

2017 Rock the House Run 5K, 10K

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
424/485	ADAMS, BARB	5001	01:04:18.20	12:01	5K50-59F	25/30	F	228/268	01:02:23.96
423/485	ADAMS, DARREN	5002	01:04:12.06	12:00	5K20-29M	14/15	M	196/217	01:02:16.62
92/485	ADDISON, DAVID	5003	00:31:17.50	05:50	5K50-59M	2/13	M	69/217	00:30:18.63
91/485	ADDISON, NICOLA	5004	00:31:17.42	05:50	5K20-29F	4/32	F	23/268	00:30:19.79
356/485	ADDISON, RYAN	5005	00:55:16.41	10:19	5K30-39M	29/34	M	174/217	00:54:20.98
102/485	ADDISON, SUSAN	5006	00:32:07.42	06:00	5K50-59F	2/30	F	28/268	00:31:07.06
272/485	ADDISON, VAL	5007	00:44:51.54	08:23	5K60-69F	4/12	F	135/268	00:44:00.53
270/485	AFOLAYAN, DIEKO	5008	00:44:29.04	08:18	5K14&UF	14/31	F	134/268	00:44:24.59
249/485	AFOLAYAN, LEYE	5009	00:42:15.65	07:53	5K40-49M	27/45	M	129/217	00:42:09.43
271/485	AFOLAYAN, WUNMI	5010	00:44:37.65	08:20	5K30-39M	22/34	M	137/217	00:44:33.00
404/485	AMANTE, ASHLEY	5011	01:01:31.09	11:29	5K30-39F	68/89	F	213/268	01:00:39.39
481/485	AMOS, SANDRA	5013	01:14:32.10	13:55	5K50-59F	29/30	F	265/268	01:12:50.01
142/485	ANDERSEN, BENNETT	5014	00:35:00.53	06:32	5K14&UM	42/89	M	94/217	00:35:00.23
95/485	ANDERSEN, KARTER	5015	00:31:37.52	05:54	5K14&UM	36/89	M	72/217	00:31:35.96
439/485	ANDERSEN, MIKKEL	5016	01:07:00.67	12:31	5K14&UM	86/89	M	202/217	01:06:11.31
440/485	ANDERSEN, TANNIS	5017	01:07:01.91	12:31	5K40-49F	64/68	F	238/268	01:06:13.55
93/485	ANDREWS, GREG	5415	00:31:21.39	05:51	5K40-49M	14/45	M	70/217	00:29:52.74
412/485	ANTICKNAP, SHARI	5018	01:01:58.03	11:34	5K50-59F	23/30	F	220/268	01:00:31.80
391/485	ANTON, KARLEE	5383	01:00:37.29	11:19	5K20-29F	26/32	F	205/268	00:59:09.72
152/485	ARABSKY, BODHE	5019	00:35:33.72	06:38	5K14&UM	45/89	M	100/217	00:35:05.27
205/485	ARKLEY, JORDAN	5020	00:39:04.10	07:18	5K20-29F	11/32	F	91/268	00:38:40.85
459/485	ARSENEAULT, ERIN	5021	01:08:32.13	12:48	5K30-39F	80/89	F	251/268	01:07:19.84
467/485	ARSENEAULT, KELLY	5022	01:08:56.73	12:53	5K40-49M	43/45	M	211/217	01:07:43.06
463/485	ASHLEY, JENNIFER	5416	01:08:41.79	12:50	5K40-49F	68/68	F	254/268	01:07:05.47
192/485	ASHOORI, SAMILA	5023	00:37:51.96	07:04	5K30-39F	23/89	F	81/268	00:34:54.17
286/485	BABKOV, ALEX	5417	00:46:07.52	08:37	5K30-39M	25/34	M	146/217	00:44:13.84
476/485	BABKOV, VALERIE	5418	01:12:51.57	13:37	5K30-39F	85/89	F	261/268	01:10:57.73
455/485	BATEMAN, AMBER	5419	01:08:23.83	12:46	5K30-39F	79/89	F	248/268	01:06:53.40
451/485	BATEMAN, SCOTT	5420	01:08:20.60	12:46	5K30-39M	33/34	M	206/217	01:06:50.17
485/485	BAWA, RANJIT	5026	01:22:17.55	15:22	5K40-49M	45/45	M	217/217	01:21:26.30
12/485	BEACH, WILLIAM	5384	00:24:49.06	04:38	5K14&UF	1/31	F	4/268	00:24:37.11
311/485	BEAL, JEFF	5027	00:47:17.10	08:50	5K30-39M	26/34	M	157/217	00:46:23.94
399/485	BEAL, KARMAN	5028	01:01:03.32	11:24	5K30-39F	67/89	F	211/268	01:00:07.57
312/485	BEAL, RACHEL	5029	00:47:17.16	08:50	5K14&UF	18/31	F	155/268	00:46:22.69
457/485	BEC, LINDSAY	5356	01:08:24.59	12:47	5K20-29F	32/32	F	249/268	01:06:57.60
179/485	BECHTEL, ANDREW	5385	00:36:48.22	06:52	5K14&UM	49/89	M	109/217	00:36:24.90
180/485	BECHTEL, ANGELA	5386	00:36:50.72	06:53	5K40-49F	21/68	F	71/268	00:36:27.48
160/485	BECHTEL, DANIEL	5387	00:35:52.88	06:42	5K14&UM	46/89	M	103/217	00:35:29.44
159/485	BECHTEL, DAVID	5388	00:35:52.64	06:42	5K50-59M	5/13	M	102/217	00:35:29.30
443/485	BECKER, BROOKE	5519	01:07:58.55	12:42	5K20-29F	31/32	F	241/268	01:06:29.02
446/485	BECKER, TINA	5520	01:08:00.17	12:42	5K60-69F	10/12	F	243/268	01:06:25.75
369/485	BELAIR, JESSICA	5033	00:58:44.50	10:58	5K30-39F	62/89	F	191/268	00:57:28.27
86/485	BELANGER, MATEO	5034	00:31:06.38	05:48	5K14&UM	34/89	M	66/217	00:30:56.04
87/485	BELANGER, RICHARD	5466	00:31:06.90	05:48	5K40-49M	13/45	M	67/217	00:30:56.48
119/485	BELL, PAM	5421	00:33:26.74	06:14	5K50-59F	3/30	F	40/268	00:33:05.53
77/485	BILLYARD, CHAD	5036	00:30:31.22	05:42	5K40-49M	11/45	M	62/217	00:30:03.79
75/485	BILLYARD, ISAIAH	5037	00:30:30.78	05:42	5K14&UM	31/89	M	60/217	00:30:03.14
167/485	BILLYARD, JACK	5038	00:36:19.68	06:47	5K14&UM	47/89	M	105/217	00:35:53.71
168/485	BILLYARD, KRISTY	5039	00:36:19.82	06:47	5K30-39F	20/89	F	63/268	00:35:54.44
25/485	BILLYARD, OLIVER	5040	00:26:51.31	05:01	5K14&UM	9/89	M	20/217	00:26:49.55
289/485	BINNE, CAROLINE	5041	00:46:18.64	08:39	5K50-59F	15/30	F	142/268	00:45:41.20
243/485	BIRD, TRUDY	5042	00:41:49.98	07:49	5K40-49F	35/68	F	115/268	00:41:33.32
154/485	BORYSEWICZ, ASHLEY	5104	00:35:39.84	06:39	5K30-39F	17/89	F	54/268	00:34:52.23
172/485	BOUCHARD, DEBORAH	5046	00:36:23.57	06:48	5K40-49F	19/68	F	67/268	00:35:59.45
120/485	BOULTON, MARK	5511	00:33:40.84	06:17	5K40-49M	17/45	M	80/217	00:32:52.07
121/485	BOULTON, REECE	5512	00:33:40.86	06:17	5K14&UM	38/89	M	81/217	00:32:51.78
88/485	BOURGET, FRANCOIS	5389	00:31:15.76	05:50	5K30-39M	8/34	M	68/217	00:30:29.65
33/485	BRANT, MELANIE	5047	00:27:42.54	05:10	5K30-39F	2/89	F	6/268	00:27:03.91
35/485	BRANT, MIKE	5048	00:27:45.02	05:11	5K40-49M	5/45	M	29/217	00:27:04.02
8/485	BRAUN, BRAD	5049	00:23:56.51	04:28	5K40-49M	2/45	M	6/217	00:23:54.35
9/485	BRAUN, CAMRYN	5050	00:24:28.60	04:34	5K15-19F	1/5	F	3/268	00:24:26.04
4/485	BRAUN, DEREK	5051	00:22:13.41	04:09	5K15-19M	1/5	M	3/217	00:22:11.45
17/485	BRAUN, LAUREL	5052	00:25:41.72	04:48	5K40-49F	1/68	F	5/268	00:25:38.96
232/485	BRENNAN, LYNDASAY	5053	00:41:05.83	07:40	5K30-39F	35/89	F	107/268	00:39:58.15
224/485	BROOKER, RUSSELL	5054	00:41:00.36	07:39	5K14&UM	52/89	M	121/217	00:40:59.52
231/485	BROOKER, SHANNON	5055	00:41:05.56	07:40	5K40-49F	32/68	F	106/268	00:40:44.25

