

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from O/A win Time hh:mm:ss

2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
1/630	BRAUN, DEREK	2819	00:20:26.84	03:49	5K15-19M	1/13	M	1/296	+00:00:00	00:20:24.49	BRAUNCO 5K 5K
2/630	BLANSAH, JOSEPH	3393	00:21:11.16	03:57	5K40-49M	1/56	M	2/296	+00:00:44	00:21:08.24	
3/630	GUREVITCH, JASON	3242	00:21:13.40	03:57	5K40-49M	2/56	M	3/296	+00:00:46	00:21:11.57	
4/630	THOMAS, KEN	3172	00:21:20.57	03:59	5K40-49M	3/56	M	4/296	+00:00:53	00:21:18.55	COWBOYS BANTAM NAVY 5K 5K
5/630	SNELL, DARREN	3147	00:21:26.14	04:00	5K30-39M	1/51	M	5/296	+00:00:59	00:21:16.90	CRESCENT POINT 2016 5K 5K
6/630	O'RIAIN, NATHAN	3056	00:22:01.96	04:06	5K20-29M	1/20	M	6/296	+00:01:35	00:21:53.33	ITC CONSTRUCTION GROUP 5K 5K
7/630	DICKIE, GREG	2857	00:22:17.16	04:09	5K40-49M	4/56	M	7/296	+00:01:50	00:22:13.19	TEAM MACKINLEY 5K 5K
8/630	B, KOWSHIK	3235	00:22:20.45	04:10	5K15-19M	2/13	M	8/296	+00:01:53	00:22:13.43	DEVON CANADA TEAM 5K 5K
9/630	OSMOND, GREGORY	3256	00:22:21.12	04:10	5K30-39M	2/51	M	9/296	+00:01:54	00:22:18.61	
10/630	BRAUN, CAMRYN	2818	00:22:43.86	04:14	5K15-19F	1/10	F	1/334	+00:02:17	00:22:41.35	BRAUNCO 5K 5K
11/630	DOYLE, PATRICK	2867	00:22:58.11	04:17	5K14&UM	1/126	M	10/296	+00:02:31	00:22:55.99	COWBOYS BANTAM GREY 5K 5K
12/630	SAINI, DEEPAK	3114	00:23:09.22	04:19	5K30-39M	3/51	M	11/296	+00:02:42	00:23:06.88	
13/630	FARIAZ, JOSE	2876	00:23:14.47	04:20	5K20-29M	2/20	M	12/296	+00:02:47	00:23:10.20	TEAM MACKINLEY 5K 5K
14/630	THOMAS, SCOTT	3173	00:23:38.11	04:25	5K14&UM	2/126	M	13/296	+00:03:11	00:23:35.10	COWBOYS BANTAM GREY 5K 5K
15/630	ROBINSON, BRAD	3303	00:23:39.56	04:25	5K20-29M	3/20	M	14/296	+00:03:12	00:23:30.51	CRESCENT POINT 2016 5K 5K
16/630	TURNER, TRAVIS	3180	00:23:41.27	04:25	5K20-29M	4/20	M	15/296	+00:03:14	00:23:39.32	COWBOYS BANTAM GREY 5K 5K
17/630	EPP, ZACCARY	499	00:23:58.94	04:28	5K30-39M	4/51	M	16/296	+00:03:32	00:23:49.89	CRESCENT POINT 2016 5K 5K
18/630	COLE, DAWSON	2839	00:24:15.43	04:31	5K15-19M	3/13	M	17/296	+00:03:48	00:24:10.98	
19/630	MOLESKY, DANIEL	3033	00:24:20.05	04:32	5K14&UM	3/126	M	18/296	+00:03:53	00:23:47.87	COWBOYS BANTAM GREY 5K 5K
20/630	MARSHALL, JONAS	3297	00:24:28.67	04:34	5K14&UM	4/126	M	19/296	+00:04:01	00:24:24.11	
21/630	MARSHALL, JEFF	3296	00:24:29.49	04:34	5K40-49M	5/56	M	20/296	+00:04:02	00:24:24.40	
22/630	ROEFS, ADRIAN	3342	00:24:36.21	04:35	5K20-29M	5/20	M	21/296	+00:04:09	00:24:26.10	CRESCENT POINT 2016 5K 5K
23/630	SIT, GRACE	3390	00:24:47.83	04:37	5K30-39F	1/101	F	2/334	+00:04:20	00:24:41.13	YOGIBOS 5K 5K
24/630	KOLTUSKY, PAMELA	2976	00:25:04.29	04:41	5K30-39F	2/101	F	3/334	+00:04:37	00:24:55.16	ITC CONSTRUCTION GROUP 5K 5K
25/630	SADOWSKI, MICHAEL	3453	00:25:07.84	04:41	5K15-19M	4/13	M	22/296	+00:04:41	00:25:01.63	COWBOYS PEEWEE NAVY 5K 5K
26/630	AUSTIN, DANIEL	2768	00:25:31.10	04:46	5K14&UM	5/126	M	23/296	+00:05:04	00:25:25.43	
27/630	GUERRA, ALEC	2908	00:25:33.68	04:46	5K14&UM	6/126	M	24/296	+00:05:06	00:24:26.94	COWBOYS BANTAM GREY 5K 5K
28/630	GAFFNEY, CARTER	3288	00:25:34.65	04:46	5K14&UM	7/126	M	25/296	+00:05:07	00:25:27.07	COWBOYS BANTAM GREY 5K 5K
29/630	BALDWIN, LUCAS	2770	00:25:41.00	04:48	5K14&UM	8/126	M	26/296	+00:05:14	00:25:07.05	COWBOYS BANTAM GREY 5K 5K
30/630	CASSELL, ELIZABETH	3347	00:25:42.22	04:48	5K30-39F	3/101	F	4/334	+00:05:15	00:25:39.06	
31/630	MACKAY, TAYLOR	3008	00:25:45.47	04:48	5K14&UF	1/57	F	5/334	+00:05:18	00:25:04.90	
32/630	NG, JOANNA	593	00:25:50.82	04:49	5K30-39F	4/101	F	6/334	+00:05:23	00:25:42.39	CRESCENT POINT 2016 5K 5K
33/630	SMITH, MARY ANN	3144	00:25:56.66	04:50	5K20-29F	1/46	F	7/334	+00:05:29	00:25:51.93	TEAM MACKINLEY 5K 5K
34/630	DICKIE, ELLA	2856	00:25:59.23	04:51	5K15-19F	2/10	F	8/334	+00:05:32	00:25:55.85	TEAM MACKINLEY 5K 5K
35/630	BRAUN, LAUREL	2820	00:25:59.99	04:51	5K40-49F	1/69	F	9/334	+00:05:33	00:25:55.31	BRAUNCO 5K 5K

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2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
36/630	AUSTIN, ZACHARY	2769	00:26:02.40	04:51	5K14&UM	9/126	M	27/296	+00:05:35	00:25:56.46	
37/630	GUERRA, ADRIK	2907	00:26:13.83	04:54	5K14&UM	10/126	M	28/296	+00:05:46	00:26:13.08	COWBOYS BANTAM GREY 5K 5K
38/630	LOUPELLE, TREY	2999	00:26:15.45	04:54	5K14&UM	11/126	M	29/296	+00:05:48	00:26:14.97	COWBOYS PEEWEE GREY 5K 5K
39/630	MACKAY, KAREN	3007	00:26:20.36	04:55	5K50-59F	1/38	F	10/334	+00:05:53	00:25:39.71	MACKAY FAMILY 5K 5K
40/630	DICKIE, KAI	2858	00:26:28.22	04:56	5K14&UM	12/126	M	30/296	+00:06:01	00:26:23.95	TEAM MACKINLEY 5K 5K
41/630	DICKIE, KELLY	2859	00:26:31.56	04:57	5K40-49F	2/69	F	11/334	+00:06:04	00:26:28.18	TEAM MACKINLEY 5K 5K
42/630	OLSVIK ANDREWS, ENZO	3323	00:26:38.42	04:58	5K14&UM	13/126	M	31/296	+00:06:11	00:26:37.37	COWBOYS PEEWEE NAVY 5K 5K
