

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
128/526	ADSERBALLE, JACOB	3594	00:52:04.30	05:12	10K45-49M	9/17	M	96/234	00:50:15.80
46/526	ALBRECHT, TYLER	3001	00:46:08.05	04:36	10K35-39M	5/31	M	40/234	00:45:59.20
275/526	ALGRA, PETER	3002	00:59:28.05	05:56	10K55-59M	11/18	M	167/234	00:59:14.70
11/526	ANDERSEN, SHANE	3004	00:39:51.45	03:59	10K45-49M	1/17	M	10/234	00:39:49.80
435/526	ANDERSON, KATHERINE	3005	01:09:18.80	06:55	10K25-29F	47/53	F	226/292	01:09:08.90
223/526	ANTYPOWICH, NASTASCIA	3006	00:57:25.90	05:44	10K25-29F	14/53	F	80/292	00:56:50.85
352/526	APPELT, SHARON	3007	01:03:35.50	06:21	10K55-59F	5/8	F	162/292	01:03:23.85
386/526	ARCHIBALD, EMILY	3009	01:05:32.60	06:33	10K30-34F	33/55	F	186/292	01:04:52.60
349/526	ARCHIBALD, SHAYLYN	3010	01:03:30.80	06:21	10K35-39F	22/36	F	159/292	01:03:12.65
96/526	ARESHENKO, MICHAEL	3011	00:49:21.95	04:56	10K45-49M	6/17	M	76/234	00:49:19.40
37/526	ARNOLD, RALPH	3012	00:45:01.85	04:30	10K50-54M	1/19	M	32/234	00:44:58.45
268/526	ARNOLDUSSEN, JONAS	3014	00:59:13.05	05:55	10K40-44M	25/33	M	165/234	00:58:44.55
123/526	ARVES, KATHLEEN	3015	00:51:34.50	05:09	10K50-54F	4/21	F	31/292	00:51:26.55
371/526	ARVIDSON, ROB	3016	01:04:43.10	06:28	10K65-69M	4/5	M	196/234	01:04:38.45
510/526	AYERS, ADRIENNE	3017	01:19:53.60	07:59	10K40-44F	25/27	F	281/292	01:19:34.05
32/526	BACKMAN-LOO, RHONDA	3018	00:43:36.15	04:21	10K35-39F	1/36	F	4/292	00:43:33.35
346/526	BALDWIN, STEPHANIE	3020	01:03:17.80	06:19	10K30-34F	27/55	F	156/292	01:02:39.35
243/526	BALFOUR, NICOLE	3021	00:58:12.80	05:49	10K20-24F	10/45	F	88/292	00:57:58.30
118/526	BARKS, COURTNEY	3022	00:51:05.10	05:06	10K30-34F	4/55	F	27/292	00:51:00.45
94/526	BARNES, THOMAS	3023	00:49:20.50	04:56	10K25-29M	12/23	M	75/234	00:49:05.20
104/526	BARRETTE, JOELLE	3024	00:50:05.85	05:00	10K30-34F	3/55	F	23/292	00:49:51.35
278/526	BARTEL, JENESSA	3025	00:59:34.50	05:57	10K25-29F	21/53	F	111/292	00:59:24.80
249/526	BEBEK, BRYNNE	3027	00:58:24.80	05:50	10K30-34F	19/55	F	92/292	00:58:10.25
125/526	BENKE, STAN	3029	00:51:40.05	05:10	10K45-49M	8/17	M	94/234	00:51:31.20
340/526	BENNETT, DIANE	3030	01:03:02.15	06:18	10K25-29F	32/53	F	152/292	01:02:42.70
39/526	BENNETT, NATHAN	3031	00:45:08.10	04:30	10K16-19M	4/13	M	34/234	00:44:51.45
314/526	BERRINGER, DANIELLE	3032	01:01:27.25	06:08	10K20-24F	17/45	F	134/292	01:00:49.20
220/526	BEUKERS, ALICIA	3033	00:57:19.35	05:43	10K20-24F	7/45	F	77/292	00:56:42.60
294/526	BEXTE, MELISSA	3034	01:00:11.50	06:01	10K16-19F	10/16	F	119/292	00:59:46.30
107/526	BIOLETTI, TODD	3035	00:50:16.55	05:01	10K20-24M	11/21	M	83/234	00:50:12.05
494/526	BLACKWELL, BILL	3037	01:17:06.10	07:42	10K40-44M	33/33	M	226/234	01:16:26.35
493/526	BLACKWELL, DEB	3038	01:17:05.95	07:42	10K40-44F	24/27	F	268/292	01:16:26.95
453/526	BLAIR, GORD	3569	01:10:58.55	07:05	10K60-64M	12/12	M	216/234	01:10:31.25
161/526	BOEHM, NORBERT	3040	00:54:01.10	05:24	10K60-64M	4/12	M	115/234	00:53:50.35
142/526	BOEHMER, KATLIN	3041	00:53:12.65	05:19	10K25-29F	8/53	F	39/292	00:53:10.00
284/526	BOYD, WHITNEY	3042	00:59:44.10	05:58	10K25-29F	23/53	F	114/292	00:59:41.40
44/526	BRACK, TYLER	3043	00:45:55.45	04:35	10K25-29M	6/23	M	39/234	00:45:46.60
260/526	BRADBURY, KATE	3044	00:58:46.35	05:52	10K20-24F	12/45	F	99/292	00:58:40.80
288/526	BRADLEY, BRIAN	3045	01:00:05.80	06:00	10K40-44M	26/33	M	173/234	00:59:43.15
395/526	BROOKS, KARLI	3047	01:06:05.80	06:36	10K25-29F	40/53	F	192/292	01:05:36.75
370/526	BROWN, JERRY	3048	01:04:41.15	06:28	10K65-69M	3/5	M	195/234	01:04:21.25
338/526	BROWN, REECE	3049	01:02:58.95	06:17	10K12-15M	3/3	M	188/234	01:02:53.35
410/526	BRUCE, SHANNON	3050	01:06:56.70	06:41	10K25-29F	43/53	F	204/292	01:06:26.70
73/526	BRUNS, DYLAN	3051	00:48:03.80	04:48	10K25-29M	10/23	M	61/234	00:47:53.95
359/526	BRUMMUND, RICHARD	3052	01:04:10.90	06:25	10K50-54M	15/19	M	192/234	01:03:51.00
130/526	BRUMMUND, SHAWN	3053	00:52:08.40	05:12	10K45-49M	11/17	M	98/234	00:51:47.05
311/526	BRYANT, KEVAN	3054	01:01:15.40	06:07	10K25-29F	27/53	F	131/292	01:00:38.35
460/526	BUCK, RICK	3055	01:11:25.15	07:08	10K40-44M	30/33	M	218/234	01:10:59.35
461/526	BUCK, RONALD	3056	01:11:25.30	07:08	10K40-44M	31/33	M	219/234	01:11:00.30
156/526	BUENO, HECTOR	3057	00:53:43.40	05:22	10K35-39M	14/31	M	112/234	00:53:38.75
399/526	BUREK, JUDY	3058	01:06:11.75	06:37	10K55-59F	6/8	F	195/292	01:05:45.05
502/526	BURKE, JENNIFER	3059	01:17:51.55	07:47	10K30-34F	52/55	F	274/292	01:17:15.65
439/526	BUSWELL, ASHLEY	3060	01:09:34.35	06:57	10K25-29F	49/53	F	229/292	01:09:21.30
449/526	CAMPBELL, ADAM	3061	01:10:39.30	07:03	10K30-34M	35/37	M	215/234	01:10:06.65
405/526	CAMPBELL, KRISTEN	3062	01:06:25.95	06:38	10K30-34F	35/55	F	199/292	01:05:52.70
419/526	CAMPMANS, MICHELLE	3063	01:07:54.20	06:47	10K40-44F	20/27	F	211/292	01:07:29.30
98/526	CHARTIER, BONNIE	3585	00:49:24.75	04:56	10K40-44F	3/27	F	21/292	00:49:16.40
411/526	CHEVERIE, ZITA	3064	01:06:59.45	06:41	10K40-44F	18/27	F	205/292	01:06:30.00
131/526	CHIBISA, GWINYAI	3065	00:52:10.95	05:13	10K30-34M	21/37	M	99/234	00:51:34.00
168/526	CHOW, SYLVIA	3067	00:54:28.15	05:26	10K25-29F	11/53	F	51/292	00:53:59.10
335/526	CHRISTENSEN, SHERRY	3068	01:02:40.15	06:16	10K55-59F	4/8	F	149/292	01:02:32.85
232/526	CHRONIK, JUSTIN	3069	00:57:48.55	05:46	10K25-29M	15/23	M	150/234	00:57:39.10
204/526	CLAASSEN, MARJOLEIN	3071	00:56:24.10	05:38	10K50-54F	6/21	F	68/292	00:56:12.00
75/526	CLACK, JACK	3072	00:48:06.95	04:48	10K65-69M	1/5	M	63/234	00:48:04.45
396/526	CLARK, JEFF	3074	01:06:06.05	06:36	10K35-39M	29/31	M	204/234	01:05:50.80
426/526	CLAXTON, KATHLEEN ERIN	3075	01:08:40.95	06:52	10K35-39F	30/36	F	218/292	01:08:06.00

