

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
178 Finishers

## 5K12&amp;UF - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	MCWILLIAMS, ISABELLE	7034	24:45.474	04:57	31/178	7/97	+00:00:00	REDCLIFF
2/7	MCWILLIAMS, OLIVIA	7035	26:23.248	05:16	50/178	14/97	+00:01:37	REDCLIFF
3/7	HOWES, PEYTON	6989	28:33.169	05:42	74/178	27/97	+00:03:47	MEDICINE HAT
4/7	WILLBERG, OLIVIA	7107	32:42.754	06:32	103/178	44/97	+00:07:57	MEDICINE HAT
5/7	JUDGE, JULISSA	6999	39:22.197	07:52	145/178	77/97	+00:14:36	MEDICINE HAT
6/7	PAQUIN, BERKLEY	7047	40:27.259	08:05	149/178	79/97	+00:15:41	MEDICINE HAT
7/7	DEWOLFE, DAENERYS	6943	51:01.537	10:12	167/178	91/97	+00:26:16	MEDICINE HAT

## 5K12&amp;UM - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/11	PERCY, MAXWELL	7051	24:23.442	04:52	25/178	19/81	+00:00:00	MEDICINE HAT
2/11	SEELYE, OWEN	7126	24:36.309	04:55	26/178	20/81	+00:00:12	MEDICINE HAT
3/11	PETERSON, COLIN	7053	24:50.307	04:58	35/178	26/81	+00:00:26	MEDICINE HAT
4/11	STEIGER, KADE	7073	25:05.114	05:01	37/178	28/81	+00:00:41	MEDICINE HAT
5/11	LORENZ, ABBOTT	7024	25:35.092	05:07	42/178	31/81	+00:01:11	LETHBRIDGE
6/11	ORSINI, ANTHONY	7045	26:03.239	05:12	48/178	36/81	+00:01:39	MEDICINE HAT
7/11	PHON, ROWAN	7055	28:51.731	05:46	78/178	50/81	+00:04:28	MEDICINE HAT
8/11	WILLBERG, GEORDAN	7106	34:45.986	06:57	125/178	62/81	+00:10:22	MEDICINE HAT
9/11	DEIS, GAVYN	6940	38:15.471	07:39	139/178	67/81	+00:13:52	MEDICINE HAT
10/11	FISCHER, GABRIEL	6955	39:33.821	07:54	146/178	69/81	+00:15:10	MEDICINE HAT
11/11	SCHLEPP, SAWYER	7062	45:02.670	09:00	158/178	73/81	+00:20:39	MEDICINE HAT

## 5K13-17F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/15	GRANT, KEIRA	6970	22:02.212	04:24	12/178	1/97	+00:00:00	DUNMORE
2/15	BARLOW, ELLIE	6740	22:42.825	04:32	19/178	4/97	+00:00:40	COCHRANE
3/15	PERRETT, DEVYN	7114	22:58.238	04:35	21/178	5/97	+00:00:56	CARDSTON
4/15	JACOBBER, EMBER	6995	24:07.739	04:49	23/178	6/97	+00:02:05	MEDICINE HAT
5/15	FERRIS, BRIAR	7111	24:49.036	04:57	34/178	9/97	+00:02:46	MEDICINE HAT
6/15	ULM, HANNAH	7083	26:50.447	05:22	54/178	15/97	+00:04:48	MORSE
7/15	COURTY, CLAIRE	6889	27:40.951	05:32	65/178	21/97	+00:05:38	MEDICINE HAT
8/15	MALCOLM, TIA	7030	27:56.982	05:35	67/178	22/97	+00:05:54	MEDICINE HAT
9/15	AREQUION, MEGANE	6739	28:49.762	05:45	77/178	28/97	+00:06:47	MEDICINE HAT
10/15	BECKER, GRACE	6752	29:50.676	05:58	84/178	34/97	+00:07:48	REDCLIFF
11/15	HAMILL, HILLARY	6975	30:08.067	06:01	86/178	36/97	+00:08:05	DUNMORE
12/15	SNAZEL, GEMMA	7070	33:24.798	06:40	109/178	49/97	+00:11:22	MEDICINE HAT
13/15	HANSEN, KEELY	6977	33:41.861	06:44	113/178	52/97	+00:11:39	MEDICINE HAT
14/15	KRAWIEC, CAMRYN	7011	35:10.548	07:02	127/178	65/97	+00:13:08	MEDICINE HAT
15/15	QUALLIE, BROOKE	7117	41:06.470	08:13	151/178	80/97	+00:19:04	MEDICINE HAT