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
78/485	BRUNET, KATIE	1013	00:30:32.26	05:42	5K30-39F	5/89	F	16/268	00:30:17.01
81/485	BUTLER, ASHTON	5056	00:30:43.72	05:44	5K20-29F	3/32	F	17/268	00:30:24.68
24/485	BUTLER, BRETT	5526	00:26:39.91	04:58	5K20-29M	3/15	M	19/217	00:26:23.95
218/485	BYMOEN, CAYLIN	5057	00:40:01.99	07:28	5K20-29F	14/32	F	101/268	00:39:25.92
435/485	CAMPBELL, HILARY	5515	01:05:58.45	12:19	5K20-29F	29/32	F	236/268	01:05:25.22
376/485	CAMPBELL, JOSHUA	5357	00:58:49.97	10:59	5K14&UM	79/89	M	180/217	00:58:43.92
202/485	CAMPBELL, LYNN	5485	00:38:39.84	07:13	5K50-59F	11/30	F	89/268	00:37:18.89
195/485	CAMPBELL, PIA	5058	00:37:57.19	07:05	5K40-49F	28/68	F	84/268	00:35:32.15
329/485	CHAULK, MANCHESTER	5060	00:50:27.50	09:25	5K14&UM	70/89	M	162/217	00:50:05.20
330/485	CHAULK, NIAMH	5061	00:50:27.70	09:25	5K14&UF	19/31	F	168/268	00:50:03.36
259/485	CHENG, HILARY	5062	00:42:46.59	07:59	5K70+F	1/1	F	127/268	00:42:06.51
305/485	CHUMAK, CHRISTINA	5063	00:46:53.51	08:45	5K20-29F	20/32	F	150/268	00:46:47.37
409/485	CLARK, JOYCE	5064	01:01:54.12	11:34	5K50-59F	21/30	F	218/268	01:00:29.17
140/485	CODE, BLAIR	5423	00:34:57.75	06:31	5K50-59M	4/13	M	92/217	00:34:46.27
44/485	CODE, LUCAS	5358	00:28:22.70	05:18	5K14&UM	20/89	M	36/217	00:28:11.42
308/485	COLTMAN, TAMARA	5065	00:47:15.22	08:49	5K30-39F	44/89	F	152/268	00:46:24.43
401/485	COOPER, AL	5066	01:01:20.53	11:27	5K60-69M	7/12	M	190/217	01:00:12.85
441/485	COWIE, HEATHER	5067	01:07:27.52	12:36	5K30-39F	75/89	F	239/268	01:06:41.81
417/485	CUNNINGHAM, DARREN	5069	01:03:03.93	11:47	5K40-49M	41/45	M	194/217	01:01:24.69
111/485	DANIEL COOZ, JOSE	5359	00:32:51.26	06:08	5K30-39M	9/34	M	78/217	00:32:41.08
310/485	DAVIDSON, EMMA	5070	00:47:16.38	08:50	5K15-19F	5/5	F	154/268	00:46:31.94
50/485	DAVIDSON, SADIE	5071	00:29:00.76	05:25	5K14&UF	2/31	F	9/268	00:28:41.74
85/485	DAVIDSON, TONYA	5072	00:31:05.56	05:48	5K40-49F	6/68	F	20/268	00:30:46.04
46/485	DAVIDSON, TROY	5073	00:28:26.12	05:18	5K40-49M	6/45	M	38/217	00:28:06.01
158/485	DAVIS, JEANETTE	5074	00:35:50.80	06:41	5K40-49F	16/68	F	57/268	00:35:30.47
188/485	DE CHASTELAIN, AMANDA	5096	00:37:16.36	06:57	5K40-49F	26/68	F	78/268	00:36:19.15
32/485	DE JONG, CLIFF	5455	00:27:42.16	05:10	5K40-49M	4/45	M	27/217	00:27:38.64
34/485	DE JONG, JORDAN	5456	00:27:44.82	05:11	5K14&UM	14/89	M	28/217	00:27:44.22
319/485	DE KLERK, ANN	5075	00:48:50.62	09:07	5K60-69F	6/12	F	160/268	00:47:48.18
332/485	DE SOUZA, DANICA	5076	00:50:45.22	09:29	5K30-39F	53/89	F	169/268	00:50:04.06
226/485	DELAY, BRYCE	5424	00:41:01.42	07:40	5K14&UM	53/89	M	122/217	00:41:01.41
251/485	DELAY, LIAM	5425	00:42:17.49	07:54	5K14&UM	57/89	M	131/217	00:42:17.11
250/485	DELAY, STEPHEN	5426	00:42:17.29	07:54	5K40-49M	28/45	M	130/217	00:42:07.71
339/485	DENG, IVY	5427	00:52:19.57	09:46	5K30-39F	56/89	F	174/268	00:50:45.15
169/485	DEPOE, ERIN	5077	00:36:20.70	06:47	5K30-39F	21/89	F	64/268	00:35:38.44
153/485	DEROSENROLL, SARA	5078	00:35:34.06	06:38	5K30-39F	16/89	F	53/268	00:35:06.00
174/485	DEYHOLOS, MICHAEL	5079	00:36:25.53	06:48	5K20-29M	8/15	M	106/217	00:34:56.20
260/485	DIXON, ESTELLA	5360	00:42:54.09	08:01	5K14&UF	13/31	F	128/268	00:42:21.42
80/485	DIXON, EVAN	5361	00:30:34.74	05:42	5K40-49M	12/45	M	64/217	00:30:08.27
219/485	DIXON, OLIVIA	5080	00:40:11.00	07:30	5K30-39F	32/89	F	102/268	00:39:59.62
261/485	DIXON, REMA	5362	00:42:55.24	08:01	5K30-39F	38/89	F	129/268	00:42:22.49
79/485	DIXON, THOMAS	5363	00:30:34.20	05:42	5K14&UM	33/89	M	63/217	00:30:07.91
333/485	DOLL, EMERSON	5081	00:51:14.26	09:34	5K14&UM	71/89	M	164/217	00:50:25.29
334/485	DOLL, MEGAN	5082	00:51:14.90	09:34	5K30-39F	54/89	F	170/268	00:50:26.01
162/485	DOREY, SANDRA	5364	00:35:53.96	06:42	5K50-59F	5/30	F	59/268	00:35:46.82
358/485	DOWNEY, BRENDAN	5083	00:56:29.21	10:33	5K20-29M	12/15	M	175/217	00:54:57.70
193/485	DOWNEY, SUZANNE	5084	00:37:52.49	07:04	5K40-49F	27/68	F	82/268	00:37:20.21
371/485	DOYLE, BEVERLY	5085	00:58:46.41	10:59	5K40-49F	53/68	F	193/268	00:57:52.74
374/485	DOYLE, JOHN	5508	00:58:49.13	10:59	5K50-59M	8/13	M	179/217	00:57:50.82
21/485	DOYLE, NICHOLAS	5086	00:26:17.38	04:54	5K14&UM	6/89	M	16/217	00:26:15.16
258/485	DRAPER, EVANGELINE	5365	00:42:41.85	07:58	5K14&UF	12/31	F	126/268	00:40:55.75
282/485	DRAPER, LEAH	5366	00:46:03.35	08:36	5K14&UF	16/31	F	140/268	00:44:19.04
256/485	DRAPER, REBECCA	5367	00:42:41.71	07:58	5K40-49F	40/68	F	124/268	00:41:00.64
283/485	DRAPER, SEAN	5368	00:46:04.07	08:36	5K40-49M	31/45	M	143/217	00:44:25.22
145/485	DREHER, NATHANIEL	5087	00:35:17.00	06:35	5K14&UM	44/89	M	96/217	00:35:02.69
146/485	DREHER, TREVOR	1039	00:35:20.86	06:36	5K40-49M	20/45	M	97/217	00:35:06.33
393/485	DUCHSCHER, LINDSEY	5088	01:00:49.64	11:22	5K30-39F	66/89	F	207/268	00:59:31.63
387/485	DUVETTE, CODY	5089	01:00:28.59	11:18	5K14&UM	83/89	M	186/217	00:59:50.38
242/485	DYCK, ALLI (ALEXANDRIA)	5090	00:41:33.83	07:45	5K30-39F	36/89	F	114/268	00:41:02.34
241/485	DYCK, KEIRAN	5091	00:41:32.59	07:45	5K14&UM	56/89	M	128/217	00:41:00.31
147/485	EFTIMIE, NATALIA	5092	00:35:21.51	06:36	5K40-49F	14/68	F	50/268	00:35:11.15
340/485	EGERTON, MATTHEW	5428	00:52:20.35	09:46	5K30-39M	28/34	M	166/217	00:50:46.21
322/485	ERICKSON, MELISSA	5528	00:49:28.30	09:14	5K30-39F	50/89	F	162/268	00:49:10.51
350/485	FEE, BRYDIE	5390	00:54:20.42	10:09	5K30-39F	57/89	F	181/268	00:53:40.42
349/485	FEE, LIAM	5391	00:54:20.20	10:09	5K14&UM	74/89	M	169/217	00:53:39.51
207/485	FERREIRA, NANCY	5093	00:39:13.50	07:19	5K40-49F	29/68	F	92/268	00:38:52.52