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10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
90/526	COLE, DYLAN	3076	00:49:00.50	04:54	10K20-24M	10/21	M	73/234	00:48:58.35
175/526	COMCHI, DALE	3077	00:54:42.30	05:28	10K40-44M	15/33	M	121/234	00:54:24.80
85/526	CONDON, GARRY	3078	00:48:49.10	04:52	10K30-34M	16/37	M	69/234	00:48:34.25
111/526	COPELAND, JENNIFER	3079	00:50:30.85	05:03	10K40-44F	4/27	F	26/292	00:50:12.95
337/526	COULOMBE, MARIE-EVE	3081	01:02:56.95	06:17	10K30-34F	26/55	F	150/292	01:02:24.45
331/526	COUSINE, PATRICK	3082	01:02:20.00	06:14	10K40-44M	27/33	M	185/234	01:01:55.55
42/526	COUTURE, JESSE	3083	00:45:27.30	04:32	10K30-34M	12/37	M	37/234	00:45:23.55
495/526	CRAIG, TESS	3084	01:17:10.70	07:43	10K30-34F	50/55	F	269/292	01:16:57.40
103/526	CRAMER, AL	3085	00:50:05.15	05:00	10K60-64M	2/12	M	81/234	00:49:57.55
201/526	CRAZY BOY, LEROY	3086	00:56:11.05	05:37	10K40-44M	18/33	M	134/234	00:56:00.35
231/526	CUMMING, NICK	3087	00:57:44.20	05:46	10K30-34M	28/37	M	149/234	00:57:35.75
242/526	D'AGNONE, PENNY	3088	00:58:11.65	05:49	10K35-39F	10/36	F	87/292	00:57:45.85
152/526	DALPHOND, LOUISE	3089	00:53:35.25	05:21	10K50-54F	5/21	F	42/292	00:53:20.40
147/526	DAVIDSON, KIM	3090	00:53:26.10	05:20	10K55-59M	6/18	M	107/234	00:52:19.75
433/526	DAVIDSON, LARRY	3091	01:09:14.40	06:55	10K60-64M	11/12	M	209/234	01:08:52.35
297/526	DAVIDSON, PATTY	3092	01:00:21.00	06:02	10K60-64F	3/8	F	122/292	00:59:58.25
92/526	DAVIDUCK, SEFRAH	3093	00:49:02.60	04:54	10K16-19F	4/16	F	19/292	00:48:53.65
517/526	DAVIS, AMY	3094	01:22:44.15	08:16	10K35-39F	36/36	F	285/292	01:22:23.60
385/526	DAVIS, HEIDI	3095	01:05:31.55	06:33	10K35-39F	26/36	F	185/292	01:05:13.30
514/526	DAVIS, ROBERT	3096	01:22:02.10	08:12	10K35-39M	31/31	M	231/234	01:21:40.65
383/526	DAVIS, SHAWN	3097	01:05:22.85	06:32	10K45-49M	15/17	M	200/234	01:05:04.70
450/526	DAVIS, SHERRY	3098	01:10:40.95	07:04	10K40-44F	23/27	F	235/292	01:10:26.80
512/526	DEMERS, MIKE	3100	01:20:14.80	08:01	10K50-54M	19/19	M	230/234	01:19:47.65
276/526	DEWACHT, AIMEE	3101	00:59:28.85	05:56	10K35-39F	15/36	F	109/292	00:59:20.40
492/526	DI VINCENZO, NICK	3102	01:16:29.25	07:38	10K45-49M	17/17	M	225/234	01:16:16.40
358/526	DI VINCENZO, TARA	3103	01:04:06.55	06:24	10K45-49F	11/17	F	167/292	01:03:24.90
120/526	DIXON, TAYLOR	3104	00:51:18.90	05:07	10K16-19F	5/16	F	29/292	00:51:14.40
81/526	DIXON, TEAGAN	3105	00:48:34.95	04:51	10K12-15F	1/2	F	15/292	00:48:22.70
488/526	DJOKOTO-ASEM, EDNA	3106	01:15:59.00	07:35	10K45-49F	15/17	F	264/292	01:15:48.90
445/526	DONOVAN, ANDREW	3108	01:10:22.90	07:02	10K30-34M	34/37	M	213/234	01:09:44.35
498/526	DOODY, JEREMY	3109	01:17:34.45	07:45	10K35-39M	30/31	M	228/234	01:17:02.80
315/526	DOW, MEGAN	3110	01:01:28.85	06:08	10K20-24F	18/45	F	135/292	01:00:51.60
425/526	DOW, OLIVIA	3111	01:08:40.35	06:52	10K16-19F	15/16	F	217/292	01:08:03.00
159/526	DOYLE, TOM	3112	00:53:53.45	05:23	10K50-54M	9/19	M	113/234	00:53:41.30
485/526	DRADER, KATELYNN	3113	01:15:13.15	07:31	10K20-24F	41/45	F	262/292	01:14:53.30
91/526	DRAIN, CAILIN	3114	00:49:01.10	04:54	10K16-19F	3/16	F	18/292	00:48:58.25
368/526	DRAIN, CATHY	3115	01:04:34.00	06:27	10K45-49F	12/17	F	174/292	01:04:10.80
174/526	DROLET, FRANCOIS	3116	00:54:40.50	05:28	10K30-34M	24/37	M	120/234	00:54:36.15
372/526	DUBORD, ANNE	3117	01:04:43.95	06:28	10K35-39F	24/36	F	176/292	01:04:31.70
9/526	DUCHAN, JEREMY	3118	00:38:55.20	03:53	10K40-44M	2/33	M	8/234	00:38:54.55
354/526	DYCK, JOSH	3211	01:03:39.60	06:21	10K20-24M	18/21	M	191/234	01:03:08.35
207/526	DYER, FIONA	3119	00:56:37.00	05:39	10K45-49F	6/17	F	70/292	00:56:30.90
473/526	DYKSTRA, KRISTEN	3121	01:14:08.00	07:24	10K30-34F	43/55	F	253/292	01:13:34.20
144/526	EARL, JAREM	3122	00:53:19.45	05:19	10K12-15M	1/3	M	105/234	00:53:12.10
182/526	EGGINS, ARTHUR	3123	00:55:07.50	05:30	10K30-34M	25/37	M	125/234	00:54:30.70
213/526	EGGINS, MEGAN	3124	00:56:50.15	05:41	10K30-34F	17/55	F	74/292	00:56:15.30
65/526	ELDER, KEVIN	3125	00:47:45.50	04:46	10K50-54M	5/19	M	55/234	00:47:40.55
409/526	ENNS, GERALIS	3126	01:06:49.70	06:40	10K25-29F	42/53	F	203/292	01:06:39.90
328/526	ENNS, JULIA	3127	01:02:12.30	06:13	10K25-29F	31/53	F	144/292	01:01:39.70
339/526	EPP, KIMIKO	3128	01:03:00.40	06:18	10K35-39F	21/36	F	151/292	01:02:47.95
183/526	EPP, KYLIE	3129	00:55:08.75	05:30	10K25-29F	12/53	F	58/292	00:54:31.55
430/526	ERICKSON, JORDAN	3130	01:08:52.05	06:53	10K25-29F	46/53	F	222/292	01:08:22.40
407/526	ETCHISON-BONE, KENDALL	3131	01:06:41.90	06:40	10K16-19F	13/16	F	201/292	01:06:35.25
504/526	EVANS, CAROLYN	3132	01:17:55.25	07:47	10K70-74F	2/2	F	276/292	01:17:49.05
53/526	EVERETT, TOBY	3133	00:46:35.20	04:39	10K20-24M	8/21	M	46/234	00:46:29.40
479/526	FAI, MICHAEL	3134	01:14:35.35	07:27	10K40-44M	32/33	M	222/234	01:14:14.05
10/526	FAIRHURST, ANDREW	3586	00:39:29.50	03:56	10K35-39M	3/31	M	9/234	00:39:25.05
281/526	FAIRHURST, ERIN	3587	00:59:40.30	05:58	10K35-39F	16/36	F	113/292	00:59:12.70
48/526	FATH, MATTHEW	3135	00:46:10.45	04:37	10K25-29M	7/23	M	42/234	00:46:07.45
362/526	FAUCHER, HELENE	3136	01:04:20.05	06:26	10K25-29F	36/53	F	169/292	01:03:56.30
43/526	FEGAN, CHRIS	3137	00:45:46.25	04:34	10K35-39M	4/31	M	38/234	00:45:42.55
148/526	FERGUSON, JEREMY	3139	00:53:26.30	05:20	10K25-29M	13/23	M	108/234	00:53:17.20
457/526	FERRARI, CARLA	3140	01:11:19.90	07:07	10K35-39F	32/36	F	241/292	01:10:39.65
6/526	FINK, WARREN	3141	00:38:30.45	03:51	10K35-39M	2/31	M	5/234	00:38:28.85
466/526	FINNIE, LAURIE	3142	01:12:40.20	07:16	10K50-54F	17/21	F	247/292	01:12:15.30