43/630	SADOWSKI, ADAM	3454	00:26:38.77	04:58	5K14&UM	14/126	M	32/296	+00:06:11	00:26:36.95	COWBOYS PEEWEE NAVY 5K 5K
44/630	KUGELMASS, JULIA	3338	00:26:40.06	04:59	5K20-29F	2/46	F	12/334	+00:06:13	00:26:29.12	CRESCENT POINT 2016 5K 5K
45/630	KRYSCHUK, HAYLEY	3293	00:26:42.76	04:59	5K14&UF	2/57	F	13/334	+00:06:15	00:26:34.60	IVIVVA TEAM BRYNN 5K 5K
46/630	LAFLAMME, JAMPA	558	00:26:42.82	04:59	5K20-29F	3/46	F	14/334	+00:06:15	00:26:31.25	CRESCENT POINT 2016 5K 5K
47/630	BEACH, BENNET	3432	00:26:54.88	05:01	5K14&UM	15/126	M	33/296	+00:06:28	00:26:21.38	COWBOYS BANTAM GREY 5K 5K
48/630	FEWSTER, CAMERON	3429	00:26:55.62	05:01	5K14&UM	16/126	M	34/296	+00:06:28	00:26:54.38	
49/630	LAI, JAMIE	2985	00:27:12.08	05:05	5K30-39F	5/101	F	15/334	+00:06:45	00:27:06.44	
50/630	OSBORNE, JAMES	3058	00:27:24.14	05:07	5K14&UM	17/126	M	35/296	+00:06:57	00:27:23.61	COWBOYS PEEWEE GREY 5K 5K
51/630	MCCANN, PAUL	3382	00:27:26.08	05:07	5K20-29M	6/20	M	36/296	+00:06:59	00:27:16.96	ITC CONSTRUCTION GROUP 5K 5K
52/630	SCHUSTER, JOSIAH	3124	00:27:27.90	05:07	5K14&UM	18/126	M	37/296	+00:07:01	00:27:26.07	COWBOYS PEEWEE GREY 5K 5K
53/630	HENNEL-HERBATH, HUNTER	2920	00:27:32.70	05:08	5K14&UM	19/126	M	38/296	+00:07:05	00:27:31.00	COWBOYS PEEWEE GREY 5K 5K
54/630	WALKER, ANDREW	3195	00:27:33.03	05:08	5K14&UM	20/126	M	39/296	+00:07:06	00:27:31.97	COWBOYS PEEWEE GREY 5K 5K
55/630	BERTSCH, SAWYER	2791	00:27:36.85	05:09	5K14&UM	21/126	M	40/296	+00:07:10	00:27:32.55	COWBOYS BANTAM NAVY 5K 5K
56/630	MCDOWELL, RYAN	579	00:27:42.01	05:10	5K40-49M	6/56	M	41/296	+00:07:15	00:27:17.00	CRESCENT POINT 2016 5K 5K
57/630	SMITH, NOLAN	3145	00:27:42.61	05:10	5K14&UM	22/126	M	42/296	+00:07:15	00:27:07.26	
58/630	GASCHNITZ, JAMES	3380	00:27:43.06	05:10	5K14&UM	23/126	M	43/296	+00:07:16	00:27:42.81	
59/630	BERTSCH, MCKENNA	2790	00:27:44.98	05:11	5K14&UF	3/57	F	16/334	+00:07:18	00:27:44.06	COWBOYS BANTAM NAVY 5K 5K
60/630	MARSTON, STEVE	3367	00:27:46.95	05:11	5K20-29M	7/20	M	44/296	+00:07:20	00:27:44.02	#5KALLDAY 5K 5K
61/630	B, GHOUTHAM	3456	00:27:48.65	05:11	5K15-19M	5/13	M	45/296	+00:07:21	00:27:41.25	
62/630	MOROZ, KARSON	3041	00:27:49.82	05:11	5K14&UM	24/126	M	46/296	+00:07:22	00:27:16.46	COWBOYS BANTAM GREY 5K 5K
63/630	SCHUSTER, CARSON	3121	00:27:50.32	05:12	5K15-19M	6/13	M	47/296	+00:07:23	00:27:44.37	COWBOYS PEEWEE GREY 5K 5K
64/630	LEWIS, TYSON	3442	00:27:51.67	05:12	5K14&UM	25/126	M	48/296	+00:07:24	00:27:50.93	COWBOYS PEEWEE GREY 5K 5K
65/630	SCHUSTER, LOGAN	3125	00:27:58.11	05:13	5K15-19M	7/13	M	49/296	+00:07:31	00:27:52.45	COWBOYS PEEWEE GREY 5K 5K
66/630	TKACHUK, MASON	3178	00:28:00.30	05:14	5K14&UM	26/126	M	50/296	+00:07:33	00:27:58.36	COWBOYS BANTAM NAVY 5K 5K
67/630	MINAKATA MATA, ADRIAN	3254	00:28:02.52	05:14	5K14&UM	27/126	M	51/296	+00:07:35	00:27:54.48	COWBOYS BANTAM GREY 5K 5K
68/630	BERTSCH, CRYSTAL	2788	00:28:06.30	05:15	5K40-49F	3/69	F	17/334	+00:07:39	00:28:02.12	COWBOYS BANTAM NAVY 5K 5K
69/630	VERWEIRE, COLE	3190	00:28:18.50	05:17	5K14&UM	28/126	M	52/296	+00:07:51	00:28:16.86	COWBOYS PEEWEE GREY 5K 5K
70/630	TKACHUK, BRADY	3177	00:28:25.92	05:18	5K14&UM	29/126	M	53/296	+00:07:59	00:28:21.57	COWBOYS BANTAM NAVY 5K 5K

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Overall Results
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5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
71/630	MANOR, PATRICK	3320	00:28:33.49	05:20	5K40-49M	7/56	M	54/296	+00:08:06	00:28:21.15	COWBOYS PEEWEE GREY 5K 5K
72/630	KARDAL, MARKUS	2958	00:28:36.71	05:20	5K14&UM	30/126	M	55/296	+00:08:09	00:28:01.18	COWBOYS BANTAM GREY 5K 5K
73/630	SCHUSTER, DANIEL	3122	00:28:37.12	05:20	5K50-59M	1/18	M	56/296	+00:08:10	00:28:31.46	COWBOYS PEEWEE GREY 5K 5K
74/630	MANALOTO, ROSIE	3309	00:28:45.15	05:22	5K20-29F	4/46	F	18/334	+00:08:18	00:28:35.25	
75/630	KIRKBY, BOB	2968	00:28:48.48	05:23	5K70+M	1/1	M	57/296	+00:08:21	00:28:44.18	
76/630	TALBOT, JACKIE	3166	00:28:51.88	05:23	5K30-39F	6/101	F	19/334	+00:08:25	00:28:42.26	
77/630	STUBBS, MICHAEL	3164	00:28:52.67	05:23	5K30-39M	5/51	M	58/296	+00:08:25	00:28:07.29	
78/630	DOYLE, NICHOLAS	2866	00:28:53.52	05:23	5K14&UM	31/126	M	59/296	+00:08:26	00:28:52.70	COWBOYS PEEWEE NAVY 5K 5K
79/630	JULIEN, BLAINE	2954	00:28:59.91	05:25	5K50-59M	2/18	M	60/296	+00:08:33	00:28:36.84	
80/630	JANSSSEN, THORBEN	2945	00:29:21.83	05:29	5K30-39M	6/51	M	61/296	+00:08:54	00:29:15.20	ACH INHIBITORS 5K 5K
81/630	GOSSELIN, SUSAN	3436	00:29:22.21	05:29	5K30-39F	7/101	F	20/334	+00:08:55	00:28:45.51	
83/630	DEJONG, JORDAN	3269	00:29:32.97	05:31	5K14&UM	32/126	M	63/296	+00:09:06	00:29:31.54	COWBOYS PEEWEE GREY 5K 5K
82/630	DEJONG, CLIFF	3268	00:29:32.97	05:31	5K40-49M	8/56	M	62/296	+00:09:06	00:28:53.32	COWBOYS PEEWEE GREY 5K 5K