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177/485	FERRIS, AMY	5094	00:36:38.87	06:50	5K30-39F	22/89	F	70/268	00:36:07.47
190/485	FINLEY, CAITLIN	5095	00:37:30.22	07:00	5K20-29F	10/32	F	79/268	00:37:14.44
151/485	FLEMING, DEIRDRE	5097	00:35:31.50	06:38	5K20-29F	8/32	F	52/268	00:35:12.19
245/485	FLETCHER, AUBREY	5098	00:41:53.61	07:49	5K40-49F	37/68	F	117/268	00:41:17.14
55/485	FLETCHER, ZANE	5099	00:29:30.88	05:30	5K14&UM	22/89	M	45/217	00:29:26.39
199/485	FLUKER, KATHY	5100	00:38:36.91	07:12	5K60-69F	2/12	F	86/268	00:36:27.52
253/485	FLUKER, MICHAEL	5101	00:42:29.62	07:56	5K30-39M	21/34	M	132/217	00:39:26.66
396/485	FOLLIS, MIKE	5102	01:01:00.09	11:24	5K50-59M	9/13	M	187/217	01:00:13.68
240/485	FOX, DEB	5105	00:41:18.60	07:43	5K60-69F	3/12	F	113/268	00:40:54.26
18/485	FOX, KAIDEN	5369	00:25:48.25	04:49	5K14&UM	4/89	M	13/217	00:25:47.87
359/485	FRANK, SHAWN	5106	00:56:31.84	10:33	5K20-29M	13/15	M	176/217	00:55:00.33
238/485	FRIAS, ADAM	5107	00:41:14.25	07:42	5K30-39M	20/34	M	127/217	00:39:24.70
478/485	FRIAS, KENDRA	5108	01:12:51.90	13:37	5K30-39F	87/89	F	263/268	01:10:56.06
425/485	FRIESZ, JACKIE	5109	01:04:30.53	12:03	5K30-39F	72/89	F	229/268	01:02:35.27
76/485	FURDAL, JOSHUA	5429	00:30:30.96	05:42	5K14&UM	32/89	M	61/217	00:30:30.28
252/485	GAJDOS, AMBER	5110	00:42:26.31	07:55	5K20-29F	18/32	F	121/268	00:42:02.87
295/485	GALINDO, BRYAN	1200	00:46:32.85	08:41	5K14&UM	64/89	M	150/217	00:45:57.28
42/485	GALLOWAY, CRAIG	5111	00:27:55.48	05:13	5K30-39M	3/34	M	34/217	00:26:09.66
194/485	GALLOWAY, KELLY	5112	00:37:55.64	07:05	5K30-39F	24/89	F	83/268	00:36:08.25
210/485	GAMMIE, SARAH	5113	00:39:41.15	07:25	5K30-39F	29/89	F	95/268	00:38:56.70
148/485	GARAY, NINFA	5114	00:35:21.80	06:36	5K30-39F	15/89	F	51/268	00:34:50.10
477/485	GEDDES, TRISTA	5430	01:12:51.71	13:37	5K30-39F	86/89	F	262/268	01:10:59.12
316/485	GEE, GILLIAN	5115	00:47:58.28	08:57	5K30-39F	47/89	F	158/268	00:47:38.67
341/485	GIES, JENNIFER	5116	00:52:27.81	09:48	5K40-49F	47/68	F	175/268	00:51:47.52
342/485	GIES, JULIA	5117	00:52:30.38	09:48	5K14&UF	21/31	F	176/268	00:51:49.33
419/485	GIES, LOGAN	5118	01:03:40.87	11:54	5K14&UM	85/89	M	195/217	01:02:54.47
246/485	GILL, HARMEET	5460	00:41:57.17	07:50	5K40-49F	38/68	F	118/268	00:41:50.15
49/485	GIRALDO, FELIPE	5119	00:29:00.34	05:25	5K30-39M	4/34	M	41/217	00:28:26.21
122/485	GLOWA, TAMARA	5120	00:33:43.49	06:18	5K30-39F	8/89	F	41/268	00:33:13.48
300/485	GOVIER, ERIC	5121	00:46:49.96	08:45	5K14&UM	67/89	M	153/217	00:46:37.68
187/485	GOVIER, JEFF	5392	00:37:09.08	06:56	5K40-49M	23/45	M	110/217	00:36:47.43
59/485	GOVIER, MICHAEL	5122	00:29:46.67	05:33	5K14&UM	23/89	M	48/217	00:29:45.82
186/485	GOVIER, ROBIN	5393	00:37:08.54	06:56	5K40-49F	25/68	F	77/268	00:36:48.35
254/485	GRANT, JENNIFER	5123	00:42:30.99	07:56	5K30-39F	37/89	F	122/268	00:39:29.36
70/485	GRIEKSPoor, RENE	5124	00:30:17.43	05:39	5K20-29F	2/32	F	15/268	00:29:55.70
368/485	GRIFFIN, AMY	5125	00:58:40.49	10:57	5K30-39F	61/89	F	190/268	00:58:40.49
379/485	GRIFFIN, MYRNA	5126	00:59:20.98	11:05	5K60-69F	8/12	F	197/268	00:58:59.65
465/485	HAJAR, CINDY	5431	01:08:49.20	12:51	5K30-39F	81/89	F	255/268	01:07:34.44
464/485	HAJAR, ISAAC	5432	01:08:49.13	12:51	5K14&UM	89/89	M	210/217	01:07:37.72
276/485	HAJAR, OMAR	5433	00:45:20.03	08:28	5K40-49M	29/45	M	141/217	00:44:29.80
274/485	HAJAR, ZACHARY	5434	00:45:18.01	08:28	5K14&UM	60/89	M	139/217	00:44:27.85
309/485	HANSON, JULIE	5129	00:47:15.42	08:49	5K30-39F	45/89	F	153/268	00:46:24.99
389/485	HARRIS, HEATHER	5394	01:00:36.32	11:19	5K20-29F	25/32	F	203/268	00:59:07.83
16/485	HEALY, RILEY	5131	00:25:35.76	04:46	5K20-29M	2/15	M	12/217	00:25:32.42
211/485	HEFFERNAN, JASON	5132	00:39:41.67	07:25	5K30-39M	18/34	M	116/217	00:38:58.18
365/485	HENHEFFER, BRANDI	5435	00:57:44.72	10:47	5K30-39F	60/89	F	188/268	00:56:41.93
366/485	HENHEFFER, REID	5436	00:57:44.92	10:47	5K14&UM	78/89	M	178/217	00:56:42.14
367/485	HENHEFFER, SARAH	5437	00:57:45.40	10:47	5K14&UF	24/31	F	189/268	00:56:42.37
39/485	HERRINGTON-XERRI, DOMINIC	5414	00:27:50.63	05:12	5K14&UM	17/89	M	32/217	00:27:39.87
287/485	HESSE, ALEX	5133	00:46:13.41	08:38	5K14&UM	61/89	M	147/217	00:45:42.46
288/485	HESSE, ANNE-MARIE	5134	00:46:14.97	08:38	5K40-49F	43/68	F	141/268	00:45:43.57
411/485	HILL, ANGIE	5135	01:01:55.71	11:34	5K50-59F	22/30	F	219/268	01:00:26.38
413/485	HILL, RANDY	5507	01:01:58.53	11:34	5K60-69M	8/12	M	193/217	01:00:32.24
299/485	HINSPERGER, KEVIN	5438	00:46:43.49	08:43	5K14&UM	66/89	M	152/217	00:46:26.14
90/485	HISCOX, CHRISTINA	5136	00:31:17.05	05:50	5K40-49F	7/68	F	22/268	00:31:01.86
138/485	HOBSON, LAURA	5467	00:34:54.26	06:31	5K30-39F	12/89	F	47/268	00:34:03.91
130/485	HOLLAND, ELLIOT	5137	00:34:34.75	06:27	5K30-39M	11/34	M	86/217	00:33:48.35
129/485	HOLLAND, JENNIFER	5138	00:34:34.46	06:27	5K30-39F	10/89	F	44/268	00:33:47.57
135/485	HOLLOWAY, JEFF	5139	00:34:52.47	06:31	5K20-29M	7/15	M	89/217	00:33:22.55
347/485	HOUSSER, JACK	5370	00:53:46.07	10:02	5K14&UM	72/89	M	167/217	00:53:32.84
433/485	HUFFMAN, RHONDA	5439	01:05:55.96	12:19	5K40-49F	62/68	F	234/268	01:05:46.46
118/485	HUSKA, CATHY	5140	00:33:16.76	06:13	5K40-49F	12/68	F	39/268	00:33:04.66
163/485	HUTTON, JACQUELINE	5141	00:36:01.26	06:43	5K30-39F	19/89	F	60/268	00:35:31.83
51/485	ILSLEY, SUSAN	5142	00:29:00.88	05:25	5K30-39F	3/89	F	10/268	00:28:26.66
164/485	JACOB, EDWIN	5490	00:36:09.70	06:45	5K40-49M	22/45	M	104/217	00:35:40.36
165/485	JACOB, PAMELA	5491	00:36:09.88	06:45	5K40-49F	17/68	F	61/268	00:35:41.05