206/526	FITCHETT, AARON	3143	00:56:36.95	05:39	10K30-34M	27/37	M	137/234	00:56:02.75

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526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
320/526	FLAIG, DON	3144	01:01:57.75	06:11	10K60-64M	8/12	M	183/234	01:01:42.10
467/526	FLAMAND, JODIE	3145	01:12:49.45	07:16	10K35-39F	34/36	F	248/292	01:12:24.10
205/526	FORGET, RACHELLE	3570	00:56:26.00	05:38	10K16-19F	7/16	F	69/292	00:56:19.60
387/526	FORNWALD, TAYLOR	3146	01:05:33.70	06:33	10K20-24F	27/45	F	187/292	01:05:22.10
261/526	FORSYTH, ALEXA	3147	00:58:48.30	05:52	10K30-34F	21/55	F	100/292	00:58:21.85
143/526	FOSTER, DAVID	3575	00:53:15.75	05:19	10K30-34M	23/37	M	104/234	00:52:59.25
26/526	FOSTER, ROBERT	3149	00:42:47.65	04:16	10K20-24M	3/21	M	23/234	00:42:43.80
22/526	FOSTER, SEAN	3571	00:42:08.45	04:12	10K20-24M	2/21	M	19/234	00:42:04.10
113/526	FRASER, PHIL	3150	00:50:53.20	05:05	10K55-59M	3/18	M	87/234	00:50:51.35
356/526	FRESS, LILA	3151	01:03:42.40	06:22	10K30-34F	29/55	F	165/292	01:03:10.65
240/526	FRIESEN, BERT	3152	00:58:06.50	05:48	10K45-49M	12/17	M	155/234	00:57:39.75
172/526	FRIESEN, TYLER	3153	00:54:36.35	05:27	10K35-39M	17/31	M	119/234	00:54:19.55
124/526	FULLER, BEN	3588	00:51:37.95	05:09	10K30-34M	20/37	M	93/234	00:51:28.50
446/526	FULLER, REBECCA	3154	01:10:29.85	07:02	10K20-24F	34/45	F	233/292	01:09:54.80
366/526	FUNICELLI, GINA	3155	01:04:28.70	06:26	10K50-54F	11/21	F	172/292	01:04:18.25
317/526	GAETZ, CHRISTIE	3156	01:01:40.40	06:10	10K25-29F	28/53	F	136/292	01:01:26.15
489/526	GAGNON, BELLE	3157	01:16:11.05	07:37	10K30-34F	49/55	F	265/292	01:15:16.45
109/526	GAL, BRAD	3158	00:50:28.10	05:02	10K40-44M	7/33	M	85/234	00:50:25.30
63/526	GAL, BRUCE	3159	00:47:12.95	04:43	10K40-44M	4/33	M	53/234	00:47:10.60
157/526	GAL, MEGHAN	3160	00:53:46.70	05:22	10K20-24F	2/45	F	45/292	00:53:44.55
14/526	GALBRAITH, JORDAN	3161	00:40:22.30	04:02	10K25-29M	2/23	M	13/234	00:40:20.30
394/526	GALBRAITH, KATE	3162	01:06:03.30	06:36	10K25-29F	39/53	F	191/292	01:05:35.80
454/526	GALL, DIANE	3163	01:11:01.90	07:06	10K50-54F	15/21	F	238/292	01:10:31.30
363/526	GARCIA, PRISCILLA	3164	01:04:21.15	06:26	10K20-24F	23/45	F	170/292	01:04:00.65
361/526	GARDINER, JAMIESON	3165	01:04:14.95	06:25	10K16-19M	12/13	M	193/234	01:04:00.60
390/526	GARNETT, RON	3166	01:05:36.50	06:33	10K55-59M	14/18	M	202/234	01:05:08.75
403/526	GAUTHIER, MACKENZIE	3593	01:06:18.70	06:37	10K20-24F	29/45	F	198/292	01:05:58.30
17/526	GEDRASIK, ANDREW	3167	00:40:46.50	04:04	10K30-34M	5/37	M	16/234	00:40:43.95
190/526	GEDRASIK, PATRICK	3168	00:55:27.25	05:32	10K25-29M	14/23	M	128/234	00:55:13.10
375/526	GENDRON-MEEK, GENEVIEVE	3169	01:04:53.15	06:29	10K35-39F	25/36	F	179/292	01:04:30.45
21/526	GENTEK, MACKENZIE	3170	00:42:04.90	04:12	10K16-19F	2/16	F	3/292	00:42:03.35
216/526	GENTILE, JACKIE	3171	00:56:55.10	05:41	10K45-49F	7/17	F	75/292	00:56:48.00
452/526	GEORGE, LAURA	3172	01:10:51.40	07:05	10K30-34F	42/55	F	237/292	01:10:16.80
95/526	GILLESPIE, TRIA	3173	00:49:21.10	04:56	10K25-29F	5/53	F	20/292	00:49:17.95
520/526	GILMAR, SHAYNE	3174	01:24:14.05	08:25	10K30-34M	37/37	M	233/234	01:23:44.50
119/526	GIN, SUSAN	3175	00:51:07.15	05:06	10K45-49F	2/17	F	28/292	00:50:59.20
462/526	GINTHER, BONNIE	3176	01:11:40.50	07:10	10K50-54F	16/21	F	243/292	01:11:26.00
12/526	GLOVER, AARON	3177	00:39:58.40	03:59	10K30-34M	2/37	M	11/234	00:39:56.95
210/526	GOODFELLOW, PIPPA	3179	00:56:43.50	05:40	10K50-54F	7/21	F	73/292	00:56:25.40
141/526	GOUGH, BRAD	3180	00:53:06.60	05:18	10K30-34M	22/37	M	103/234	00:52:32.45
126/526	GOUGH, MELISSA	3181	00:51:44.05	05:10	10K30-34F	6/55	F	32/292	00:51:32.45
49/526	GOW, RYAN	3182	00:46:24.70	04:38	10K25-29M	8/23	M	43/234	00:45:45.50
432/526	GRAHAM, KELSEY	3183	01:09:07.45	06:54	10K20-24F	31/45	F	224/292	01:08:52.70
99/526	GRANT, BRENDAN	3184	00:49:28.65	04:56	10K30-34M	18/37	M	78/234	00:49:03.15
266/526	GRANT, DARRELL	3185	00:59:07.95	05:54	10K35-39M	24/31	M	163/234	00:58:42.75
160/526	GRAVELAND, BRENT	3186	00:53:59.10	05:23	10K35-39M	15/31	M	114/234	00:53:46.85
33/526	GREENE, WILLIAM	3187	00:43:39.75	04:21	10K20-24M	5/21	M	29/234	00:43:37.25
431/526	GRISNICH, BERNICE	3188	01:09:04.80	06:54	10K20-24F	30/45	F	223/292	01:08:31.85
221/526	GROENENBOOM, ABBY	3189	00:57:20.15	05:44	10K30-34F	18/55	F	78/292	00:56:55.40
101/526	GRUBER, CLARENCE	3192	00:49:39.85	04:57	10K55-59M	2/18	M	80/234	00:49:19.50
58/526	GUPPY, JOANNE	3193	00:46:44.75	04:40	10K50-54F	1/21	F	9/292	00:46:38.65
471/526	GUZMAN, ANDI	3194	01:13:19.65	07:19	10K20-24F	39/45	F	251/292	01:12:56.05
165/526	HAAPA-AHO, PAM	3240	00:54:10.05	05:25	10K40-44F	7/27	F	49/292	00:53:55.00
84/526	HAGEN, DANIEL	3195	00:48:38.45	04:51	10K35-39M	10/31	M	68/234	00:48:34.20
332/526	HALSTEAD, HEIDI	3196	01:02:22.05	06:14	10K20-24F	20/45	F	147/292	01:02:07.20
438/526	HAMBLIN, ASHLEE	3197	01:09:21.65	06:56	10K25-29F	48/53	F	228/292	01:08:58.10
181/526	HAMBLIN, BRAD	3198	00:55:02.20	05:30	10K20-24M	13/21	M	124/234	00:54:39.05
244/526	HAMBLIN, BRUCE	3199	00:58:14.05	05:49	10K45-49M	13/17	M	156/234	00:57:49.35
381/526	HAMBLIN, SHERRI	3200	01:05:18.05	06:31	10K45-49F	13/17	F	183/292	01:04:53.85
238/526	HAMILTON, COURTENEY	3201	00:58:01.95	05:48	10K20-24F	8/45	F	84/292	00:57:51.50
451/526	HAMMOND, TANIELE	3202	01:10:43.05	07:04	10K30-34F	41/55	F	236/292	01:10:05.25
290/526	HANDFORD, KIZZY	3203	01:00:06.75	06:00	10K55-59F	2/8	F	116/292	00:57:33.75
199/526	HANSON, WES	3204	00:56:10.45	05:37	10K50-54M	10/19	M	133/234	00:55:44.80
2/526	HARDING, ALEX	3205	00:36:02.95	03:36	10K20-24M	1/21	M	2/234	00:36:02.10
5/526	HARDING, ANDREW	3206	00:38:30.20	03:51	10K16-19M	1/13	M	4/234	00:38:28.95
