

Overall Results

Super Sprint 250M - 10K - 2.5K **21 Competitors**

21 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	T1	Bike:	O/A	Cat	T2	Run:	O/A	Cat	City
FRIESEN, BERT	SS40-49M	574	00:44:56.15	1	1	00:06:43.40	12	1	02:17.20	00:21:05.90	1	1	01:14.90	00:13:34.75	2	1	TABER
ZELLER, SHILO	SS20-29F	570	00:45:21.85	2	1	00:04:58.00	1	1	01:49.45	00:22:39.00	3	1	00:52.60	00:15:02.80	7	1	LETHBRIDGE
NICKLE, KAREYNA LYN	SS15&UF	564	00:45:59.10	3	1	00:05:13.05	2	1	02:05.10	00:23:38.70	7	1	00:43.90	00:14:18.35	4	1	RAYMOND
CAMPBELL, JENNIFER	SS30-39F	581	00:47:40.90	4	1	00:06:12.50	9	2	02:39.90	00:22:38.45	2	1	01:57.30	00:14:12.75	3	1	SEXSMITH
HERBST, SHERISSE	SS30-39F	577	00:48:25.30	5	2	00:06:53.30	13	4	03:13.30	00:22:59.40	4	2	01:00.15	00:14:19.15	5	2	LETHBRIDGE
HERBST, JP	SS30-39M	578	00:48:36.90	6	1	00:07:22.60	15	1	02:54.65	00:23:57.50	9	1	01:18.10	00:13:04.05	1	1	LETHBRIDGE
BROADHEAD, LORI	SS30-39F	579	00:50:00.10	7	3	00:06:00.25	7	1	03:04.85	00:23:34.90	6	4	00:41.65	00:16:38.45	11	4	CARDSTON
HARVEY, ROSIE	SS15&UF	576	00:50:22.00	8	2	00:05:14.90	3	2	02:03.50	00:25:29.80	10	2	01:03.35	00:16:30.45	10	2	LETHBRIDGE
HARASEM, LORI	SS40-49F	573	00:51:54.00	9	1	00:05:19.80	4	1	02:25.60	00:27:22.25	13	1	00:46.70	00:15:59.65	9	1	COALHURST
DAVIS, WHITNEY	SS30-39F	571	00:52:17.50	10	4	00:06:29.90	10	3	02:14.30	00:23:20.20	5	3	01:26.25	00:18:46.85	16	5	RAYMOND
JOHNSTON, BERNADETTE	SS50-59F	580	00:52:53.50	11	1	00:07:51.90	17	1	03:03.15	00:26:21.30	11	1	01:14.00	00:14:23.15	6	1	LETHBRIDGE
GIBB, BLAKE	SS15&UM	583	00:54:40.60	12	1	00:05:29.50	5	1	03:34.40	00:23:42.00	8	1	01:01.15	00:20:53.55	18	3	RAYMOND
SMETANIUK, JENAE	SS20-29F	569	00:56:24.40	13	2	00:06:56.75	14	3	03:19.45	00:26:42.10	12	2	00:55.45	00:18:30.65	14	2	BEAUMONT
HIGGINS, CARLY	SS30-39F	572	00:59:02.85	14	5	00:08:30.55	20	5	03:27.60	00:30:36.20	14	5	00:34.75	00:15:53.75	8	3	LETHBRIDGE
NICKLE, JOSHUA	SS15&UM	565	01:03:48.20	15	2	00:06:05.20	8	3	03:22.05	00:37:02.10	18	2	00:29.20	00:16:49.65	12	1	RAYMOND
GROFT, KYLIE	SS20-29F	567	01:09:00.10	16	3	00:06:37.15	11	2	03:55.65	00:31:51.85	15	3	01:38.50	00:24:56.95	20	4	LETHBRIDGE
CAHOON, KAIA	SS15&UF	562	01:09:01.80	17	3	00:07:39.60	16	3	03:51.00	00:38:56.80	19	3	00:23.25	00:18:11.15	13	3	CALGARY
DIAZ, CAROLINA	SS20-29F	566	01:10:44.40	18	4	00:11:33.05	21	5	02:51.40	00:36:01.80	17	5	00:51.70	00:19:26.45	17	3	EDMONTON
RUNQUIST, JOSHUA	SS15&UM	582	01:12:30.15	19	3	00:05:33.75	6	2	02:39.90	00:44:44.45	21	3	00:58.70	00:18:33.35	15	2	RAYMOND
CAHOON, KIENNA	SS15&UF	563	01:13:55.20	20	4	00:08:02.40	18	4	03:52.15	00:39:11.95	20	4	00:22.45	00:22:26.25	19	4	CALGARY
LEE, KARI	SS20-29F	568	01:15:19.60	21	5	00:08:10.10	19	4	04:11.55	00:33:20.05	16	4	00:58.30	00:28:39.60	21	5	CALGARY