

## 2017 Rock the House Run 5K, 10K

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 176 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
72/176	ALMENDROS, ALBERTO	1001	00:58:22.22	05:50	10K30-39M	20/31	M	47/81	00:58:04.36
102/176	ANDERSON, RHONDA	1191	01:03:07.24	06:18	10K50-59F	4/14	F	45/95	01:03:01.41
4/176	ARCHIBALD, JENNIFER	1003	00:41:18.50	04:07	10K40-49F	1/21	F	1/95	00:41:15.16
2/176	ASHTON, CHRISTOPHER	1004	00:38:13.05	03:49	10K30-39M	2/31	M	2/81	00:38:10.19
30/176	ASSIE, GREG	1005	00:51:00.55	05:06	10K30-39M	12/31	M	24/81	00:50:29.07
106/176	ATTWOOD, ALYSSA	1006	01:03:39.21	06:21	10K30-39F	21/42	F	48/95	01:03:31.81
99/176	BARR, MICHAEL	1007	01:02:21.92	06:14	10K50-59M	8/13	M	56/81	01:01:37.49
107/176	BEITEL, SCOTT	1184	01:03:43.19	06:22	10K50-59M	9/13	M	59/81	01:03:29.30
33/176	BONAR, DARREN	1207	00:51:29.75	05:08	10K30-39M	14/31	M	27/81	00:50:37.78
150/176	BONSALL, NIKKI	1008	01:11:24.95	07:08	10K40-49F	17/21	F	78/95	01:10:58.85
104/176	BRAUNBERGER, DANA	1010	01:03:33.61	06:21	10K40-49F	13/21	F	46/95	01:03:17.73
126/176	BRIMACOMBE, ADELINE	1011	01:07:00.11	06:42	10K30-39F	27/42	F	61/95	01:06:51.92
48/176	BROWN, LACEY	1012	00:54:55.16	05:29	10K30-39F	5/42	F	12/95	00:54:47.40
11/176	BURKE, RYAN	1014	00:44:48.35	04:28	10K30-39M	5/31	M	10/81	00:44:44.44
166/176	CAMPBELL, JOHN	1016	01:22:16.08	08:13	10K60-69M	3/3	M	78/81	01:21:24.75
114/176	CANTWELL, JANA	1017	01:04:52.67	06:29	10K30-39F	23/42	F	52/95	01:04:34.93
59/176	CARR, ELIZABETH	1019	00:56:39.24	05:39	10K30-39F	10/42	F	19/95	00:56:15.02
139/176	CARRIERE, SARAH	1020	01:10:08.12	07:00	10K30-39F	32/42	F	69/95	01:09:56.38
89/176	CARROLL, KATIE	1021	01:01:40.39	06:10	10K19&UF	2/4	F	37/95	01:01:29.31
51/176	CARTER, ANGELA	1022	00:55:10.84	05:31	10K30-39F	8/42	F	15/95	00:54:38.68
8/176	CASTILLO MONTALVO, JORGE	1023	00:44:07.75	04:24	10K40-49M	2/22	M	7/81	00:44:02.38
64/176	CHAULK, SCOTT	1024	00:57:43.54	05:46	10K40-49M	12/22	M	43/81	00:57:33.63
52/176	CHINCHILLA, JUAN DIEGO	1025	00:55:26.39	05:32	10K30-39M	19/31	M	37/81	00:55:11.68
152/176	CHOY, ANGELA	1026	01:12:45.02	07:16	10K40-49F	18/21	F	80/95	01:12:31.32
115/176	CHRISTIE, JAY	1027	01:04:54.37	06:29	10K40-49M	19/22	M	63/81	01:04:26.89
167/176	CIARLA, HAILEY	1028	01:22:17.02	08:13	10K40-49F	21/21	F	89/95	01:21:25.06
116/176	D'ENTREMONT, CHRISTIENNE	1030	01:04:55.08	06:29	10K30-39F	24/42	F	53/95	01:04:30.40
87/176	DANI, BHAVESH	1031	01:01:16.23	06:07	10K40-49M	16/22	M	52/81	01:01:06.65