16/526	HARRIS, MARSHALL	3207	00:40:40.25	04:04	10K16-19M	2/13	M	15/234	00:40:38.70

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
437/526	HARVEY, TRACY	3208	01:09:20.60	06:56	10K40-44F	22/27	F	227/292	01:09:07.10
382/526	HARVEY, TRISTEN	3209	01:05:19.65	06:31	10K11&UM	2/2	M	199/234	01:05:16.30
428/526	HATT, SARAH	3210	01:08:50.35	06:53	10K25-29F	44/53	F	220/292	01:08:32.25
279/526	HAYZELDEN, ERIN	3212	00:59:35.45	05:57	10K25-29F	22/53	F	112/292	00:59:05.25
474/526	HEAD, SARAH	3213	01:14:12.05	07:25	10K30-34F	44/55	F	254/292	01:13:47.35
327/526	HEEREMA, JODY	3214	01:02:09.55	06:12	10K25-29F	30/53	F	143/292	01:01:41.00
20/526	HEINRICHS, RYAN	3215	00:41:50.75	04:11	10K25-29M	3/23	M	18/234	00:41:49.45
487/526	HEPP, MICHAEL	3216	01:15:52.40	07:35	10K65-69M	5/5	M	224/234	01:15:32.25
86/526	HEWKO, BRYN	3217	00:48:50.75	04:53	10K25-29M	11/23	M	70/234	00:48:39.75
24/526	HIGGINS, BOB	3218	00:42:15.70	04:13	10K45-49M	2/17	M	21/234	00:42:14.45
45/526	HILKEWICH, LESLEE	3219	00:45:55.95	04:35	10K30-34F	2/55	F	6/292	00:45:54.20
429/526	HILL, JENNIFER	3220	01:08:50.55	06:53	10K25-29F	45/53	F	221/292	01:08:21.35
137/526	HILL, JON	3221	00:52:31.35	05:15	10K40-44M	11/33	M	102/234	00:52:24.50
287/526	HILLS, CALA	3222	01:00:01.55	06:00	10K20-24F	14/45	F	115/292	00:59:29.75
257/526	HILTON, JESSICA	3223	00:58:37.80	05:51	10K30-34F	20/55	F	96/292	00:58:24.95
129/526	HOBLEY, RICHARD	3578	00:52:08.30	05:12	10K45-49M	10/17	M	97/234	00:52:07.45
456/526	HODGKINSON, NICOLE	3225	01:11:11.15	07:07	10K25-29F	50/53	F	240/292	01:10:44.90
308/526	HODGKINSON, PAM	3226	01:01:02.95	06:06	10K30-34F	24/55	F	129/292	01:00:56.80
422/526	HOGG, CHRISTA	3227	01:08:00.15	06:48	10K30-34F	38/55	F	214/292	01:07:37.95
357/526	HOLMWOOD, MARISSA	3228	01:03:46.00	06:22	10K25-29F	35/53	F	166/292	01:03:14.05
252/526	HOLT, REGAN	3229	00:58:31.50	05:51	10K35-39M	22/31	M	158/234	00:58:04.95
377/526	HORSBURGH, MELANIE	3230	01:05:07.55	06:30	10K20-24F	26/45	F	181/292	01:05:03.85
71/526	HOSANEE, MONIQUE	3231	00:48:03.15	04:48	10K45-49F	1/17	F	12/292	00:48:00.45
50/526	HUGHES, JEFFREY	3232	00:46:25.80	04:38	10K35-39M	6/31	M	44/234	00:46:07.95
153/526	HUGHES, MARIA	3233	00:53:36.50	05:21	10K30-34F	11/55	F	43/292	00:53:18.10
67/526	HUNGRY WOLF, OKAN	3234	00:47:57.20	04:47	10K40-44M	5/33	M	56/234	00:47:53.90
112/526	HUNT, ANDREW	3327	00:50:33.50	05:03	10K40-44M	8/33	M	86/234	00:50:27.10
302/526	HURDAL, ALEXA	3235	01:00:54.05	06:05	10K20-24F	15/45	F	126/292	01:00:48.65
348/526	INNES, SAMANTHA	3237	01:03:23.25	06:20	10K30-34F	28/55	F	158/292	01:03:12.10
313/526	JACKSON, DESTINI	3238	01:01:24.35	06:08	10K35-39F	19/36	F	133/292	01:00:56.15
133/526	JAMES, RYAN	3239	00:52:16.60	05:13	10K35-39M	12/31	M	100/234	00:51:42.15
166/526	JANSSENS, BLAYNE	3242	00:54:12.75	05:25	10K40-44M	14/33	M	117/234	00:53:58.95
521/526	JASSMAN, DALLAS	3244	01:25:02.85	08:30	10K20-24M	21/21	M	234/234	01:24:27.80
440/526	JASSMAN, MEGAN	3245	01:09:43.05	06:58	10K20-24F	33/45	F	230/292	01:09:07.70
427/526	JOHANNESSON, CHRISTINE	3246	01:08:42.95	06:52	10K30-34F	39/55	F	219/292	01:08:08.05
54/526	JOHNSON, DEAN	3247	00:46:35.70	04:39	10K50-54M	3/19	M	47/234	00:46:31.00
295/526	JOHNSTON, BERNADETTE	3249	01:00:16.25	06:01	10K55-59F	3/8	F	120/292	01:00:04.40
414/526	JONES, JESSICA	3250	01:07:08.80	06:42	10K16-19F	14/16	F	208/292	01:06:50.60
29/526	JOSEPHS, NATHAN	3251	00:43:01.30	04:18	10K20-24M	4/21	M	26/234	00:42:59.45
200/526	KALISCHUK, ANDREA	3253	00:56:10.75	05:37	10K35-39F	8/36	F	67/292	00:55:42.55
1/526	KANGOGO, KIP	3254	00:33:07.70	03:18	10K35-39M	1/31	M	1/234	00:33:07.45
369/526	KENNEDY, DORCAS	3256	01:04:37.05	06:27	10K60-64F	6/8	F	175/292	01:04:24.20
15/526	KLOHN, CHAD	3257	00:40:31.10	04:03	10K30-34M	4/37	M	14/234	00:40:27.80
193/526	KLOHN, JANINE	3258	00:55:48.75	05:34	10K30-34F	15/55	F	65/292	00:55:36.00
342/526	KNOTT, JODIE	3259	01:03:04.70	06:18	10K40-44F	13/27	F	154/292	01:02:54.15
30/526	KOEGLER, JON	3260	00:43:21.55	04:20	10K25-29M	4/23	M	27/234	00:43:18.90
321/526	KOEHLE, PAULA	3261	01:01:59.65	06:11	10K40-44F	11/27	F	138/292	01:01:37.90
82/526	KOENIG, KAREN	3262	00:48:35.95	04:51	10K50-54F	2/21	F	16/292	00:48:27.00
500/526	KOMM, STEPHANIE	3263	01:17:50.85	07:47	10K45-49F	16/17	F	272/292	01:17:26.85
444/526	KOOPMANS, GEORGE	3264	01:10:09.80	07:00	10K50-54M	17/19	M	212/234	01:09:35.95
189/526	KOOPMANS, MACKENZIE	3265	00:55:26.65	05:32	10K20-24F	5/45	F	62/292	00:55:17.35
256/526	KRASSELT, KEVIN	3266	00:58:37.35	05:51	10K30-34M	30/37	M	161/234	00:58:17.60
158/526	KURTZ, LAUREN	3268	00:53:52.25	05:23	10K20-24F	3/45	F	46/292	00:53:36.70
515/526	KUSALIK, ALYSSA	3269	01:22:12.40	08:13	10K25-29F	52/53	F	284/292	01:21:58.55
64/526	LACANILAO, AARON	3271	00:47:27.65	04:44	10K30-34M	15/37	M	54/234	00:47:18.40
41/526	LACANILAO, BRIAN	3272	00:45:09.45	04:30	10K30-34M	11/37	M	36/234	00:44:59.00
507/526	LAHIJI, LAYLA	3273	01:18:50.80	07:53	10K16-19F	16/16	F	279/292	01:18:39.75
447/526	LAIDLER, GARRETT	3274	01:10:30.25	07:03	10K20-24M	20/21	M	214/234	01:09:55.40
388/526	LAING, JIM	3275	01:05:34.20	06:33	10K55-59M	13/18	M	201/234	01:05:10.70
89/526	LAMB, MARGO	3294	00:48:57.25	04:53	10K50-54F	3/21	F	17/292	00:48:53.50
34/526	LAMMERS-POTTAGE, ANDREA	3277	00:43:49.85	04:22	10K30-34F	1/55	F	5/292	00:43:47.45
191/526	LAMMERTSEN, LEANNE	3278	00:55:32.70	05:33	10K30-34F	14/55	F	63/292	00:55:25.90
134/526	LAPORTE, MARCY	3279	00:52:21.15	05:14	10K30-34F	7/55	F	34/292	00:52:14.50
448/526	LAROCQUE, JESSICA	3281	01:10:34.85	07:03	10K30-34F	40/55	F	234/292	01:10:00.65
262/526	LAYTON, DEBBIE	3283	00:58:48.30	05:52	10K35-39F	14/36	F	101/292	00:58:32.15
