

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
 TOP 3 In Category

10K Run - 6.21 Miles

115 Finishers

10K12-15F (Female) - 1 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	DIXON, TEAGAN	1017	00:48:31.20	04:51	+00:00:00	10/115	4/83	LETHBRIDGE
10K12-15M (Male) - 1 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	RIJPSTRA, WILLEM	1081	01:10:15.00	07:01	+00:00:00	89/115	30/32	STIRLING
10K16-19F (Female) - 4 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	MCKEE, CAROLYN	1059	00:49:14.85	04:55	+00:00:00	14/115	6/83	STIRLING
2/4	WASYLEWICH, TESSA	1125	00:53:15.50	05:19	+00:04:00	24/115	10/83	LETHBRIDGE
3/4	ENSLLEN, ALISHA	1024	00:56:57.00	05:41	+00:07:42	53/115	28/83	MEDICINE HAT
10K20-29F (Female) - 20 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	FILEK, KATIE	1030	00:44:28.70	04:26	+00:00:00	5/115	1/83	VANCOUVER
2/20	RACZ, ALLYSON	1118	00:49:47.00	04:58	+00:05:18	16/115	7/83	LETHBRIDGE
3/20	FILEK, HEATHER	1029	00:50:29.00	05:02	+00:06:00	18/115	8/83	LETHBRIDGE
10K20-29M (Male) - 9 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	ZWARTBOL, STEVE	1105	00:41:00.65	04:06	+00:00:00	2/115	2/32	LETHBRIDGE
2/9	KAMBEITZ, STEWART	1048	00:45:15.80	04:31	+00:04:15	7/115	5/32	LETHBRIDGE
3/9	NELSON, SCOTT	1069	00:48:44.00	04:52	+00:07:43	12/115	7/32	LETHBRIDGE
10K30-39F (Female) - 31 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/31	TAMAKI, AMY	1093	00:48:39.25	04:51	+00:00:00	11/115	5/83	LETHBRIDGE
2/31	DEWACHT, AIMEE	1016	00:52:47.30	05:16	+00:04:08	22/115	9/83	LETHBRIDGE
3/31	KLOHN, JANINE	1134	00:53:17.55	05:19	+00:04:38	25/115	11/83	LETH
10K30-39M (Male) - 10 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	KLOHN, CHAD	1135	00:40:50.90	04:05	+00:00:00	1/115	1/32	LETH
2/10	WARD, KIERAN	1124	00:41:20.20	04:08	+00:00:29	3/115	3/32	LETHBRIDGE
3/10	BORTHWICK, RICHARD	1107	00:50:17.90	05:01	+00:09:27	17/115	10/32	LETHBRIDGE
10K40-49F (Female) - 15 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	DALPHOND, LOUISE	1110	00:44:46.25	04:28	+00:00:00	6/115	2/83	LETHBRIDGE
2/15	FERGUSON, BILLIE-JO	1028	00:45:21.95	04:32	+00:00:35	8/115	3/83	TABER
3/15	ARNOLDUSSEN, EVELYN	1003	00:53:46.20	05:22	+00:08:59	33/115	17/83	LETHBRIDGE
10K40-49M (Male) - 7 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/7	ALSTON, JONATHAN	1106	00:43:54.60	04:23	+00:00:00	4/115	4/32	LETHBRIDGE
2/7	NELSON, MARK	1068	00:49:38.70	04:57	+00:05:44	15/115	9/32	CRANFORD
3/7	BALAZ, KEN	1005	00:51:50.65	05:11	+00:07:56	20/115	12/32	LETHBRIDGE
10K50-59F (Female) - 9 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	FRY, PAM	1031	00:54:35.10	05:27	+00:00:00	39/115	19/83	COALDALE
2/9	AVERY-DEINES, KATHRYN	1004	00:58:15.00	05:49	+00:03:39	56/115	31/83	HIGH RIVER
3/9	VEDRES, HELENA	1096	01:08:22.55	06:50	+00:13:47	85/115	56/83	LETHBRIDGE
10K50-59M (Male) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	RANDLE, LARRY	1077	00:45:28.05	04:32	+00:00:00	9/115	6/32	LETHBRIDGE
2/3	PETRUNIK, GORDON	1064	00:52:35.75	05:15	+00:07:07	21/115	13/32	LETHBRIDGE
3/3	DEMERS, MICHAEL	1113	01:04:40.85	06:28	+00:19:12	75/115	27/32	LETHBRIDGE
10K60+F (Female) - 3 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	MEGAW, CAROL	1136	00:56:21.00	05:38	+00:00:00	50/115	26/83	LETH
2/3	ST. JOHN, JOANN	1088	01:22:50.20	08:17	+00:26:29	113/115	82/83	LETHBRIDGE
3/3	DYER, CATHERINE	1020	01:39:49.45	09:58	+00:43:28	115/115	83/83	LETHBRIDGE
10K60+M (Male) - 2 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	RACZ, JOHN	1119	00:54:42.30	05:28	+00:00:00	42/115	21/32	LETHBRIDGE
2/2	HEPHER, IAN	1042	01:22:56.40	08:17	+00:28:14	114/115	32/32	LETHBRIDGE