

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
122 Finishers

## 10K17&amp;UF - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/3	PHON, TAEYA	736	1:00:30.739	06:03	75/122	32/62	+00:00:00	MEDICINE HAT
2/3	JOHNSON, LUCY	702	1:05:02.985	06:30	91/122	45/62	+00:04:32	LETHBRIDGE
3/3	STATHAM, ALLIE	756	1:08:19.321	06:49	103/122	54/62	+00:07:48	MEDICINE HAT

## 10K17&amp;UM - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	GARCIA CARIPA, JUAN	684	43:26.438	04:20	10/122	8/60	+00:00:00	MEDICINE HAT
2/4	ELSTER, LEON	679	47:11.673	04:43	20/122	15/60	+00:03:45	MEDICINE HAT
3/4	SCHNEIDER, CHRISTIAN	746	54:12.863	05:25	51/122	33/60	+00:10:46	REDCLIFF
4/4	LONG, BARRETT	715	1:17:57.360	07:47	113/122	55/60	+00:34:30	MEDICINE HAT

## 10K18-29F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	SCRIMGER, MADI	748	42:24.681	04:14	7/122	2/62	+00:00:00	MEDICINE HAT
2/13	MOLNAR, CHELDYNN	725	47:04.692	04:42	19/122	5/62	+00:04:40	STRATHMORE
3/13	ELGERSMA, EMMALYN	678	50:29.696	05:02	34/122	10/62	+00:08:05	FORT MACLEOD
4/13	GROVER, RAYA	691	53:36.821	05:21	48/122	17/62	+00:11:12	DESERT BLUME
5/13	GILL, PYPYER	687	53:47.362	05:22	49/122	18/62	+00:11:22	MEDICINE HAT
6/13	BRISTOW, ABBY	665	55:18.183	05:31	57/122	20/62	+00:12:53	MAPLE CREEK
7/13	MOLNAR, SYDNE	726	56:54.484	05:41	59/122	22/62	+00:14:29	STRATHMORE
8/13	HEIN, JANAY	696	1:01:55.839	06:11	82/122	38/62	+00:19:31	MEDICINE HAT
9/13	SMYTH, AVERY	752	1:02:19.656	06:13	84/122	40/62	+00:19:54	MEDICINE HAT
10/13	CLAASSEN, CHANTAL	668	1:05:11.331	06:31	93/122	46/62	+00:22:46	VAUXHALL
11/13	HAGA, JENNIFER	693	1:05:16.767	06:31	94/122	47/62	+00:22:52	MEDICINE HAT
12/13	LENZ, SHEILA	713	1:10:44.049	07:04	106/122	55/62	+00:28:19	FORT MACLEOD
13/13	DOBLADOS, GILLIAN	673	1:22:04.038	08:12	119/122	59/62	+00:39:39	MEDICINE HAT

## 10K18-29M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/12	SCRIMGER-BRO, TRISTY	749	42:35.299	04:15	8/122	6/60	+00:00:00	MEDICINE HAT
2/12	ROOT, WESLEY	741	47:54.679	04:47	22/122	17/60	+00:05:19	COALDALE
3/12	KNIGHT, TRISTAN	707	48:07.079	04:48	25/122	20/60	+00:05:31	MEDICINE HAT
4/12	CUADRAS, ELIAN	672	50:13.501	05:01	33/122	24/60	+00:07:38	BROOKS
5/12	NEIL, KALEB	728	51:51.349	05:11	39/122	27/60	+00:09:16	LETHBRIDGE
6/12	MCDUGALD, SHAUN	720	1:00:05.121	06:00	73/122	42/60	+00:17:29	MEDICINE HAT
7/12	JACKSON, MATTHEW	700	1:05:43.065	06:34	97/122	49/60	+00:23:07	MEDICINE HAT
8/12	SMITH, GAGEY (SELF DECLARED	751	1:18:15.289	07:49	114/122	56/60	+00:35:39	MEDICINE HAT
9/12	LEIPERT, RYKEREEEEEE	744	1:18:15.524	07:49	115/122	57/60	+00:35:40	MEDICINE HAT
10/12	JAGER - ABSOLUTE UNIT, JUSTY	701	1:18:15.806	07:49	116/122	58/60	+00:35:40	DUNMORE
11/12	DOBLADOS, JUSTIN	675	1:18:58.250	07:53	117/122	59/60	+00:36:22	MEDICINE HAT
12/12	DOBLADOS, JED	674	1:22:03.377	08:12	118/122	60/60	+00:39:28	MEDICINE HAT