406/526	LEAVITT, STACEY	3284	01:06:37.50	06:39	10K25-29F	41/53	F	200/292	01:06:24.85

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
305/526	LEE, KAELA	3285	01:01:00.70	06:06	10K16-19F	11/16	F	128/292	01:00:40.55
173/526	LENZ, EMMA	3287	00:54:39.45	05:27	10K45-49F	4/17	F	54/292	00:54:34.45
51/526	LITHGOW, KIRSTIE	3288	00:46:26.70	04:38	10K25-29F	2/53	F	7/292	00:46:20.75
299/526	LITTLE MUSTACHE, LOGAN	3289	01:00:38.15	06:03	10K25-29M	18/23	M	176/234	01:00:06.85
326/526	LITTLE MUSTACHE, NICOLE	3290	01:02:07.85	06:12	10K25-29F	29/53	F	142/292	01:01:36.50
303/526	LOMAN, MICHELE	3291	01:00:55.20	06:05	10K20-24F	16/45	F	127/292	01:00:27.60
254/526	LOW, MEGAN	3295	00:58:33.35	05:51	10K20-24F	11/45	F	95/292	00:58:24.60
186/526	LOWINGS, MALCOLM	3297	00:55:14.60	05:31	10K55-59M	7/18	M	126/234	00:54:57.10
93/526	LUEK, ANDREAS	3298	00:49:11.10	04:55	10K35-39M	11/31	M	74/234	00:48:46.20
423/526	LUNDBERG, MICHAELA	3299	01:08:04.75	06:48	10K35-39F	29/36	F	215/292	01:07:32.55
47/526	LYBBERT, ROBIN	3300	00:46:09.95	04:36	10K30-34M	13/37	M	41/234	00:45:54.95
19/526	MACKENZIE, RACHEL	3302	00:41:46.20	04:10	10K16-19F	1/16	F	2/292	00:41:36.95
162/526	MACKINNON, BOBBIE	3303	00:54:01.85	05:24	10K45-49F	3/17	F	47/292	00:53:45.90
237/526	MACKINNON, BRUCE	3304	00:58:01.40	05:48	10K50-54M	11/19	M	154/234	00:57:45.20
282/526	MANALILI, LESTER	1068	00:59:40.60	05:58	10K35-39M	26/31	M	169/234	00:59:40.55
180/526	MANY FINGERS, JOSEPH	3305	00:55:01.55	05:30	10K40-44M	16/33	M	123/234	00:54:49.60
316/526	MANY FINGERS, TUFF	3306	01:01:38.45	06:09	10K16-19M	11/13	M	181/234	01:01:27.75
323/526	MARCHAND, BRENT	3307	01:02:00.95	06:12	10K50-54M	14/19	M	184/234	01:00:42.65
490/526	MARCHAND, VICTORIA	3308	01:16:20.95	07:38	10K50-54F	19/21	F	266/292	01:15:40.15
179/526	MARCOTTE, DENISE	3309	00:54:58.95	05:29	10K45-49F	5/17	F	57/292	00:54:49.95
241/526	MARCOTTE, JESSICA	3310	00:58:07.75	05:48	10K25-29F	15/53	F	86/292	00:57:39.40
27/526	MARRLE, JOSH	3311	00:42:49.70	04:16	10K30-34M	8/37	M	24/234	00:42:46.85
367/526	MARR, CAITLIN	3312	01:04:33.25	06:27	10K20-24F	24/45	F	173/292	01:04:09.95
355/526	MARR, CINDY	3313	01:03:41.95	06:22	10K50-54F	10/21	F	164/292	01:03:19.40
476/526	MARUTKYN, JOHN	3315	01:14:20.25	07:26	10K45-49M	16/17	M	221/234	01:13:55.80
68/526	MCDONALD, ADAM	3319	00:47:59.10	04:47	10K35-39M	8/31	M	57/234	00:47:46.10
351/526	MCGALE, KAREN	3320	01:03:32.55	06:21	10K40-44F	15/27	F	161/292	01:03:01.00
13/526	MCIVER, JORD	3321	00:40:21.90	04:02	10K30-34M	3/37	M	12/234	00:40:19.65
197/526	MCKEE, ALLISON	3322	00:56:03.75	05:36	10K40-44F	8/27	F	66/292	00:55:56.45
306/526	MCKENNA, BEN	3323	01:01:01.60	06:06	10K25-29M	19/23	M	178/234	01:00:35.50
154/526	MCMURRAY, BECKY	3324	00:53:39.10	05:21	10K25-29F	9/53	F	44/292	00:53:34.90
458/526	MCNAMARA, SHERI	3325	01:11:22.35	07:08	10K35-39F	33/36	F	242/292	01:10:54.40
248/526	MCNAMARA, SPENCER	3326	00:58:23.85	05:50	10K20-24M	15/21	M	157/234	00:57:58.05
227/526	MCQUAID, KELLY	3328	00:57:36.70	05:45	10K16-19M	8/13	M	146/234	00:56:56.30
343/526	MCWILLIAM, BLAIR	3329	01:03:06.60	06:18	10K20-24M	17/21	M	189/234	01:02:49.55
312/526	MEGAW, CAROL	3331	01:01:23.65	06:08	10K60-64F	4/8	F	132/292	01:01:13.10
304/526	MEIER, RYAN	3332	01:00:59.25	06:05	10K16-19M	10/13	M	177/234	01:00:39.05
442/526	MICHEL, DEE DEE	3333	01:09:58.65	06:59	10K55-59F	8/8	F	231/292	01:09:36.75
421/526	MIDDEL, FREDA	3334	01:07:57.95	06:47	10K50-54F	14/21	F	213/292	01:07:45.25
511/526	MILLER, CARISSA	3336	01:20:09.35	08:00	10K20-24F	44/45	F	282/292	01:19:47.30
401/526	MILLER, TRACY	3337	01:06:15.20	06:37	10K40-44F	17/27	F	197/292	01:05:54.95
28/526	MITTEN, BENJAMIN	3338	00:42:53.95	04:17	10K30-34M	9/37	M	25/234	00:42:50.70
4/526	MOLNAR, WARREN	3339	00:37:14.50	03:43	10K40-44M	1/33	M	3/234	00:37:13.95
211/526	MOLOUGHNEY, AUSTIN	3340	00:56:44.30	05:40	10K35-39M	19/31	M	138/234	00:56:43.30
60/526	MOORE, REBEKAH	3341	00:46:55.35	04:41	10K25-29F	3/53	F	10/292	00:46:45.55
184/526	MRAK, LAURA	3342	00:55:10.25	05:31	10K35-39F	7/36	F	59/292	00:55:00.15
289/526	MUCCIARONE, GEORGE	3343	01:00:06.25	06:00	10K50-54M	12/19	M	174/234	00:59:41.60
59/526	MYERS, TODD	3345	00:46:46.15	04:40	10K50-54M	4/19	M	50/234	00:46:43.35
392/526	NASH, GEOFF	3346	01:05:59.30	06:35	10K60-64M	10/12	M	203/234	01:05:39.25
70/526	NEARY, RAY	3347	00:48:00.65	04:48	10K35-39M	9/31	M	59/234	00:47:54.85
329/526	NEARY, TYLENE	3348	01:02:14.00	06:13	10K35-39F	20/36	F	145/292	01:02:07.55
509/526	NELSON, JESSE	3349	01:19:12.35	07:55	10K25-29M	22/23	M	229/234	01:18:43.85
455/526	NELSON, KIRSTEN	3350	01:11:10.85	07:07	10K20-24F	35/45	F	239/292	01:10:50.35
325/526	NELSON, MAGGIE	3351	01:02:07.55	06:12	10K16-19F	12/16	F	141/292	01:01:47.60
265/526	NELSON, MARK	3352	00:59:03.45	05:54	10K45-49M	14/17	M	162/234	00:58:55.35
402/526	NELSON, SCOTT	3592	01:06:18.35	06:37	10K20-24M	19/21	M	205/234	01:05:57.30
215/526	NEUDORF, NATHAN	3353	00:56:53.95	05:41	10K40-44M	21/33	M	141/234	00:56:37.25
214/526	NEUDORF, RHY S	3354	00:56:53.90	05:41	10K11&UM	1/2	M	140/234	00:56:37.70
7/526	NETICH, SOLOMON	3357	00:38:39.70	03:51	10K25-29M	1/23	M	6/234	00:38:38.70
246/526	NITSCHELM, JENNIFER	3595	00:58:15.40	05:49	10K40-44F	9/27	F	90/292	00:58:04.85
319/526	NORN, BRENDA	3358	01:01:54.90	06:11	10K45-49F	10/17	F	137/292	01:01:47.30
464/526	NORRIS, JOAN	1855	01:12:10.00	07:13	10K70-74F	1/2	F	245/292	01:11:53.60
353/526	NOVAK, BRITTANY	3359	01:03:39.40	06:21	10K20-24F	22/45	F	163/292	01:03:08.45
3/526	O'CONNELL, JESSICA	3589	00:36:11.70	03:37	10K25-29F	1/53	F	1/292	00:36:10.65
