

## Category Results

## 10K - 6.21 Miles

## 10K11&amp;UF - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/2	DIXON, TEAGAN	3149	01:00:27.20	09:44	348/607	01:00:18.00	LETH., AB
2/2	DAVIS, CHLOE	3133	01:08:58.85	11:06	514/607	01:08:49.05	LETH., AB

## 10K12-15F - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/3	HARTLEY, KYIRA	3266	00:53:13.25	08:34	179/607	00:53:10.60	RAYMOND, AB
2/3	DIXON, TAYLOR	3148	00:54:30.00	08:46	208/607	00:54:20.50	LETH., AB
3/3	KERKHOFF, MORGAN	3344	01:02:19.25	10:02	393/607	01:02:08.05	TABER, AB

## 10K12-15M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/9	GOOD STRIKER, TYSON	3227	00:45:09.90	07:16	38/607	00:45:09.10	STANDOFF, AB
2/9	GILLIS, ANDREW	3218	00:45:10.20	07:16	39/607	00:45:02.05	CALGARY, AB
3/9	HOSANEE, DANIEL	3743	00:49:57.20	08:02	114/607	00:49:57.20	MED. HAT, AB
4/9	GOOD STRIKER, CLAY	3226	00:50:36.35	08:08	122/607	00:50:35.35	STANDOFF, AB
5/9	HARASEM-MITCHELL, SETH	3259	00:54:13.70	08:43	203/607	00:54:09.00	COALHURST, AB
6/9	SAMOISSETTE, KYLE	3560	00:55:34.55	09:06	252/607	00:56:10.95	LETH., AB
7/9	REID, JONATHAN	3529	00:56:57.75	09:10	265/607	00:56:48.00	LETH., AB
8/9	CORDES, OWEN	3116	01:05:51.90	10:36	471/607	01:05:11.25	LETH., AB
9/9	MARTIN, CAYDEN	3400	01:28:28.95	14:14	606/607	01:24:35.65	LETH., AB

## 10K16-19F - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/14	MATIS, MELISSA	3406	00:46:27.55	07:28	54/607	00:46:26.25	LETH., AB
2/14	SNOW, KIMBER	3606	00:49:49.90	08:01	112/607	00:49:30.50	RAYMOND, AB
3/14	DYER, HANNAH	3163	00:54:59.15	08:51	218/607	00:54:47.70	LETH., AB
4/14	ENTZ, HELEN	3178	00:55:24.75	08:55	230/607	00:55:22.05	COALHURST, AB
5/14	NORRIS, TARA LYN	3461	00:55:39.70	08:57	235/607	00:55:38.85	TABER, AB
6/14	NELSON, VICKIE	3294	00:55:42.25	08:58	237/607	00:55:22.50	CALGARY, AB
7/14	CONROY, DANI	3108	00:56:49.45	09:08	260/607	00:56:30.45	LETH., AB
8/14	GOLDIE, KATIE	3225	00:57:28.95	09:15	273/607	00:57:25.50	COALHURST, AB
9/14	POLLOCK, ELAINE	3513	00:58:41.05	09:26	306/607	00:58:10.45	MILLARVILLE, AB
10/14	YOUNG, REBECCA	3730	01:00:05.45	09:40	337/607	00:59:44.25	CALGARY, AB
11/14	ROMERIL, AMY	3552	01:03:04.25	10:09	413/607	01:02:58.95	LETH., AB
12/14	CASTELLANO, KERRI	3086	01:05:22.25	10:31	459/607	01:05:19.00	LETH., AB
13/14	ROLL, MIRANDA	3551	01:06:44.40	10:44	486/607	01:06:35.55	HAYS, AB
14/14	GARCIA, PRISCILLA	3209	01:17:29.75	12:28	579/607	01:16:57.20	CALGARY, AB

## 10K16-19M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/12	OPEL, DAYN	3742	00:38:25.10	06:11	7/607	00:38:24.40	LETH., AB
2/12	BROWN, DANIEL	3064	00:42:25.95	06:49	17/607	00:42:25.25	LETH., AB
3/12	HOSANEE, MICHAEL	3302	00:43:48.95	07:03	24/607	00:43:48.20	MED. HAT, AB
4/12	JOHNSON, PAYDEN	3330	00:44:09.25	07:06	25/607	00:44:00.70	CALGARY, AB
5/12	WATSON, JACE	3690	00:45:36.95	07:20	46/607	00:45:13.50	
6/12	MILNER, KOLE	3434	00:52:16.95	08:25	158/607	00:51:51.90	RAYMOND, AB
7/12	DEBOER, BRAYDEN	3139	00:53:25.15	08:36	184/607	00:52:55.95	MONARCH, AB
8/12	NORRIS, JOEL	3460	00:53:59.10	08:41	197/607	00:53:58.25	TABER, AB
9/12	ARNOLDUSSEN, CHRIS	3021	01:03:05.25	10:09	415/607	01:02:49.45	LETH., AB
10/12	TAMS, STUART	3631	01:03:34.30	10:14	431/607	01:03:28.15	TABER, AB
11/12	COOPER, TREVOR	3112	01:03:47.55	10:16	437/607	01:03:40.65	LETH., AB
12/12	MACDONALD, KYLE	3384	01:08:51.95	11:05	512/607	01:08:24.20	

## 10K20-24F - 60 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/60	HIEBERT, LAUREN	3283	00:46:19.60	07:27	52/607	00:46:13.30	CALGARY, AB
2/60	MANGONE, MELISSA	3395	00:46:29.65	07:29	55/607	00:46:27.10	LETH., AB
3/60	ERB, HANNAH	3179	00:47:18.35	07:37	65/607	00:47:17.35	LETH., AB
4/60	HONESS, FAREN	3300	00:48:13.20	07:45	78/607	00:47:59.50	LOMOND, AB
5/60	OSADCZUK, RYLEE	3477	00:49:30.65	07:58	106/607	00:49:14.40	LETH., AB
6/60	HILL, CAMELLIA	3288	00:49:39.75	07:59	107/607	00:49:17.55	LETH., AB
7/60	KLAPPSTEIN, GILLIAN	3345	00:49:41.45	08:00	108/607	00:49:18.55	LETH., AB
8/60	GIBB, KRISTEN	3213	00:51:04.30	08:13	133/607	00:50:58.30	CALGARY, AB
9/60	LOCKHART, COURTNEY	3375	00:51:09.65	08:14	134/607	00:51:01.60	LETH., AB
10/60	ADAMS, BRITNEY	3002	00:51:51.45	08:20	145/607	00:51:50.25	LETH., AB
11/60	CAMPBELL, SACHA	3082	00:52:10.85	08:24	154/607	00:52:04.30	LETH., AB

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## 10K - 6.21 Miles

## 10K20-24F - 60 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
12/60	RACZ, ALLYSON	3524	00:53:32.55	08:37	189/607	00:53:13.45	LETH., AB
13/60	HARKER, KATE	3262	00:54:03.75	08:42	199/607	00:53:57.85	MAGRATH, AB
14/60	HOPKINS, JODI	3301	00:54:19.55	08:44	204/607	00:53:51.75	LETH., AB
15/60	GLENN, LAUREN	3223	00:55:09.60	08:53	223/607	00:54:50.30	LETH., AB
16/60	ELLIS, SARAH	3171	00:55:32.60	08:56	232/607	00:55:21.50	EDMONTON, AB
17/60	MACLEAN, JESSICA	3390	00:55:56.55	09:00	243/607	00:55:30.95	LETH., AB
18/60	WILDE, LAURA	3705	00:56:20.40	09:04	247/607	00:56:10.30	WELLING, AB
19/60	BONISH, KELSIE	3055	00:56:40.60	09:07	254/607	00:56:26.15	LETH., AB
20/60	GRANT, KIRSTEN	3231	00:57:15.80	09:13	269/607	00:57:07.60	LETH., AB
21/60	PARISEAU, JESSICA	3485	00:58:07.35	09:21	292/607	00:57:46.15	LETH., AB
22/60	JOHNSON, SARAH	3331	00:58:14.15	09:22	296/607	00:58:08.35	LETH., AB
23/60	ANDERSON, SUSAN	3014	00:58:22.50	09:23	300/607	00:57:50.85	EDMONTON, AB
24/60	GARDNER, KAYLEE	3210	00:58:23.90	09:24	301/607	00:57:53.10	EDMONTON, AB
25/60	OMAN, KRISTA	3472	00:58:58.20	09:29	317/607	00:58:53.25	LETH., AB
26/60	ULRICH, LARA	3652	00:59:28.70	09:34	328/607	00:59:00.15	LETH., AB
27/60	SCHMIDT, BETHANY	3569	00:59:29.30	09:34	329/607	00:59:01.05	LETH., AB
28/60	PHARO, MEGAN	3506	00:59:39.50	09:36	332/607	00:58:47.75	LETH., AB
29/60	HAYZELDEN, ERIN	3275	01:00:18.60	09:42	341/607	00:59:45.90	CALGARY, AB
30/60	KUBOS, AMBER	3358	01:00:27.45	09:44	349/607	00:59:56.35	LETH., AB
31/60	TYNDALL, AMANDA	3651	01:00:27.85	09:44	351/607	01:00:17.55	LETH., AB
32/60	WATKINS, ANNA	3688	01:00:29.00	09:44	353/607	00:59:42.70	CALGARY, AB
33/60	POLLOCK, JOANNA	3514	01:00:35.85	09:45	357/607	01:00:04.80	MILLARVILLE, AB
34/60	GREGORY, KATIE	3235	01:00:40.00	09:46	360/607	01:00:05.90	LETH., AB
35/60	BECKING, BRITTANY	3042	01:01:01.35	09:49	366/607	01:00:22.30	COALDALE, AB
36/60	GALEY, KYRA NOELLE	3204	01:01:22.40	09:52	372/607	01:01:16.15	LETH., AB
37/60	VAN HIERDEN, BRITTANY	3658	01:01:35.05	09:55	378/607	01:00:56.70	FT. MACLEOD, AB
38/60	BEVAN, LEAH	3045	01:01:53.65	09:58	382/607	01:01:22.00	LETH., AB
39/60	CROSS, NICOLE	3120	01:02:08.60	10:00	387/607	01:02:03.80	LETH., AB
40/60	CARLSON, JADE	3084	01:02:14.25	10:01	390/607	01:01:57.65	LLOYDMINSTER, AB
41/60	DOVICHAK, JESSICA	3152	01:03:04.00	10:09	412/607	01:02:24.55	LETH., AB
42/60	PATTERSON, ELIZABETH	3493	01:03:42.95	10:15	436/607	01:03:10.45	LETH., AB
43/60	SCHEMNAUER, RAINA	3567	01:03:57.00	10:17	438/607	01:03:26.55	LETH., AB
44/60	RUDOLF, TARA	3557	01:03:57.10	10:17	439/607	01:03:49.45	TABER, AB
45/60	WILDE, TINA	3706	01:04:17.10	10:21	446/607	00:49:18.40	LETH., AB
46/60	HARDY, MADELEINE	3260	01:05:30.20	10:32	463/607	01:05:00.05	LETH., AB
47/60	DE MONTARNAL, JACQUELINE	3137	01:06:04.80	10:38	473/607	01:05:32.75	CAMROSE, AB
48/60	LEAVITT, KIMBER	3368	01:06:08.00	10:38	475/607	00:59:32.85	CARDSTON, AB
49/60	WOODMAN, KALEY	3722	01:07:18.60	10:50	492/607	01:06:41.55	LLOYDMINSTER, SASK
50/60	HAMBLIN, ASHLEE	3249	01:09:16.30	11:09	518/607	01:08:56.65	AIRDRIE, AB
51/60	BOYD, WHITNEY	3057	01:10:09.25	11:17	533/607	01:10:01.80	CALGARY, AB
52/60	WARREN, BRITTANY	3685	01:10:16.25	11:18	535/607	01:09:42.00	CALGARY, AB
53/60	ARNOLDUSSEN, NICOLEEN	3024	01:10:32.65	11:21	538/607	01:10:20.50	LETH., AB
54/60	METZ, JENA	3426	01:10:53.00	11:24	540/607	01:10:25.30	MED. HAT, AB
55/60	MCMULLIN, ANNE	3417	01:14:56.80	12:04	564/607	01:14:27.60	LETH., AB
56/60	GARCIA, BRENDA	3208	01:17:29.60	12:28	578/607	01:16:57.55	CALGARY, AB
57/60	GRAHAM, TIA	3230	01:18:14.95	12:36	583/607	01:17:57.50	LETH., AB
58/60	ROSS, CAITLIN	3554	01:18:47.80	12:41	585/607	01:18:37.15	CALGARY, AB
59/60	DALY, CLAIRE	3126	01:19:37.85	12:49	588/607	01:19:10.00	CALGARY, AB
60/60	ROSS, MAURA	3556	01:20:10.40	12:54	592/607	01:19:59.20	CALGARY, AB