2017 Rock the House Run 5K, 10K

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
431/485	JANMOHAMED, NASHILA	5506	01:05:21.42	12:12	5K40-49F	61/68	F	233/268	01:02:19.40
137/485	JAYARAM, NAVIN	5372	00:34:52.67	06:31	5K30-39M	14/34	M	91/217	00:34:47.46
185/485	JOHNSON, CHELSEA	5143	00:37:05.04	06:55	5K40-49F	24/68	F	76/268	00:36:37.03
268/485	JONES, RON	5144	00:44:16.00	08:16	5K70+M	3/3	M	136/217	00:43:40.94
370/485	JONES, SAMANTHA	5145	00:58:44.75	10:58	5K30-39F	63/89	F	192/268	00:57:27.68
267/485	JONES, SUSAN	5146	00:44:13.84	08:15	5K40-49F	42/68	F	132/268	00:43:38.82
335/485	JOSHUA-MORGAN, TRACY	5147	00:51:15.55	09:34	5K30-39F	55/89	F	171/268	00:50:36.94
43/485	KABAN, NOLAN	5148	00:28:14.45	05:16	5K14&UM	19/89	M	35/217	00:28:02.70
471/485	KARASCH, HEATHER	5149	01:11:30.18	13:21	5K30-39F	83/89	F	258/268	01:10:06.12
458/485	KARDAL, HEATHER	5523	01:08:25.37	12:47	5K40-49F	66/68	F	250/268	01:07:30.21
291/485	KARDAL, MARKUS	5150	00:46:25.30	08:40	5K14&UM	62/89	M	148/217	00:46:09.53
415/485	KENNEDY, ANDREA	5396	01:02:01.35	11:35	5K50-59F	24/30	F	222/268	01:00:34.46
410/485	KENNEDY, BRADLEY	5151	01:01:54.84	11:34	5K40-49M	40/45	M	192/217	01:00:29.63
54/485	KIRKBY, BOB	5154	00:29:28.00	05:30	5K70+M	1/3	M	44/217	00:29:20.38
107/485	KLARENBACH, APRIL	5155	00:32:36.00	06:05	5K14&UF	5/31	F	31/268	00:32:33.63
428/485	KLASSEN, CALLIE	5156	01:04:43.93	12:05	5K14&UF	31/31	F	232/268	01:02:57.24
427/485	KLASSEN, JESS	5157	01:04:42.09	12:05	5K30-39F	73/89	F	231/268	01:02:55.86
429/485	KLASSEN, MARK	5158	01:04:44.07	12:05	5K30-39M	31/34	M	197/217	01:02:57.20
426/485	KLASSEN, RYLEE	5159	01:04:30.71	12:03	5K14&UF	30/31	F	230/268	01:02:43.84
117/485	KLINGER, CHERYL	5161	00:33:15.90	06:12	5K40-49F	11/68	F	38/268	00:33:03.80
47/485	KOLLER, ROB	5441	00:28:56.85	05:24	5K40-49M	7/45	M	39/217	00:28:43.62
48/485	KOLLER, SHEA	5442	00:28:57.36	05:24	5K14&UM	21/89	M	40/217	00:28:44.21
40/485	KOOPS, TRINA	1206	00:27:50.94	05:12	5K40-49F	3/68	F	8/268	00:27:41.83
381/485	KRAHN, AIDAN	5162	00:59:39.40	11:08	5K14&UM	82/89	M	184/217	00:59:02.46
380/485	KRAHN, PHIL	5163	00:59:39.11	11:08	5K40-49M	37/45	M	183/217	00:59:02.49
41/485	KRAHN, RILEY	5164	00:27:51.20	05:12	5K14&UM	18/89	M	33/217	00:27:50.43
407/485	KRAMER, HEIDE	5165	01:01:53.05	11:34	5K50-59F	20/30	F	216/268	01:00:27.66
382/485	KROEKER, BRENDEN	5166	00:59:46.80	11:10	5K40-49M	38/45	M	185/217	00:58:28.22
383/485	KROEKER, NYKOL	5167	00:59:47.72	11:10	5K30-39F	64/89	F	198/268	00:59:47.72
445/485	KRUKOWSKI, BARB	5168	01:08:00.13	12:42	5K30-39F	76/89	F	242/268	01:06:32.00
444/485	KRUKOWSKI, LINCOLN	5169	01:07:58.61	12:42	5KM	1/1	M	203/217	01:06:31.40
89/485	KRUZICK, DANI	5170	00:31:16.66	05:50	5K14&UF	4/31	F	21/268	00:31:01.47
225/485	KUMARI, ARPANA	5171	00:41:01.00	07:40	5K30-39F	34/89	F	104/268	00:40:51.30
222/485	L'HEUREUX, JENNIFER	5172	00:40:42.75	07:36	5K30-39F	33/89	F	103/268	00:39:29.45
221/485	L'HEUREUX, JESSE	5173	00:40:42.18	07:36	5K40-49M	25/45	M	119/217	00:39:30.29
116/485	LAFORGE, VANDEN	5174	00:33:10.24	06:11	5K14&UF	7/31	F	37/268	00:32:42.23
269/485	LALLONE, SARAH	5175	00:44:20.55	08:17	5K30-39F	39/89	F	133/268	00:42:48.66
184/485	LAMARSH, DANA	5176	00:36:53.92	06:53	5K40-49F	23/68	F	75/268	00:36:40.85
472/485	LANE, ALEX	5177	01:11:30.77	13:21	5K30-39M	34/34	M	214/217	01:10:07.98
473/485	LANE, KAREN	5178	01:11:32.17	13:22	5K30-39F	84/89	F	259/268	01:10:09.11
304/485	LAU, NICOLE	5179	00:46:53.25	08:45	5K30-39F	43/89	F	149/268	00:46:47.11
65/485	LAVERTY, TIERNAN	5530	00:29:57.84	05:35	5K14&UM	26/89	M	52/217	00:29:38.53
7/485	LEWIS, TARA	5180	00:22:59.76	04:17	5K20-29F	1/32	F	2/268	00:22:56.23
385/485	LIPPERT, ANNA	5492	01:00:22.87	11:17	5K14&UF	25/31	F	200/268	00:59:53.53
281/485	LIPPERT, EMMA	5493	00:46:01.15	08:36	5K14&UF	15/31	F	139/268	00:45:30.76
280/485	LIPPERT, FRANK	5494	00:46:01.05	08:36	5K40-49M	30/45	M	142/217	00:45:30.86
45/485	LITTMANN, BYRON	5181	00:28:22.78	05:18	5K20-29M	4/15	M	37/217	00:27:59.02
214/485	LIVINGSTONE, BILL	5182	00:39:49.98	07:26	5K60-69M	5/12	M	117/217	00:38:30.97
215/485	LIVINGSTONE, SARAH	5183	00:39:50.05	07:26	5K30-39F	31/89	F	98/268	00:38:33.36
27/485	LLOYD, BRENT	5184	00:27:25.65	05:07	5K40-49M	3/45	M	22/217	00:27:23.69
314/485	LLOYD, FELICIA	5185	00:47:20.69	08:50	5K40-49F	45/68	F	156/268	00:46:56.46
23/485	LLOYD, GRAHAM	5186	00:26:30.41	04:57	5K14&UM	8/89	M	18/217	00:26:27.99
386/485	LLOYD, JEANNETTE	5187	01:00:26.77	11:17	5K30-39F	65/89	F	201/268	00:59:48.85
170/485	LLOYD, LINDSAY	5188	00:36:21.43	06:47	5K14&UF	8/31	F	65/268	00:35:56.23
313/485	LLOYD, MALCOLM	5189	00:47:20.63	08:50	5K14&UM	69/89	M	158/217	00:46:54.83
483/485	LO PINTO, SELINA	5190	01:18:12.33	14:37	5K30-39F	88/89	F	267/268	01:15:48.08
449/485	LOATES, AMANDA	5191	01:08:17.16	12:45	5K30-39F	77/89	F	244/268	01:07:51.88
131/485	LOBO, EDRIN	5373	00:34:37.38	06:28	5K30-39M	12/34	M	87/217	00:34:32.33
277/485	LOUIE, JUNE	5481	00:45:25.93	08:29	5K60-69F	5/12	F	136/268	00:44:40.39
273/485	LOUIE, VICTOR	5480	00:44:56.25	08:23	5K30-39M	23/34	M	138/217	00:44:10.55
377/485	LOUPELLE, TREY	5195	00:58:51.54	11:00	5K14&UM	80/89	M	181/217	00:58:45.99
161/485	LOZINSKI, VICTORIA	5197	00:35:53.88	06:42	5K30-39F	18/89	F	58/268	00:35:29.16
331/485	LUI, THOMAS	5198	00:50:34.05	09:27	5K30-39M	27/34	M	163/217	00:49:53.10
328/485	LY, ANNIE	5199	00:50:26.03	09:25	5K20-29F	24/32	F	167/268	00:49:45.08
84/485	MACDONALD, BRENDA	5200	00:30:49.21	05:45	5K50-59F	1/30	F	19/268	00:30:30.77
106/485	MACDOUGALL, CHRISSY	5479	00:32:34.08	06:05	5K30-39F	6/89	F	30/268	00:32:15.84