470/526	OGRINS, SAM	3360	01:13:19.55	07:19	10K20-24F	38/45	F	250/292	01:12:56.50
188/526	OLFERT, DOREEN	3361	00:55:25.10	05:32	10K60-64F	1/8	F	61/292	00:55:13.55

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
136/526	OLSON, BARRY	3362	00:52:27.85	05:14	10K55-59M	5/18	M	101/234	00:52:19.45
234/526	OLSON, MIKE	3363	00:57:51.50	05:47	10K55-59M	10/18	M	151/234	00:57:50.25
170/526	ORR, LAURRY	3365	00:54:33.75	05:27	10K60-64M	5/12	M	118/234	00:54:24.70
465/526	ORSTEN, AMANDA	3366	01:12:11.65	07:13	10K20-24F	37/45	F	246/292	01:12:05.70
285/526	OUELLETTE, JON	3191	00:59:44.75	05:58	10K16-19M	9/13	M	171/234	00:59:15.45
230/526	OVIATT, CHRISTINE	3367	00:57:38.55	05:45	10K35-39F	9/36	F	82/292	00:57:21.25
298/526	PACK, COLLEEN	3368	01:00:29.55	06:02	10K40-44F	10/27	F	123/292	01:00:08.05
66/526	PAQUIN, NICK	3579	00:47:51.40	04:47	10K25-29F	4/53	F	11/292	00:47:45.95
115/526	PARKER, RYAN	3344	00:51:00.30	05:06	10K40-44M	9/33	M	89/234	00:50:59.00
478/526	PASCUZZI, AMANDA	3369	01:14:34.60	07:27	10K30-34F	46/55	F	257/292	01:14:13.35
389/526	PASMAN, ROBYN	3371	01:05:34.45	06:33	10K20-24F	28/45	F	188/292	01:05:22.80
416/526	PASOLLI, ALAN	3372	01:07:41.05	06:46	10K55-59M	16/18	M	208/234	01:07:23.15
513/526	PASOLLI, LORNA	3373	01:20:51.00	08:05	10K50-54F	21/21	F	283/292	01:20:27.40
263/526	PATTERSON, ELIZABETH	3374	00:58:55.50	05:53	10K25-29F	17/53	F	102/292	00:58:25.10
436/526	PATTERSON, MICHAEL	3375	01:09:20.20	06:56	10K40-44M	28/33	M	210/234	01:09:06.65
463/526	PATTERSON, STACY	3376	01:12:09.25	07:12	10K20-24F	36/45	F	244/292	01:11:46.05
481/526	PATTON, KARISSA	3377	01:14:42.45	07:28	10K20-24F	40/45	F	259/292	01:14:22.60
336/526	PAULSON, BRIAN	3378	01:02:55.45	06:17	10K25-29M	20/23	M	187/234	01:02:25.95
62/526	PAWLENCHUK, TODD	3379	00:47:09.25	04:42	10K40-44M	3/33	M	52/234	00:47:05.65
484/526	PAXMAN, ELBERT	3380	01:15:09.20	07:30	10K55-59M	18/18	M	223/234	01:14:32.80
483/526	PAXMAN, ERIN	3381	01:15:07.85	07:30	10K30-34F	48/55	F	261/292	01:14:31.50
100/526	PEACOCK, BOB	3382	00:49:35.90	04:57	10K60-64M	1/12	M	79/234	00:49:34.35
108/526	PEAT, EVAN	3383	00:50:20.30	05:02	10K30-34M	19/37	M	84/234	00:50:15.50
52/526	PENNER, KEN	3384	00:46:28.85	04:38	10K50-54M	2/19	M	45/234	00:46:22.90
56/526	PENNEY, JASON	3385	00:46:38.35	04:39	10K30-34M	14/37	M	48/234	00:46:31.35
384/526	PENNEY, RAMONA	3386	01:05:23.15	06:32	10K25-29F	37/53	F	184/292	01:05:15.50
61/526	PERSINGER, MICHAEL	3387	00:47:08.20	04:42	10K25-29M	9/23	M	51/234	00:47:04.25
38/526	PETERS, TRENT	3388	00:45:03.90	04:30	10K30-34M	10/37	M	33/234	00:44:57.95
110/526	PETERSON, CHRIS	3389	00:50:29.40	05:02	10K25-29F	6/53	F	25/292	00:50:23.00
57/526	PHILLIPS, ANDY	3390	00:46:42.65	04:40	10K35-39M	7/31	M	49/234	00:46:37.95
526/526	PICKARD, CAITLYN	3391	01:32:50.15	09:17	10K25-29F	53/53	F	292/292	01:32:37.30
345/526	POTTAGE, DANIEL	3393	01:03:15.45	06:19	10K30-34M	33/37	M	190/234	01:02:36.70
178/526	PRIMAVERA, GINA	3394	00:54:52.70	05:29	10K20-24F	4/45	F	56/292	00:51:16.85
318/526	PROVOST, KELLY	3255	01:01:44.80	06:10	10K35-39M	28/31	M	182/234	01:01:17.90
519/526	PROVOST, LINDY	3395	01:23:27.15	08:20	10K40-44F	26/27	F	287/292	01:23:01.85
229/526	PURCELL, DYLAN	3396	00:57:37.85	05:45	10K40-44M	24/33	M	148/234	00:57:12.55
79/526	PUSHOR, KEITH	3397	00:48:24.15	04:50	10K45-49M	5/17	M	66/234	00:48:15.75
378/526	RACZ, JOHN	3398	01:05:14.10	06:31	10K60-64M	9/12	M	197/234	01:04:44.60
379/526	RACZ, MICHAEL	3399	01:05:14.15	06:31	10K25-29M	21/23	M	198/234	01:04:45.20
365/526	RANDELL, CRAIG	3400	01:04:27.95	06:26	10K50-54M	16/19	M	194/234	01:04:13.60
245/526	RANDELL, ISABELLE	3401	00:58:14.70	05:49	10K45-49F	9/17	F	89/292	00:58:00.55
132/526	RANDLE, EMMA	3402	00:52:11.40	05:13	10K16-19F	6/16	F	33/292	00:52:05.85
408/526	RANDLE, FIONA	3403	01:06:43.10	06:40	10K50-54F	13/21	F	202/292	01:06:36.90
97/526	RANDLE, KEITH	3404	00:49:24.30	04:56	10K55-59M	1/18	M	77/234	00:49:18.95
72/526	RANDLE, LARRY	3405	00:48:03.30	04:48	10K50-54M	6/19	M	60/234	00:47:54.65
18/526	REID, JONATHAN	3406	00:41:01.85	04:06	10K16-19M	3/13	M	17/234	00:40:59.60
522/526	REID, PAULETTE	3407	01:25:17.80	08:31	10K65-69F	2/2	F	288/292	01:24:56.45
138/526	REIMER, SUSAN	3408	00:52:58.70	05:17	10K40-44F	5/27	F	36/292	00:52:41.30
77/526	RITCHOT, GILLES	3409	00:48:17.00	04:49	10K50-54M	7/19	M	65/234	00:48:04.35
76/526	RITCHOT, MATTHEW	3410	00:48:16.75	04:49	10K16-19M	5/13	M	64/234	00:48:03.35
23/526	ROBDRUP, DANNY	3411	00:42:11.95	04:13	10K30-34M	6/37	M	20/234	00:42:07.70
269/526	ROBINSON, CHRIS	3412	00:59:16.85	05:55	10K35-39M	25/31	M	166/234	00:58:48.55
501/526	ROBLIN, ALECIA	3413	01:17:51.35	07:47	10K30-34F	51/55	F	273/292	01:17:27.35
480/526	RODZINYAK, TARYN	3414	01:14:36.30	07:27	10K30-34F	47/55	F	258/292	01:14:08.35
225/526	ROSS, ROXANNE	3416	00:57:35.30	05:45	10K45-49F	8/17	F	81/292	00:57:31.95
398/526	ROSS, TIFFANY	3417	01:06:10.05	06:37	10K35-39F	28/36	F	194/292	01:06:02.80
169/526	ROY, AMY	3580	00:54:32.35	05:27	10K35-39F	5/36	F	52/292	00:54:30.90
212/526	ROYER, ANDRE	3418	00:56:45.35	05:40	10K40-44M	20/33	M	139/234	00:56:33.50
177/526	ROZEE, COURTNEY	3419	00:54:51.35	05:29	10K35-39F	6/36	F	55/292	00:54:44.35
270/526	RYAN, SHARI	3420	00:59:21.90	05:56	10K25-29F	18/53	F	104/292	00:59:10.65
525/526	SAMSON, SARAH	3421	01:32:48.55	09:16	10K30-34F	55/55	F	291/292	01:32:26.50
139/526	SANDERS, JULIANNE	3423	00:53:02.75	05:18	10K30-34F	9/55	F	37/292	00:52:43.70
202/526	SAWYER, JEAN-MARC	3425	00:56:17.50	05:37	10K40-44M	19/33	M	135/234	00:56:00.70
235/526	SCHAAF, EVAN	3426	00:57:58.45	05:47	10K30-34M	29/37	M	152/234	00:57:32.95
503/526	SHELL, KATHLEEN	3427	01:17:52.25	07:47	10K30-34F	53/55	F	275/292	01:17:15.30