## 10K20-24M - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/23	ONTKEAN, NICK	3473	00:39:14.25	06:19	10/607	00:39:13.25	LETH., AB
2/23	SHELLENBERG, JOSHUA	3566	00:44:32.90	07:10	31/607	00:44:13.60	LETH., AB
3/23	KOEGLER, JONNY	3350	00:45:06.50	07:15	37/607	00:44:51.75	LETH., AB
4/23	WALICKI, JAN	3678	00:47:41.70	07:40	71/607	00:47:23.50	LETH., AB
5/23	HILL, JOEL	3289	00:48:44.50	07:50	86/607	00:48:21.50	LETH., AB
6/23	HARTER, SHAWN	3265	00:50:04.95	08:03	118/607	00:49:36.90	LETH., AB
7/23	QUINTIN, JUSTIN	3523	00:50:20.75	08:06	121/607	00:50:13.00	LETH., AB
8/23	HIEBERT, CASEY	3282	00:52:09.20	08:23	152/607	00:51:42.65	CALGARY, AB
9/23	LANDRY, DAVID	3363	00:54:59.50	08:51	219/607	00:54:47.15	LETH., AB
10/23	MAYERLE, LUKE	3741	00:55:52.00	08:59	239/607	00:55:30.80	LETH., AB
11/23	BANBUR, MAT	3739	00:56:44.80	09:08	256/607	00:56:22.60	PICTURE BUTTE, AB
12/23	WIGGERS, RYAN	3702	00:56:45.65	09:08	257/607	00:56:22.90	LETH., AB

## Category Results

## 10K - 6.21 Miles

## 10K20-24M - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
13/23	WALKER, MIKE	3680	00:58:10.80	09:22	294/607	00:58:01.45	CALGARY, AB
14/23	ELLIS, MICHAEL	3170	00:58:44.95	09:27	307/607	00:58:33.90	EDMONTON, AB
15/23	STUEWE, BILL	3624	00:59:53.70	09:38	334/607	00:59:42.30	LETH., AB
16/23	DUECK, TRAVIS	3157	01:01:01.35	09:49	365/607	01:00:23.15	COALDALE, AB
17/23	KRUSE, BRAD	3356	01:01:27.20	09:53	374/607	01:01:03.30	NEW NORWAY, AB
18/23	COMEAU, NICK	3107	01:03:04.45	10:09	414/607	01:02:25.70	LETH., AB
19/23	SCHOLER, JONATHAN	3573	01:03:38.90	10:14	435/607	01:03:33.15	LETH., AB
20/23	TOWNSEND, LOGAN	3643	01:05:30.25	10:32	464/607	01:04:58.85	LETH., AB
21/23	CHEEK, JOSH	3091	01:09:14.10	11:08	516/607	01:08:53.90	AIRDRIE, AB
22/23	BEVAN, TRAVIS	3046	01:10:22.75	11:20	536/607	01:09:48.70	LETH., AB
23/23	LIEN, CORY	3373	01:14:03.70	11:55	558/607	01:13:36.15	

## 10K25-29F - 61 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/61	DREVER, JENNA	3155	00:45:36.25	07:20	45/607	00:45:27.90	LETH., AB
2/61	HILEWICH, LESLEE	3287	00:46:34.40	07:29	58/607	00:46:28.55	LETH., AB
3/61	TRAN, ARYNNE	3645	00:48:12.70	07:45	77/607	00:48:08.45	LETH., AB
4/61	MOHR, JONI	3437	00:49:07.75	07:54	97/607	00:48:43.85	RAYMOND, AB
5/61	BRAUN, LORI	3062	00:49:08.80	07:54	100/607	00:49:04.30	LETH., AB
6/61	COOK, JULIE	3110	00:50:04.65	08:03	116/607	00:49:45.50	CALGARY, AB
7/61	SEITZ, DESIRAE	3580	00:50:37.60	08:09	123/607	00:50:33.65	MANYBERRIES, AB
8/61	BEZOOYEN, ANDREA	3048	00:51:43.15	08:19	142/607	00:51:24.20	LETH., AB
9/61	LAMMERS-POTTAGE, ANDREA	3362	00:51:55.00	08:21	148/607	00:51:43.90	LETH., AB
10/61	WARSHAWSKY, AMANDA	3687	00:52:22.10	08:25	160/607	00:52:10.50	FERNIE, BC
11/61	DOW, KRISTEN	3153	00:52:47.30	08:29	169/607	00:52:30.70	CALGARY, AB
12/61	VAN DIEMEN, JOSÉ	3656	00:52:55.20	08:31	170/607	00:52:41.95	IRON SPRINGS, AB
13/61	SJODEN, AMANDA	3595	00:53:05.70	08:33	174/607	00:52:49.00	LETH., AB
14/61	OTTO, SHAUNA	3480	00:53:26.75	08:36	186/607	00:53:01.45	LETH., AB
15/61	OHRN, WHITNEY	3465	00:54:42.65	08:48	210/607	00:54:20.35	BELLEVUE, AB
16/61	KLEISINGER, CARLY	3347	00:55:15.55	08:53	226/607	00:54:49.15	LETH., AB
17/61	SCHAUFLE, AMIE	3564	00:55:54.80	09:00	240/607	00:55:20.00	LETH., AB
18/61	WIGGERS, TERENA	3703	00:56:45.75	09:08	258/607	00:56:23.75	LETH., AB
19/61	THOMAS, SAMANTHA	3318	00:56:47.90	09:08	259/607	00:56:22.75	BROOKS, AB
20/61	HOWARD, KYMBERLI	3304	00:57:08.60	09:12	268/607	00:56:50.00	LETH., AB
21/61	LOGAN, HELEN	3378	00:57:39.90	09:17	279/607	00:57:21.80	COALDALE, AB
22/61	JANZEN, CORRINE	3323	00:57:40.55	09:17	280/607	00:57:08.20	LETH., AB
23/61	FLEWELL, STACEY	3192	00:57:47.70	09:18	283/607	00:57:32.05	LLOYDMINSTER, SASK
24/61	WARD, JANENE	3683	00:58:24.20	09:24	302/607	00:58:10.95	LETH., AB
25/61	WOOD, GRACE	3721	00:58:26.70	09:24	303/607	00:57:49.65	LETH., AB
26/61	OHLMANN, NIKKI	3464	00:58:33.45	09:25	305/607	00:58:27.10	COALDALE, AB
27/61	VANCE, ROBYN	3660	00:58:53.50	09:28	312/607	00:58:43.40	MED. HAT, AB
28/61	MATTHEWS, AMARA	3408	00:58:58.95	09:29	318/607	00:58:52.90	LETH., AB
29/61	ANDERSON, LINDSAY	3012	00:59:32.90	09:35	331/607	00:59:12.45	LETH., AB
30/61	VOLK, VICKEY	3674	01:00:09.35	09:41	339/607	00:59:31.50	LETH., AB
31/61	LODERMEIER, MARINA	3376	01:00:26.25	09:43	346/607	00:59:55.85	LETH., AB
32/61	CHENARD, SARAH	3092	01:01:00.35	09:49	364/607	01:00:33.00	MED. HAT, AB
33/61	RIVIERE, SHANNON	3547	01:01:35.45	09:55	379/607	01:01:05.20	CALGARY, AB
34/61	POMERLEAU, SHERRY	3515	01:02:06.60	10:00	386/607	01:01:26.90	LEDUC, AB
35/61	FERRIER, DAINA	3184	01:02:11.75	10:00	388/607	01:01:58.30	LETH., AB
36/61	BATTERSHILL, JAYME	3039	01:02:14.10	10:01	389/607	01:01:57.90	LETH., AB
37/61	PETRISOR, TANIA	3503	01:02:46.25	10:06	405/607	01:02:25.80	LETH., AB
38/61	PETRISOR, TARA	3504	01:02:46.65	10:06	406/607	01:02:26.50	LETH., AB
39/61	DUDAS, JACLYN	3156	01:04:00.10	10:18	441/607	01:03:56.95	LETH., AB
40/61	FOREMAN, AMY	3196	01:04:20.15	10:21	448/607	01:04:03.50	CRESTON, BC
41/61	RICHERT, KRISTA	3537	01:04:20.65	10:21	449/607	01:03:43.30	LETH., AB
42/61	FOREMAN, LILA	3197	01:04:21.35	10:21	450/607	01:04:05.50	LETH., AB
43/61	CUTHBERTSON, CHRISTINA	3123	01:05:28.95	10:32	462/607	01:05:09.60	LETH., AB
44/61	CHAPPELL, ANGELA	3090	01:06:08.45	10:38	477/607	01:05:36.90	CAMROSE, AB
45/61	LANSER, BRITTANY	3364	01:07:24.85	10:51	495/607	01:07:16.70	LETH., AB
46/61	HOLT, KINSEY	3298	01:09:15.75	11:09	517/607	01:08:51.40	RAYMOND, AB
47/61	CHORNEY, CARRIE	3094	01:09:33.80	11:12	521/607	01:09:26.25	CALGARY, AB
48/61	ADIE, HEATHER	3003	01:09:37.20	11:12	524/607	01:09:11.05	MED. HAT, AB
49/61	GLOVER, ASHLEY	3224	01:10:08.65	11:17	532/607	01:09:58.35	MOSSLEIGH, AB
50/61	SUGIMOTO, KORALIE	3625	01:11:32.70	11:31	545/607	01:10:54.65	RAYMOND, AB