## 10K30-39F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/12	ROSS, REBECCA	742	41:25.925	04:08	4/122	1/62	+00:00:00	MEDICINE HAT
2/12	WEYER, ASHLEY	768	48:21.961	04:50	26/122	6/62	+00:06:56	EATONIA
3/12	WILLIAMS, HELOISE	770	49:48.540	04:58	32/122	9/62	+00:08:22	MEDICINE HAT
4/12	SPRINGMAN, ERICA	754	52:23.130	05:14	41/122	13/62	+00:10:57	MEDICINE HAT
5/12	TOLSON, JACKIE	763	52:51.325	05:17	45/122	15/62	+00:11:25	RALSTON
6/12	SCAHILL, MARIE-CLAUDE	745	57:33.717	05:45	62/122	24/62	+00:16:07	MEDICINE HAT
7/12	RYAN, STEPHANIE	743	59:31.138	05:57	70/122	30/62	+00:18:05	MEDICINE HAT
8/12	HANSON, KATELYNN	695	1:00:58.114	06:05	78/122	35/62	+00:19:32	MEDICINE HAT
9/12	FRYER, LACEY	780	1:00:59.309	06:05	79/122	36/62	+00:19:33	MAPLE CREEK
10/12	ARVAY, NICOLE	661	1:01:59.073	06:11	83/122	39/62	+00:20:33	LETHBRIDGE
11/12	VIS, ANDREA	779	1:03:45.125	06:22	87/122	42/62	+00:22:19	REDCLIFF
12/12	PARRY, MYA	730	1:05:01.884	06:30	90/122	44/62	+00:23:35	MEDICINE HAT

## 10K30-39M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/8	LJA, ROB	714	39:37.785	03:57	1/122	1/60	+00:00:00	COALDALE
2/8	BALOG, BLAKE	782	44:10.055	04:25	14/122	11/60	+00:04:32	DUCHESS
3/8	KEMEI, MANASSES	785	44:52.950	04:29	15/122	12/60	+00:05:15	LETHBRIDGE
4/8	LOS, KENT	716	45:03.938	04:30	16/122	13/60	+00:05:26	EDMONTON
5/8	PETERSON, KEVIN	734	47:58.805	04:47	23/122	18/60	+00:08:21	MEDICINE HAT
		717		04:54			+00:09:24	

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## Category Results

10K Run - 6.21 Miles  
122 Finishers

## 10K30-39M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
6/8	LOS, MATT		49:01.922		28/122	22/60		MEDICINE HAT
7/8	WILLIAMS, PIERRE	771	49:47.320	04:58	30/122	23/60	+00:10:09	MEDICINE HAT
8/8	SPRINGMAN, MARC	755	54:51.865	05:29	53/122	35/60	+00:15:14	MEDICINE HAT