17/176	DAUNHAUER, GREG	1032	00:46:30.75	04:39	10K30-39M	7/31	M	15/81	00:46:30.09
144/176	DESCHENES, NICOLE	1035	01:11:15.03	07:07	10K30-39F	35/42	F	74/95	01:10:48.04
130/176	DIDOW, JODIE	1036	01:07:11.59	06:43	10K30-39F	30/42	F	64/95	01:06:44.43
7/176	DIXON, RYAN	1037	00:42:44.33	04:16	10K30-39M	4/31	M	6/81	00:42:40.60
121/176	DOWNE, DANIEL	1038	01:05:31.48	06:33	10K50-59M	11/13	M	64/81	01:05:21.97
134/176	EDWARDS, SASHA	1040	01:08:12.95	06:49	10K30-39F	31/42	F	66/95	01:07:46.47
25/176	ELLIOTT-BOCK, MARTIN	1041	00:49:14.63	04:55	10K20-29M	3/7	M	22/81	00:49:12.20
128/176	FAVERIN, KIRSTEN	1042	01:07:11.19	06:43	10K30-39F	29/42	F	63/95	01:06:42.55
44/176	FERNANDEZ, JOSE	1043	00:54:28.42	05:26	10K30-39M	18/31	M	36/81	00:54:23.05
132/176	FINNIGAN, COREY	1033	01:07:57.86	06:47	10K50-59M	13/13	M	68/81	01:06:59.85
133/176	FRANK, ANGELA	1044	01:08:12.87	06:49	10K50-59F	9/14	F	65/95	01:07:46.90
55/176	FREUND, JENNIFER	1215	00:56:27.06	05:38	10K40-49F	4/21	F	17/95	00:56:25.09
80/176	FRUITMAN-POWER, DEBORAH	1198	01:00:38.25	06:03	10K40-49F	9/21	F	31/95	01:00:06.07
101/176	FUCHS, FRANKIE-JOHN	1045	01:02:51.69	06:17	10K40-49M	17/22	M	57/81	01:02:44.77
110/176	FURDAL, JORDIS	1192	01:03:51.97	06:23	10K19&UF	3/4	F	50/95	01:03:04.00
109/176	FURDAL, KENNETH	1193	01:03:51.96	06:23	10K40-49M	18/22	M	60/81	01:03:03.18
149/176	GAFFNEY, STEPHANIE	1216	01:11:24.39	07:08	10K40-49F	16/21	F	77/95	01:10:57.53
164/176	GAILEY, KYLE	1046	01:22:15.88	08:13	10K30-39M	30/31	M	77/81	01:20:49.87
123/176	GEE, WAYNE	1047	01:06:22.29	06:38	10K50-59M	12/13	M	65/81	01:06:03.45
173/176	GLEESON, NICOLE	1050	01:22:53.15	08:17	10K30-39F	41/42	F	93/95	01:20:59.00
6/176	GOOSON, RYAN	1051	00:42:38.65	04:15	10K30-39M	3/31	M	5/81	00:42:36.00
170/176	GORDON, STEVE	1009	01:22:23.51	08:14	10K30-39M	31/31	M	80/81	01:22:18.68
74/176	GOSELIN, CARTER	1178	00:59:02.71	05:54	10K19&UM	3/5	M	49/81	00:59:00.65
75/176	GOSELIN, SUSAN	1179	00:59:03.12	05:54	10K30-39F	14/42	F	26/95	00:59:00.70
137/176	GRAVES, CATHERINE	1052	01:08:22.95	06:50	10K20-29F	10/13	F	68/95	01:08:06.30
118/176	GRIGOROVICH, MARY ANN	1053	01:05:11.41	06:31	10K50-59F	5/14	F	55/95	01:04:40.84
97/176	HANSEN, KYLE	1054	01:02:18.74	06:13	10K30-39M	24/31	M	54/81	01:00:22.25
96/176	HANSEN, LINDSAY	1055	01:02:18.29	06:13	10K30-39F	19/42	F	43/95	01:00:21.88
62/176	HARRIS, KEN	1056	00:57:37.82	05:45	10K50-59M	6/13	M	42/81	00:56:27.79
28/176	HENRY, MARIA	1204	00:50:17.85	05:01	10K40-49F	2/21	F	5/95	00:50:01.20
