

2013 Rock the House 10K, 5K Teams (Averaged Times)

10K Teams

1	MOXIE'S-10K		00:52:45	(Average Time - 2 member Team)
	BARTEL, AMY	120	10KFEMALE	00:56:09
	GOERZEN, JACQUELYN	212	10KFEMALE	00:49:21
2	CRESCENT POINT-10K		00:54:25	(Average Time - 14 member Team)
	KONST, LAURA-ANN	259	10KFEMALE	01:05:26
	DE JOURDAN, BLAKE	175	10KMALE	00:52:16
	DIXON, MATTHEW	180	10KMALE	00:52:39
	CORNFIELD, ADAM	162	10KMALE	00:43:34
	GAWLINSKI, STEPHANIE	204	10KFEMALE	00:59:20
	BUTLER, KATHY	148	10KFEMALE	00:52:51
	KAO, JON	246	10KMALE	00:52:09
	DANTZER, SARAH	168	10KFEMALE	00:49:26
	KORDULA, ASHLEY	260	10KFEMALE	00:49:00
	LEMARO, BRITTANY	270	10KFEMALE	01:05:10
	ACKER, KALEIGH	102	10KFEMALE	00:56:57
	LINDVED-JENSEN, CHRISTIAN	274	10KMALE	00:53:21
	LINDVED-JENSEN, KATHERINE	275	10KFEMALE	00:53:20
	TAYLOR, TAMARA	393	10KFEMALE	00:56:19
3	CALGARY COWBOYS-TEAM GREY-10K		00:55:48	(Average Time - 5 member Team)
	DOYLE, TAYLOR	185	10KMALE	01:00:30
	MESTINSEK, MICHAEL	488	10KMALE	00:51:12
	STANTE, ERIKA	490	10KFEMALE	00:53:21
	STAMBENE, SAM	491	10KMALE	00:52:44
	BOYLE, CARLA	141	10KMALE	01:01:13
4	THE FAIRMONT HOUSE PALS-10K		00:56:06	(Average Time - 3 member Team)
	CHAU, JEFF	153	10KMALE	01:10:55
	MATHEWS, JON	294	10KMALE	00:48:36
	PADLEY, JON	331	10KMALE	00:48:46
5	BIG MAC ATTACK-10K		00:57:20	(Average Time - 5 member Team)
	BARNESLEY, DOUG	118	10KMALE	00:58:23
	WIEBE, KRISTINA	424	10KFEMALE	00:59:52
	WELLSPRING, IAN	420	10KMALE	00:48:18
	VALIN, KAYLEN	406	10KFEMALE	01:03:31
	SHANKS, ASHLEY	372	10KFEMALE	00:56:32
6	AOR INC-10K		00:57:20	(Average Time - 2 member Team)
	JACYSZYN, RACHEL	237	10KFEMALE	00:57:06
	KELLY, CRYSTAL	247	10KFEMALE	00:57:34
7	CALVES OF UC MED-10K		01:02:20	(Average Time - 3 member Team)
	MACKAY, EMILY	284	10KFEMALE	01:08:32
	MACEACHERN, SARAH	282	10KFEMALE	01:08:32
	BORN, ALAN	137	10KMALE	00:49:55
8	FRIASCO-10K		01:03:03	(Average Time - 2 member Team)
	ASSIE, GREGORY	115	10KMALE	01:03:03
	SANDHU, SIMRAN	365	10KFEMALE	01:03:03
9	MOSAIC PRIMARY CARE NETWORK-10K		01:03:17	(Average Time - 9 member Team)
	REGAN, CEILEANN	354	10KFEMALE	01:09:44
	SCHEERSCHMIDT, LAURY	367	10KFEMALE	01:10:27
	OMAN, SANDY	327	10KFEMALE	01:07:09
	SIMPSON, CINDY	377	10KFEMALE	01:07:10
	ARCHAMBAULT, NICOLE	111	10KFEMALE	01:01:35
	CULLINGHAM, MIKE	165	10KMALE	00:48:19
	CULLINGHAM, CAROL	164	10KFEMALE	01:01:26
	GRAHAM, MARLENE	215	10KFEMALE	01:02:06
	GLEESON, NIALL	211	10KMALE	01:01:35