## Category Results

## 10K - 6.21 Miles

## 10K25-29F - 61 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
51/61	MERKEL, MICHELLE	3423	01:11:41.75	11:32	546/607	01:11:12.40	LLOYDMINSTER, SASK
52/61	STENBECK, JENNIFER	3616	01:12:27.60	11:40	549/607	01:12:05.30	LETH., AB
53/61	TURNER, MEGAN	3649	01:13:26.70	11:49	554/607	01:12:55.30	EDMONTON, AB
54/61	RINAS, CHRISTINE	3541	01:14:07.30	11:56	559/607	01:13:38.55	RIVERCOURSE, AB
55/61	WARREN, MARISSA	3686	01:14:27.00	11:59	563/607	01:13:51.50	PRIDDIS, AB
56/61	BURGESS, CASSIDY	3072	01:18:00.35	12:33	581/607	01:17:23.15	WELLING, AB
57/61	WILLIAMS, JOANNE	3708	01:20:04.75	12:53	590/607	01:19:33.35	
58/61	PENNER, KIRA	3498	01:20:10.30	12:54	591/607	01:19:58.65	CALGARY, AB
59/61	PANKHURST, KELSEY	3481	01:22:55.75	13:21	597/607	01:16:21.05	LETH., AB
60/61	BLAHUT, TANYA	3054	01:23:20.95	13:25	598/607	01:22:52.20	LETH., AB
61/61	LONG, JENNIFER	3379	01:24:03.90	13:32	603/607	01:23:11.45	LETH., AB

## 10K25-29M - 37 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/37	KANGOGO, ED	3736	00:34:17.00	05:31	1/607	00:34:16.00	LETH., AB
2/37	BELL, DARCY	3735	00:35:32.20	05:43	2/607	00:35:30.85	CALGARY, AB
3/37	O'BRIEN, RORY	3462	00:39:53.75	06:25	12/607	00:39:52.65	LETH., AB
4/37	MCIVER, JORDAN	3414	00:41:05.25	06:36	14/607	00:41:02.45	EDMONTON, AB
5/37	WARD, KIERAN	3684	00:43:20.15	06:58	20/607	00:43:15.20	LETH., AB
6/37	JENSEN, KYLE	3324	00:44:34.85	07:10	32/607	00:44:32.35	LETH., AB
7/37	MITTEN, BEN	3436	00:44:37.55	07:11	33/607	00:44:36.20	LETH., AB
8/37	PULGARIN, PAULO	3522	00:45:15.15	07:17	40/607	00:45:09.30	LETH., AB
9/37	SHELLENBERG, JORDAN	3565	00:46:01.65	07:24	50/607	00:45:34.35	LETH., AB
10/37	MUELLER, RYAN	3447	00:46:30.35	07:29	56/607	00:46:24.95	LETH., AB
11/37	ILNYTSKY, YAROSLAV	3311	00:47:05.10	07:34	63/607	00:46:32.75	LETH., AB
12/37	MARKLE, JOSH	3397	00:47:23.25	07:37	67/607	00:46:59.80	LETH., AB
13/37	LACANILAO, BRIAN	3360	00:47:24.35	07:37	68/607	00:46:57.00	LETH., AB
14/37	MCIVER, GRANT	3413	00:48:09.70	07:45	76/607	00:48:00.20	EDMONTON, AB
15/37	PETLUK, DUANE	3502	00:48:30.75	07:48	83/607	00:48:26.60	COALHURST, AB
16/37	ROBDRUP, DANNY	3548	00:49:28.05	07:57	105/607	00:49:22.55	LETH., AB
17/37	KLEISINGER, ANDY	3346	00:50:52.55	08:11	127/607	00:50:35.10	LETH., AB
18/37	HOLLADAY, JUSTIN	3297	00:51:14.80	08:15	135/607	00:51:00.85	LETH., AB
19/37	ROSS, DUSTIN	3555	00:52:37.70	08:28	164/607	00:52:16.50	LETH., AB
20/37	LEE, JASON	3370	00:52:59.75	08:32	172/607	00:52:37.10	LETH., AB
21/37	CHURKO, TYREL	3099	00:55:24.75	08:55	231/607	00:55:13.95	LETH., AB
22/37	FRIESEN, SHELDON	3202	00:56:00.15	09:01	244/607	00:55:32.00	LETH., AB
23/37	LYBBERT, ROBIN	3383	00:57:25.95	09:14	271/607	00:57:03.70	RAYMOND, AB
24/37	IRWIN, SAMUEL	3312	00:57:31.95	09:15	276/607	00:57:10.40	LETH., AB
25/37	MANDEVILLE, KEITH	3394	00:58:05.95	09:21	291/607	00:57:49.35	LETH., AB
26/37	STOVEL, MARK	3622	00:58:45.00	09:27	308/607	00:58:28.85	CALGARY, AB
27/37	NICKEL, DAYNE	3455	00:59:55.30	09:38	335/607	00:59:21.00	LETH., AB
28/37	MACKAY, MATTHEW	3387	01:00:38.25	09:45	358/607	01:00:23.20	CALGARY, AB
29/37	KRUZER, DAVID	3357	01:01:22.90	09:53	373/607	01:01:15.95	LETH., AB
30/37	HIEBERT, CAMERON	3281	01:03:00.45	10:08	411/607	01:02:32.60	CALGARY, AB
31/37	JANTZIE, NATHAN	3322	01:03:16.10	10:11	419/607	01:02:41.00	LETH., AB
32/37	WEWIORA, DAVID	3696	01:05:34.30	10:33	466/607	01:05:33.00	LETH., AB
33/37	STEED, RICHARD	3613	01:05:42.65	10:34	469/607	01:04:57.35	CALGARY, AB
34/37	RAUDA, LUIS	3527	01:13:40.70	11:51	555/607	01:13:09.65	LETH., AB
35/37	WALKER, IAN	3679	01:14:12.30	11:56	560/607	01:13:41.50	LETH., AB
36/37	KNOPP, MATHEW	3349	01:16:00.90	12:14	569/607	01:15:24.55	CALGARY, AB
37/37	GRODZICKY, JEFF	3238	01:24:03.50	13:32	601/607	01:23:11.55	LETH., AB

## 10K30-34F - 51 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/51	RIOPEL, LOUISE	3543	00:43:44.50	07:02	23/607	00:43:43.70	LETH., AB
2/51	HARRIS, ERIN	3264	00:44:19.05	07:08	27/607	00:44:14.50	MONARCH, AB
3/51	CORBETT, KRISTEN	3114	00:45:20.30	07:18	43/607	00:45:16.75	CLARESHOLM, AB
4/51	OLSON, DAWN	3469	00:46:54.65	07:33	62/607	00:46:52.75	MED. HAT, AB
5/51	PASQUOTTI, DANA	3489	00:48:51.05	07:51	89/607	00:48:43.60	LETH., AB
6/51	HENINGER, SHANNON	3279	00:48:52.70	07:52	92/607	00:48:42.85	AETNA, AB
7/51	EATON, SARRA	3165	00:50:07.45	08:04	120/607	00:49:52.50	CARDSTON, AB
8/51	SHEPPARD, SUZANNE	3586	00:50:54.60	08:11	128/607	00:50:44.55	LETH., AB
9/51	WESSELS, HENRIETTE	3695	00:50:56.70	08:12	131/607	00:50:43.70	FT. MACLEOD, AB
10/51	SMITH, VANESSA	3605	00:51:19.30	08:15	137/607	00:51:00.70	ELKFORD, BC