## 10K40-49F - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/23	SHRIVES, HELOISE	750	43:28.923	04:20	11/122	3/62	+00:00:00	MEDICINE HAT
2/23	AINSWORTH, JESSICA	657	46:37.570	04:39	18/122	4/62	+00:03:08	NANAIMO
3/23	EMERSON, SHERI	680	49:09.468	04:54	29/122	7/62	+00:05:40	MEDICINE HAT
4/23	MILNE, KEELEY	790	51:50.272	05:11	38/122	12/62	+00:08:21	MEDICINE HAT
5/23	THOMPSON, CHARITY	762	53:15.863	05:19	47/122	16/62	+00:09:46	MEDICINE HAT
6/23	HOWES, ROCHEAL	698	54:58.096	05:29	54/122	19/62	+00:11:29	DUNMORE
7/23	BUSCH, RHONDA	666	56:53.641	05:41	58/122	21/62	+00:13:24	MEDICINE HAT
8/23	ROBINSON, MELANIE	740	56:56.454	05:41	60/122	23/62	+00:13:27	MEDICINE HAT
9/23	GUNDERSON, DEANNA	778	57:49.631	05:46	64/122	25/62	+00:14:20	LETHBRIDGE
10/23	JOHNSON, SARA	791	58:33.200	05:51	66/122	27/62	+00:15:04	LETHBRIDGE
11/23	WIRTH, COREY	773	59:03.316	05:54	67/122	28/62	+00:15:34	MEDICINE HAT
12/23	LEARNED, ALEXANDRA	710	59:18.295	05:55	68/122	29/62	+00:15:49	MEDICINE HAT
13/23	SCHULZ, CYNTHIA	747	1:00:04.208	06:00	72/122	31/62	+00:16:35	MEDICINE HAT
14/23	DRAGANIUK, JESSICA	676	1:01:17.988	06:07	81/122	37/62	+00:17:49	MEDICINE HAT
15/23	TYMENSEN, HEATHER	765	1:03:02.538	06:18	85/122	41/62	+00:19:33	MEDICINE HAT
16/23	CARPIA DE GARCIA, MARIA	667	1:06:03.291	06:36	98/122	49/62	+00:22:34	MEDICINE HAT
17/23	STEVENS, MELISSA	757	1:06:07.603	06:36	99/122	50/62	+00:22:38	DUNMORE
18/23	DAVIES, MIRANDA	777	1:07:07.345	06:42	100/122	51/62	+00:23:38	MEDICINE HAT
19/23	MCCARTHY, STACY	719	1:07:53.188	06:47	101/122	52/62	+00:24:24	REDCLIFF
20/23	MOTZ, CARA	727	1:07:53.633	06:47	102/122	53/62	+00:24:24	MEDICINE HAT
21/23	MALMBERG, KARMYN	718	1:14:52.677	07:29	112/122	58/62	+00:31:23	COALHURST
22/23	LEHNE, LAURA	712	1:22:38.485	08:15	120/122	60/62	+00:39:09	REGINA
23/23	SPOHR, SARAH	753	1:22:39.305	08:15	121/122	61/62	+00:39:10	CALGARY

## 10K40-49M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/15	PERCY, WILLIAM	733	43:00.844	04:18	9/122	7/60	+00:00:00	MEDICINE HAT
2/15	PIERZCHALA, MARK	737	43:55.408	04:23	12/122	9/60	+00:00:54	MEDICINE HAT
3/15	GUNDERSON, DAVID	692	44:08.437	04:24	13/122	10/60	+00:01:07	LETHBRIDGE
4/15	MCPAHON, DANA	722	48:05.953	04:48	24/122	19/60	+00:05:05	MEDICINE HAT
5/15	GRAHAM, JASON	690	48:24.704	04:50	27/122	21/60	+00:05:23	MEDICINE HAT
6/15	MILLER, KORRIE	723	50:53.202	05:05	36/122	25/60	+00:07:52	REDCLIFF
7/15	BALL, STEPHEN	663	51:40.642	05:10	37/122	26/60	+00:08:39	MEDICINE HAT
8/15	LARSON, JAMES	709	52:23.716	05:14	42/122	29/60	+00:09:22	MEDICINE HAT
9/15	WAKEFIELD, ROBERT	766	52:51.746	05:17	46/122	31/60	+00:09:50	RALSTON
10/15	PEACOCK, SHAWN	732	54:40.075	05:28	52/122	34/60	+00:11:39	MEDICINE HAT
11/15	EDWARDS, CODY	677	55:08.621	05:30	55/122	36/60	+00:12:07	MEDICINE HAT
12/15	GARCIA BRUZCO, JUAN	683	55:09.347	05:30	56/122	37/60	+00:12:08	MEDICINE HAT
13/15	PHON, CHAN	735	1:00:23.708	06:02	74/122	43/60	+00:17:22	MEDICINE HAT
14/15	BERNER, JEREMY	776	1:05:09.618	06:30	92/122	47/60	+00:22:08	MEDICINE HAT
15/15	TYMENSEN, EDWIN	764	1:12:15.269	07:13	109/122	53/60	+00:29:14	MEDICINE HAT