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10 TEAM 1UP-10K		01:03:34	(Average Time - 4 member Team)
NGUYEN, JUDY	320	10KFEMALE	01:13:22
WOO, DALE	432	10KMALE	01:06:11
LEUNG, CLARENCE	272	10KMALE	00:56:42
CHAN, JONATHAN	152	10KMALE	00:57:58
11 THE DELOITTE ROCKERS-10K		01:03:34	(Average Time - 8 member Team)
WONG, KATHERINE	430	10KFEMALE	01:10:47
JAMAL, FAISAL	239	10KMALE	01:05:54
CANASA, LUVIMIN	149	10KFEMALE	01:00:24
MURRAY, KRISTA	315	10KFEMALE	00:50:53
FOWLIS, DAVID	196	10KMALE	01:00:17
BJALEK, LEANNE	132	10KFEMALE	01:09:07
WOO, CLAUDIA	431	10KFEMALE	01:10:47
WALL, JESSE	412	10KFEMALE	01:00:16
12 TEAM NEWALTA-10K		01:03:57	(Average Time - 4 member Team)
KING, MICHAEL	253	10KMALE	01:02:04
KING, JESSE	251	10KFEMALE	00:57:23
MACNAUGHTON, SHANNON	286	10KFEMALE	01:17:36
KERSTIENS, JAN	248	10KFEMALE	00:58:44
13 TEAM KETURAKIS-10K		01:03:58	(Average Time - 2 member Team)
KETURAKIS, JENNIFER	250	10KFEMALE	01:03:57
KETURAKIS, DEREK	249	10KMALE	01:03:58
14 DRUG RUNNERS-10K		01:04:12	(Average Time - 10 member Team)
PRETE, KAREN	346	10KFEMALE	01:06:47
BEDFORD, BRANDY	124	10KFEMALE	01:04:37
HOFER, JESSE	230	10KMALE	00:59:31
OTOO, TANYA	328	10KFEMALE	01:11:39
ANDREWS, CHRISTOPHER	110	10KMALE	01:04:30
JANSSEN, THORBEN	241	10KMALE	00:59:15
RICHARDS, LISA	358	10KFEMALE	00:57:32
MACBRIDE, ANGELA	280	10KFEMALE	01:18:12
RICHARDS, WADE	359	10KMALE	00:44:50
JANSSEN, MELANIE	240	10KFEMALE	01:15:03
15 COWGIRLS GREY-10K		01:05:32	(Average Time - 4 member Team)
HURDAL, ALEXA	233	10KFEMALE	01:00:28
HURDAL, MORGAN	234	10KFEMALE	01:10:35
LUCAS, OLIVIA	278	10KFEMALE	01:10:35
HURDAL, LARA	277	10KFEMALE	01:00:28
16 THE MCG'S-10K		01:06:02	(Average Time - 2 member Team)
MCGILVARY, JAY	302	10KMALE	01:06:02
MCGILVARY, AMY	301	10KFEMALE	01:06:02
17 JAKEY'S JOGGERS-10K		01:06:04	(Average Time - 6 member Team)
RAVEN, SHELLY	468	10KFEMALE	01:06:04
HENHEFFER, BRANDI	223	10KFEMALE	01:06:04
PEEKE, JUSTINE	461	10KFEMALE	01:06:04
SENGAUS, DUSTIN	446	10KMALE	01:06:04
BECKER, BROOKE	122	10KFEMALE	01:06:04
SEIB, TARA	370	10KFEMALE	01:06:04
18 THOMPSON TROUBLE-10K		01:06:33	(Average Time - 3 member Team)
KRALLE, SARAH	264	10KFEMALE	01:06:23
THOMPSON, BRIAN	395	10KMALE	01:08:34
THOMPSON, MATTHEW	400	10KMALE	01:04:40
19 DIRTTY RUNNERS-10K		01:06:44	(Average Time - 2 member Team)
JENKINS, MORGAN	242	10KFEMALE	01:03:49
TAYLOR, CAROLINA	392	10KFEMALE	01:09:39

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20	EMERSON'S ANGELS-10K		01:06:59	(Average Time - 3 member Team)
	SMALL, YVONNE	381	10KFEMALE	01:13:53
	DEROSENROLL, SARA	177	10KFEMALE	00:53:00
	JOHNSON, CHELSEA	244	10KFEMALE	01:14:02
21	TEAM BABY CASH-10K		01:08:20	(Average Time - 6 member Team)
	THOMPSON, KIMBERLY	398	10KFEMALE	00:54:00
	MORROW, PAMELA	313	10KFEMALE	01:07:48
	GILLARD, MANDIE	210	10KFEMALE	01:15:41
	MORROW, AVERY	312	10KMALE	01:01:10
	BELBIN, JACQUELINE	128	10KFEMALE	01:15:41
	LANGERUD, MANDY	267	10KFEMALE	01:15:40
22	TEAM GO DEEP-10K		01:12:06	(Average Time - 2 member Team)
	SHUPE, JANA	375	10KFEMALE	01:12:06
	WEBER, MARGO	419	10KFEMALE	01:12:05
23	LIGHTSTREAM-10K		01:12:20	(Average Time - 2 member Team)
	SANDOVAL, IRMA	366	10KFEMALE	00:59:03
	GARNER, RICKI-LEE	201	10KFEMALE	01:25:37
24	WESTJET-10K		01:15:03	(Average Time - 8 member Team)
	LI, CANDICE	273	10KFEMALE	01:05:23
	PON, JENNIFER	342	10KFEMALE	01:20:57
	SLAYMAKER, PARKER	380	10KMALE	01:12:18
	HAYASHI, SHELLEY	221	10KFEMALE	01:12:00
	PON, SEWELL	344	10KMALE	01:20:39
	PON, JENNIFER	343	10KFEMALE	01:21:26
	MARTIN, ASHLEY	292	10KFEMALE	01:20:57
	LEE, NELSON	269	10KMALE	01:06:38
25	FANTASTIC FRESHIANS-10K		01:15:29	(Average Time - 4 member Team)
	THORSEN, ANITA	401	10KFEMALE	01:09:39
	STUSHNOFF, HEATHER	387	10KFEMALE	01:20:44
	MITCHELL, DONDA	306	10KFEMALE	01:15:47
	IRELAND, SANDY	235	10KFEMALE	01:15:47