2017 Rock the House Run 5K, 10K

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
209/485	MACKENZIE, JACLYN	5202	00:39:39.87	07:24	5K30-39F	28/89	F	94/268	00:39:15.65
470/485	MACKETT, RICH	5203	01:11:29.46	13:21	5K40-49M	44/45	M	213/217	01:10:07.20
307/485	MACLEOD, ADAM	5204	00:47:14.39	08:49	5K40-49M	34/45	M	156/217	00:46:14.37
357/485	MAH, DENISE	5205	00:55:18.82	10:20	5K30-39F	58/89	F	183/268	00:54:26.14
317/485	MALKINSON, BRAYDON	5397	00:48:38.75	09:05	5K20-29M	11/15	M	159/217	00:44:15.94
468/485	MALLEN, JANE	5206	01:09:27.30	12:58	5K50-59F	27/30	F	257/268	01:08:50.75
318/485	MANJAK-GILL, JENNIFER	5398	00:48:39.11	09:05	5K30-39F	48/89	F	159/268	00:44:22.96
348/485	MANOR, ETHAN	5443	00:53:48.44	10:03	5K14&UM	73/89	M	168/217	00:53:35.74
63/485	MANOR, PATRICK	5444	00:29:53.18	05:35	5K40-49M	8/45	M	51/217	00:29:39.05
324/485	MAROIS, MELISSA	5209	00:50:08.90	09:22	5K20-29F	22/32	F	163/268	00:49:01.81
73/485	MARR, GREGORY	5210	00:30:24.12	05:40	5K14&UM	30/89	M	58/217	00:30:20.69
298/485	MASON, CYNTHIA	5211	00:46:35.29	08:42	5K30-39F	42/89	F	147/268	00:45:35.80
22/485	MATTERN, THOMAS	5212	00:26:17.50	04:54	5K14&UM	7/89	M	17/217	00:26:05.78
244/485	MAY, STEPHANIE	5213	00:41:50.02	07:49	5K40-49F	36/68	F	116/268	00:41:33.54
125/485	MCCANN, GERTRUDE	5214	00:33:55.86	06:20	5K50-59F	4/30	F	43/268	00:33:31.94
105/485	MCCANN, PAUL	5215	00:32:30.74	06:04	5K20-29M	6/15	M	76/217	00:32:07.05
176/485	MCDUGALL, CHRISTOPHER	5374	00:36:34.16	06:50	5K14&UM	48/89	M	107/217	00:36:10.60
175/485	MCDUGALL, STEPHANIE	5375	00:36:32.95	06:49	5K40-49F	20/68	F	69/268	00:36:11.10
183/485	MCGEE, CATHY	5216	00:36:53.53	06:53	5K50-59F	8/30	F	74/268	00:36:33.70
36/485	MCGOWAN, SHACKLETON	5217	00:27:45.94	05:11	5K14&UM	15/89	M	30/217	00:27:42.03
234/485	MCINTYRE, ERIN	5218	00:41:08.21	07:41	5K20-29F	16/32	F	109/268	00:40:23.32
352/485	MCLAUGHLIN, RIKI	5219	00:54:25.87	10:10	5K15-19M	5/5	M	171/217	00:54:09.51
351/485	MCMAHON, LIAM	5220	00:54:24.97	10:10	5K14&UM	75/89	M	170/217	00:54:24.51
448/485	MCMAHON, PATRICK	5457	01:08:16.91	12:45	5K14&UM	87/89	M	205/217	01:07:52.79
255/485	MCNEIL, RHONDA	5399	00:42:36.18	07:57	5K40-49F	39/68	F	123/268	00:42:07.26
223/485	MCNEIL, SAM	5400	00:40:50.71	07:37	5K14&UM	51/89	M	120/217	00:40:20.53
201/485	MCPHAIL, KAREN	5486	00:38:39.58	07:13	5K50-59F	10/30	F	88/268	00:37:18.57
373/485	MCRAE, KAREN	5482	00:58:49.05	10:59	5K50-59F	18/30	F	195/268	00:57:51.73
68/485	MELTON, HAYDEN	5472	00:30:07.26	05:37	5K14&UM	28/89	M	54/217	00:29:56.26
196/485	MENHEM, KARIM	5413	00:38:26.43	07:11	5K14&UM	50/89	M	112/217	00:38:25.23
114/485	MIHALCHEON, MIMI	5221	00:33:02.28	06:10	5K40-49F	10/68	F	35/268	00:32:42.25
239/485	MILLER, MARLA	1218	00:41:15.68	07:42	5K40-49F	34/68	F	112/268	00:40:46.48
398/485	MILLER, PAIGE	5222	01:01:02.87	11:24	5K20-29F	27/32	F	210/268	01:00:07.22
3/485	MILNER, BRUCE	5474	00:22:02.13	04:07	5K40-49M	1/45	M	2/217	00:21:59.77
6/485	MILNER, PATRICK	5473	00:22:42.65	04:14	5K15-19M	2/5	M	5/217	00:22:39.63
11/485	MOLESKY, DANIERL	5483	00:24:45.22	04:37	5K15-19M	3/5	M	8/217	00:24:41.01
109/485	MONTALVO, SUE	5224	00:32:47.58	06:07	5K20-29F	7/32	F	32/268	00:31:58.04
336/485	MORGAN, CAELYN	5225	00:51:15.63	09:34	5K14&UF	20/31	F	172/268	00:50:37.31
53/485	MORIN, JOE	5401	00:29:09.18	05:26	5K60-69M	2/12	M	43/217	00:28:58.38
285/485	MOUAWAD, PIERRE	5445	00:46:07.35	08:37	5K20-29M	10/15	M	145/217	00:44:13.96
395/485	MULLEN, BRENDA	5226	01:00:59.42	11:23	5K40-49F	59/68	F	209/268	01:00:14.22
400/485	MULLEN, DECLAN	5227	01:01:03.57	11:24	5K14&UM	84/89	M	189/217	01:00:17.87
397/485	MULLEN, DERMOT	5228	01:01:02.46	11:24	5K50-59M	10/13	M	188/217	01:00:16.46
403/485	NADEAU, JEAN	5402	01:01:22.45	11:28	5K40-49M	39/45	M	191/217	01:00:14.50
402/485	NADEAU, LAUNA MAI	5403	01:01:21.73	11:28	5K14&UF	27/31	F	212/268	01:00:12.28
166/485	NEILSON, DANA	5230	00:36:13.65	06:46	5K50-59F	6/30	F	62/268	00:36:13.65
58/485	NICOL, ADAM	5376	00:29:43.94	05:33	5K30-39M	6/34	M	47/217	00:29:37.18
216/485	NORRIS, CASSIDY	5232	00:40:01.27	07:28	5K20-29F	12/32	F	99/268	00:39:25.22
447/485	NORRIS, DEAN	5233	01:08:15.93	12:45	5K50-59M	12/13	M	204/217	01:08:15.93
173/485	NORRIS, TRACY	5234	00:36:24.64	06:48	5K50-59F	7/30	F	68/268	00:33:59.67
29/485	OLSVIK ANDREWS, ENZO	5446	00:27:33.78	05:08	5K14&UM	12/89	M	24/217	00:27:19.37
338/485	OLYNUK, DEBBIE	5516	00:51:57.34	09:42	5K40-49F	46/68	F	173/268	00:49:59.59
141/485	OLYNUK, HAYDEN	5464	00:35:00.33	06:32	5K14&UM	41/89	M	93/217	00:35:00.05
337/485	OLYNUK, JERRY	5517	00:51:57.14	09:42	5K50-59M	7/13	M	165/217	00:50:00.05
127/485	ORR, PATRICK	5235	00:34:01.57	06:21	5K30-39M	10/34	M	84/217	00:31:41.42
217/485	ORR, SHACARRA	5475	00:40:01.66	07:28	5K20-29F	13/32	F	100/268	00:39:25.61
5/485	OSMOND, GREGORY	5236	00:22:29.38	04:12	5K30-39M	1/34	M	4/217	00:22:27.62
390/485	OTOOLE, KASIA	5404	01:00:37.17	11:19	5K40-49F	57/68	F	204/268	00:59:09.88
233/485	OWCHAR, JAYNE	5237	00:41:07.05	07:41	5K20-29F	15/32	F	108/268	00:41:07.05
384/485	PAANANEN, LYNDIA	5495	01:00:22.87	11:17	5K40-49F	55/68	F	199/268	00:59:53.28
326/485	PALBOM, JILL	5238	00:50:15.13	09:23	5K30-39F	51/89	F	165/268	00:49:12.80
327/485	PALBOM, ROB	5239	00:50:15.64	09:23	5K30-39F	52/89	F	166/268	00:49:09.96
414/485	PARUNGO, KATELYN	5447	01:02:00.84	11:35	5K14&UF	28/31	F	221/268	01:00:24.52
460/485	PARUNGO, LOGAN	5448	01:08:37.10	12:49	5K14&UM	88/89	M	209/217	01:06:58.96
480/485	PATTERSON, DEANNA	5240	01:14:30.34	13:55	5K50-59F	28/30	F	264/268	01:12:47.07
212/485	PEARCE, PAULA	5405	00:39:45.33	07:25	5K40-49F	30/68	F	96/268	00:39:03.22