22/176	HUGO, JAMES	1058	00:48:33.01	04:51	10K50-59M	3/13	M	19/81	00:48:31.35
143/176	HYDE, HEATHER	1060	01:11:14.04	07:07	10K20-29F	11/13	F	73/95	01:08:48.94
38/176	IRWIN, JAMES	1061	00:52:41.40	05:16	10K50-59M	5/13	M	31/81	00:52:37.58
65/176	JELINEK, JAN	1063	00:57:45.46	05:46	10K50-59M	7/13	M	44/81	00:57:01.98
154/176	JEPPESEN, LEAH	1064	01:14:31.62	07:27	10K30-39F	36/42	F	82/95	01:14:14.98
10/176	JONES, ANDREW	1065	00:44:34.83	04:27	10K20-29M	2/7	M	9/81	00:44:33.26
35/176	JONES, ASHLEY	1066	00:51:46.45	05:10	10K30-39F	3/42	F	7/95	00:51:44.59
12/176	JONES, JASON	1213	00:45:10.20	04:31	10K30-39M	6/31	M	11/81	00:45:06.67

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
13/176	JONES, RACHEL	1214	00:45:20.43	04:32	10K30-39F	1/42	F	2/95	00:45:17.17
66/176	JORDAN, CHRIS	1194	00:57:45.96	05:46	10K40-49M	13/22	M	45/81	00:57:36.26
37/176	KEARLEY, JEFF	1185	00:52:39.62	05:15	10K40-49M	6/22	M	30/81	00:52:09.28
49/176	KELLETT, MALINDA	1186	00:55:09.13	05:30	10K30-39F	6/42	F	13/95	00:54:27.11
5/176	KELLOWAY, CHAD	1070	00:42:00.52	04:12	10K20-29M	1/7	M	4/81	00:41:57.66
42/176	KHALID, AMIR	1071	00:53:28.55	05:20	10K40-49M	8/22	M	34/81	00:53:14.14
156/176	KIRSCH, GRAESON	1072	01:18:20.76	07:50	10K19&UM	5/5	M	74/81	01:17:53.86
92/176	KOE, CARLA	1073	01:02:14.00	06:13	10K40-49F	12/21	F	40/95	01:01:54.62
16/176	KOE, KEVIN	1074	00:46:26.92	04:38	10K40-49M	5/22	M	14/81	00:46:21.71
27/176	KOSTIN, DANIEL	1075	00:49:24.90	04:56	10K30-39M	11/31	M	23/81	00:48:53.41
56/176	LALACH, KRISTI	1201	00:56:34.81	05:39	10K40-49F	5/21	F	18/95	00:56:22.45
71/176	LEYS, BRANDON	1077	00:58:13.97	05:49	10K40-49M	14/22	M	46/81	00:57:57.33
67/176	LI, AMY	1217	00:57:51.24	05:47	10K40-49F	7/21	F	22/95	00:57:47.21
169/176	LICUDINE, TIM	1212	01:22:17.60	08:13	10K20-29M	7/7	M	79/81	01:21:27.33
158/176	LO, LAWRANCE	1078	01:18:59.69	07:53	10K60-69M	2/3	M	76/81	01:18:11.60
131/176	LOGAN, FRAZER	1079	01:07:11.75	06:43	10K40-49M	20/22	M	67/81	01:06:43.90
111/176	LONSDALE, TYLER	1080	01:03:54.06	06:23	10K30-39M	27/31	M	61/81	01:03:36.19
172/176	MACDONALD-FINLEY, PEGGY	1205	01:22:46.81	08:16	10K50-59F	13/14	F	92/95	01:22:29.67
176/176	MACKAY-LYONS, ANEVE	1082	01:37:33.00	09:45	10K50-59F	14/14	F	95/95	01:37:18.29
18/176	MACKENZIE, ANDREW	1195	00:47:06.41	04:42	10K30-39M	8/31	M	16/81	00:46:56.05
21/176	MACPHERSON, PAMELA	1083	00:48:13.67	04:49	10K50-59F	1/14	F	3/95	00:48:08.19
