

Overall Solo Gender Results

Xtreme Sprint 750M - 20K - 5K

Female

Name	Bib#	Category	Swim	Cat	Bike	Cat	Run	Cat	Finish	City
1 MACREADY, LAURA	135	XSPRT20-29F	00:12:12.07	1	00:48:26.83	1	00:21:28.55	1	01:22:07.45	Fernie
2 HOLMES, KERRI	138	XSPRT40-49F	00:13:14.55	1	00:49:39.15	1	00:21:38.85	1	01:24:32.55	FERNIE
3 HUMES, SHELLY	142	XSPRT40-49F	00:14:13.58	2	00:49:43.37	2	00:25:30.70	2	01:29:27.65	SPARWOC

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Male

Name	Bib#	Category	Swim	Cat	Bike	Cat	Run	Cat	Finish	City
1 MILLER, RICK	136	XSPRT20-29M	00:15:26.15	1	00:52:31.50	1	00:19:52.80	1	01:27:50.45	ELKFORD
2 MILLER, CARL	139	XSPRT50-59M	00:22:59.95	1	00:58:06.25	1	00:24:21.65	1	01:45:27.85	ELKFORD