## Category Results

## 10K - 6.21 Miles

## 10K30-34F - 51 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
11/51	HARMS, JILL	3738	00:51:20.00	08:15	138/607	00:51:16.25	LETH., AB
12/51	BLACK, JODIE	3050	00:52:17.25	08:25	159/607	00:52:10.65	LETH., AB
13/51	KREMER, LISA	3355	00:53:10.35	08:33	175/607	00:53:07.00	LETH., AB
14/51	LEUSINK, ALISON	3371	00:53:12.70	08:34	177/607	00:52:56.65	LETH., AB
15/51	WOODRUFF-HUGHES, MARIA	3724	00:53:16.65	08:34	181/607	00:53:10.90	GRASSY LAKE, AB
16/51	BORTHWICK, SONJA	3056	00:53:37.35	08:38	190/607	00:53:17.60	LETH., AB
17/51	ARTHUR, ERIN	3025	00:54:54.35	08:50	216/607	00:54:51.85	BLAIRMORE, AB
18/51	ALSTON, JILL	3005	00:55:55.60	09:00	241/607	00:55:42.85	CARDSTON, AB
19/51	HATCH, ERICA	3270	00:56:25.45	09:05	249/607	00:56:07.60	AIRDRIE, AB
20/51	SOMERVILLE, CHELSEA	3607	00:56:54.80	09:09	262/607	00:56:28.40	CALGARY, AB
21/51	CORNFORTH, ANGELA	3117	00:57:17.95	09:13	270/607	00:57:03.30	LETH., AB
22/51	BEVANS, CHRISTY	3491	00:57:29.05	09:15	274/607	00:56:51.80	LETH., AB
23/51	WOLOSUK, JULIA	3374	00:57:55.60	09:19	287/607	00:57:30.40	LETH., AB
24/51	THANNHAUSER, JENNIFER	3634	00:58:15.65	09:22	297/607	00:58:05.65	LETH., AB
25/51	DONNELLY, ANDREA	3222	00:59:32.85	09:35	330/607	00:59:01.25	LETH, AB
26/51	MORGAN, JEN	3442	01:00:45.75	09:47	361/607	01:00:16.45	CALGARY, AB
27/51	VATCHER, KATHERINE	3669	01:01:37.75	09:55	380/607	01:01:34.85	LETH., AB
28/51	WOLCOTT, RAQUEL	3717	01:02:37.15	10:04	399/607	01:02:05.35	LETH., AB
29/51	IWAASA, DAWN	3315	01:03:17.15	10:11	423/607	01:02:46.50	LETH., AB
30/51	HIGA, ANGIE	3284	01:03:18.10	10:11	424/607	01:02:55.05	TABER, AB
31/51	MILLS, STEPHANIE	3432	01:03:31.20	10:13	429/607	01:02:52.85	LETH., AB
32/51	THOMPSON, NICOLE	3638	01:03:38.45	10:14	434/607	01:03:06.95	LETH., AB
33/51	BOERSMA, WELMOED	3740	01:04:13.15	10:20	445/607	01:03:53.50	BARNWELL, AB
34/51	JOHNSTON, SHANNON	3333	01:04:48.75	10:26	455/607	01:04:31.95	CALGARY, AB
35/51	BALDRY, SARABETH	3036	01:05:40.55	10:34	468/607	01:04:54.90	RAYMOND, AB
36/51	BERNARD, SARAH	3044	01:06:09.25	10:39	479/607	01:05:56.30	LETH., AB
37/51	WOLFE, LISA	3719	01:06:56.30	10:46	489/607	01:06:40.45	VALLEYVIEW, AB
38/51	HOLLADAY, ALANA	3295	01:08:35.95	11:02	508/607	01:08:21.85	LETH., AB
39/51	FLAMAND, JODIE	3191	01:09:28.25	11:11	520/607	01:09:16.65	LETH., AB
40/51	MUSHUMANSKI, RAYLENE	3451	01:10:01.25	11:16	528/607	01:09:50.40	FORT SASKATCHEWAN, AB
41/51	RICHMAN, JENNIFER	3538	01:10:11.25	11:18	534/607	01:09:40.15	WELLING, AB
42/51	BARTON, LAUREL	3037	01:10:33.15	11:21	539/607	01:10:23.65	BENTLEY, AB
43/51	DAVIES, MEGAN	3129	01:11:21.10	11:29	542/607	01:11:06.85	LETH., AB
44/51	MARSH, KELLY	3398	01:13:09.45	11:46	553/607	01:12:45.85	LETH., AB
45/51	HASTINGS, DEANNA	3268	01:14:18.80	11:58	562/607	01:13:57.55	GREAT FALLS, MONT
46/51	JONES, ADRIENNE	3335	01:16:28.80	12:18	573/607	01:16:01.25	CALGARY, AB
47/51	HAHN, KRISTEN	3246	01:17:54.05	12:32	580/607	01:17:18.15	LETH., AB
48/51	DAVIS, AMY	3131	01:19:40.70	12:49	589/607	01:19:04.15	LETH., AB
49/51	PRICE, TESSA	3520	01:22:04.90	13:13	594/607	01:21:41.90	COALDALE, AB
50/51	RUSCHIN, TRACEY	3558	01:24:03.85	13:32	602/607	01:23:10.45	LETH., AB
51/51	HISSETT, GAIL	3292	01:27:19.05	14:03	605/607	01:26:42.05	PICTURE BUTTE, AB

## 10K30-34M - 35 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/35	GREEN, JEFF	3234	00:39:08.25	06:18	9/607	00:39:07.30	LETH., AB
2/35	SCHMIDT, JONATHAN	3571	00:40:44.90	06:33	13/607	00:40:43.85	LETH., AB
3/35	ALBRECHT, TYLER	3004	00:44:21.20	07:08	28/607	00:44:13.35	MED. HAT, AB
4/35	SJODEN, TRISTAN	3596	00:44:52.95	07:13	36/607	00:44:36.30	LETH., AB
5/35	ANDERSON, JASON	3011	00:45:32.55	07:19	44/607	00:45:18.70	LETH., AB
6/35	TOMALTY, IAN	3642	00:47:43.45	07:41	72/607	00:47:38.05	COCHRANE, AB
7/35	THIBERT, CORY	3636	00:48:21.55	07:47	80/607	00:48:18.95	CALGARY, AB
8/35	IWAASA, KEVIN	3316	00:48:43.90	07:50	85/607	00:48:13.05	LETH., AB
9/35	BALDRY, DEREK	3035	00:48:52.70	07:52	91/607	00:48:47.85	RAYMOND, AB
10/35	HOLTHE, BRETT	3299	00:49:01.30	07:53	94/607	00:48:38.30	TABER, AB
11/35	SLEIK, RYAN	3599	00:49:05.05	07:54	96/607	00:48:57.10	CRANBROOK, BC
12/35	MOHR, RYAN	3448	00:49:07.80	07:54	98/607	00:48:43.70	LETH., AB
13/35	VATCHER, GORDON	3668	00:49:48.05	08:01	111/607	00:49:46.70	LETH., AB
14/35	TAKAHASHI, BLAIR	3627	00:49:52.95	08:01	113/607	00:49:37.95	COALDALE, AB
15/35	RIOPEL, DANNY	3542	00:51:31.85	08:17	140/607	00:51:30.00	LETH., AB
16/35	KAATZ, MARTIN	3341	00:52:29.50	08:27	162/607	00:52:05.10	LETH., AB
17/35	SCHAAF, NOLAN	3563	00:52:57.50	08:31	171/607	00:52:44.95	LETH., AB
18/35	HUGHES, JEFFREY	3307	00:53:16.15	08:34	180/607	00:53:10.10	GRASSY LAKE, AB
19/35	PILSNER, DOUGLAS	3508	00:53:26.55	08:36	185/607	00:52:52.80	LETH., AB
20/35	WILLIAMSON, ROB	3710	00:54:48.55	08:49	213/607	00:54:43.20	LETH., AB

## Category Results

## 10K - 6.21 Miles

## 10K30-34M - 35 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
21/35	SEXTON, BRIAN	3581	00:55:14.65	08:53	225/607	00:54:35.30	LETH., AB
22/35	JOHNSTONE, JESSE	3334	00:56:01.00	09:01	245/607	00:55:50.75	LETH., AB
23/35	WOODWARD, DANA	3725	00:57:49.20	09:18	284/607	00:57:29.90	LETH., AB
24/35	CAMERON, JAKE	3080	00:58:46.30	09:27	309/607	00:58:34.70	LETH., AB
25/35	GALBRAITH, MIKE	3203	00:58:46.50	09:27	310/607	00:58:19.20	RAYMOND, AB
26/35	KOSOLOFSKI, KYLE	3352	00:59:11.20	09:31	321/607	00:59:00.95	LETH., AB
27/35	FEHR, CAMERON	3182	01:00:17.20	09:42	340/607	01:00:02.35	LETH., AB
28/35	RENTER, DAVID	3533	01:01:10.60	09:51	368/607	01:00:41.65	LETH., AB
29/35	HAYWARD, SHAUN	3274	01:02:15.90	10:01	391/607	01:01:40.05	CALGARY, AB
30/35	SCHWAB, ED	3575	01:02:39.45	10:05	400/607	01:02:23.65	LETH., AB
31/35	EGELAND, CHAD	3168	01:03:21.85	10:12	426/607	01:02:57.20	LETH., AB
32/35	EATON, TIMOTHY	3166	01:04:49.85	10:26	456/607	01:04:35.00	CARDSTON, AB
33/35	POIRIER, ALAN	3512	01:06:50.10	10:45	488/607	01:06:31.90	MED. HAT, AB
34/35	STENBECK, CHAD	3614	01:08:36.85	11:02	509/607	01:08:14.25	LETH., AB
35/35	TEEFY, BILLY	3633	01:12:28.70	11:40	550/607	01:11:52.35	VIKING, AB