84/630	GAWLINSKI, STEPHANIE	2886	00:29:41.43	05:32	5K40-49F	4/69	F	21/334	+00:09:14	00:29:22.33	CRESCENT POINT 2016 5K 5K
85/630	MARR, GREGORY	3021	00:29:42.15	05:33	5K14&UM	33/126	M	64/296	+00:09:15	00:29:28.74	PURPLE UNICORNS 5K 5K
86/630	PIERI, JOHN	3066	00:29:47.25	05:34	5K40-49M	9/56	M	65/296	+00:09:20	00:29:33.15	PURPLE UNICORNS 5K 5K
87/630	WALLACE, ANDREW	3196	00:29:58.17	05:36	5K14&UM	34/126	M	66/296	+00:09:31	00:29:58.12	COWBOYS PEEWEE NAVY 5K 5K
88/630	MURPHY, PENNI	3044	00:30:03.87	05:37	5K30-39F	8/101	F	22/334	+00:09:37	00:28:46.66	
89/630	SEHGAL, SUNNY	3129	00:30:07.64	05:37	5K40-49M	10/56	M	67/296	+00:09:40	00:28:57.11	COWBOYS PEEWEE GREY 5K 5K
90/630	HROZA, CARLOS	2937	00:30:18.55	05:39	5K14&UM	35/126	M	68/296	+00:09:51	00:30:05.22	HAPPY MOOSE 5K 5K
91/630	HELFENBAUM, ZACHARY	2919	00:30:21.61	05:40	5K14&UM	36/126	M	69/296	+00:09:54	00:30:11.64	DEVON CANADA TEAM 5K 5K
92/630	NAVARRO, SILVIA	3049	00:30:23.67	05:40	5K40-49F	5/69	F	23/334	+00:09:56	00:30:04.60	HAPPY MOOSE 5K 5K
93/630	WONG, SYDNEY	3262	00:30:30.20	05:42	5K14&UF	4/57	F	24/334	+00:10:03	00:30:07.01	
94/630	DIXON, THOMAS	2863	00:30:31.82	05:42	5K14&UM	37/126	M	70/296	+00:10:04	00:30:19.20	
95/630	PRITCHARD, JANICE	3080	00:30:31.95	05:42	5K60-69F	1/12	F	25/334	+00:10:05	00:30:09.26	
96/630	BOOKER, TARA	2813	00:30:32.27	05:42	5K30-39F	9/101	F	26/334	+00:10:05	00:29:47.59	T REX RUNNERS 5K 5K
97/630	BELL, KELLY	2786	00:30:33.51	05:42	5K30-39F	10/101	F	27/334	+00:10:06	00:29:49.59	T REX RUNNERS 5K 5K
98/630	BELAIR, JESSICA	2782	00:30:35.93	05:43	5K30-39F	11/101	F	28/334	+00:10:09	00:27:59.81	COCA-COLA LIFE 5K 5K
99/630	GAFFNEY, SEAN	3290	00:30:38.41	05:43	5K40-49M	11/56	M	71/296	+00:10:11	00:28:56.08	COWBOYS BANTAM GREY 5K 5K
100/630	WIEHLER, CONNER	3211	00:30:42.34	05:44	5K14&UM	38/126	M	72/296	+00:10:15	00:30:30.98	COWBOYS PEEWEE NAVY 5K 5K
101/630	SANDERSON, HEIKE	3441	00:30:51.19	05:45	5K50-59F	2/38	F	29/334	+00:10:24	00:30:37.58	
102/630	FULLERTON, CARA	3440	00:30:52.10	05:46	5K40-49F	6/69	F	30/334	+00:10:25	00:30:36.69	
103/630	BEAL, JEFF	2774	00:31:07.15	05:48	5K30-39M	7/51	M	73/296	+00:10:40	00:30:27.34	AWESOME POSSUMS 5K 5K
104/630	GIRALDO, FELIPE	2891	00:31:08.07	05:49	5K30-39M	8/51	M	74/296	+00:10:41	00:29:23.40	
105/630	ILSLEY, SUSAN	2941	00:31:08.16	05:49	5K30-39F	12/101	F	31/334	+00:10:41	00:29:24.19	

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106/630	GAFFNEY, MADISON	3289	00:31:10.18	05:49	5K15-19F	3/10	F	32/334	+00:10:43	00:29:27.85	COWBOYS BANTAM GREY 5K 5K
107/630	LLOYD, FELICIA	2993	00:31:10.81	05:49	5K40-49F	7/69	F	33/334	+00:10:43	00:29:10.22	
108/630	DAVIDSON, SADIE	2850	00:31:11.79	05:49	5K14&UF	5/57	F	34/334	+00:10:44	00:30:19.90	
109/630	DAVIDSON, TONYA	2851	00:31:19.76	05:51	5K40-49F	8/69	F	35/334	+00:10:52	00:30:27.34	
110/630	GASCHNITZ, EMMA	3379	00:31:21.97	05:51	5K14&UF	6/57	F	36/334	+00:10:55	00:31:19.53	
111/630	ANDREWS, LYNETTE	3415	00:31:33.34	05:53	5K50-59F	3/38	F	37/334	+00:11:06	00:31:06.51	
112/630	MCKENNA, NOAH	3028	00:31:34.38	05:54	5K14&UM	39/126	M	75/296	+00:11:07	00:31:32.04	COWBOYS PEEWEE NAVY 5K 5K
113/630	ISHIHARA, MAMI	2942	00:31:34.72	05:54	5K40-49F	9/69	F	38/334	+00:11:07	00:31:27.89	
114/630	ANDERSEN, KARTER	3280	00:31:35.43	05:54	5K14&UM	40/126	M	76/296	+00:11:08	00:31:33.40	COWBOYS PEEWEE NAVY 5K 5K
115/630	SCHUSTER, JENNIFER	3123	00:31:53.12	05:57	5K40-49F	10/69	F	39/334	+00:11:26	00:31:41.56	COWBOYS PEEWEE GREY 5K 5K
116/630	BILLYARD, OLIVER	2796	00:31:55.50	05:57	5K14&UM	41/126	M	77/296	+00:11:28	00:29:53.16	
117/630	LLOYD, GRAHAM	2994	00:31:57.85	05:58	5K14&UM	42/126	M	78/296	+00:11:31	00:29:57.10	
118/630	MATTERN, THOMAS	3023	00:31:58.80	05:58	5K14&UM	43/126	M	79/296	+00:11:31	00:31:23.38	COWBOYS BANTAM NAVY 5K 5K
119/630	GOVIER, ERIC	2896	00:31:59.43	05:58	5K14&UM	44/126	M	80/296	+00:11:32	00:31:24.08	COWBOYS BANTAM NAVY 5K 5K
120/630	MCKENZIE, MIKE	3368	00:32:00.05	05:58	5K20-29M	8/20	M	81/296	+00:11:33	00:30:35.91	TEAM VV 5K 5K
121/630	DE PALVA, KARIS	3448	00:32:00.15	05:58	5K14&UF	7/57	F	40/334	+00:11:33	00:31:25.85	COWBOYS BANTAM NAVY 5K 5K
122/630	EDWARDS, JOSIAH	3333	00:32:02.00	05:59	5K14&UM	45/126	M	82/296	+00:11:35	00:30:00.97	
123/630	DE PALVA, SHAYE	3447	00:32:03.34	05:59	5K15-19F	4/10	F	41/334	+00:11:36	00:31:31.56	COWBOYS BANTAM NAVY 5K 5K
124/630	WITHELL, JOCELYN	3314	00:32:04.38	05:59	5K30-39F	13/101	F	42/334	+00:11:37	00:30:11.54	
125/630	WIEHLER, TIM	3213	00:32:05.22	05:59	5K30-39M	9/51	M	83/296	+00:11:38	00:31:54.07	COWBOYS PEEWEE NAVY 5K 5K
126/630	STANTON, KELSEY	3149	00:32:06.08	06:00	5K30-39F	14/101	F	43/334	+00:11:39	00:31:24.15	
127/630	YOUNG, CAMERON	3230	00:32:16.04	06:01	5K14&UM	46/126	M	84/296	+00:11:49	00:32:15.00	COWBOYS PEEWEE NAVY 5K 5K