## 5K13-17M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/14	WOOD, JOFFREY	7091	19:59.909	03:59	7/178	7/81	+00:00:00	HANNA
2/14	KOLODY, ZAIDE	7010	20:09.541	04:01	8/178	8/81	+00:00:09	MEDICINE HAT
3/14	SCRIVENER, JAXON	7125	21:14.114	04:14	10/178	10/81	+00:01:14	MEDICINE HAT
4/14	MESHEN, GAVIN	7038	22:36.708	04:31	18/178	15/81	+00:02:36	MEDICINE HAT
5/14	BOHRN, JAXON	6827	24:06.614	04:49	22/178	17/81	+00:04:06	MEDICINE HAT
6/14	HINTZ, GAGE	6982	24:39.544	04:55	28/178	22/81	+00:04:39	BOW ISLAND
7/14	LEARNED, AIDAN	7015	24:39.919	04:55	29/178	23/81	+00:04:40	MEDICINE HAT
8/14	VAN BUSKIRK, RYDER	7105	24:42.685	04:56	30/178	24/81	+00:04:42	MEDICINE HAT
9/14	COWAN, ARI	6891	25:17.418	05:03	38/178	29/81	+00:05:17	MEDICINE HAT
10/14	SYLYSKI, RONIN	7076	27:57.379	05:35	68/178	46/81	+00:07:57	MEDICINE HAT
11/14	RIEDER, DAXTON	7057	28:38.608	05:43	76/178	49/81	+00:08:38	REDCLIFF
12/14	HINTZ, MASON	6983	30:44.541	06:08	96/178	56/81	+00:10:44	BOW ISLAND
13/14	BARTON-JONES, KYLE	6744	32:38.358	06:31	101/178	58/81	+00:12:38	REDCLIFF
14/14	LIVINGSTON, TANNER	7022	32:40.175	06:32	102/178	59/81	+00:12:40	REDCLIFF

## 5K18-29F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/18	SALMON, JASMIN	7099	22:12.496	04:26	13/178	2/97	+00:00:00	MEDICINE HAT
2/18	IWATA, MIZUKI	6993	24:47.443	04:57	33/178	8/97	+00:02:34	MEDICINE HAT
3/18	RUSSELL, ALEX	7060	27:29.350	05:29	58/178	16/97	+00:05:16	CALGARY
4/18	GROSE, COURTNEY	6971	28:30.238	05:42	73/178	26/97	+00:06:17	RED CLIFF
5/18	LERNER, KENDELL	7021	29:09.731	05:49	81/178	31/97	+00:06:57	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
178 Finishers

## 5K18-29F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
6/18	VAN DRIESTEN, MORIAH	7085	30:02.818	06:00	85/178	35/97	+00:07:50	FORT MACLEOD
7/18	THOMPSON, VICTORIA	7080	32:01.855	06:24	100/178	43/97	+00:09:49	MEDICINE HAT
8/18	GONZALEZ, JOANNE	6966	33:18.121	06:39	107/178	47/97	+00:11:05	MEDICINE HAT
9/18	SIEBEN, MAREN	7068	33:26.603	06:41	110/178	50/97	+00:11:14	MEDICINE HAT
10/18	GOLDIE, ADRIAH	6965	33:57.658	06:47	116/178	55/97	+00:11:45	MEDICINE HAT
11/18	TAYLOR, BREANNA	7078	33:58.361	06:47	117/178	56/97	+00:11:45	MEDICINE HAT
12/18	PARKER, WHITNEY	7113	34:44.955	06:56	124/178	63/97	+00:12:32	MEDICINE HAT
13/18	RESCH, LOGAN	7098	36:18.369	07:15	132/178	69/97	+00:14:05	MAPLE CREEK, ST
14/18	RIGBY, KAYLA	7058	38:52.009	07:46	140/178	73/97	+00:16:39	MEDICINE HAT
15/18	CARLSON, TONI	7119	47:21.343	09:28	164/178	88/97	+00:25:08	MEDICINE HAT
16/18	PETERSEN, SHAY	7123	49:24.857	09:52	165/178	89/97	+00:27:12	MEDICINE HAT
17/18	STEWART, SAMANTHA	7127	51:36.176	10:19	169/178	92/97	+00:29:23	DEFERRED FROM
18/18	KUNTZ, KAYLA	7013	55:20.613	11:04	176/178	96/97	+00:33:08	MEDICINE HAT