## 10K35-39F - 48 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/48	BOYLE, SHARI	3059	00:38:18.75	06:10	6/607	00:38:17.65	CALGARY, AB
2/48	ANDERSON, ANGELA	3009	00:46:46.90	07:32	59/607	00:46:38.75	EDMONTON, AB
3/48	ROEMMELE, TRACEY	3550	00:46:51.85	07:32	61/607	00:46:22.35	LETH., AB
4/48	SCHINDELER, SUSAN	3568	00:47:12.25	07:36	64/607	00:47:08.00	LETH., AB
5/48	HUMENNY, NAOMI	3308	00:48:03.15	07:44	75/607	00:47:59.20	LETH., AB
6/48	SIKKENS, HEIDI	3592	00:49:03.60	07:54	95/607	00:48:55.05	TURIN, AB
7/48	COPELAND, JENNIFER	3113	00:50:00.00	08:03	115/607	00:49:26.50	LETH., AB
8/48	MCKEE, ALLISON	3415	00:50:05.30	08:03	119/607	00:50:05.30	CLARESHOLM, AB
9/48	ARMENER, CARRIE	3017	00:50:38.40	08:09	124/607	00:50:28.60	RAYMOND, AB
10/48	DYCK, JANELLE	3160	00:50:48.05	08:10	125/607	00:50:42.30	LETH., AB
11/48	TUCKOVA, HEATHER	3648	00:51:04.30	08:13	132/607	00:50:55.10	LETH., AB
12/48	BUECKERT, MARYANN	3069	00:51:58.60	08:22	149/607	00:51:49.40	LETH., AB
13/48	OLSEN, JOCELYN	3467	00:53:23.70	08:35	183/607	00:53:21.10	BELLEVUE, AB
14/48	OGONOSKI, SHAWNA	3463	00:54:48.25	08:49	212/607	00:54:27.05	LETH., AB
15/48	GERLA, LISA	3212	00:55:19.10	08:54	227/607	00:55:05.55	LETH., AB
16/48	HADFORD, CHRISTY	3245	00:55:56.20	09:00	242/607	00:55:50.90	LETH., AB
17/48	MEHLEN, AUDIE	3422	00:57:26.50	09:14	272/607	00:56:57.20	LETH., AB
18/48	DOLL, JENNIFER	3150	00:57:44.75	09:17	282/607	00:57:29.90	CRANBROOK, BC
19/48	TAMS, CATHERINE	3630	00:57:54.60	09:19	286/607	00:57:49.20	TABER, AB
20/48	LOEWEN, JANE	3377	00:58:21.10	09:23	299/607	00:57:57.05	ROSEMARY, AB
21/48	JUDD, JANE	3340	00:59:07.25	09:31	320/607	00:58:47.50	CARDSTON, AB
22/48	HUVENAARS, MONIQUE	3309	00:59:13.15	09:32	323/607	00:59:01.50	HAYS, AB
23/48	ARNOLDUSSEN, EVELYN	3022	01:00:20.35	09:42	343/607	01:00:08.20	LETH., AB
24/48	HILLABY, MELANIE	3290	01:00:48.20	09:47	363/607	01:00:41.95	DIAMOND CITY, AB
25/48	PEARSON, DANIELLE	3495	01:01:05.70	09:50	367/607	01:00:56.50	MOSSLEIGH, AB
26/48	MCMURREN, AMANDA	3418	01:01:32.85	09:54	376/607	01:01:25.50	TABER, AB
27/48	TAYLOR, TARA	3632	01:02:28.80	10:03	396/607	01:02:12.15	LETH., AB
28/48	URASAKI, CINDY	3653	01:02:29.75	10:03	397/607	01:02:13.20	LETH., AB
29/48	HANNAN, KAREN	3257	01:02:33.70	10:04	398/607	01:02:01.30	ELKFORD, BC
30/48	SCOTT, TRICIA	3577	01:03:30.20	10:13	428/607	01:02:57.20	MED. HAT, AB
31/48	STEWART, AMY	3618	01:04:12.00	10:20	443/607	01:03:59.10	LETH., AB
32/48	STEWART, KARRI	3619	01:04:12.25	10:20	444/607	01:04:00.35	LETH., AB
33/48	TYMKO, RAYLENE	3650	01:04:38.35	10:24	454/607	01:04:34.30	LETH., AB
34/48	BOYER, JENAI	3058	01:05:33.10	10:33	465/607	01:05:03.15	MED. HAT, AB
35/48	CORDES, KATHY	3115	01:05:55.50	10:36	472/607	01:05:15.75	LETH., AB
36/48	MARSHALL, ANNA	3399	01:06:19.20	10:40	481/607	01:05:53.20	LETH., AB
37/48	BRADLEY, BOBBI	3060	01:07:20.60	10:50	494/607	01:07:16.05	LETH., AB
38/48	KLIPPENSTEIN, MELANIE	3348	01:07:36.20	10:53	498/607	01:06:41.75	LETH., AB
39/48	SIMPSON, LAURA	3594	01:08:39.75	11:03	511/607	01:08:01.70	RAYMOND, AB
40/48	HARVEY, TRACY	3267	01:09:35.55	11:12	523/607	01:09:23.65	LETH., AB
41/48	MOLYNEAUX, BRIGITTE	3441	01:10:08.55	11:17	531/607	01:09:40.40	CALGARY, AB
42/48	WEISS, BEV	3693	01:13:09.25	11:46	552/607	01:12:45.20	LETH., AB
43/48	STACEY, LEAH	3610	01:13:54.45	11:54	556/607	01:13:17.25	LETH., AB
44/48	MAY, KIMBERLY	3410	01:14:16.25	11:57	561/607	01:13:39.20	LETH., AB
45/48	DRAWU, TSETEN	3154	01:15:30.15	12:09	566/607	01:14:53.95	LETH., AB
46/48	BLACKWELL, DEB	3052	01:15:49.60	12:12	567/607	01:15:11.15	CALGARY, AB

## Category Results

## 10K - 6.21 Miles

## 10K35-39F - 48 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
47/48	OSBORN, WENDY	3478	01:20:21.00	12:56	593/607	01:20:00.95	LETH., AB
48/48	MARTIN, TARA	3402	01:24:10.45	13:33	604/607	01:22:01.30	LETH., AB

## 10K35-39M - 35 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/35	MOLNAR, WARREN	3439	00:36:27.40	05:52	3/607	00:36:26.65	LETH., AB
2/35	FAIRHURST, ANDREW	3180	00:37:52.45	06:05	5/607	00:37:51.00	BLAIRMORE, AB
3/35	ASUCHAK, JIM	3027	00:44:43.30	07:12	34/607	00:44:34.10	LETH., AB
4/35	HERWEYER, DANIEL	3280	00:45:58.35	07:24	49/607	00:45:55.60	FT. MACLEOD, AB
5/35	SLOMP, WILLIAM	3601	00:47:27.80	07:38	69/607	00:47:20.10	PICTURE BUTTE, AB
6/35	SHARP, ROB	3582	00:48:25.15	07:47	81/607	00:48:22.80	EDMONTON, AB
7/35	WHITE, STEVE	3699	00:48:47.50	07:51	87/607	00:48:38.30	LETH., AB
8/35	PASQUOTTI, RINO	3490	00:48:50.75	07:51	88/607	00:48:43.60	LETH., AB
9/35	CHRISTENSEN, PETE	3096	00:48:52.20	07:52	90/607	00:48:32.05	LACOMBE, AB
10/35	HOWG, KYLE	3305	00:50:55.15	08:11	129/607	00:50:34.80	ENCHANT, AB
11/35	BITTMAN, ROB	3049	00:51:47.10	08:20	143/607	00:51:24.65	LETH., AB
12/35	BASHFORTH, KELLY	3038	00:51:52.80	08:21	146/607	00:51:26.75	CALGARY, AB
13/35	LARSON, MARK	3365	00:52:08.15	08:23	151/607	00:51:52.15	LETH., AB
14/35	JORGENSEN, SHAUN	3339	00:54:47.20	08:49	211/607	00:54:20.85	LETH., AB
15/35	WIELENGA, CHRIS	3701	00:54:50.95	08:49	215/607	00:54:35.90	BARNWELL, AB
16/35	GRUENHAGE, PETER	3240	00:54:58.45	08:51	217/607	00:54:42.10	LETH., AB
17/35	ANDERSON, GREG	3010	00:55:19.25	08:54	228/607	00:55:06.05	LETH., AB
18/35	FISHER, RYAN	3189	00:55:51.05	08:59	238/607	00:55:41.80	LETH., AB
19/35	BRADLEY, BRIAN	3061	00:56:35.10	09:06	253/607	00:56:18.25	LETH., AB
20/35	JONES, BRAD	3336	00:57:35.75	09:16	277/607	00:57:05.95	COALDALE, AB
21/35	HAWKINS, DEAN	3271	00:57:38.65	09:16	278/607	00:57:34.30	LETH., AB
22/35	WOLFE, TONY	3720	00:57:53.20	09:19	285/607	00:57:38.05	VALLEYVIEW, AB
23/35	HALVORSON, JEREMY	3248	00:58:13.75	09:22	295/607	00:58:04.40	MED. HAT, AB
24/35	WILSON, MATT	3713	00:59:12.65	09:32	322/607	00:58:33.70	FT. MACLEOD, AB
25/35	SIEMENS, TREVOR	3591	00:59:25.85	09:34	327/607	00:58:45.90	LETH., AB
26/35	RIOS GARCIA, IVAN NOE	3544	01:00:26.75	09:44	347/607	01:00:10.40	
27/35	ZGURSKI, SONNY	3734	01:02:20.45	10:02	394/607	01:01:50.35	LETH., AB
28/35	HACIOR, ROGER	3244	01:02:45.65	10:06	404/607	01:02:19.95	LETH., AB
29/35	CHAPMAN, DAN	3089	01:03:06.00	10:09	417/607	01:02:51.55	COALHURST, AB
30/35	ARNOLDUSSEN, JONAS	3023	01:03:32.05	10:13	430/607	01:03:17.85	LETH., AB
31/35	VANDELLEN, TROY	3661	01:03:37.60	10:14	432/607	01:03:31.30	CLARESHOLM, AB
32/35	BUTLER, TYLER	3078	01:06:09.15	10:39	478/607	01:05:27.45	AIRDRIE, AB
33/35	WILLIAMS, KEN	3709	01:06:59.35	10:47	490/607	01:06:36.60	BARNWELL, AB
34/35	BUCK, RICK	3068	01:09:45.15	11:13	526/607	01:09:07.05	LETH., AB
35/35	DAVIS, ROBERT	3136	01:18:42.70	12:40	584/607	01:18:07.75	LETH., AB