84/176	MAGUIRE, CHRISTI	1084	01:01:04.70	06:06	10K20-29F	5/13	F	35/95	01:00:43.91
57/176	MARINCAS, COSMIN	1087	00:56:35.30	05:39	10K40-49M	10/22	M	39/81	00:56:19.52
26/176	MARINCAS, MARA	1088	00:49:18.01	04:55	10K19&UF	1/4	F	4/95	00:49:06.13
3/176	MARSHALL, JEFF	1202	00:38:59.21	03:53	10K40-49M	1/22	M	3/81	00:38:57.73
20/176	MARSHALL, JONAS	1203	00:47:57.95	04:47	10K19&UM	1/5	M	18/81	00:47:56.66
14/176	MATTOCK, DAVE	1089	00:45:47.06	04:34	10K50-59M	1/13	M	12/81	00:45:34.72
58/176	MAURAS, PIERRE	1090	00:56:36.41	05:39	10K40-49M	11/22	M	40/81	00:56:20.25
60/176	MAY, BRAIDEN	1091	00:57:21.89	05:44	10K19&UM	2/5	M	41/81	00:57:03.80
78/176	MCCANN, ALLYSON	1092	01:00:34.70	06:03	10K30-39F	15/42	F	29/95	01:00:06.85
127/176	MCGLONE, AMBER	1093	01:07:00.71	06:42	10K30-39F	28/42	F	62/95	01:06:52.59
19/176	MCGOWAN, CLIVE	1094	00:47:39.45	04:45	10K50-59M	2/13	M	17/81	00:46:17.35
93/176	MCKAY, JADE	1095	01:02:16.21	06:13	10K20-29F	7/13	F	41/95	01:01:34.67
120/176	MCKAY, JUDY	1096	01:05:30.62	06:33	10K50-59F	7/14	F	57/95	01:04:48.08
100/176	MCKAY, MICHELLE	1097	01:02:22.04	06:14	10K20-29F	8/13	F	44/95	01:01:41.09
103/176	MCKINNON, ANDREW	1098	01:03:29.73	06:20	10K30-39M	26/31	M	58/81	01:03:04.27
105/176	MEIKLE, CHRISTINA	1099	01:03:37.51	06:21	10K30-39F	20/42	F	47/95	01:03:29.89
136/176	MELLOTT, DALE	1100	01:08:20.49	06:50	10K60-69M	1/3	M	69/81	01:07:34.19
135/176	MELLOTT, NORREEN	1101	01:08:18.86	06:49	10K60-69F	1/1	F	67/95	01:07:33.06
165/176	MICHELLE, LINDSAY	1103	01:22:16.08	08:13	10K30-39F	39/42	F	88/95	01:20:51.67
31/176	MIX, LARS	1104	00:51:10.89	05:07	10K50-59M	4/13	M	25/81	00:51:07.95
122/176	MONTEIRO, CHARMAINE	1105	01:05:59.21	06:35	10K50-59F	8/14	F	58/95	01:05:43.35
46/176	MOORE, DONNA	1107	00:54:33.48	05:27	10K50-59F	2/14	F	10/95	00:54:05.63
160/176	MORRISON, CAITLIN	1108	01:19:09.44	07:54	10K30-39F	38/42	F	84/95	01:18:04.50
77/176	MOYER, MARY	1109	01:00:17.97	06:01	10K50-59F	3/14	F	28/95	01:00:08.47
76/176	MOYER, TANNER	1110	00:59:42.42	05:58	10K20-29F	3/13	F	27/95	00:59:32.92
147/176	MULLANEY, DALLAS	1111	01:11:17.87	07:07	10K40-49M	21/22	M	72/81	01:10:30.87
146/176	MULLANEY, JAKE	1181	01:11:16.10	07:07	10K19&UM	4/5	M	71/81	01:10:26.65
141/176	NELSON, LAURA	1112	01:11:06.14	07:06	10K30-39F	34/42	F	71/95	01:10:36.16
88/176	NGUYEN, KIM	1211	01:01:30.19	06:09	10K20-29F	6/13	F	36/95	01:01:25.21
145/176	NORRIS, REBECCA	1113	01:11:15.61	07:07	10K20-29F	12/13	F	75/95	01:08:50.78
82/176	NORRIS, TRENNA	1114	01:00:39.39	06:03	10K20-29F	4/13	F	33/95	01:00:21.47