## 5K18-29M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/15	HALLDORSON, QUINN	6974	15:56.518	03:11	1/178	1/81	+00:00:00	MEDICINE HAT
2/15	KIMUTAI RUTTO, GIDEON	7097	17:00.150	03:24	2/178	2/81	+00:01:03	LETHBRIDGE
3/15	KOLOGY, KEEGAN	7007	18:33.075	03:42	3/178	3/81	+00:02:36	MEDICINE HAT
4/15	IWATA, SHINTY	6994	19:47.417	03:57	6/178	6/81	+00:03:50	MEDICINE HAT
5/15	SUMNER, BRANNON	7115	20:19.878	04:03	9/178	9/81	+00:04:23	LETHBRIDGE
6/15	FAUTH, RYAN	6954	21:31.107	04:18	11/178	11/81	+00:05:34	CALGARY
7/15	STACH, JARED	7102	22:30.285	04:30	15/178	12/81	+00:06:33	MEDICINE HAT
8/15	SINGH, GURDEEP	7100	24:21.192	04:52	24/178	18/81	+00:08:24	MEDICINE HAT
9/15	COXSON, BENJAMIN	6910	24:57.942	04:59	36/178	27/81	+00:09:01	MEDICINE HAT
10/15	OLIVER, TYLOR	7122	25:56.138	05:11	46/178	34/81	+00:09:59	DEFERRED FROM
11/15	HAMILL, WARREN	6976	28:16.027	05:39	70/178	47/81	+00:12:19	DUNMORE
12/15	CARTER, LIAM	6870	30:36.965	06:07	92/178	54/81	+00:14:40	MEDICINE HAT
13/15	HERTER, ATLAS	6981	30:37.200	06:07	94/178	55/81	+00:14:40	MEDICINE HAT
14/15	SOPER, SINJIN	7071	45:20.528	09:04	160/178	74/81	+00:29:24	MEDICINE HAT
15/15	GERSTENBUHLER, DEVIN	7120	51:36.250	10:19	170/178	78/81	+00:35:39	DEFERRED FROM