128/630	CARROLL, KATIE	2831	00:32:16.05	06:01	5K14&UF	8/57	F	44/334	+00:11:49	00:31:56.72	
129/630	TETRAULT, JACOB	3171	00:32:17.72	06:02	5K15-19M	8/13	M	85/296	+00:11:50	00:31:14.41	COWBOYS BANTAM NAVY 5K 5K
130/630	WINSLOW, KELSEY	3349	00:32:18.16	06:02	5K20-29F	5/46	F	45/334	+00:11:51	00:32:05.94	CRESCENT POINT 2016 5K 5K
131/630	TELANG, LISA	3169	00:32:18.22	06:02	5K40-49F	11/69	F	46/334	+00:11:51	00:31:58.50	
132/630	FERGUSON, KIRA	3365	00:32:18.50	06:02	5K20-29F	6/46	F	47/334	+00:11:51	00:30:53.60	TEAM VV 5K 5K
133/630	STANTON, KYLE	3150	00:32:18.72	06:02	5K30-39M	10/51	M	86/296	+00:11:51	00:31:42.42	
134/630	KO, ALDWIN	3337	00:32:18.82	06:02	5K30-39M	11/51	M	87/296	+00:11:51	00:31:31.80	DIRTT 5K 5K
135/630	WONG, ELAINE	3227	00:32:19.82	06:02	5K50-59F	4/38	F	48/334	+00:11:52	00:31:22.54	
136/630	WHELAN, FORTUNE	3205	00:32:23.60	06:03	5K30-39F	15/101	F	49/334	+00:11:56	00:32:20.23	ITC CONSTRUCTION GROUP 5K 5K
137/630	VARELA, KATI	3188	00:32:25.23	06:03	5K20-29F	7/46	F	50/334	+00:11:58	00:30:58.76	COCA-COLA LIFE 5K 5K
138/630	ANDERSEN, KRISTINE	2763	00:32:28.18	06:04	5K50-59F	5/38	F	51/334	+00:12:01	00:32:18.01	
139/630	WRIGHT, DEBBIE	3228	00:32:28.39	06:04	5K50-59F	6/38	F	52/334	+00:12:01	00:32:17.91	
140/630	SMITH, DAVID	3140	00:32:29.98	06:04	5K50-59M	3/18	M	88/296	+00:12:03	00:31:55.16	

OA/PI = Overall Placing
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2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
141/630	MONTALVO, CINDY	3036	00:32:43.18	06:06	5K20-29F	8/46	F	53/334	+00:12:16	00:32:09.92	COCA-COLA LIFE 5K 5K
142/630	CAMPANELLI, ALEXANDRA	2827	00:32:46.34	06:07	5K15-19F	5/10	F	54/334	+00:12:19	00:32:40.46	COWBOYS BANTAM NAVY 5K 5K
143/630	JADUSINGH, ESTHER	2943	00:32:46.82	06:07	5K30-39F	16/101	F	55/334	+00:12:19	00:32:07.42	ACH INHIBITORS 5K 5K
144/630	PRITCHARD, JAY	3081	00:32:48.62	06:07	5K60-69M	1/11	M	89/296	+00:12:21	00:32:26.21	
145/630	GONZALES, REMO	2893	00:32:53.24	06:08	5K15-19M	9/13	M	90/296	+00:12:26	00:32:29.60	ACH INHIBITORS 5K 5K
146/630	OLIEN, DECLAN	3407	00:32:53.40	06:08	5K14&UM	47/126	M	91/296	+00:12:26	00:32:15.04	TEAM MCGARRIGLE OLIEN 5K 5K
147/630	SMITH, JACKSON	3360	00:32:59.58	06:09	5K14&UM	48/126	M	92/296	+00:12:32	00:32:33.18	
148/630	PORTER, SCOTT	3074	00:33:00.07	06:10	5K20-29M	9/20	M	93/296	+00:12:33	00:32:57.48	ROADUSERUNNERS 5K 5K
149/630	MANOR, JORDAN	3018	00:33:00.68	06:10	5K15-19M	10/13	M	94/296	+00:12:33	00:32:54.39	COWBOYS BANTAM NAVY 5K 5K
150/630	SMITH, SCOTT	3362	00:33:01.12	06:10	5K40-49M	12/56	M	95/296	+00:12:34	00:32:34.93	
151/630	FISHER, STEPHANIE	2880	00:33:14.54	06:12	5K30-39F	17/101	F	56/334	+00:12:47	00:32:28.22	
152/630	GOSELIN, BRENDA	3437	00:33:19.05	06:13	5K30-39F	18/101	F	57/334	+00:12:52	00:32:32.17	
153/630	FURDAL, JOSHUA	3287	00:33:32.94	06:16	5K14&UM	49/126	M	96/296	+00:13:06	00:32:58.48	COWBOYS BANTAM GREY 5K 5K
154/630	GASCHNITZ, MICHAEL	3381	00:33:38.59	06:17	5K40-49M	13/56	M	97/296	+00:13:11	00:33:34.69	
155/630	RUDDY, LORRAINE	3324	00:33:39.35	06:17	5K50-59F	7/38	F	58/334	+00:13:12	00:32:27.96	CFD STATION 17 5K 5K
156/630	MURRAY, DAVID	3321	00:33:39.67	06:17	5K50-59M	4/18	M	98/296	+00:13:12	00:32:28.54	CFD STATION 17 5K 5K
157/630	NEWMAN, NICOLE	3051	00:33:42.40	06:17	5K30-39F	19/101	F	59/334	+00:13:15	00:33:35.31	DEVON CANADA TEAM 5K 5K
158/630	OLIEN, LEONARD	3405	00:33:42.90	06:17	5K40-49M	14/56	M	99/296	+00:13:16	00:33:03.88	TEAM MCGARRIGLE OLIEN 5K 5K
159/630	TALPT, MADELYN	3402	00:33:43.77	06:18	5K15-19F	6/10	F	60/334	+00:13:16	00:33:20.77	
160/630	TYLER, JACQUELINE	3182	00:33:54.64	06:20	5K20-29F	9/46	F	61/334	+00:13:27	00:32:55.19	HOUSE PALS 5K 5K
161/630	AGOSTINHO, MIGUEL	2760	00:33:54.69	06:20	5K20-29M	10/20	M	100/296	+00:13:27	00:32:55.73	HOUSE PALS 5K 5K
162/630	STEEN, DARCY	3444	00:34:03.01	06:21	5K30-39M	12/51	M	101/296	+00:13:36	00:33:53.82	
163/630	KELLY, SEBASTIAN	2962	00:34:05.17	06:22	5K14&UM	50/126	M	102/296	+00:13:38	00:32:46.76	IVIVVA TEAM BRYNN 5K 5K
164/630	POLITSKY, WAYNE	3072	00:34:06.17	06:22	5K50-59M	5/18	M	103/296	+00:13:39	00:33:22.91	
165/630	GONZALES, MARYANNE	3395	00:34:06.29	06:22	5K40-49F	12/69	F	62/334	+00:13:39	00:32:48.46	
166/630	TWIN, ORLEANE	3181	00:34:07.68	06:22	5K30-39F	20/101	F	63/334	+00:13:40	00:33:24.06	T REX RUNNERS 5K 5K
167/630	MACDONALD, BERIT	568	00:34:12.78	06:23	5K20-29M	11/20	M	104/296	+00:13:45	00:33:46.61	CRESCENT POINT 2016 5K 5K
168/630	DE PAIVA, WILLIAM	3316	00:34:16.63	06:24	5K14&UM	51/126	M	105/296	+00:13:49	00:33:42.45	COWBOYS BANTAM NAVY 5K 5K
169/630	SINCLAIR, LUKE	3139	00:34:16.95	06:24	5K20-29M	12/20	M	106/296	+00:13:50	00:34:08.53	DEVON CANADA TEAM 5K 5K
170/630	VANDERSTARREN, BRYDEN	3187	00:34:17.46	06:24	5K14&UM	52/126	M	107/296	+00:13:50	00:33:43.58	COWBOYS BANTAM NAVY 5K 5K