108/176	O'BRIEN, NICOLE	1187	01:03:43.37	06:22	10K40-49F	14/21	F	49/95	01:03:29.48
119/176	OMAN, SANDY	1115	01:05:30.30	06:33	10K50-59F	6/14	F	56/95	01:04:47.05
1/176	ONSARE, BENARD	1210	00:35:10.93	03:31	10K30-39M	1/31	M	1/81	00:35:09.17
36/176	PANGILINAN, REX	1188	00:52:09.44	05:12	10K30-39M	16/31	M	29/81	00:52:04.98
163/176	PANNETT, AMY	1117	01:22:15.60	08:13	10K40-49F	20/21	F	87/95	01:21:24.90
86/176	PEELAR, NICK	1118	01:01:14.31	06:07	10K30-39M	22/31	M	51/81	01:01:05.68
148/176	PERIZZOLO, PAMELA	1119	01:11:21.42	07:08	10K40-49F	15/21	F	76/95	01:10:55.03
15/176	PETERS, KEITH	1219	00:46:10.35	04:37	10K40-49M	4/22	M	13/81	00:46:07.59
112/176	POLITSKY, WAYNE	1121	01:04:13.85	06:25	10K50-59M	10/13	M	62/81	01:04:05.66
54/176	POPILCHAK, RYAN	1196	00:55:58.99	05:35	10K40-49M	9/22	M	38/81	00:55:53.52
29/176	PORTERFIELD, KAREN	1122	00:50:58.02	05:05	10K30-39F	2/42	F	6/95	00:50:52.85
125/176	PUGHE, PAMELA	1123	01:06:41.49	06:40	10K20-29F	9/13	F	60/95	01:06:39.53
40/176	RADZICHOWSKY, IAN	1124	00:52:47.40	05:16	10K40-49M	7/22	M	32/81	00:52:39.27
140/176	RAMSAY, MORVEN	1125	01:10:08.57	07:00	10K30-39F	33/42	F	70/95	01:09:56.63

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## 10K Run - 6.21 Miles

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
50/176	RASMUSSEN, AUDREY	1183	00:55:10.18	05:31	10K30-39F	7/42	F	14/95	00:54:37.84
47/176	REVERING, KATHERINE	1126	00:54:44.79	05:28	10K40-49F	3/21	F	11/95	00:54:42.14
45/176	RIABKO, CASSIE	1127	00:54:29.38	05:26	10K20-29F	1/13	F	9/95	00:54:27.82
9/176	ROGERS, KEITH	1128	00:44:34.56	04:27	10K40-49M	3/22	M	8/81	00:44:33.22
85/176	SABHARWAL, SUNIL	1129	01:01:13.95	06:07	10K40-49M	15/22	M	50/81	01:01:06.33
174/176	SCHAFF, LESLIE	1130	01:24:39.43	08:27	10K30-39F	42/42	F	94/95	01:23:21.60
159/176	SCHIWY, MONICA	1131	01:19:08.68	07:54	10K30-39F	37/42	F	83/95	01:18:04.10
70/176	SCHREIBER, CARLY	1132	00:58:08.85	05:48	10K30-39F	13/42	F	25/95	00:57:57.11
39/176	SCOTT, CATHERINE	1133	00:52:47.15	05:16	10K30-39F	4/42	F	8/95	00:52:37.15
124/176	SENGAUS, NADINE	1135	01:06:40.07	06:40	10K30-39F	26/42	F	59/95	01:05:06.41
113/176	SHIERMAN, CARLA	1137	01:04:17.34	06:25	10K30-39F	22/42	F	51/95	01:03:12.77
171/176	SIMPSON, BARBARA	1138	01:22:46.81	08:16	10K50-59F	12/14	F	91/95	01:22:29.35
94/176	SKOGMAN, ERIN	1139	01:02:16.35	06:13	10K30-39F	18/42	F	42/95	01:01:55.33
95/176	SKOGMAN, GRAHAM	1140	01:02:16.80	06:13	10K30-39M	23/31	M	53/81	01:01:55.58