## 5K30-39F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/18	WYTON, MIRIAM	7093	22:19.504	04:27	14/178	3/97	+00:00:00	MEDICINE HAT
2/18	NEKHAIEVA, VIKTORIIA	7043	25:28.905	05:05	39/178	10/97	+00:03:09	MEDICINE HAT
3/18	ZEMP, ROBYN	7096	25:31.739	05:06	40/178	11/97	+00:03:12	MEDICINE HAT
4/18	GANNON, GWENDOLYN	6961	25:40.579	05:08	44/178	12/97	+00:03:21	MEDICINE HAT
5/18	HARRIGAN, ALI	6978	27:34.575	05:30	62/178	18/97	+00:05:15	MAPLE CREEK
6/18	DEIS, ALLYSON	6939	28:02.910	05:36	69/178	23/97	+00:05:43	MEDICINE HAT
7/18	KRUEGER, SYDNEY	7012	29:01.506	05:48	80/178	30/97	+00:06:42	BROOKS
8/18	GIESBRECHT, COLLEEN	6964	30:08.395	06:01	87/178	37/97	+00:07:48	MEDICINE HAT
9/18	KOBLEY, KENDRA	7005	30:41.090	06:08	95/178	40/97	+00:08:21	MEDICINE HAT
10/18	KERR, CARLI	7002	32:01.809	06:24	99/178	42/97	+00:09:42	MEDICINE HAT
11/18	REIMER, GILLIAN	7056	32:53.369	06:34	104/178	45/97	+00:10:33	MEDICINE HAT
12/18	IRELAND, KELLI	6992	33:28.923	06:41	111/178	51/97	+00:11:09	MEDICINE HAT
13/18	FOSTER, JALA	6959	34:25.056	06:53	120/178	59/97	+00:12:05	MEDICINE HAT
14/18	UNREINER, CORINNA	7084	34:51.636	06:58	126/178	64/97	+00:12:32	MEDICINE HAT
15/18	MERRIEN, KAILA	7036	35:45.215	07:09	128/178	66/97	+00:13:25	MEDICINE HAT
16/18	HORNUNG, CHRISTINE	6986	37:45.425	07:33	137/178	72/97	+00:15:25	MEDICINE HAT
17/18	TATE, AIMEE	7077	38:54.072	07:46	141/178	74/97	+00:16:34	REDCLIFF
18/18	DEWOLFE, ALYSSIA	6941	55:20.776	11:04	177/178	97/97	+00:33:01	MEDICINE HAT

## 5K30-39M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/16	MCLEAN, IAN	7033	24:39.004	04:55	27/178	21/81	+00:00:00	MEDICINE HAT
2/16	ZEMP, JUSTIN	7095	25:32.560	05:06	41/178	30/81	+00:00:53	MEDICINE HAT
3/16	HOLTON, CORY	7112	25:52.669	05:10	45/178	33/81	+00:01:13	MEDICINE HAT
4/16	ORSINI, MIKE	7046	26:03.170	05:12	47/178	35/81	+00:01:24	MEDICINE HAT
5/16	STEIGER, MYLES	7074	26:40.483	05:20	52/178	38/81	+00:02:01	MEDICINE HAT
6/16	GIESBRECHT, CALEB	6963	26:48.169	05:21	53/178	39/81	+00:02:09	MEDICINE HAT
7/16	STUDER - THE LEGEND, DEANER	7103	27:31.787	05:30	60/178	43/81	+00:02:52	MEDICINE HAT
8/16	ROOT, ZACK	7059	27:33.848	05:30	61/178	44/81	+00:02:54	COALDALE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
178 Finishers

## 5K30-39M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
9/16	ANDRES, BRANDON	6713	30:17.582	06:03	89/178	52/81	+00:05:38	MEDICINE HAT
10/16	THOMAS, BRUCE	7079	30:20.069	06:04	90/178	53/81	+00:05:41	MEDICINE HAT
11/16	MERRIEN, LANCE	7037	35:45.236	07:09	129/178	63/81	+00:11:06	MEDICINE HAT
12/16	MINSHULL, DOUG	7039	37:14.978	07:26	133/178	64/81	+00:12:35	MEDICINE HAT
13/16	MAY, EVAN	7032	39:03.147	07:48	143/178	68/81	+00:14:24	MEDICINE HAT
14/16	PAQUIN, NICKOLAS	7048	40:27.236	08:05	148/178	70/81	+00:15:48	MEDICINE HAT
15/16	DEWOLFE, COLIN	6942	51:02.498	10:12	168/178	77/81	+00:26:23	MEDICINE HAT
16/16	KUNTZ, KOLE	7014	55:20.870	11:04	178/178	81/81	+00:30:41	MEDICINE HAT

