

**2016 Elkford Triathlon
Run Times/w Pace****Individual X-Sprint 5K**

O/A	Name	Bib#	Swim Time	Category	Cat/Pl	Pace/KM
1.	GLOVER, AARON	93	00:20:20.85	XSPRT30-39M	1/1	04:04
2.	MANCELL, BRYCE	90	00:23:55.40	XSPRT20-29M	1/1	04:47
4.	THIBODEAU, KRIS	96	00:26:06.20	XSPRT40-49M	1/1	05:13
5.	PEEL, ALLISON	91	00:26:14.50	XSPRT30-39F	2/2	05:14
3.	RUSSELL, KATHERINE	92	00:28:54.35	XSPRT30-39F	1/2	05:46
7.	VORONINA, LYUDMYLA	95	00:36:26.50	XSPRT40-49F	1/1	07:17
6.	DESMOULINS, ALISTAIR	97	00:36:27.45	XSPRT60+M	1/1	07:17