171/630	BILLYARD, ISAIAH	2793	00:34:21.49	06:25	5K14&UM	53/126	M	108/296	+00:13:54	00:32:35.27	
172/630	BILLYARD, CHAD	2792	00:34:21.81	06:25	5K30-39M	13/51	M	109/296	+00:13:54	00:32:35.82	
173/630	JONES, SHARON	2950	00:34:24.52	06:25	5K30-39F	21/101	F	64/334	+00:13:57	00:34:05.01	ITC CONSTRUCTION GROUP 5K 5K
174/630	SALTER, RUSSELL	3343	00:34:25.76	06:25	5K14&UM	54/126	M	110/296	+00:13:58	00:34:23.42	COWBOYS PEEWEE NAVY 5K 5K
175/630	LAPLANTE, MIKE	2990	00:34:29.34	06:26	5K40-49M	15/56	M	111/296	+00:14:02	00:33:41.44	COWBOYS PEEWEE GREY 5K 5K

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5K Run - 3.1 Miles

2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
176/630	HOLMLUND, KATRINA	2931	00:34:31.35	06:27	5K20-29F	10/46	F	65/334	+00:14:04	00:34:00.05	
177/630	HOLMLUND, JEFF	2930	00:34:31.63	06:27	5K50-59M	6/18	M	112/296	+00:14:04	00:34:00.60	
178/630	MAH, KELSEY	3013	00:34:46.01	06:29	5K20-29F	11/46	F	66/334	+00:14:19	00:34:07.73	HAPPY FEET 5K 5K
179/630	TAN, CINDIA	3167	00:34:46.41	06:29	5K20-29F	12/46	F	67/334	+00:14:19	00:34:07.31	HAPPY FEET 5K 5K
180/630	LAPLANTE, ZEPHYR	2991	00:34:48.23	06:30	5K14&UM	55/126	M	113/296	+00:14:21	00:34:47.49	COWBOYS PEEWEE GREY 5K 5K
181/630	CAMPBELL, JOSH	3430	00:34:48.37	06:30	5K14&UM	56/126	M	114/296	+00:14:21	00:34:47.23	COWBOYS PEEWEE GREY 5K 5K
182/630	LONGWORTH, MEG	2997	00:34:53.21	06:31	5K20-29F	13/46	F	68/334	+00:14:26	00:33:56.21	DIRTT 5K 5K
183/630	WALLACE, JAMIE	3198	00:35:03.13	06:33	5K40-49M	16/56	M	115/296	+00:14:36	00:32:47.95	COWBOYS PEEWEE NAVY 5K 5K
184/630	DEGELMAN, TERESA	3305	00:35:03.19	06:33	5K40-49F	13/69	F	69/334	+00:14:36	00:34:20.06	
185/630	WALLACE, ASHLEY	3197	00:35:03.41	06:33	5K14&UF	9/57	F	70/334	+00:14:36	00:32:48.23	COWBOYS PEEWEE NAVY 5K 5K
186/630	FURDAL, JORDIS	3286	00:35:10.94	06:34	5K14&UF	10/57	F	71/334	+00:14:44	00:34:41.61	
187/630	BELIVEAU, PENNY	2785	00:35:12.21	06:34	5K30-39F	22/101	F	72/334	+00:14:45	00:34:39.04	DEVON CANADA TEAM 5K 5K
188/630	GARCIA, CHRIS	3270	00:35:13.62	06:34	5K30-39M	14/51	M	116/296	+00:14:46	00:34:40.26	DEVON CANADA TEAM 5K 5K
189/630	HELFENBAUM, LORI	2918	00:35:23.30	06:36	5K30-39F	23/101	F	73/334	+00:14:56	00:35:12.43	DEVON CANADA TEAM 5K 5K
190/630	KNOX, KATHLEEN	2975	00:35:25.24	06:37	5K30-39F	24/101	F	74/334	+00:14:58	00:34:45.43	DIRTT 5K 5K
191/630	MUELLER, LISA	3449	00:35:26.59	06:37	5K50-59F	8/38	F	75/334	+00:14:59	00:34:53.97	COWBOYS BANTAM NAVY 5K 5K
193/630	PERRELLA, ROBERT	3257	00:35:28.17	06:37	5K14&UM	58/126	M	118/296	+00:15:01	00:35:23.44	COWBOYS BANTAM NAVY 5K 5K
192/630	MANOR, ETHAN	3017	00:35:28.17	06:37	5K14&UM	57/126	M	117/296	+00:15:01	00:35:23.31	COWBOYS BANTAM NAVY 5K 5K
194/630	CUNNINGHAM, DARREN	2844	00:35:29.51	06:37	5K40-49M	17/56	M	119/296	+00:15:02	00:34:12.30	
195/630	MORRIS, SUSANNE	3043	00:35:30.49	06:38	5K40-49F	14/69	F	76/334	+00:15:03	00:34:42.39	COWBOYS PEEWEE NAVY 5K 5K
196/630	STENGLER, KAILYN	3153	00:35:34.87	06:38	5K20-29F	14/46	F	77/334	+00:15:08	00:33:49.16	DEVON CANADA TEAM 5K 5K
197/630	STENGLER, BLAIR	3152	00:35:35.65	06:39	5K20-29M	13/20	M	120/296	+00:15:08	00:33:50.32	DEVON CANADA TEAM 5K 5K
198/630	GAFIUK, MELANIE	3241	00:35:46.88	06:41	5K15-19F	7/10	F	78/334	+00:15:20	00:35:38.45	G TEAM 5K 5K
199/630	GIANG, MAI	2887	00:35:47.40	06:41	5K30-39F	25/101	F	79/334	+00:15:20	00:35:20.99	
200/630	KU, DAVID	2983	00:35:47.52	06:41	5K30-39M	15/51	M	121/296	+00:15:20	00:35:21.17	
201/630	MARSDEN, ROSE	3251	00:35:48.96	06:41	5K15-19F	8/10	F	80/334	+00:15:22	00:35:40.41	G TEAM 5K 5K
202/630	SYNNOTT, MATTHEW	3417	00:35:50.44	06:41	5K30-39M	16/51	M	122/296	+00:15:23	00:34:12.08	
203/630	HAW, KRISTINA	2916	00:35:52.80	06:42	5K20-29F	15/46	F	81/334	+00:15:25	00:34:24.30	COCA-COLA LIFE 5K 5K
204/630	JONES, SUSAN	3411	00:35:58.51	06:43	5K40-49F	15/69	F	82/334	+00:15:31	00:35:51.96	
205/630	MINAKATA, JESUS	3253	00:36:07.91	06:45	5K40-49M	18/56	M	123/296	+00:15:41	00:35:52.27	COWBOYS BANTAM GREY 5K 5K
206/630	KLARENBACH, APRIL	2969	00:36:09.11	06:45	5K14&UF	11/57	F	83/334	+00:15:42	00:34:52.30	IVIVVA TEAM BRYNN 5K 5K
207/630	HOOD, CHARISSE	2932	00:36:09.12	06:45	5K20-29F	16/46	F	84/334	+00:15:42	00:36:00.84	DEVON CANADA TEAM 5K 5K
208/630	WING, CHANTAL	3222	00:36:12.18	06:45	5K20-29F	17/46	F	85/334	+00:15:45	00:36:05.16	TEAM VV 5K 5K
209/630	HOOPER, KEVIN	3416	00:36:20.10	06:47	5K50-59M	7/18	M	124/296	+00:15:53	00:35:52.29	
210/630	WONG, DAVID	3226	00:36:30.09	06:49	5K50-59M	8/18	M	125/296	+00:16:03	00:35:31.51	

OA/PI = Overall Placing

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2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
211/630	NILES, STERLING	3053	00:36:30.71	06:49	5K14&UM	59/126	M	126/296	+00:16:03	00:35:57.21	COWBOYS BANTAM GREY 5K 5K