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
100/485	PERKINS, HADLEY	5242	00:32:00.08	05:58	5K15-19F	3/5	F	27/268	00:31:46.55
104/485	PERKINS, MARK	5465	00:32:20.74	06:02	5K40-49M	16/45	M	75/217	00:32:07.21
213/485	PERSAUD, MICHELLE	5406	00:39:45.59	07:25	5K30-39F	30/89	F	97/268	00:39:03.10
197/485	PETROVA, PETIA	1120	00:38:30.39	07:11	5K30-39F	25/89	F	85/268	00:38:15.14
37/485	PETROWITSH, BONNIE	5243	00:27:46.65	05:11	5K40-49F	2/68	F	7/268	00:27:42.08
475/485	PLAYA, ANN	5504	01:12:03.97	13:28	5K60-69F	12/12	F	260/268	01:10:41.18
474/485	PLAYA, KEITH	5484	01:11:47.30	13:25	5K60-69M	12/12	M	215/217	01:10:26.75
10/485	PLOUFFE, CHRIS	5503	00:24:39.82	04:36	5K14&UM	2/89	M	7/217	00:24:26.67
20/485	PLOUFFE, DAVID	5502	00:26:01.31	04:51	5K50-59M	1/13	M	15/217	00:25:47.08
452/485	POCKAR, ROBIN	5377	01:08:20.94	12:46	5K50-59F	26/30	F	246/268	01:07:25.61
126/485	POCKAR, RYAN	1182	00:34:00.54	06:21	5K14&UM	39/89	M	83/217	00:33:46.92
405/485	POLITSKY, LUREE	5407	01:01:35.16	11:30	5K50-59F	19/30	F	214/268	01:00:49.36
406/485	POLITSKY, MEGAN	5244	01:01:39.24	11:31	5K20-29F	28/32	F	215/268	01:00:54.79
139/485	POSCHMANN, BECKY	5245	00:34:56.00	06:31	5K30-39F	13/89	F	48/268	00:34:14.07
206/485	POSCHMANN, SOREN	5246	00:39:13.16	07:19	5K30-39M	17/34	M	115/217	00:38:31.23
466/485	PRICE, AMANDA	5247	01:08:54.73	12:52	5K30-39F	82/89	F	256/268	01:07:41.74
275/485	PRICE, JOEL	5248	00:45:18.43	08:28	5K30-39M	24/34	M	140/217	00:44:28.58
149/485	PRIOR, GRANT	5458	00:35:27.26	06:37	5K40-49M	21/45	M	98/217	00:35:21.19
28/485	PRIOR, WALKER	5408	00:27:28.29	05:08	5K14&UM	11/89	M	23/217	00:27:22.36
66/485	PRITCHARD, JANICE	5487	00:29:57.84	05:35	5K60-69F	1/12	F	14/268	00:29:45.50
157/485	PRITCHARD, JAY	5488	00:35:42.20	06:40	5K70+M	2/3	M	101/217	00:35:28.97
482/485	RAJAN, MINAAZ	5513	01:18:11.19	14:36	5K50-59F	30/30	F	266/268	01:15:46.72
408/485	RANKIN, CHRISTINA	5250	01:01:53.39	11:34	5K30-39F	69/89	F	217/268	01:00:28.08
442/485	RAVEN, SHELLY	5496	01:07:52.63	12:41	5K20-29F	30/32	F	240/268	01:06:18.43
198/485	REED, CORY	5251	00:38:35.31	07:12	5K40-49M	24/45	M	113/217	00:38:01.87
301/485	REED, DAWSON	5252	00:46:52.41	08:45	5K14&UM	68/89	M	154/217	00:46:35.39
375/485	REED, TRACIE	5253	00:58:49.13	10:59	5K40-49F	54/68	F	196/268	00:57:54.87
171/485	RHEAUME, JENNIFER	5254	00:36:21.67	06:47	5K40-49F	18/68	F	66/268	00:36:03.81
136/485	RICHER, DAN	5255	00:34:52.57	06:31	5K30-39M	13/34	M	90/217	00:34:38.26
134/485	RICHER, JANELLE	5256	00:34:51.99	06:31	5K30-39F	11/89	F	46/268	00:34:37.20
479/485	RICHER, DANIEL	5257	01:13:18.56	13:42	5K50-59M	13/13	M	216/217	01:11:49.91
454/485	RIVERA, HOLLIE	5468	01:08:23.21	12:46	5K40-49F	65/68	F	247/268	01:06:50.41
453/485	RIVERA, JOHN	5469	01:08:21.64	12:46	5K40-49M	42/45	M	207/217	01:07:23.50
353/485	RIVERA, RUBEN	5470	00:54:26.26	10:10	5K14&UM	76/89	M	172/217	00:54:11.66
263/485	ROBINS, CHANTEL	5258	00:43:29.37	08:07	5K15-19F	4/5	F	131/268	00:43:28.28
264/485	ROBINS, KELVIN	5259	00:43:34.33	08:08	5K14&UM	58/89	M	133/217	00:43:33.43
124/485	ROGERS, SEAN	5260	00:33:47.10	06:18	5K40-49M	18/45	M	82/217	00:33:36.42
361/485	ROWAN, SOPHIA	5261	00:57:39.93	10:46	5K14&UF	23/31	F	185/268	00:56:32.35
69/485	RUSSELL, CLAYTON	5262	00:30:12.03	05:38	5K40-49M	9/45	M	55/217	00:29:54.39
128/485	RUSSELL, DRAKE	5263	00:34:30.65	06:26	5K14&UM	40/89	M	85/217	00:34:29.17
14/485	RUSSELL, ETHAN	5264	00:24:55.42	04:39	5K14&UM	3/89	M	10/217	00:24:42.19
227/485	RUTHERFORD, ALEX	5265	00:41:01.86	07:40	5K14&UM	54/89	M	123/217	00:40:22.44
438/485	RUTHERFORD, BEVERLY	5266	01:06:14.84	12:22	5K40-49F	63/68	F	237/268	01:06:09.01
420/485	RUTHERFORD, DANA	5267	01:03:44.52	11:54	5K14&UF	29/31	F	225/268	01:02:58.45
229/485	RUTHERFORD, ERIC	5268	00:41:02.18	07:40	5K14&UM	55/89	M	124/217	00:40:22.71
228/485	RUTHERFORD, ERIN	5269	00:41:01.86	07:40	5K40-49F	31/68	F	105/268	00:40:22.47
421/485	RUTHERFORD, GAYLE	5270	01:03:44.73	11:54	5K60-69F	9/12	F	226/268	01:03:00.33
265/485	RUTHERFORD, JAMES	5271	00:44:06.01	08:14	5K14&UM	59/89	M	134/217	00:43:27.30
437/485	RUTHERFORD, KEVIN	5272	01:06:14.16	12:22	5K50-59M	11/13	M	201/217	01:06:09.77
266/485	RUTHERFORD, NEIL	5273	00:44:06.07	08:14	5K60-69M	6/12	M	135/217	00:43:27.16
230/485	RUTHERFORD, VICTOR	5274	00:41:03.56	07:40	5K40-49M	26/45	M	125/217	00:40:22.56
422/485	SAINI, ANDREA	5275	01:04:00.91	11:57	5K30-39F	71/89	F	227/268	01:02:53.81
323/485	SAINI, DEEPAK	5276	00:49:53.31	09:19	5K40-49M	36/45	M	161/217	00:48:53.16
430/485	SAINI, DINESH	5277	01:04:53.65	12:07	5K60-69M	9/12	M	198/217	01:03:57.24
461/485	SAINI, MARIANNE	5278	01:08:40.51	12:50	5K60-69F	11/12	F	252/268	01:07:43.18
108/485	SALTER, RUSSELL	5280	00:32:42.16	06:06	5K14&UM	37/89	M	77/217	00:32:31.22
462/485	SARMIENTO PARUNGO, AILEEN	5449	01:08:40.98	12:50	5K40-49F	67/68	F	253/268	01:07:03.32
302/485	SCHAUS, CAMERON	5283	00:46:52.73	08:45	5K40-49M	33/45	M	155/217	00:46:30.67
303/485	SCHAUS, DANIKA	5284	00:46:52.93	08:45	5K14&UF	17/31	F	148/268	00:46:29.81
236/485	SCHULTZ, DEBBIE	5287	00:41:12.57	07:42	5K40-49F	33/68	F	111/268	00:40:52.46
235/485	SCHULTZ, MADISON	5288	00:41:12.45	07:42	5K14&UF	10/31	F	110/268	00:40:52.34
19/485	SCHULTZ, SHELDON	5378	00:26:00.33	04:51	5K14&UM	5/89	M	14/217	00:25:57.56
30/485	SCHUSTER, CARSON	5289	00:27:39.89	05:10	5K15-19M	4/5	M	25/217	00:27:27.13
112/485	SCHUSTER, DANIEL	5290	00:32:56.36	06:09	5K50-59M	3/13	M	79/217	00:32:42.47
113/485	SCHUSTER, JENNIFER	5291	00:32:56.36	06:09	5K40-49F	9/68	F	34/268	00:32:43.13
71/485	SCHUSTER, JOSIAH	5292	00:30:18.15	05:39	5K14&UM	29/89	M	56/217	00:30:15.91