## 10K40-44F - 39 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/39	VANDERZEE, PAULA	3666	00:48:26.15	07:47	82/607	00:48:21.50	LETH., AB
2/39	SCHMIDT, JOANNE	3570	00:49:12.10	07:55	102/607	00:49:05.45	CALGARY, AB
3/39	METZLER, CATHY	3427	00:49:12.55	07:55	103/607	00:49:01.15	LETH., AB
4/39	RAST, KATHY	3526	00:50:52.25	08:11	126/607	00:50:28.20	LUNDBRECK, AB
5/39	WAKALUK-YANCO, KATHY	3677	00:52:15.45	08:24	157/607	00:52:12.85	BLAIRMORE, AB
6/39	GIN, SUSAN	3219	00:52:32.00	08:27	163/607	00:52:21.65	LETH., AB
7/39	JISKOOT, HESTER	3327	00:52:46.50	08:29	168/607	00:52:39.35	LETH., AB
8/39	HAAPA-AHO, PAMELA	3243	00:53:12.75	08:34	178/607	00:52:57.30	LETH., AB
9/39	LEVESQUE, FRANCE	3372	00:53:47.25	08:39	193/607	00:53:31.25	RAYMOND, AB
10/39	MCFADZEN, MICHELLE	3412	00:54:08.95	08:43	202/607	00:54:03.75	LETH., AB
11/39	TAKEYASU, CARRIE	3629	00:54:50.50	08:49	214/607	00:54:38.60	LETH., AB
12/39	MARCOTTE, DENISE	3396	00:55:02.70	08:51	221/607	00:54:45.50	LETH., AB
13/39	PATERSON, STACEY	3492	00:55:38.25	08:57	233/607	00:55:12.45	LETH., AB
14/39	FERNHOUT, LIZANNE	3183	00:55:38.80	08:57	234/607	00:55:27.65	LETH., AB
15/39	DECONINCKSMITH-DE JONG, KARIN	3142	00:57:03.75	09:11	267/607	00:56:55.05	LETH., AB
16/39	OSADCZUK, ELAINE	3475	00:57:56.30	09:19	288/607	00:57:37.95	JENNER, AB
17/39	GENTILE, JACQUELINE	3211	00:59:14.55	09:32	324/607	00:58:55.60	SPARWOOD, BC
18/39	WOLFE, HELEN	3718	00:59:17.95	09:32	326/607	00:59:05.20	LETH., AB
19/39	STEVENSON, SHANNON	3617	00:59:40.10	09:36	333/607	00:59:29.05	COALDALE, AB
20/39	DI VINCENZO, TARA	3145	01:00:24.45	09:43	344/607	00:59:44.00	CALGARY, AB
21/39	ROOSEN, DENISE	3553	01:00:24.55	09:43	345/607	01:00:15.35	COALDALE, AB

## Category Results

## 10K - 6.21 Miles

## 10K40-44F - 39 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
22/39	NEUFELD, LISA	3454	01:00:30.65	09:44	354/607	01:00:28.25	COALDALE, AB
23/39	MASON, TRUDI	3404	01:01:10.80	09:51	369/607	01:00:42.90	LETH., AB
24/39	NORN, BRENDA	3458	01:01:30.80	09:54	375/607	01:00:57.80	LETH., AB
25/39	MACKINNON, BOBBIE	3388	01:01:33.35	09:54	377/607	01:01:22.25	LETH., AB
26/39	DURFEY, KIM	3159	01:02:06.05	10:00	385/607	01:02:03.30	CARDSTON, AB
27/39	MERRITT, ALANA	3424	01:02:25.05	10:03	395/607	01:02:06.40	LETH., AB
28/39	DIXON, SANDI	3147	01:03:17.15	10:11	422/607	01:03:06.85	LETH., AB
29/39	PAPENHUYZEN, JANE	3482	01:04:00.85	10:18	442/607	01:03:40.90	CALGARY, AB
30/39	PENNER, CAROLYN	3479	01:05:42.75	10:34	470/607	01:05:23.65	COALDALE, AB
31/39	STRUTHERS, ELLEN	3623	01:06:08.40	10:38	476/607	01:05:41.40	CLARESHOLM, AB
32/39	HAMBLIN, SHERRI	3251	01:06:10.45	10:39	480/607	01:05:53.90	AIRDRIE, AB
33/39	JANS, GLENDA	3320	01:07:52.60	10:55	501/607	01:07:26.95	NEW NORWAY, AB
34/39	MOWAT, CATHY	3446	01:07:59.05	10:56	503/607	01:07:34.60	NEW NORWAY, AB
35/39	SHERWIN, PAM	3588	01:09:34.95	11:12	522/607	01:09:15.80	LETH., AB
36/39	PITSTRA, JACKIE	3511	01:11:20.30	11:29	541/607	01:10:59.85	COALDALE, AB
37/39	BUSBY, CINDY	3077	01:12:19.70	11:38	547/607	01:11:52.70	CLARESHOLM, AB
38/39	MILNER, KIMBERLIE	3433	01:18:13.15	12:35	582/607	01:17:49.05	RAYMOND, AB
39/39	MITCHELL HARTY, KATHRYN	3435	01:19:33.70	12:48	587/607	01:18:57.70	LETH., AB

## 10K40-44M - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/28	ANDERSEN, SHANE	3008	00:39:16.20	06:19	11/607	00:39:14.90	EDMONTON, AB
2/28	GRAY, RICHARD	3232	00:41:12.75	06:38	15/607	00:41:11.30	LETH., AB
3/28	MCFADZEN, KEVIN	3411	00:42:15.80	06:48	16/607	00:42:14.20	LETH., AB
4/28	VANDEN DOOL, GLENN	3662	00:42:55.45	06:54	19/607	00:42:50.00	LETH., AB
5/28	PARADIS, PATRICK	3484	00:45:15.90	07:17	41/607	00:45:12.65	LETH., AB
6/28	ALSTON, JONATHAN	3006	00:45:55.45	07:23	48/607	00:45:50.95	LETH., AB
7/28	CURLY RIDER, MARTIN	3122	00:46:30.35	07:29	57/607	00:46:23.55	STANDOFF, AB
8/28	DIXON, BRIAN	3146	00:46:47.65	07:32	60/607	00:46:39.40	LETH., AB
9/28	MATSON, TRENT	3407	00:49:43.90	08:00	109/607	00:49:13.05	LETH., AB
10/28	HINTON, DAREN	3291	00:49:44.30	08:00	110/607	00:49:25.70	CALGARY, AB
11/28	MCKEE, KEN	3416	00:50:04.90	08:03	117/607	00:50:00.65	CLARESHOLM, AB
12/28	NIXEY, SHAYNE	3457	00:51:26.50	08:16	139/607	00:51:22.15	LETH., AB
13/28	SLOMP, BRIAN	3600	00:51:48.00	08:20	144/607	00:51:28.40	LETH., AB
14/28	SIKKENS, HENRIC	3593	00:52:06.35	08:23	150/607	00:51:56.40	TURIN, AB
15/28	JANSSSENS, BLAYNE	3321	00:52:43.25	08:29	166/607	00:52:16.00	COALDALE, AB
16/28	GROVES, BRAD	3239	00:53:44.95	08:39	192/607	00:53:26.10	LETH., AB
17/28	HIGA, RODNEY	3285	00:55:00.85	08:51	220/607	00:54:38.00	TABER, AB
18/28	VANDERZEE, JIM	3665	00:55:40.80	08:58	236/607	00:55:35.75	LETH., AB
19/28	EDGAR, TOM	3167	00:56:41.40	09:07	255/607	00:56:01.85	LETH., AB
20/28	HAMMERSTEDT, EDEN	3254	00:56:53.65	09:09	261/607	00:56:30.25	TABER, AB
21/28	STENBECK, DEAN	3615	00:58:05.15	09:21	290/607	00:57:42.40	CALGARY, AB
22/28	MCRAE, TOBI	3419	01:02:43.30	10:05	402/607	01:02:34.60	LETH., AB
23/28	HAMBLIN, BRUCE	3250	01:06:46.60	10:45	487/607	01:06:28.40	AIRDRIE, AB
24/28	DAVIS, BRAD	3132	01:08:59.15	11:06	515/607	01:08:37.60	LETH., AB
25/28	VON HEYKING, JOHN	3675	01:10:25.55	11:20	537/607	01:09:51.75	LETH., AB
26/28	BLACKWELL, BILL	3051	01:15:49.95	12:12	568/607	01:15:12.40	CALGARY, AB
27/28	MARUTKYN, JOHN	3403	01:16:40.05	12:20	574/607	01:15:59.15	LETH., AB
28/28	TRAHAN, ROB	3644	01:22:52.85	13:20	596/607	01:22:50.80	LETH., AB