212/630	GREEN, CORY	2900	00:36:31.82	06:49	5K40-49M	19/56	M	127/296	+00:16:04	00:36:01.11	COWBOYS PEEWEE NAVY 5K 5K
213/630	RUTHERFORD, ZORIA	3110	00:36:34.35	06:50	5K50-59F	9/38	F	86/334	+00:16:07	00:35:31.88	
214/630	BEEBE, EVAN	2779	00:36:34.82	06:50	5K14&UM	60/126	M	128/296	+00:16:07	00:36:13.47	
215/630	NEILSON, DANA	3050	00:36:38.57	06:50	5K50-59F	10/38	F	87/334	+00:16:11	00:36:24.16	
216/630	PARMAR, MICHELLE	3062	00:36:41.20	06:51	5K30-39F	26/101	F	88/334	+00:16:14	00:35:22.77	DEVON CANADA TEAM 5K 5K
217/630	PARMAR, GAVIN	3061	00:36:42.18	06:51	5K30-39M	17/51	M	129/296	+00:16:15	00:35:22.15	DEVON CANADA TEAM 5K 5K
218/630	PARMAR, EMMELINE	3060	00:36:42.69	06:51	5K14&UF	12/57	F	89/334	+00:16:15	00:35:21.58	DEVON CANADA TEAM 5K 5K
219/630	POCATERRA, ALEJANDRA	3068	00:36:46.58	06:52	5K14&UF	13/57	F	90/334	+00:16:19	00:36:35.84	
220/630	BEEBE, TANNER	2781	00:36:46.65	06:52	5K14&UM	61/126	M	130/296	+00:16:19	00:36:25.49	
221/630	VANDENBERGHE, JAXON	3186	00:36:49.57	06:52	5K14&UM	62/126	M	131/296	+00:16:22	00:36:48.82	COWBOYS PEEWEE NAVY 5K 5K
222/630	EL KHOURY, VIOLETA	2875	00:36:49.99	06:53	5K50-59F	11/38	F	91/334	+00:16:23	00:36:39.25	
223/630	GREEN, JASPER	2901	00:36:51.07	06:53	5K14&UM	63/126	M	132/296	+00:16:24	00:36:49.92	COWBOYS PEEWEE NAVY 5K 5K
224/630	REED, DAWSON	3087	00:36:56.64	06:54	5K14&UM	64/126	M	133/296	+00:16:29	00:36:46.94	COWBOYS BANTAM GREY 5K 5K
225/630	PUGHE, PAMELA	3082	00:36:56.91	06:54	5K20-29F	18/46	F	92/334	+00:16:30	00:36:03.55	MARTINCHAD 5K 5K
226/630	MAH, JERRY	3011	00:36:58.80	06:54	5K60-69M	2/11	M	134/296	+00:16:31	00:36:20.24	HAPPY FEET 5K 5K
227/630	BONSALL, FLETCH	2810	00:37:01.20	06:55	5K14&UM	65/126	M	135/296	+00:16:34	00:36:46.91	
228/630	CORCUERA, JONATHAN	3350	00:37:02.05	06:55	5K30-39M	18/51	M	136/296	+00:16:35	00:36:40.32	DEVON CANADA TEAM 5K 5K
229/630	BONSALL, NIKKI	2811	00:37:02.58	06:55	5K40-49F	16/69	F	93/334	+00:16:35	00:36:48.53	
230/630	BONSALL, WILLA	2812	00:37:02.64	06:55	5K14&UF	14/57	F	94/334	+00:16:35	00:36:48.43	
231/630	REVEREZA, CHANTAL	3356	00:37:03.29	06:55	5K30-39F	27/101	F	95/334	+00:16:36	00:36:42.34	DEVON CANADA TEAM 5K 5K
232/630	SMITH, TAYLOR	3146	00:37:04.18	06:55	5K15-19F	9/10	F	96/334	+00:16:37	00:36:28.25	
233/630	DAVIDSON, EMMA	2848	00:37:05.73	06:55	5K14&UF	15/57	F	97/334	+00:16:38	00:36:21.63	
234/630	DAVIDSON, TROY	2852	00:37:05.73	06:55	5K40-49M	20/56	M	137/296	+00:16:38	00:36:21.63	
235/630	HOWLAND-LANGILL, CLARE	3351	00:37:13.88	06:57	5K30-39F	28/101	F	98/334	+00:16:47	00:34:59.37	THE RUNNING LANGILLS 5K 5K
236/630	MARR, MEGAN	3022	00:37:14.03	06:57	5K14&UF	16/57	F	99/334	+00:16:47	00:37:00.50	PURPLE UNICORNS 5K 5K
237/630	PIERI, SAMANTHA	3067	00:37:14.20	06:57	5K14&UF	17/57	F	100/334	+00:16:47	00:37:00.67	PURPLE UNICORNS 5K 5K
238/630	LANGILL, SCOTT	3354	00:37:15.14	06:57	5K30-39M	19/51	M	138/296	+00:16:48	00:34:59.29	THE RUNNING LANGILLS 5K 5K
239/630	DRAPER, GARY	2868	00:37:26.88	06:59	5K60-69M	3/11	M	139/296	+00:17:00	00:37:09.56	
240/630	AUSTIN, CORINNE	2767	00:37:26.94	06:59	5K40-49F	17/69	F	101/334	+00:17:00	00:37:09.89	
241/630	SAMUELSON, AVERY	3435	00:37:28.54	07:00	5K14&UM	66/126	M	140/296	+00:17:01	00:37:26.71	COWBOYS PEEWEE GREY 5K 5K
242/630	SMITH, KEENAN	3141	00:37:29.19	07:00	5K14&UM	67/126	M	141/296	+00:17:02	00:37:27.17	COWBOYS PEEWEE GREY 5K 5K
243/630	SMITH, LOUISE	3142	00:37:33.35	07:01	5K40-49F	18/69	F	102/334	+00:17:06	00:36:57.42	
244/630	FINN, STEPHANIE	2879	00:37:33.71	07:01	5K30-39F	29/101	F	103/334	+00:17:06	00:35:02.69	
245/630	GLADKOWSKI, ADAM	2892	00:37:33.77	07:01	5K30-39M	20/51	M	142/296	+00:17:06	00:35:02.51	

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2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
246/630	COSENTINO, MARCUS	3304	00:37:40.22	07:02	5K14&UM	68/126	M	143/296	+00:17:13	00:36:35.42	COWBOYS BANTAM GREY 5K 5K
247/630	GOVIER, JEFF	2897	00:37:45.28	07:03	5K40-49M	21/56	M	144/296	+00:17:18	00:36:50.90	COWBOYS BANTAM NAVY 5K 5K
248/630	VALSTAR, JODY	3184	00:37:51.34	07:04	5K40-49F	19/69	F	104/334	+00:17:24	00:36:24.86	COWBOYS PEEWEE GREY 5K 5K
249/630	LEIGHTON, DOUG	3294	00:37:55.78	07:05	5K30-39M	21/51	M	145/296	+00:17:28	00:37:31.49	BROOKFIELD RESIDENTIAL 5K 5K
250/630	DROPPO, BRADLEY	2869	00:37:58.88	07:05	5K40-49M	22/56	M	146/296	+00:17:32	00:37:27.00	
251/630	SIMSER, RYLAN	3137	00:37:59.77	07:05	5K14&UM	69/126	M	147/296	+00:17:32	00:37:27.59	ROCKIN' MCNUGGETS 5K 5K
252/630	MISENER, CATHERINE	3032	00:38:00.17	07:06	5K50-59F	12/38	F	105/334	+00:17:33	00:37:27.77	
253/630	SIMSER, KANDICE	3136	00:38:05.42	07:07	5K30-39F	30/101	F	106/334	+00:17:38	00:37:32.80	ROCKIN' MCNUGGETS 5K 5K
254/630	STJOHN, JENN	3163	00:38:09.93	07:07	5K30-39F	31/101	F	107/334	+00:17:43	00:37:16.65	