2017 Rock the House Run 5K, 10K

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
61/485	SEBANC, KATIE	5379	00:29:50.00	05:34	5K30-39F	4/89	F	12/268	00:29:43.44
156/485	SEGUIN, CYNDI	5293	00:35:41.90	06:40	5K40-49F	15/68	F	56/268	00:35:37.33
378/485	SEHGAL, ROHIN	5295	00:58:54.96	11:00	5K14&UM	81/89	M	182/217	00:58:50.31
72/485	SEHGAL, SUNNY	5296	00:30:22.49	05:40	5K40-49M	10/45	M	57/217	00:29:54.26
434/485	SENGAUS, ANDREA	5509	01:05:56.11	12:19	5K30-39F	74/89	F	235/268	01:04:15.29
432/485	SENGAUS, DUSTIN	5510	01:05:53.90	12:18	5K30-39M	32/34	M	199/217	01:04:12.64
297/485	SHAW, HOLLY	5297	00:46:35.21	08:42	5K30-39F	41/89	F	146/268	00:45:36.34
418/485	SHEARER, LISA	5299	01:03:04.23	11:47	5K30-39F	70/89	F	224/268	01:01:24.87
320/485	SHELLBORN, SHEILA	5395	00:48:51.41	09:07	5K30-39F	49/89	F	161/268	00:47:49.00
220/485	SHWED, ERIC	5300	00:40:16.94	07:31	5K20-29M	9/15	M	118/217	00:40:10.87
189/485	SIMPSON, WAYNE	5302	00:37:23.99	06:59	5K60-69M	4/12	M	111/217	00:36:39.56
74/485	SINGH, GURDEEP	5303	00:30:26.96	05:41	5K30-39M	7/34	M	59/217	00:30:04.60
200/485	SLUSARCHUK, LOUANNE	5304	00:38:37.98	07:13	5K30-39F	26/89	F	87/268	00:37:41.15
150/485	SLUSARCHUK, PAUL	5305	00:35:28.44	06:37	5K30-39M	15/34	M	99/217	00:34:29.15
360/485	SMITH, ANGIE	5306	00:57:30.55	10:44	5K40-49F	52/68	F	184/268	00:56:55.06
315/485	SMITH, HILLARY	1142	00:47:35.10	08:53	5K30-39F	46/89	F	157/268	00:47:28.46
60/485	SMITH, KEENAN	5307	00:29:46.67	05:33	5K14&UM	24/89	M	49/217	00:29:46.37
52/485	SPEAR, MIKE	5459	00:29:05.10	05:26	5K60-69M	1/12	M	42/217	00:28:54.97
83/485	SPEARING, TED	5478	00:30:48.56	05:45	5K60-69M	3/12	M	65/217	00:30:35.41
178/485	SRAJER, PETER	5309	00:36:39.91	06:51	5K50-59M	6/13	M	108/217	00:36:27.97
292/485	STAZ, ETHAN	1147	00:46:25.42	08:40	5K14&UM	63/89	M	149/217	00:45:49.01
67/485	STEPHENS, RONAN	5497	00:29:59.03	05:36	5K14&UM	27/89	M	53/217	00:29:49.23
362/485	STURM, JANICE	5313	00:57:40.50	10:46	5K60-69F	7/12	F	186/268	00:56:32.56
1/485	SWADLING, LUKE	5314	00:20:58.00	03:55	5K14&UM	1/89	M	1/217	00:20:57.53
290/485	SWELUK, RUTH	5315	00:46:21.26	08:39	5K50-59F	16/30	F	143/268	00:45:34.17
56/485	TALBOT, JACKIE	5316	00:29:33.52	05:31	5K40-49F	4/68	F	11/268	00:29:08.32
99/485	TALPT, MADELYN	5317	00:31:52.41	05:57	5K15-19F	2/5	F	26/268	00:31:19.25
325/485	TANGJERD, BROOKE	5318	00:50:09.34	09:22	5K20-29F	23/32	F	164/268	00:49:02.42
262/485	TARNASKE, PAULINE	5380	00:42:59.72	08:02	5K40-49F	41/68	F	130/268	00:40:36.32
306/485	TAYLOR, SARAH	5319	00:47:08.79	08:48	5K20-29F	21/32	F	151/268	00:46:47.06
208/485	TAYLOR JOUDREY, CATHY	5320	00:39:39.01	07:24	5K50-59F	12/30	F	93/268	00:39:16.47
294/485	TEDD, TAMARA	5321	00:46:30.72	08:41	5K40-49F	44/68	F	145/268	00:45:43.44
257/485	TEJANI, ALEESHA	5450	00:42:41.79	07:58	5K14&UF	11/31	F	125/268	00:40:57.76
181/485	TEJANI, DESIREE	5451	00:36:52.09	06:53	5K40-49F	22/68	F	72/268	00:35:10.70
182/485	TEJANI, MAYA	5452	00:36:52.29	06:53	5K14&UF	9/31	F	73/268	00:35:10.90
284/485	TEJANI, RAHIM	5453	00:46:04.33	08:36	5K40-49M	32/45	M	144/217	00:44:22.16
436/485	TETZLOFF, DENNIS	5454	01:06:00.38	12:20	5K60-69M	10/12	M	200/217	01:05:50.87
144/485	THOMPSON, RACHEL	5521	00:35:06.71	06:33	5K30-39F	14/89	F	49/268	00:34:46.99
133/485	TIWARI, SUMIT	5322	00:34:41.58	06:28	5K40-49M	19/45	M	88/217	00:34:32.99
62/485	TKACHUK, AIDAN	5525	00:29:52.32	05:34	5K14&UM	25/89	M	50/217	00:29:34.14
38/485	TKACHUK, MASON	5524	00:27:47.30	05:11	5K14&UM	16/89	M	31/217	00:27:47.00
101/485	TORRIERO, MARC	5323	00:32:05.81	05:59	5K20-29M	5/15	M	74/217	00:31:07.04
64/485	TURNER, CHLOE	1158	00:29:53.98	05:35	5K14&UF	3/31	F	13/268	00:29:38.53
203/485	TURNER, DUSTIN	5325	00:39:01.95	07:17	5K30-39M	16/34	M	114/217	00:38:19.47
132/485	TURNER, JENN	1159	00:34:38.78	06:28	5K40-49F	13/68	F	45/268	00:34:23.19