40/526	SCHMALE, JORDAN	3428	00:45:08.40	04:30	10K25-29M	5/23	M	35/234	00:44:58.05

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
491/526	SCHMIDT, JILLIAN	3429	01:16:22.70	07:38	10K20-24F	43/45	F	267/292	01:16:00.85
187/526	SCHROYEN, MIKE	3431	00:55:20.35	05:32	10K30-34M	26/37	M	127/234	00:55:13.10
218/526	SCHWAB, ED	3432	00:57:10.55	05:43	10K35-39M	20/31	M	142/234	00:56:48.30
469/526	SCOTT, CAROLYN	3433	01:13:14.35	07:19	10K45-49F	14/17	F	249/292	01:12:31.45
78/526	SCOTT, CATHERINE	3581	00:48:23.90	04:50	10K35-39F	2/36	F	13/292	00:48:04.60
310/526	SCOTT, JIM	3434	01:01:07.25	06:06	10K65-69M	2/5	M	180/234	01:00:48.25
468/526	SCOTT, TIM	3435	01:13:14.15	07:19	10K55-59M	17/18	M	220/234	01:12:31.25
167/526	SELK, RACHEL	3437	00:54:18.95	05:25	10K35-39F	4/36	F	50/292	00:54:03.10
253/526	SEXTON, BRIAN	3438	00:58:31.85	05:51	10K35-39M	23/31	M	159/234	00:57:52.05
420/526	SHADE, LESLEY	3439	01:07:57.65	06:47	10K40-44F	21/27	F	212/292	01:07:24.75
373/526	SHADLOCK, KIM	3440	01:04:46.95	06:28	10K30-34F	31/55	F	177/292	01:04:09.80
102/526	SHEPPARD, SUZANNE	3441	00:49:49.95	04:58	10K35-39F	3/36	F	22/292	00:49:42.70
150/526	SHEPPARD, TREVOR	3442	00:53:31.90	05:21	10K40-44M	12/33	M	110/234	00:53:24.35
74/526	SHERIFF, JOHN	3443	00:48:03.85	04:48	10K45-49M	4/17	M	62/234	00:47:45.00
271/526	SHERWOOD, LINDA	3444	00:59:22.05	05:56	10K50-54F	9/21	F	105/292	00:59:13.85
228/526	SHOLDICE, KORY	3446	00:57:37.35	05:45	10K40-44M	23/33	M	147/234	00:57:31.90
277/526	SIEMENS, AMBER	3447	00:59:33.00	05:57	10K25-29F	20/53	F	110/292	00:59:19.35
283/526	SIMMONS, ELOV	3591	00:59:40.85	05:58	10K55-59M	12/18	M	170/234	00:59:30.70
250/526	SINKE, JULIA	3449	00:58:25.20	05:50	10K35-39F	12/36	F	93/292	00:58:21.05
219/526	SINKE, LUKAS	3450	00:57:12.70	05:43	10K12-15M	2/3	M	143/234	00:57:08.20
80/526	SLAWSON, CORREEN	3451	00:48:24.55	04:50	10K40-44F	2/27	F	14/292	00:48:20.70
69/526	SLAWSON, ROB	3452	00:47:59.65	04:47	10K40-44M	6/33	M	58/234	00:47:56.25
341/526	SMITH, BEV	3453	01:03:03.30	06:18	10K60-64F	5/8	F	153/292	01:02:54.70
418/526	SMITH, BONNIE	3454	01:07:43.40	06:46	10K60-64F	7/8	F	210/292	01:07:24.85
296/526	SMITH, CRYSTAL	3455	01:00:19.95	06:02	10K35-39F	17/36	F	121/292	01:00:02.35
176/526	SMITH, DUSTIN	3456	00:54:51.35	05:29	10K35-39M	18/31	M	122/234	00:54:41.55
417/526	SMITH, KRISTIN	3457	01:07:42.55	06:46	10K30-34F	37/55	F	209/292	01:07:24.35
376/526	SMITH, LASHAUNA	3458	01:05:01.15	06:30	10K30-34F	32/55	F	180/292	01:04:35.85
149/526	SMITH, RANDY	3459	00:53:30.85	05:21	10K35-39M	13/31	M	109/234	00:52:57.90
292/526	SMOLENSKI, STACY	3461	01:00:08.00	06:00	10K16-19F	9/16	F	117/292	01:00:02.65
106/526	SNOW, TARA	3462	00:50:11.90	05:01	10K20-24F	1/45	F	24/292	00:50:11.45
259/526	SORGE, BRENDA	3463	00:58:45.95	05:52	10K25-29F	16/53	F	98/292	00:58:34.00
196/526	SPENCER, MICHAEL	3464	00:56:00.55	05:36	10K55-59M	8/18	M	131/234	00:55:48.75
380/526	STACEY, LEAH	3465	01:05:14.90	06:31	10K40-44F	16/27	F	182/292	01:04:56.20
264/526	STANLEY, LARISSA	3466	00:58:55.55	05:53	10K20-24F	13/45	F	103/292	00:58:45.75
472/526	STARR, DARLA	3467	01:13:30.00	07:21	10K50-54F	18/21	F	252/292	01:13:22.40
236/526	STEIN, PERRY	3582	00:57:59.90	05:47	10K25-29M	16/23	M	153/234	00:57:44.25
280/526	STEINER, TAYLOR	3583	00:59:36.15	05:57	10K25-29M	17/23	M	168/234	00:59:23.80
192/526	STEUHLER, LYNN	3469	00:55:42.95	05:34	10K25-29F	13/53	F	64/292	00:55:11.65
36/526	STROM, NATHAN	3470	00:44:50.30	04:29	10K20-24M	7/21	M	31/234	00:44:48.45
477/526	STUART, JENNIFER	3471	01:14:25.40	07:26	10K30-34F	45/55	F	256/292	01:13:51.15
330/526	SURETTE, TANYA	3472	01:02:16.35	06:13	10K30-34F	25/55	F	146/292	01:01:48.75
301/526	SUTHERLAND, ALYSSA	3473	01:00:43.60	06:04	10K25-29F	25/53	F	125/292	01:00:09.65
83/526	SUTHERLAND, DREW	3474	00:48:36.30	04:51	10K20-24M	9/21	M	67/234	00:47:57.60
333/526	SWANEPOEL, LISA-MARIE	3475	01:02:26.90	06:14	10K20-24F	21/45	F	148/292	01:02:10.15
145/526	SWIHART, KRISTIN	3476	00:53:19.85	05:19	10K40-44F	6/27	F	40/292	00:53:12.60
443/526	TAKAHASHI, NIKKI	3478	01:10:02.30	07:00	10K35-39F	31/36	F	232/292	01:09:37.10
164/526	TAKAHASHI, RAD	3479	00:54:04.55	05:24	10K35-39M	16/31	M	116/234	00:53:38.70
459/526	TALTY, MICHEAL	3481	01:11:22.35	07:08	10K50-54M	18/19	M	217/234	01:10:55.35
300/526	TAMS, CATHERINE	3482	01:00:40.25	06:04	10K35-39F	18/36	F	124/292	01:00:17.05
475/526	TAMS, SAMANTHA	3483	01:14:15.20	07:25	10K12-15F	2/2	F	255/292	01:13:43.35
499/526	TATEM, RUBY	3484	01:17:49.25	07:46	10K35-39F	35/36	F	271/292	01:17:16.65
217/526	THIBERT, CAROL	3485	00:56:59.40	05:41	10K60-64F	2/8	F	76/292	00:56:48.55
334/526	THIEL, SHELDON	3486	01:02:32.70	06:15	10K30-34M	32/37	M	186/234	01:02:21.65
274/526	THOMPSON, NICOLE	3487	00:59:26.10	05:56	10K30-34F	23/55	F	108/292	00:58:55.05
146/526	THURBER, BRUCE	3488	00:53:24.75	05:20	10K50-54M	8/19	M	106/234	00:53:10.45
350/526	THURSTON, KASHA	3489	01:03:32.50	06:21	10K25-29F	34/53	F	160/292	01:03:01.80
404/526	TIEFENBACH, BRUCE	3490	01:06:22.75	06:38	10K16-19M	13/13	M	206/234	01:06:00.55
400/526	TIEFENBACH, DONNA	3491	01:06:12.90	06:37	10K50-54F	12/21	F	196/292	01:05:50.25
208/526	TILLMANN, ALDEA	3492	00:56:38.95	05:39	10K30-34F	16/55	F	71/292	00:56:32.10
87/526	TILLMANN, CURTIS	3493	00:48:50.85	04:53	10K30-34M	17/37	M	71/234	00:48:44.35
105/526	TILLMANN, FELIX	3494	00:50:09.15	05:00	10K60-64M	3/12	M	82/234	00:50:03.05
393/526	TOONE, NATALIE	3495	01:06:03.25	06:36	10K35-39F	27/36	F	190/292	01:05:38.20
151/526	TORSIUS, SARA	3496	00:53:34.85	05:21	10K30-34F	10/55	F	41/292	00:53:26.35
293/526	TOTH, BREANNA	3497	01:00:11.45	06:01	10K25-29F	24/53	F	118/292	00:59:50.65