## 10K45-49F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/24	HOSANEE, MONIQUE	3303	00:45:42.20	07:21	47/607	00:45:41.20	MED. HAT, AB
2/24	KOENIG, KAREN	3351	00:48:43.15	07:50	84/607	00:48:26.05	LETH., AB
3/24	WILDE, DONNA JEAN	3704	00:56:20.85	09:04	248/607	00:56:10.40	WELLING, AB
4/24	CLAASSEN, MARJOLEIN	3100	00:56:57.60	09:10	264/607	00:56:46.70	VAUXHALL, AB
5/24	HILDEBRAND, DEIDRE	3286	00:57:41.95	09:17	281/607	00:57:28.30	LETH., AB
6/24	MOLTZ, JODY	3440	00:58:00.70	09:20	289/607	00:57:39.95	LETH., AB
7/24	GOODFELLOW, PIPPA	3228	00:58:50.10	09:28	311/607	00:58:36.15	DIAMOND CITY, AB
8/24	IUTZI, KIM	3313	00:59:01.25	09:30	319/607	00:58:59.15	LETH., AB
9/24	MIDDEL, FREDA	3428	01:00:01.05	09:39	336/607	00:59:54.60	LETH., AB
10/24	FIORINO, JACKIE	3187	01:00:18.85	09:42	342/607	00:59:57.15	LETH., AB
11/24	HANSAEME, SHERRY	3256	01:00:34.40	09:45	355/607	01:00:21.25	LETH., AB
12/24	HEGGIE, DIXIE	3276	01:00:39.95	09:46	359/607	01:00:21.00	RAYMOND, AB



## Category Results

## 10K - 6.21 Miles

## 10K45-49F - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
13/24	DEBOER, LAURIE	3141	01:02:16.30	10:01	392/607	01:01:47.35	MONARCH, AB
14/24	ANDRES, CHERYL	3015	01:02:52.85	10:07	408/607	01:02:20.20	LETH., AB
15/24	CHOW, PHYLLIS	3095	01:03:22.50	10:12	427/607	01:03:05.30	MED. HAT, AB
16/24	WINGATE, MIRANDA	3715	01:03:57.45	10:17	440/607	01:03:27.75	LETH., AB
17/24	PORTER, JUDY	3516	01:04:34.75	10:23	453/607	01:04:04.65	LETH., AB
18/24	WOGSBERG, MARILYN	3716	01:05:22.15	10:31	458/607	01:04:51.90	LOMOND, AB
19/24	OSADCZUK, LORNA	3476	01:07:36.05	10:53	497/607	01:07:18.10	JENNER, AB
20/24	BURNARD, SHANNON	3074	01:07:41.45	10:53	499/607	01:03:49.70	BROOKS, AB
21/24	COUSINS, MARY	3118	01:09:51.10	11:14	527/607	01:09:30.05	LETH., AB
22/24	JONES, SHELLY	3338	01:10:03.55	11:16	529/607	01:09:29.30	SPARWOOD, BC
23/24	HAYWARD, ANGELICA	3272	01:11:25.65	11:30	544/607	01:11:00.80	LETH., AB
24/24	SEIFRIDT, KRISTA	3579	01:12:26.10	11:39	548/607	01:12:00.30	LETH., AB

## 10K45-49M - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/28	CAMERON, ROB	3081	00:37:22.25	06:01	4/607	00:37:21.20	PINCHER CREEK, AB
2/28	HAYWARD, MARC	3273	00:38:25.30	06:11	8/607	00:38:23.95	LETH., AB
3/28	JOHNSON, DEAN	3329	00:43:22.25	06:59	21/607	00:43:19.50	LETH., AB
4/28	ELDER, KEVIN	3169	00:43:28.05	06:59	22/607	00:43:26.60	LETH., AB
5/28	WEBER, STEPHEN	3692	00:44:15.75	07:07	26/607	00:44:12.60	CALGARY, AB
6/28	MURRAY, CHRIS	3449	00:44:23.95	07:08	29/607	00:44:19.45	LETH., AB
7/28	ARNOLD, RALPH	3020	00:44:28.30	07:09	30/607	00:44:26.05	LETH., AB
8/28	PENNER, KEN	3497	00:44:48.10	07:12	35/607	00:44:45.20	LETH., AB
9/28	FRIESEN, BERT	3201	00:49:08.80	07:54	99/607	00:48:47.40	TABER, AB
10/28	HARMS, DON	3263	00:49:09.10	07:54	101/607	00:48:59.30	CALGARY, AB
11/28	MILFORD, RICHARD	3429	00:51:33.40	08:18	141/607	00:51:21.85	BLAIRMORE, AB
12/28	SHERIFF, JOHN	3587	00:51:54.55	08:21	147/607	00:51:21.20	LETH., AB
13/28	MORTON, KIM	3445	00:52:13.65	08:24	155/607	00:52:06.55	LETH., AB
14/28	VORNBROCK, RICK	3676	00:52:15.00	08:24	156/607	00:51:59.45	LETH., AB
15/28	RITCHOT, GILLES	3545	00:52:43.80	08:29	167/607	00:52:17.00	LETH., AB
16/28	PARR, LYLE	3486	00:53:29.25	08:36	187/607	00:53:24.45	LETH., AB
17/28	STOCKLEY, AL	3621	00:54:03.65	08:42	198/607	00:53:47.35	RAYMOND, AB
18/28	CHIEF MOON, LEONARD	3093	00:55:10.75	08:53	224/607	00:55:02.85	CARDSTON, AB
19/28	HANSON, WES	3258	00:56:27.25	09:05	250/607	00:56:13.95	LETH., AB
20/28	MACKINNON, BRUCE	3389	00:56:55.25	09:09	263/607	00:56:43.80	LETH., AB
21/28	GRIER, BLAIR	3236	00:58:54.30	09:29	314/607	00:58:45.85	LETH., AB
22/28	CAZAL, RAY	3088	01:01:15.95	09:51	371/607	01:00:57.95	LETH., AB
23/28	DEBOER, JOHN	3140	01:03:05.80	10:09	416/607	01:02:36.15	MONARCH, AB
24/28	THORNHILL, ROBERT	3639	01:04:26.95	10:22	452/607	01:04:16.15	LETH., AB
25/28	MASSEY, JEFF	3405	01:06:34.80	10:43	484/607	01:05:56.95	COLD LAKE, AB
26/28	SMITH, LLOYD	3604	01:07:10.55	10:48	491/607	01:06:54.20	CANMORE, AB
27/28	DORIA, DOMINGO	3151	01:07:57.35	10:56	502/607	01:07:54.50	LETH., AB
28/28	SHEETS, DARCY	3585	01:10:07.90	11:17	530/607	01:09:33.25	SPARWOOD, BC

## 10K50-54F - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/22	FLOER, JO ELLEN	3194	00:47:35.55	07:39	70/607	00:47:28.45	CRANBROOK, BC
2/22	GALLELLI, RHONDA	3205	00:47:51.10	07:42	73/607	00:47:47.65	CALGARY, AB
3/22	KEITH, PATRICIA	3343	00:49:16.85	07:56	104/607	00:48:52.10	LETH., AB
4/22	TAKEDA, JUNE	3628	00:57:30.30	09:15	275/607	00:57:26.35	LETH., AB
5/22	EMERSON, PATRICIA	3172	00:58:53.70	09:29	313/607	00:58:40.25	LETH., AB
6/22	MACDONALD, MARI	3385	01:00:07.30	09:40	338/607	00:59:57.80	LETH., AB
7/22	ALSTON, KAREN	3007	01:02:02.45	09:59	384/607	01:01:49.25	MAGRATH, AB
8/22	APPELT, SHARON	3016	01:02:42.25	10:05	401/607	01:02:35.90	LETH., AB
9/22	GILES, JANICE	3216	01:03:00.25	10:08	409/607	01:02:33.40	HIGH RIVER, AB
10/22	GRISAK, DONNA	3237	01:03:16.40	10:11	420/607	01:03:00.00	CALGARY, AB
11/22	CHRISTENSEN, SHERRY	3098	01:04:18.85	10:21	447/607	01:03:45.40	COALHURST, AB
12/22	PASOLLI, LORNA	3488	01:05:26.10	10:32	461/607	01:04:59.70	CHAMPION, AB
13/22	FINNIE, LAURIE	3186	01:06:20.65	10:41	482/607	01:05:59.70	LETH., AB
14/22	SMITH, AMY	3603	01:06:31.45	10:42	483/607	01:05:56.75	LETH., AB
15/22	BUREK, JUDY	3071	01:07:32.45	10:52	496/607	01:06:37.50	LETH., AB
16/22	DAVIS, JACKIE	3134	01:07:47.10	10:54	500/607	01:07:10.50	CARDSTON, AB
17/22	GUNDERSON, CHERYL	3241	01:08:38.60	11:03	510/607	01:08:27.35	FT. MACLEOD, AB
18/22	ABBOTT, EILEEN	3001	01:08:55.00	11:05	513/607	01:08:41.75	LETH., AB

## Category Results

## 10K - 6.21 Miles

## 10K50-54F - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
19/22	PETERSON, SUSAN	3501	01:09:43.45	11:13	525/607	01:09:20.55	RAYMOND, AB
20/22	KOSTELANSKY, VALERIE	3353	01:16:20.75	12:17	572/607	01:16:01.45	FT. MACLEOD, AB
21/22	AUSTIN, MIRIAM	3029	01:17:22.55	12:27	577/607	01:16:57.90	LETH., AB
22/22	BLAHUT, ORYSIA	3053	01:23:21.15	13:25	599/607	01:22:52.20	CALGARY, AB

