

## Overall Results

**3 Person Xtreme-Sprint Team 750M - 20K - 5K**

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 PREGNANT, LAZY & OLD	53	XSPRTTEAM3-	00:13:38.55	1	01:49	00:44:23.65	1	27.03	00:23:22.35	1	04:40	01:21:24.55	ELKFORD
RUSSELL, KATHERINE -Swimmer-													
RUSSELL, JIM - Biker -													
LYS, TERRY - Runner -													