204/485	TURNER, LETITIA	5324	00:39:01.95	07:17	5K30-39F	27/89	F	90/268	00:38:21.94
143/485	TURNER, LINDEN	1160	00:35:03.33	06:33	5K14&UM	43/89	M	95/217	00:34:47.25
15/485	TURNER, TRAVIS	5326	00:25:32.26	04:46	5K20-29M	1/15	M	11/217	00:25:20.98
57/485	UNWALA, HUSSEIN	5527	00:29:40.36	05:32	5K30-39M	5/34	M	46/217	00:29:24.69
343/485	URSULAK, ABBY	5327	00:52:57.42	09:53	5K14&UF	22/31	F	177/268	00:52:32.22
344/485	URSULAK, TANIS	5328	00:52:59.97	09:54	5K40-49F	48/68	F	178/268	00:52:35.54
26/485	VANDENBERGHE, JAXON	5329	00:26:57.81	05:02	5K14&UM	10/89	M	21/217	00:26:15.10
110/485	VARELA, KATI	5330	00:32:49.00	06:08	5K30-39F	7/89	F	33/268	00:32:38.40
237/485	VARGA, JORDAN	1162	00:41:13.62	07:42	5K30-39M	19/34	M	126/217	00:39:18.62
484/485	VERMA, SONYA	5514	01:18:12.44	14:37	5K30-39F	89/89	F	268/268	01:15:48.83
97/485	VIELGUTH, MAGGIE	5381	00:31:41.41	05:55	5K20-29F	5/32	F	24/268	00:31:07.19
248/485	VUK, SAIDA	5332	00:42:12.95	07:53	5K50-59F	13/30	F	120/268	00:41:55.03
103/485	WAECKERLIN, SONJA	5333	00:32:08.38	06:00	5K20-29F	6/32	F	29/268	00:31:33.90
123/485	WAKABAYASHI, NADINE	5334	00:33:45.30	06:18	5K30-39F	9/89	F	42/268	00:33:14.78
2/485	WALDMAN, SARI	5335	00:21:42.46	04:03	5K30-39F	1/89	F	1/268	00:21:38.82
31/485	WALKER, ANDREW	5336	00:27:40.25	05:10	5K14&UM	13/89	M	26/217	00:27:39.87
82/485	WALKER, TAMMY	5337	00:30:46.21	05:45	5K40-49F	5/68	F	18/268	00:30:43.84
279/485	WALLACE, SARAH	5338	00:45:31.07	08:30	5K20-29F	19/32	F	138/268	00:44:58.78
293/485	WARD, REBECCA	5339	00:46:27.60	08:40	5K30-39F	40/89	F	144/268	00:45:47.89
416/485	WEI, SOPHIE	5340	01:02:40.43	11:42	5K40-49F	60/68	F	223/268	01:02:16.67
155/485	WELSBY, LESLEY	5341	00:35:41.10	06:40	5K20-29F	9/32	F	55/268	00:35:16.68

2017 Rock the House Run 5K, 10K

Alpha Overall Results

5K Run - 3.1 Miles

485 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
278/485	WHEELER, MICHELE	5342	00:45:31.01	08:30	5K50-59F	14/30	F	137/268	00:45:12.55
191/485	WICKES, SANDRA	5505	00:37:44.20	07:03	5K50-59F	9/30	F	80/268	00:37:09.98
388/485	WIEHLER, ANDREA	5343	01:00:31.22	11:18	5K40-49F	56/68	F	202/268	00:59:38.23
354/485	WIEHLER, DYLAN	5344	00:54:27.40	10:10	5K14&UM	77/89	M	173/217	00:54:12.81
469/485	WILLIAMS, JONATHAN	5471	01:11:27.64	13:21	5K60-69M	11/12	M	212/217	01:10:07.09
321/485	WILLS, JAMIE	5529	00:49:27.74	09:14	5K40-49M	35/45	M	160/217	00:49:10.30
363/485	WILSON, LAURA	5346	00:57:41.46	10:46	5K30-39F	59/89	F	187/268	00:56:21.91
364/485	WILSON, SPENCER	5347	00:57:44.12	10:47	5K30-39M	30/34	M	177/217	00:56:25.71
450/485	WINTER, JENNIFER	5382	01:08:18.60	12:45	5K30-39F	78/89	F	245/268	01:05:24.92
392/485	WIST, ALEX	5349	01:00:49.49	11:22	5K14&UF	26/31	F	206/268	00:59:30.80
394/485	WIST, AMY	5350	01:00:49.90	11:22	5K40-49F	58/68	F	208/268	00:59:31.73
115/485	WONG, CAITLYN	5489	00:33:09.60	06:11	5K14&UF	6/31	F	36/268	00:32:56.37
456/485	WOOD, CURTIS	5351	01:08:24.07	12:47	5K20-29M	15/15	M	208/217	01:06:58.04
247/485	WOWCHUK, CHELSEY	5352	00:42:02.57	07:51	5K20-29F	17/32	F	119/268	00:41:37.11
355/485	YOUCK, LETA	5353	00:54:42.42	10:13	5K40-49F	51/68	F	182/268	00:53:09.06
372/485	YOUNG, ARIANE	5411	00:58:48.13	10:59	5K50-59F	17/30	F	194/268	00:57:51.11
296/485	YOUNG, MITCHELL	5412	00:46:33.91	08:42	5K14&UM	65/89	M	151/217	00:46:17.25
13/485	YUE, JASON	5354	00:24:49.84	04:38	5K30-39M	2/34	M	9/217	00:24:46.10
345/485	ZELINSKY, NATASHA	5355	00:53:29.60	09:59	5K40-49F	49/68	F	179/268	00:53:07.42
346/485	ZELINSKY, TONY	5522	00:53:30.17	10:00	5K40-49F	50/68	F	180/268	00:53:07.29
98/485	ZWIERS, KAREN	5498	00:31:42.33	05:55	5K40-49F	8/68	F	25/268	00:31:24.89
96/485	ZWIERS, KERRY	5499	00:31:37.67	05:54	5K40-49M	15/45	M	73/217	00:31:20.61
94/485	ZWIERS, KYLE	5500	00:31:36.92	05:54	5K14&UM	35/89	M	71/217	00:31:18.94