## 10K50-54M - 25 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/25	TIETZEN, DAN	3640	00:42:45.75	06:53	18/607	00:42:42.60	EDMONTON, AB
2/25	SWITZER, JOHN	3626	00:46:02.85	07:24	51/607	00:45:58.90	LETH., AB
3/25	THIESSEN, ERNIE	3637	00:46:22.90	07:28	53/607	00:46:20.30	LETH., AB
4/25	WILSON, PAT	3714	00:47:53.80	07:42	74/607	00:47:16.85	LETH., AB
5/25	WILLMS, LORNE	3711	00:48:16.35	07:46	79/607	00:48:13.55	COALDALE, AB
6/25	OLSON, BARRY	3468	00:48:54.85	07:52	93/607	00:48:51.50	LETH., AB
7/25	OLSON, MIKE	3470	00:52:24.70	08:26	161/607	00:52:17.10	CALGARY, AB
8/25	DAVIDSON, KIM	3127	00:52:42.95	08:29	165/607	00:52:09.60	BURMIS, AB
9/25	KUTA, DALE	3359	00:53:43.95	08:39	191/607	00:53:29.70	BLAIRMORE, AB
10/25	KEITH, KEVIN	3342	00:53:49.75	08:40	194/607	00:53:34.40	LETH., AB
11/25	BROWN, MITCHEL	3067	00:54:24.05	08:45	206/607	00:54:16.30	FT. MACLEOD, AB
12/25	JANKUNIS, FRANK NED	3319	00:54:32.65	08:47	209/607	00:54:11.45	LETH., AB
13/25	OMAN, CRAIG	3471	00:55:02.85	08:51	222/607	00:54:59.00	LETH., AB
14/25	SAMOISSETTE, RICHARD	3561	00:56:33.95	09:06	251/607	00:56:10.65	LETH., AB
15/25	SAWCHUK, GRANT	3562	00:58:32.60	09:25	304/607	00:58:05.30	CLARESHOLM, AB
16/25	TRUDEAU, MARC	3647	01:01:49.40	09:57	381/607	01:01:41.05	MED. HAT, AB
17/25	MYSHYNUIK, GARRY	3452	01:03:16.55	10:11	421/607	01:02:58.70	CALGARY, AB
18/25	WILLIAMS, JIM	3707	01:05:22.95	10:31	460/607	01:05:04.40	HIGH RIVER, AB
19/25	WOODMAN, WAYNE	3723	01:07:20.05	10:50	493/607	01:06:44.15	LLOYDMINSTER, SASK
20/25	PEDERSEN, WAYNE	3496	01:08:01.70	10:57	504/607	01:07:28.20	CLARESHOLM, AB
21/25	DAVIES, DWIGHT	3128	01:08:28.00	11:01	506/607	01:08:02.65	RAYMOND, AB
22/25	PETRUNIK, GORDON	3505	01:09:27.95	11:11	519/607	01:09:04.90	EDMONTON, AB
23/25	MARTIN, RAY	3401	01:14:03.50	11:55	557/607	01:13:29.90	LETH., AB
24/25	VERVOORT, GUY	3671	01:16:08.10	12:15	570/607	01:15:33.55	LETH., AB
25/25	JONES, BRIAN	3337	01:23:41.50	13:28	600/607	01:23:06.95	SPARWOOD, BC

## 10K55-59F - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/10	THIBERT, CAROL	3635	00:53:57.50	08:41	196/607	00:53:50.30	LETH., AB
2/10	RIVIERE, MARY LOU	3546	00:58:08.65	09:21	293/607	00:57:38.85	BLAIRMORE, AB
3/10	RIES, DENISE	3540	00:58:20.05	09:23	298/607	00:57:54.05	MED. HAT, AB
4/10	JACKSON, ANNE	3317	01:01:11.20	09:51	370/607	01:00:57.45	BROOKS, AB
5/10	MEGAW, CAROL	3421	01:01:55.50	09:58	383/607	01:01:47.35	LETH., AB
6/10	CLELAND, CYNTHIA	3103	01:03:18.95	10:11	425/607	01:02:56.20	BOW ISLAND, AB
7/10	BERKHIEM, JANET	3043	01:05:06.65	10:29	457/607	01:04:33.95	CRANBROOK, B.C
8/10	SHAW, LYNN	3584	01:08:31.25	11:02	507/607	01:07:50.50	LETH., AB
9/10	COOK, JOAN	3109	01:12:42.85	11:42	551/607	01:12:03.20	RED DEER, AB
10/10	RHODENIZER, SUSAN	3536	01:22:24.40	13:16	595/607	01:21:59.25	LETH., AB

## 10K55-59M - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/22	CALDER, DARYL	3079	00:47:19.15	07:37	66/607	00:47:12.55	CRANBROOK, BC
2/22	LEAVITT, BARTON	3366	00:50:56.15	08:12	130/607	00:50:27.70	CARDSTON, AB
3/22	ORR, LAURRY	3474	00:51:17.15	08:15	136/607	00:51:09.75	FT. MACLEOD, AB
4/22	FLOER, DAVID	3193	00:53:02.45	08:32	173/607	00:52:49.70	CRANBROOK, BC
5/22	LOWINGS, MALCOLM	3380	00:53:31.40	08:37	188/607	00:53:24.00	LETH., AB
6/22	SOROCHAN, GLENN	3608	00:53:57.45	08:41	195/607	00:53:48.85	COALHURST, AB
7/22	VANDERVEEN, KLAAS	3663	00:54:05.00	08:42	201/607	00:54:01.60	PICTURE BUTTE, AB
8/22	TILLMANNS, FELIX	3641	00:54:21.85	08:45	205/607	00:54:08.30	LETH., AB
9/22	JOEVENAZZO, RANDY	3328	00:54:27.40	08:46	207/607	00:54:23.45	LETH., AB
10/22	WELSH, DON	3694	00:55:24.55	08:55	229/607	00:55:22.40	MILK RIVER, AB
11/22	FLAIG, DON	3190	00:56:11.50	09:02	246/607	00:56:02.60	LETH., AB
12/22	MORRIS, GARNET	3443	00:59:17.70	09:32	325/607	00:58:38.50	SASKATOON, SASK
13/22	CRAMER, AL	3119	01:00:27.55	09:44	350/607	01:00:12.40	BARONS, AB
14/22	BURR, GARY	3075	01:00:47.90	09:47	362/607	01:00:21.90	MED. HAT, AB
15/22	DAVIES, RICK	3130	01:02:45.00	10:06	403/607	01:02:41.00	LETH., AB
16/22	YEWELL, GARY	3727	01:03:00.40	10:08	410/607	01:02:35.10	CALGARY, AB
17/22	SCHOLER, GENE	3572	01:03:38.30	10:14	433/607	01:03:31.75	LETH., AB

## Category Results

## 10K - 6.21 Miles

## 10K55-59M - 22 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
18/22	POYTRESS, ALAN	3519	01:06:07.85	10:38	474/607	01:05:34.70	FT. MACLEOD, AB
19/22	PASOLLI, ALAN	3487	01:06:35.10	10:43	485/607	01:06:08.65	CHAMPION, AB
20/22	VOLK, STAN	3673	01:17:09.30	12:25	575/607	01:16:31.20	LETH., AB
21/22	HOLLADAY, JOHN	3296	01:17:10.35	12:25	576/607	01:16:30.65	CROSSFIELD, AB
22/22	NELSON, DALE	3453	01:35:22.25	15:21	607/607	01:35:02.30	CALGARY, AB

## 10K60-64F - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/2	OLFERT, DOREEN	3466	00:53:12.30	08:34	176/607	00:53:01.05	HAYS, AB
2/2	STEWART, RAMONA	3620	00:56:59.55	09:10	266/607	00:56:50.20	LETH., AB

## 10K60-64M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/9	CLACK, JACK	3101	00:45:16.50	07:17	42/607	00:45:15.20	LETH., AB
2/9	FERRIER, RICK	3185	00:52:09.80	08:24	153/607	00:51:55.35	CRANBROOK, BC
3/9	MACLEOD, ROY	3391	00:53:16.95	08:34	182/607	00:53:13.75	LETH., AB
4/9	ROELOFS, GLEN	3549	00:58:56.25	09:29	315/607	00:58:41.25	COALDALE, AB
5/9	WHITE, STUART	3700	00:58:56.40	09:29	316/607	00:58:18.65	GREAT FALLS, MONT
6/9	ARVIDSON, ROBERT	3026	01:00:28.25	09:44	352/607	01:00:19.75	LETH., AB
7/9	HEGGIE, MARC	3277	01:00:35.15	09:45	356/607	01:00:19.90	LETH., AB
8/9	BROWN, JERRY	3065	01:04:22.55	10:21	451/607	01:04:08.35	LETH., AB
9/9	CHRISTENSEN, PETER A.	3097	01:15:21.70	12:08	565/607	01:14:23.15	WELLING, AB

## 10K65-69F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/4	NORRIS, JOAN	3459	01:03:07.90	10:09	418/607	01:03:02.90	LETH., AB
2/4	STEED, JOAN	3612	01:05:38.95	10:34	467/607	01:04:55.65	CALGARY, AB
3/4	CSABAY, MARLIES	3664	01:08:03.25	10:57	505/607	01:07:56.45	COALDALE, AB
4/4	VAN DYK, JANNIE	3657	01:11:21.80	11:29	543/607	01:10:49.45	LETH., AB

## 10K65-69M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/2	CUNNINGHAM, BARNEY	3121	00:54:03.95	08:42	200/607	00:53:46.45	MED. HAT, AB
2/2	SCOTT, JIM	3576	01:02:52.65	10:07	407/607	01:02:27.50	LETH., AB

## 10K70-74M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/1	VAN RAAJ, COR	3659	01:16:11.05	12:16	571/607	01:15:35.80	IRON SPRINGS, AB

## 10K80+M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	Chiptime	City
1/1	GRAF, WILBERT	3229	01:19:01.75	12:43	586/607	01:18:17.65	GREAT FALLS, MONT