255/630	STJOHN, ALEX	3161	00:38:09.93	07:07	5K30-39M	22/51	M	148/296	+00:17:43	00:38:09.93	
256/630	GATEMAN, DONNA	3292	00:38:15.88	07:08	5K50-59F	13/38	F	108/334	+00:17:49	00:37:37.18	
257/630	WINDLE, JOSH	3221	00:38:16.14	07:09	5K30-39M	23/51	M	149/296	+00:17:49	00:37:19.14	DIRTT 5K 5K
258/630	POLITSKY, LUREE	3070	00:38:17.19	07:09	5K50-59F	14/38	F	109/334	+00:17:50	00:37:34.64	
259/630	WHITE, JILLIAN	3208	00:38:27.36	07:11	5K20-29F	19/46	F	110/334	+00:18:00	00:38:09.83	
260/630	BEEBE, LINDA	2780	00:38:28.46	07:11	5K30-39F	32/101	F	111/334	+00:18:01	00:38:08.30	
261/630	CHAN, ALLAN	2832	00:38:38.48	07:13	5K30-39M	24/51	M	150/296	+00:18:11	00:34:58.90	GOT THE RUNS! 5K 5K
262/630	LUI, MELISSA	3001	00:38:38.58	07:13	5K30-39F	33/101	F	112/334	+00:18:11	00:34:59.26	GOT THE RUNS! 5K 5K
263/630	LUND, CHRISTY	3425	00:38:40.30	07:13	5K40-49F	20/69	F	113/334	+00:18:13	00:37:22.19	
264/630	MURRAY, JENN	3045	00:38:40.40	07:13	5K20-29F	20/46	F	114/334	+00:18:13	00:37:22.01	IVIVVA TEAM BRYNN 5K 5K
265/630	RUTHERFORD, ERIC	3102	00:38:40.46	07:13	5K14&UM	70/126	M	151/296	+00:18:13	00:37:45.98	
266/630	RUTHERFORD, ERIN	3103	00:38:40.62	07:13	5K30-39F	34/101	F	115/334	+00:18:13	00:37:45.98	
267/630	SYNNOTT, JESSICA	3418	00:38:46.89	07:14	5K30-39F	35/101	F	116/334	+00:18:20	00:37:08.67	
268/630	LANGMAN, SHAUNA	3273	00:38:50.15	07:15	5K20-29F	21/46	F	117/334	+00:18:23	00:38:23.98	CRESCENT POINT 2016 5K 5K
269/630	MYLES, KRISTEN	3048	00:38:50.23	07:15	5K30-39F	36/101	F	118/334	+00:18:23	00:38:02.03	NEWALTA 5K 5K
270/630	HANSEN, JACOB	2915	00:38:52.05	07:15	5K14&UM	71/126	M	152/296	+00:18:25	00:38:44.58	
271/630	LY, ANNIE	3433	00:38:52.31	07:15	5K20-29F	22/46	F	119/334	+00:18:25	00:36:55.24	GOT THE RUNS! 5K 5K
272/630	DAVIDSON, JENN	2849	00:38:53.90	07:16	5K30-39F	37/101	F	120/334	+00:18:27	00:37:01.06	THE RETRO BLASTOMAS 5K 5K
273/630	MCFETRIDGE, ASHLEY	3025	00:38:54.26	07:16	5K30-39F	38/101	F	121/334	+00:18:27	00:36:52.62	THE RETRO BLASTOMAS 5K 5K
274/630	GOVIER, ALISON	2895	00:38:55.24	07:16	5K14&UF	18/57	F	122/334	+00:18:28	00:38:01.48	COWBOYS BANTAM NAVY 5K 5K
275/630	DUNN, AINSLEY	2871	00:38:56.22	07:16	5K14&UF	19/57	F	123/334	+00:18:29	00:38:17.80	THE DUNNS 5K 5K
276/630	DUNN, SCOTT	2874	00:38:56.41	07:16	5K40-49M	23/56	M	153/296	+00:18:29	00:38:18.35	THE DUNNS 5K 5K
277/630	HANSEN, DANICA	2913	00:38:58.18	07:17	5K14&UF	20/57	F	124/334	+00:18:31	00:38:50.11	
278/630	GOVIER, ROBIN	2899	00:38:58.86	07:17	5K40-49F	21/69	F	125/334	+00:18:32	00:38:05.50	COWBOYS PEEWEE GREY 5K 5K
279/630	MCFETRIDGE, CHRIS	3026	00:38:58.87	07:17	5K30-39M	25/51	M	154/296	+00:18:32	00:36:56.95	THE RETRO BLASTOMAS 5K 5K
280/630	HANSEN, HENRIK	2914	00:38:59.05	07:17	5K40-49M	24/56	M	155/296	+00:18:32	00:38:50.82	

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2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
281/630	CUNNINGHAM, KYLIE	2845	00:39:11.70	07:19	5K20-29F	23/46	F	126/334	+00:18:44	00:39:05.59	
282/630	KEATS, JACQUELINE	2959	00:39:12.66	07:19	5K30-39F	39/101	F	127/334	+00:18:45	00:38:46.47	TEAM GRYFFINDOR 5K 5K
283/630	N, BALARAMAN	3255	00:39:14.58	07:20	5K40-49M	25/56	M	156/296	+00:18:47	00:39:07.17	DEVON CANADA TEAM 5K 5K
284/630	PYYKONEN, BRETT	3083	00:39:19.27	07:20	5K14&UM	72/126	M	157/296	+00:18:52	00:39:10.80	
285/630	POLITSKY, MEGAN	3071	00:39:21.12	07:21	5K20-29F	24/46	F	128/334	+00:18:54	00:38:39.07	
286/630	POLITSKY, KAREN	3069	00:39:21.24	07:21	5K40-49F	22/69	F	129/334	+00:18:54	00:38:38.61	
287/630	MCNEIL, SAM	3031	00:39:32.52	07:23	5K14&UM	73/126	M	158/296	+00:19:05	00:39:04.28	
288/630	WILLMS, SHAMI	3218	00:39:33.99	07:23	5K30-39M	26/51	M	159/296	+00:19:07	00:38:57.29	
289/630	WILLMS, ETHAN	3216	00:39:34.76	07:23	5K14&UM	74/126	M	160/296	+00:19:07	00:38:57.28	
290/630	BRANDELLI, DEBBIE	3426	00:39:37.40	07:24	5K50-59F	15/38	F	130/334	+00:19:10	00:39:30.47	
291/630	MCNEIL, RHONDA	3030	00:39:47.22	07:26	5K40-49F	23/69	F	131/334	+00:19:20	00:39:19.04	
292/630	KLARHOLM, SUSAN	3422	00:39:48.74	07:26	5K40-49F	24/69	F	132/334	+00:19:21	00:38:27.71	
293/630	BECHTEL, DAVID	3239	00:39:49.78	07:26	5K50-59M	9/18	M	161/296	+00:19:22	00:39:15.56	
294/630	BECHTEL, DANIEL	3238	00:39:49.82	07:26	5K14&UM	75/126	M	162/296	+00:19:22	00:39:14.96	
295/630	TARIO, LEANNE	3168	00:39:51.36	07:26	5K20-29F	25/46	F	133/334	+00:19:24	00:38:54.82	DIRTT 5K 5K
296/630	HOLMAN, KENDRA	2929	00:39:51.87	07:26	5K20-29F	26/46	F	134/334	+00:19:25	00:38:55.27	DIRTT 5K 5K
297/630	POSCHMANN, SOREN	3075	00:40:02.72	07:28	5K30-39M	27/51	M	163/296	+00:19:35	00:38:11.46	
298/630	THOMSON, KYLA	3174	00:40:04.38	07:29	5K30-39F	40/101	F	135/334	+00:19:37	00:39:19.62	BELLA BRAVE 5K 5K