## 10K50-59F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	LEWIS, BRANDY	775	49:47.603	04:58	31/122	8/62	+00:00:00	MEDICINE HAT
2/7	RIEHELMMANN, TANIS	739	52:47.105	05:16	44/122	14/62	+00:02:59	MEDICINE HAT
3/7	HALLDORSON, BOBBI	694	1:00:40.068	06:04	76/122	33/62	+00:10:52	MEDICINE HAT
4/7	PARSONAGE, TANYA	731	1:00:47.240	06:04	77/122	34/62	+00:10:59	MAPLE CREEK
5/7	GESSNER, LYNN	686	1:04:17.216	06:25	89/122	43/62	+00:14:29	FOREMOST
6/7	ZAHN, JENNIFER	774	1:05:34.721	06:33	96/122	48/62	+00:15:47	MEDICINE HAT
7/7	BAIRD, BRENDA	662	1:12:42.060	07:16	110/122	57/62	+00:22:54	LETHBRIDGE

## 10K50-59M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/10	AREQUION, MICHAEL	659	40:32.206	04:03	2/122	2/60	+00:00:00	MEDICINE HAT
2/10	SMITH, DARRYL	788	41:11.065	04:07	3/122	3/60	+00:00:38	MEDICINE HAT
3/10	GAUDET, NEIL	685	41:33.658	04:09	5/122	4/60	+00:01:01	NANAIMO
4/10	LEDUC, CORRY	711	42:21.072	04:14	6/122	5/60	+00:01:48	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
122 Finishers

## 10K50-59M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
5/10	PARSONS, SHAWN	789	47:36.681	04:45	21/122	16/60	+00:07:04	MEDICINE HAT
6/10	MCINTOSH, JAMIE	721	51:58.896	05:11	40/122	28/60	+00:11:26	MEDICINE HAT
7/10	HOBLEY, RICHARD	786	57:12.461	05:43	61/122	38/60	+00:16:40	MEDICINE HAT
8/10	JOHNSTON, CHRIS	703	59:39.481	05:57	71/122	41/60	+00:19:07	MEDICINE HAT
9/10	RESCH, WAYNE	738	1:01:13.043	06:07	80/122	44/60	+00:20:40	MAPLE CREEK
10/10	KLASSEN, LES	705	1:05:23.073	06:32	95/122	48/60	+00:24:50	COALDALE

## 10K60-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	CLAASSEN, MARJOLEIN	669	50:42.027	05:04	35/122	11/62	+00:00:00	VAUXHALL
2/4	SUNDE, BRENDA	759	57:49.747	05:46	65/122	26/62	+00:07:07	MAPLE CREEK
3/4	GRAD, LAUREL	688	1:10:54.901	07:05	107/122	56/62	+00:20:12	REGINA
4/4	SMITH, PAM	784	1:28:46.309	08:52	122/122	62/62	+00:38:04	MEDICINE HAT

## 10K60-69M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/9	HELWIG, JOSEPH	697	46:07.242	04:36	17/122	14/60	+00:00:00	LETHBRIDGE
2/9	OUGH, EDWARD	729	52:39.817	05:15	43/122	30/60	+00:06:32	MEDICINE HAT
3/9	WATSON, JAMES	767	54:04.963	05:24	50/122	32/60	+00:07:57	MEDICINE HAT
4/9	SUNDE, MELVIN	760	57:44.194	05:46	63/122	39/60	+00:11:36	MAPLE CREEK
5/9	KNIGHT, BRUCE	706	59:29.405	05:56	69/122	40/60	+00:13:22	MEDICINE HAT
6/9	CHRISTIE, ANDREW	783	1:03:27.804	06:20	86/122	45/60	+00:17:20	MEDICINE HAT
7/9	STOLZ, DALE	758	1:04:04.812	06:24	88/122	46/60	+00:17:57	DUCHESS
8/9	COOKE, DOUG	671	1:10:12.484	07:01	105/122	51/60	+00:24:05	MEDICINE HAT
9/9	GRAD, MIKE	689	1:12:00.127	07:12	108/122	52/60	+00:25:52	REGINA

## 10K70-79M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/2	CUNNINGHAM, BARNEY	787	1:10:12.362	07:01	104/122	50/60	+00:00:00	MEDICINE HAT
2/2	MCCAIG, TOM	781	1:14:13.675	07:25	111/122	54/60	+00:04:01	LETHBRIDGE