23/176	SMITH, DAVE	1141	00:48:47.50	04:52	10K30-39M	9/31	M	20/81	00:48:40.65
129/176	SMITH, LINDSEY	1143	01:07:11.23	06:43	10K30-39M	28/31	M	66/81	01:06:43.77
69/176	SPENCER, ALICIA	1144	00:58:05.44	05:48	10K20-29F	2/13	F	24/95	00:57:54.08
43/176	SPIELMAN, CHRIS	1145	00:53:46.07	05:22	10K20-29M	4/7	M	35/81	00:53:32.44
53/176	STANGELAND, JADE	1146	00:55:38.24	05:33	10K30-39F	9/42	F	16/95	00:55:02.59
63/176	STURM, PATRICIA	1148	00:57:39.67	05:45	10K40-49F	6/21	F	21/95	00:56:30.94
175/176	SUCHLANDT, MARK	1149	01:37:32.33	09:45	10K40-49M	22/22	M	81/81	01:37:17.14
155/176	TANG, WILSON	1151	01:15:34.00	07:33	10K20-29M	6/7	M	73/81	01:15:08.97
90/176	TELANG, LISA	1152	01:01:40.75	06:10	10K40-49F	11/21	F	38/95	01:01:29.19
61/176	THIESSEN, STEPHANIE	1153	00:57:34.61	05:45	10K30-39F	11/42	F	20/95	00:57:20.72
98/176	THOMSON, COREY	1155	01:02:21.02	06:14	10K30-39M	25/31	M	55/81	01:01:55.64
91/176	TRAN, NIKKI	1156	01:02:08.61	06:12	10K30-39F	17/42	F	39/95	01:01:37.82
161/176	TRUONG, KHA	1157	01:19:15.07	07:55	10K20-29F	13/13	F	85/95	01:19:00.36
34/176	TURVILLE, RICH	1161	00:51:29.87	05:08	10K30-39M	15/31	M	28/81	00:51:21.36
73/176	USHER, CLARK	1189	00:58:43.24	05:52	10K30-39M	21/31	M	48/81	00:58:36.48
142/176	VAN RY, RAQUEL	1220	01:11:09.72	07:06	10K19&UF	4/4	F	72/95	01:10:40.33
41/176	VIE, ALEX	1163	00:52:57.86	05:17	10K30-39M	17/31	M	33/81	00:52:29.45
81/176	WALKER, LORI	1166	01:00:38.27	06:03	10K40-49F	10/21	F	32/95	01:00:05.80
168/176	WALKER, RENEE	1197	01:22:17.47	08:13	10K30-39F	40/42	F	90/95	01:21:25.36
153/176	WANG, JENNIFER	1167	01:13:10.78	07:19	10K40-49F	19/21	F	81/95	01:12:38.49
32/176	WARD, COLIN	1168	00:51:29.58	05:08	10K30-39M	13/31	M	26/81	00:51:22.74
24/176	WASYLYK, BRETT	1169	00:48:47.72	04:52	10K30-39M	10/31	M	21/81	00:48:38.42
68/176	WATTENBARGER, AMANDA	5201	00:58:03.46	05:48	10K30-39F	12/42	F	23/95	00:57:55.15
157/176	WEBB, JAMES	1171	01:18:20.90	07:50	10K30-39M	29/31	M	75/81	01:18:20.90
138/176	WING, PETER	1173	01:08:34.30	06:51	10K20-29M	5/7	M	70/81	01:06:33.07
162/176	WOLFE, DARLENE	1174	01:21:15.47	08:07	10K50-59F	11/14	F	86/95	01:20:42.72
151/176	WRIGHT, DEBBIE	1175	01:12:31.96	07:15	10K50-59F	10/14	F	79/95	01:12:01.09
79/176	WRIGHT, NICOLA	1190	01:00:37.88	06:03	10K40-49F	8/21	F	30/95	01:00:05.02
117/176	YOUNG, FRANCA	1176	01:05:07.71	06:30	10K30-39F	25/42	F	54/95	01:04:45.98
83/176	YUE, MAXINE	1177	01:01:00.21	06:06	10K30-39F	16/42	F	34/95	01:00:39.64