

**2017 Elkford Triathlon
Overall Solo Gender Results**

Xtreme Sprint 750M - 20K - 5K**7 Finishers****Female****4 Finishers**

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
1. KERR, HEATHER	151	XSPRT40-49F	01:34:18.53	00:13:33.78	1	00:54:36.31	1	00:26:08.44	1	FERNIE
2. RUSSELL, KATHERINE	149	XSPRT30-39F	01:35:51.43	00:13:43.18	1	00:54:59.68	1	00:27:08.57	1	ELKFORD
3. AYLEY, CARLEE	148	XSPRT30-39F	01:45:25.77	00:15:52.73	2	01:00:36.55	2	00:28:56.49	2	ZEPHBRIDGE
4. VORONINA, LYUDMYLA	152	XSPRT40-49F	02:00:54.67	00:18:09.13	2	01:09:41.71	2	00:33:03.83	2	SPARWOOD

Male**3 Finishers**

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
1. RUSSELL, JIM	153	XSPRT40-49M	01:23:47.32	00:14:27.29	1	00:48:44.89	1	00:20:35.14	1	ELKFORD
2. DOEY, BRUCE	150	XSPRT30-39M	01:30:23.79	00:15:41.52	1	00:51:26.53	1	00:23:15.74	1	SPARWOOD
3. JORDAN, WILLIAM C	154	XSPRT60+M	03:06:51.16	00:22:41.87	1	01:51:11.60	1	00:52:57.69	1	SPARWOOD