, DAWN | 5K30-39F | 01:31:09.31 |
| 33. | The Mudhuckin' Honeys | 01:27:52.99 | (Average Time - 7 member Team) |
|  | CRUMBAUGH, DEBORAH | 5K40-49F | 01:20:07.23 |
|  | SHIH, GENEVIEVE | 5K30-39F | 01:20:20.32 |
|  | BLAIS, SHANNON | 5K30-39F | 01:20:22.61 |
|  | WALDEN, SHAWNA | 5K50+F | 01:22:47.97 |
|  | TAYLOR, JOHN | 5K50+M | 01:23:21.43 |
|  | FILION, JUDITH | 5K30-39F | 01:43:48.55 |
|  | CHAMBERS, LISA | 5K40-49F | 01:44:22.60 |
| 34. | Muddy Millers | 01:33:47.13 | (Average Time - 7 member Team) |
|  | GANSAUGE, TEGAN | 5K15\&UM | 00:57:36.96 |
|  | MILLER, JOSHUA | 5K15\&UM | 01:01:21.92 |
|  | CLYDE, RHIANNA | 5K15\&UF | 01:37:27.77 |
|  | MILLER, BROOKLYN | 5K15\&UF | 01:37:27.79 |
|  | GANSAUGE, KIM | 5K40-49F | 01:38:31.23 |
|  | MILLER, KIM | 5K40-49F | 01:38:31.67 |
|  | CLYDE, KARALEE | 5K40-49F | 02:25:31.91 |

## Down and Dirty 5K Obstacle Course Aug 18/2018

## Teams/(Averaged Times)

## 5K Teams

| 35. | Ghetto X Fitness | 01:34:00.19 | (Average Time - 5 member Team) |
| :---: | :---: | :---: | :---: |
|  | HINCHCLIFFE, TRAVIS | 5K20-29M | 01:33:59.30 |
|  | MUNDY, KARA | 5K20-29F | 01:33:59.93 |
|  | MACKINNON, SARAH | 5K30-39F | 01:34:00.14 |
|  | POTVIN, JORDAN | 5K20-29M | 01:34:00.38 |
|  | WHELEN, RYAN | 5K20-29M | 01:34:00.78 |
| 36. | Partners in Grime | 01:34:29.99 | (Average Time - 2 member Team) |
|  | LEROUX, HEATHER | 5K30-39F | 01:34:29.85 |
|  | OATES, STEPHEN | 5K30-39M | 01:34:30.08 |
| 37. | OB1 Clan | 01:36:44.32 | (Average Time - 3 member Team) |
|  | WATMOUGH, ROSE | 5K15\&UF | 01:35:43.94 |
|  | O'BRIEN, DENNIS | 5K40-49M | 01:36:56.46 |
|  | MOTTET, KELLY | 5K40-49F | 01:37:32.39 |
| 38. | F12 | 01:36:52.46 | (Average Time - 2 member Team) |
|  | BRAUNER, ANGELA | 5K20-29F | 01:36:51.92 |
|  | MICHAUD, ANDREW | 5K20-29M | 01:36:52.40 |
| 39. | \#FitBitches2018 | 01:39:02.98 | (Average Time - 2 member Team) |
|  | SLATER, LACEY | 5K30-39F |  |
|  | BROWN-HANSRAJ, SHYLO | 5K20-29F | 01:39:02.83 |
|  | MCLEOD, ASHLEY | 5K30-39F | 01:39:02.90 |
| 40. | supercoolalphasquad | 01:39:45.48 | (Average Time - 2 member Team) |
|  | HIGH, PATRICK | 5K30-39M | 01:39:44.79 |
|  | NIRO, KATELYN | 5K15\&UF | 01:39:45.98 |
| 41. | Dr Teeth and the Electric Mayhem | 01:43:02.65 | (Average Time - 3 member Team) |
|  | SIMONOVIC, IVANKA | 5K30-39F | 01:42:58.93 |
|  | BRADBURY, NAIRIN | 5K30-39F | 01:43:03.56 |
|  | LASTIWKA, ANDREA | 5K40-49F | 01:43:05.14 |
| 42. | Kangoo Club Edmonton | 02:03:44.33 | (Average Time - 3 member Team) |
|  | QUIJANO, MARIBEL | 5K30-39F | 01:50:59.12 |
|  | GIBSON, TAMARA | 5K40-49F | 01:51:01.97 |
|  | KENNEDY, CAROL LEE | 5K50+F | 02:29:11.82 |
| 43. | Mud Dawgs | 02:13:04.48 | (Average Time - 2 member Team) |
|  | EBERLE, KITRINA | 5K40-49F | 02:13:04.06 |
|  | CROZIER, CHRISTINA | 5K30-39F | 02:13:04.59 |
| 44. | Warriors | 02:15:52.00 | (Average Time - 3 member Team) |
|  | GOERTZ, RAELYNN | 5K30-39F | 02:15:45.60 |
|  | KENNY, CANDACE | 5K30-39F | 02:15:55.05 |
|  | VAUGN, HILLARY | 5K30-39F | 02:15:55.65 |