## 5K40-49F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/18	JUDGE, AIME	6998	26:09.169	05:13	49/178	13/97	+00:00:00	MEDICINE HAT
2/18	PERRIOR, SHAUNA	7052	27:31.716	05:30	59/178	17/97	+00:01:22	MEDICINE HAT
3/18	PHON, PAIGE	7054	27:38.629	05:31	63/178	19/97	+00:01:29	MEDICINE HAT
4/18	CHUDLEIGH, KRISTY	6873	27:38.678	05:31	64/178	20/97	+00:01:29	MEDICINE HAT
5/18	BANMAN, ALISON	7116	28:21.590	05:40	72/178	25/97	+00:02:12	SWIFT CURRENT
6/18	KOLODY, NICOLE	7008	29:41.120	05:56	82/178	32/97	+00:03:31	MEDICINE HAT
7/18	WINTER, JAMI	7108	29:49.950	05:57	83/178	33/97	+00:03:40	MEDICINE HAT
8/18	LUNDQUIST, CARRIE	7027	30:32.724	06:06	91/178	38/97	+00:04:23	MEDICINE HAT
9/18	BULLICK, SUZANNE	7110	30:37.058	06:07	93/178	39/97	+00:04:27	FERNIE
10/18	HYAM, MORGAN	6991	33:46.221	06:45	114/178	53/97	+00:07:37	MEDICINE HAT
11/18	LEGAULT, JANUARY	7019	34:27.729	06:53	121/178	60/97	+00:08:18	VAL MARIE
12/18	MAYNES, KERRY	7003	34:27.751	06:53	122/178	61/97	+00:08:18	MAPLE CREEK
13/18	WIRSCH, ANDIE	7090	34:34.548	06:54	123/178	62/97	+00:08:25	DUNMORE
14/18	STATHAM, DEANNE	7072	37:28.198	07:29	134/178	70/97	+00:11:19	MEDICINE HAT
15/18	STUART, JENNIFER	7128	39:17.837	07:51	144/178	76/97	+00:13:08	MEDICINE HAT
16/18	DYKSTRA, KRISTEN	6951	39:42.775	07:56	147/178	78/97	+00:13:33	LETHBRIDGE
17/18	GOODSTRIKER, CHRISSEY	6967	43:32.035	08:42	152/178	81/97	+00:17:22	STANDOFF
18/18	FITZPATRICK, ALLISON	6956	44:25.778	08:53	154/178	83/97	+00:18:16	BLACK DIAMOND

## 5K40-49M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	MARDIAN, NEIL	7121	19:09.098	03:49	5/178	5/81	+00:00:00	M
2/13	FITZPATRICK, JESSE	6957	22:33.248	04:30	16/178	13/81	+00:03:24	BLACK DIAMOND
3/13	KOLODY, WILLIS	7009	22:34.061	04:30	17/178	14/81	+00:03:24	MEDICINE HAT
4/13	SHORROCK, CHRISTOPHER	7067	24:46.037	04:57	32/178	25/81	+00:05:36	MEDICINE HAT, AL
5/13	LORENZ, BRENT	7025	25:36.170	05:07	43/178	32/81	+00:06:27	LETHBRIDGE
6/13	GRANT, GARETH	6969	26:38.138	05:19	51/178	37/81	+00:07:29	MEDICINE HAT
7/13	VAN BUSKIRK, JASON	7104	27:05.140	05:25	55/178	40/81	+00:07:56	MEDICINE HAT
8/13	SOLBERG, MATT	7109	28:34.294	05:42	75/178	48/81	+00:09:25	MEDICINE HAT
9/13	SABOURIN, JOEY	7124	30:15.215	06:03	88/178	51/81	+00:11:06	MEDICINE HAT
10/13	PARRY, ANDREW	7049	31:12.309	06:14	98/178	57/81	+00:12:03	MEDICINE HAT
11/13	COWAN, JASE	6902	32:55.338	06:35	105/178	60/81	+00:13:46	RED DEER
12/13	HORNUNG, RYAN	6988	37:45.377	07:33	136/178	65/81	+00:18:36	MEDICINE HAT
13/13	FENSKE, COREY	7118	41:06.446	08:13	150/178	71/81	+00:21:57	MEDICINE HAT