251/526	TOUNISSOUX, MARIE	3498	00:58:29.35	05:50	10K35-39F	13/36	F	94/292	00:57:57.25

Alpha Overall Results

10K Run - 6.21 Miles

526 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
122/526	TRAN, ARYNNE	3499	00:51:32.75	05:09	10K30-34F	5/55	F	30/292	00:51:23.90
272/526	TROTTIER, CHANTAL	3500	00:59:24.20	05:56	10K25-29F	19/53	F	106/292	00:58:51.25
415/526	TRUDEAU, MARC	3501	01:07:33.65	06:45	10K55-59M	15/18	M	207/234	01:07:25.75
413/526	TSCHETTER, LIZ	3502	01:07:01.40	06:42	10K30-34F	36/55	F	207/292	01:06:45.45
55/526	TUCKOVA, HEATHER	3503	00:46:36.70	04:39	10K40-44F	1/27	F	8/292	00:46:28.10
116/526	TUFTS, ROBERT	3504	00:51:01.95	05:06	10K45-49M	7/17	M	90/234	00:50:44.85
506/526	TURNER, APRIL	3505	01:18:19.85	07:49	10K50-54F	20/21	F	278/292	01:17:52.65
309/526	TURNER, BRITTANY	3506	01:01:04.95	06:06	10K25-29F	26/53	F	130/292	01:00:43.90
35/526	TWIGG, CURLY	3507	00:44:13.50	04:25	10K20-24M	6/21	M	30/234	00:44:10.25
247/526	TYMKO, RAYLENE	3508	00:58:18.95	05:49	10K35-39F	11/36	F	91/292	00:57:59.65
441/526	UCHIKURA, GARY	3509	01:09:43.85	06:58	10K40-44M	29/33	M	211/234	01:09:39.40
88/526	UCHIKURA, TIMOTHY	3574	00:48:54.60	04:53	10K16-19M	6/13	M	72/234	00:48:50.10
324/526	VAILE, JESSICA	3510	01:02:01.35	06:12	10K20-24F	19/45	F	140/292	01:01:44.05
482/526	VAN DYK, JANNIE	3511	01:15:00.90	07:30	10K65-69F	1/2	F	260/292	01:14:32.70
391/526	VAN ECK, NICOLE	3512	01:05:51.80	06:35	10K25-29F	38/53	F	189/292	01:05:32.65
8/526	VAN REEUWYK, DAVE	3516	00:38:51.75	03:53	10K30-34M	1/37	M	7/234	00:38:48.65
171/526	VAN SETERS, KAREN	3517	00:54:34.00	05:27	10K30-34F	12/55	F	53/292	00:54:25.55
255/526	VANDEN BROEK, BRIAN	3518	00:58:34.20	05:51	10K20-24M	16/21	M	160/234	00:58:01.55
31/526	VANDEN DOOL, GLENN	3519	00:43:26.65	04:20	10K45-49M	3/17	M	28/234	00:43:21.80
203/526	VANDER HEYDEN, PETER	3520	00:56:23.55	05:38	10K55-59M	9/18	M	136/234	00:56:16.10
127/526	VANDERAEYEN, ALEX	3521	00:51:56.15	05:11	10K20-24M	12/21	M	95/234	00:51:42.90
360/526	VEDRES, FAYLA	3522	01:04:12.70	06:25	10K30-34F	30/55	F	168/292	01:03:57.20
424/526	VEDRES, HELENA	3523	01:08:34.65	06:51	10K55-59F	7/8	F	216/292	01:08:17.85
185/526	VERBEEK, SARAH	3525	00:55:13.35	05:31	10K30-34F	13/55	F	60/292	00:55:11.50
397/526	VOLK, VICKEY	3527	01:06:06.20	06:36	10K30-34F	34/55	F	193/292	01:05:51.15
412/526	VON HEYKING, SONYA	3514	01:06:59.65	06:41	10K40-44F	19/27	F	206/292	01:06:40.85
209/526	WALICKI, STEPHANIE	3528	00:56:40.00	05:40	10K20-24F	6/45	F	72/292	00:56:28.45
364/526	WALKER, KIM	3529	01:04:21.70	06:26	10K35-39F	23/36	F	171/292	01:03:59.00
434/526	WALKER, MELANIE	3530	01:09:18.55	06:55	10K20-24F	32/45	F	225/292	01:08:54.70
239/526	WALLACE, CHRISTINE	3531	00:58:02.55	05:48	10K20-24F	9/45	F	85/292	00:57:51.10
508/526	WALOWETZ, CHANTAL	3532	01:18:53.40	07:53	10K30-34F	54/55	F	280/292	01:18:22.15
374/526	WALSER, PAMELA	3533	01:04:51.15	06:29	10K20-24F	25/45	F	178/292	01:04:21.45
224/526	WARD, CHRISTOPHER	3534	00:57:30.45	05:45	10K40-44M	22/33	M	144/234	00:57:14.10
163/526	WARD, JANENE	3535	00:54:04.15	05:24	10K25-29F	10/53	F	48/292	00:53:49.00
25/526	WARD, KIERAN	3536	00:42:17.10	04:13	10K30-34M	7/37	M	22/234	00:42:14.40
286/526	WASIAK, ED	3537	00:59:52.75	05:59	10K60-64M	7/12	M	172/234	00:59:37.65
524/526	WATSON, LORNA	3538	01:32:45.75	09:16	10K60-64F	8/8	F	290/292	01:32:36.45
497/526	WATTS, TERRY	3539	01:17:15.45	07:43	10K30-34M	36/37	M	227/234	01:16:45.00
198/526	WEISS, CAMERON	3541	00:56:09.50	05:36	10K20-24M	14/21	M	132/234	00:55:33.60
194/526	WELSH, DON	3542	00:55:55.65	05:35	10K60-64M	6/12	M	129/234	00:55:50.20
344/526	WEMP, SUZANNE	3543	01:03:12.00	06:19	10K40-44F	14/27	F	155/292	01:03:02.65
518/526	WENZEL, SHAE-LYN	3590	01:23:09.40	08:18	10K20-24F	45/45	F	286/292	01:22:43.15
505/526	WERRELL, KATIE	3544	01:18:15.15	07:49	10K45-49F	17/17	F	277/292	01:17:47.95
135/526	WESSELS, HENRIETTE	3546	00:52:27.00	05:14	10K30-34F	8/55	F	35/292	00:51:56.70
291/526	WESSELS, PIETER	3547	01:00:06.85	06:00	10K35-39M	27/31	M	175/234	00:59:37.25
516/526	WESTERSON, RYAN	3548	01:22:26.50	08:14	10K25-29M	23/23	M	232/234	01:22:12.45
347/526	WESTERSON, TONI	3549	01:03:21.10	06:20	10K25-29F	33/53	F	157/292	01:03:07.95
496/526	WESTRA, TATIANA	3550	01:17:11.20	07:43	10K25-29F	51/53	F	270/292	01:17:07.55
233/526	WIEBE, ALAINA	3552	00:57:49.25	05:46	10K16-19F	8/16	F	83/292	00:57:40.40
267/526	WILDE, DOUG	3553	00:59:11.70	05:55	10K30-34M	31/37	M	164/234	00:59:00.85
140/526	WILDE, LAURA	3554	00:53:04.65	05:18	10K25-29F	7/53	F	38/292	00:52:43.10
486/526	WILLIAMSON, KAYLEE	3555	01:15:51.05	07:35	10K20-24F	42/45	F	263/292	01:15:27.55
226/526	WILLIAMSON, ROB	3556	00:57:35.85	05:45	10K35-39M	21/31	M	145/234	00:57:18.00
121/526	WILLMS, LORNE	3557	00:51:27.00	05:08	10K55-59M	4/18	M	92/234	00:51:24.30
117/526	WILLMS, MIKE	3558	00:51:02.00	05:06	10K40-44M	10/33	M	91/234	00:50:54.20
155/526	WILSON, MATT	3560	00:53:42.45	05:22	10K40-44M	13/33	M	111/234	00:53:16.20
322/526	WIST, GAIL	3561	01:01:59.75	06:11	10K40-44F	12/27	F	139/292	01:01:38.90
114/526	WITTEN, DAVID	3562	00:50:56.95	05:05	10K16-19M	7/13	M	88/234	00:50:51.00
195/526	WOBICK, MARK	3563	00:55:57.70	05:35	10K40-44M	17/33	M	130/234	00:55:20.35
273/526	WOLCOTT, RAQUEL	3565	00:59:25.85	05:56	10K30-34F	22/55	F	107/292	00:58:55.00
523/526	YOUNG, ALANA	3566	01:27:33.40	08:45	10K40-44F	27/27	F	289/292	01:27:01.30
307/526	ZAPPONE, FRANK	3567	01:01:02.25	06:06	10K50-54M	13/19	M	179/234	01:00:34.35
222/526	ZEMP, NORMA	3584	00:57:21.30	05:44	10K55-59F	1/8	F	79/292	00:57:02.55
258/526	ZOETEMAN, JANA	3568	00:58:42.90	05:52	10K50-54F	8/21	F	97/292	00:58:31.65