## 5K50-59F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/12	LECUYER, DANETTE	7017	28:20.043	05:40	71/178	24/97	+00:00:00	DESERT BLUME
2/12	GYORKOS, TERESA	6972	29:01.129	05:48	79/178	29/97	+00:00:41	MEDICINE HAT
3/12	SCHULTZ, BERNADETTE	7064	33:01.972	06:36	106/178	46/97	+00:04:41	MAPLE CREEK
4/12	YEOMANS, BRENDA	7094	33:54.705	06:46	115/178	54/97	+00:05:34	MEDICINE HAT
5/12	SIEDLECKI, RANDY	7069	34:09.331	06:49	118/178	57/97	+00:05:49	MEDICINE HAT
6/12	MACKIE, LESLEY	7028	37:40.648	07:32	135/178	71/97	+00:09:20	MEDICINE HAT
7/12	RUSSELL, KATALIN	7061	38:56.768	07:47	142/178	75/97	+00:10:36	MEDICINE HAT
8/12	LOMAS, LISA	7023	44:48.957	08:57	156/178	84/97	+00:16:28	MEDICINE HAT
9/12	ANTON, ANGIE	6732	45:00.959	09:00	157/178	85/97	+00:16:40	MEDICINE HAT
10/12	GOULD, KARRIE	6968	46:49.236	09:21	163/178	87/97	+00:18:29	MEDICINE HAT
11/12	TORRIE, LISA	7081	54:08.354	10:49	173/178	94/97	+00:25:48	MEDICINE HAT
12/12	DOBLADOS, RAQUEL	6945	54:21.736	10:52	174/178	95/97	+00:26:01	MEDICINE HAT

## 5K50-59M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	WALKER, PETER	7086	18:33.521	03:42	4/178	4/81	+00:00:00	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
178 Finishers

## 5K50-59M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
2/7	SCHUETT, SCOTT	7063	22:44.418	04:32	20/178	16/81	+00:04:10	MEDICINE HAT
3/7	MURPHY, ALAN	7041	27:26.865	05:29	57/178	42/81	+00:08:53	MEDICINE HAT
4/7	LECUYER, FRITZ	7018	27:45.637	05:33	66/178	45/81	+00:09:12	DESERT BLUME
5/7	ACHARYA, CHANDRA	6692	37:53.357	07:34	138/178	66/81	+00:19:19	MEDICINE HAT
6/7	WIEBE, KENNETH	7001	54:03.887	10:48	172/178	79/81	+00:35:30	MEDICINE HAT
7/7	DOBLADOS, GAZ	6944	54:21.854	10:52	175/178	80/81	+00:35:48	MEDICINE HAT

## 5K60-69F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	SPICER, SUSAN	7101	30:49.201	06:09	97/178	41/97	+00:00:00	MEDICINE HAT
2/7	KOCH, LEANA	7006	33:18.447	06:39	108/178	48/97	+00:02:29	MEDICINE HAT
3/7	COOKE, DEBBIE	7129	34:10.360	06:50	119/178	58/97	+00:03:21	MEDICINE HAT
4/7	DAVIS, ANNE	6938	35:49.970	07:09	130/178	67/97	+00:05:00	EASTEND
5/7	EVANSON, CAROL	6952	36:17.416	07:15	131/178	68/97	+00:05:28	TABER
6/7	SEATON, DE	7066	45:15.863	09:03	159/178	86/97	+00:14:26	MEDICINE HAT
7/7	FRENG, ALISON	7130	50:15.333	10:03	166/178	90/97	+00:19:26	LETHBRIDGE

## 5K60-69M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/5	MAIER, ROD	7029	27:24.614	05:28	56/178	41/81	+00:00:00	MEDICINE HAT
2/5	LEBSACK, WARREN	7016	33:37.900	06:43	112/178	61/81	+00:06:13	MEDICINE HAT
3/5	NEWTON, ROBERT	7044	44:48.841	08:57	155/178	72/81	+00:17:24	MEDICINE HAT
4/5	WRIGHT, SHAUN	7092	46:17.058	09:15	161/178	75/81	+00:18:52	MEDICINE HAT
5/5	MASON, BRENT	7031	46:45.463	09:21	162/178	76/81	+00:19:20	MAPLE CREEK

## 5K70-79F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/2	BROST, JUDY	6864	44:01.637	08:48	153/178	82/97	+00:00:00	CONSUL
2/2	WHITNACK, LESLIE	7131	52:44.796	10:32	171/178	93/97	+00:08:43	LETHBRIDGE