299/630	BERQUIST, CASEY	2787	00:40:12.46	07:30	5K30-39M	28/51	M	164/296	+00:19:45	00:38:49.31	HOT MAMAS ON THE RUN 5K 5K
300/630	KERSLAKE, ANGIE	2963	00:40:40.85	07:36	5K50-59F	16/38	F	136/334	+00:20:14	00:39:57.44	
301/630	TWA, GABRIELLE	3346	00:40:41.63	07:36	5K14&UF	21/57	F	137/334	+00:20:14	00:40:19.23	PROGRESS ENERGY 5K 5K
302/630	TWA, RYAN	3278	00:40:41.70	07:36	5K40-49M	26/56	M	165/296	+00:20:14	00:40:19.01	PROGRESS ENERGY 5K 5K
303/630	BIRD, LAURA	2799	00:40:43.24	07:36	5K20-29F	27/46	F	138/334	+00:20:16	00:39:52.61	TEAM ACH 5K 5K
304/630	CHUNG, LORRANE	2838	00:40:43.30	07:36	5K40-49F	25/69	F	139/334	+00:20:16	00:38:37.03	
305/630	BIRD, CONNIE	2798	00:40:43.64	07:36	5K30-39F	41/101	F	140/334	+00:20:16	00:39:52.60	TEAM ACH 5K 5K
306/630	WONG, CAITLYN	3260	00:40:43.76	07:36	5K14&UF	22/57	F	141/334	+00:20:16	00:40:20.57	
307/630	WONG, JESSICA	3261	00:40:44.10	07:36	5K40-49F	26/69	F	142/334	+00:20:17	00:40:21.38	
308/630	YEE, ALEX	3229	00:40:44.16	07:36	5K14&UM	76/126	M	166/296	+00:20:17	00:38:36.55	
309/630	WONG, BARRY	3259	00:40:44.28	07:36	5K40-49M	27/56	M	167/296	+00:20:17	00:40:21.27	
310/630	ESCALONA, IRENEO III	3371	00:40:46.43	07:37	5K14&UM	77/126	M	168/296	+00:20:19	00:40:07.93	DIRTT 5K 5K
311/630	CHUNG, CHRIS	3240	00:40:46.55	07:37	5K30-39M	29/51	M	169/296	+00:20:19	00:38:39.80	
312/630	VINAS, DANILO JR	3378	00:40:46.99	07:37	5K14&UM	78/126	M	170/296	+00:20:20	00:40:06.72	DIRTT 5K 5K
313/630	SANDERS, STEPHANIE	3120	00:40:49.37	07:37	5K20-29F	28/46	F	143/334	+00:20:22	00:40:24.01	BIG MAC METRE EATERS 5K 5K
314/630	SEHGAL, MINI	3127	00:40:51.19	07:38	5K40-49F	27/69	F	144/334	+00:20:24	00:40:16.81	COWBOYS PEEWEE GREY 5K 5K
315/630	BARR, TAMMY	3328	00:40:55.44	07:38	5K30-39F	42/101	F	145/334	+00:20:28	00:40:15.63	

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2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
316/630	BARKMAN, AMY	2771	00:40:59.52	07:39	5K20-29F	29/46	F	146/334	+00:20:32	00:40:19.81	
317/630	MONGE, GIAN CARLO	3375	00:40:59.93	07:39	5K14&UM	79/126	M	171/296	+00:20:33	00:40:20.12	DIRTT 5K 5K
318/630	KELLY, DJ	3403	00:41:04.37	07:40	5K30-39M	30/51	M	172/296	+00:20:37	00:40:06.99	REID'S ROCKERS 5K 5K
319/630	JOHNS, CHRISTINE	3404	00:41:06.19	07:40	5K30-39F	43/101	F	147/334	+00:20:39	00:40:09.73	REID'S ROCKERS 5K 5K
320/630	WONG, CATHY	3389	00:41:06.73	07:40	5K60-69F	2/12	F	148/334	+00:20:39	00:41:06.73	YOGIBOS 5K 5K
321/630	DUNN, PATRICK	2873	00:41:08.85	07:41	5K14&UM	80/126	M	173/296	+00:20:42	00:40:30.87	THE DUNNS 5K 5K
322/630	WILLMS, KAI	3217	00:41:09.09	07:41	5K14&UM	81/126	M	174/296	+00:20:42	00:40:32.01	
323/630	LEWIS, RYLEY	3398	00:41:14.09	07:42	5K14&UM	82/126	M	175/296	+00:20:47	00:40:52.83	COWBOYS PEEWEE NAVY 5K 5K
324/630	DUNN, JOLENE	2872	00:41:15.75	07:42	5K40-49F	28/69	F	149/334	+00:20:48	00:40:38.00	THE DUNNS 5K 5K
325/630	WILLMS, DEANNA	3215	00:41:17.47	07:42	5K40-49F	29/69	F	150/334	+00:20:50	00:40:41.54	
326/630	REED, CORY	3258	00:41:18.10	07:43	5K40-49M	28/56	M	176/296	+00:20:51	00:40:26.12	COWBOYS BANTAM GREY 5K 5K
327/630	VERLOOP, JUSTIN	3189	00:41:32.99	07:45	5K14&UM	83/126	M	177/296	+00:21:06	00:41:00.19	COWBOYS BANTAM GREY 5K 5K
328/630	HROZA, CRISTINA	2938	00:41:38.51	07:46	5K14&UF	23/57	F	151/334	+00:21:11	00:41:19.40	HAPPY MOOSE 5K 5K
329/630	HROZA, KARL	2939	00:41:38.67	07:46	5K40-49M	29/56	M	178/296	+00:21:11	00:41:21.04	HAPPY MOOSE 5K 5K
330/630	FOY, TYLER	3317	00:41:40.34	07:47	5K14&UM	84/126	M	179/296	+00:21:13	00:41:04.81	COWBOYS BANTAM NAVY 5K 5K
331/630	MACDONALD, SOPHIA	3006	00:41:43.85	07:47	5K14&UF	24/57	F	152/334	+00:21:17	00:41:14.34	DEVON CANADA TEAM 5K 5K
332/630	MACDONALD, HEATHER	3004	00:41:44.84	07:48	5K40-49F	30/69	F	153/334	+00:21:18	00:41:15.21	DEVON CANADA TEAM 5K 5K
333/630	KABAN, NOLAN	2955	00:41:45.04	07:48	5K14&UM	85/126	M	180/296	+00:21:18	00:41:11.86	COWBOYS BANTAM NAVY 5K 5K
334/630	DIXON, EVAN	2861	00:41:45.60	07:48	5K40-49M	30/56	M	181/296	+00:21:18	00:41:26.87	
335/630	DIXON, REMA	2862	00:41:46.20	07:48	5K30-39F	44/101	F	154/334	+00:21:19	00:41:26.79	
336/630	DIXON, ESTELLA	2860	00:41:46.35	07:48	5K14&UF	25/57	F	155/334	+00:21:19	00:41:26.55	
337/630	SHEARER, LISA	3135	00:41:59.26	07:50	5K30-39F	45/101	F	156/334	+00:21:32	00:40:42.31	
338/630	MORRIS, NICHOLAS	3042	00:42:00.24	07:51	5K14&UM	86/126	M	182/296	+00:21:33	00:41:39.66	COWBOYS PEEWEE NAVY 5K 5K
339/630	SANDERS, SCOTT	3119	00:42:01.83	07:51	5K30-39M	31/51	M	183/296	+00:21:34	00:41:36.30	BIG MAC METRE EATERS 5K 5K
340/630	BEAL, KARMAN	2775	00:42:03.33	07:51	5K30-39F	46/101	F	157/334	+00:21:36	00:41:22.90	AWESOME POSSUMS 5K 5K
341/630	MOROZ, ROLANDA	3424	00:42:10.32	07:52	5K30-39F	47/101	F	158/334	+00:21:43	00:41:40.69	
342/630	MOROZ, EVERETT	3040	00:42:11.26	07:53	5K14&UM	87/126	M	184/296	+00:21:44	00:42:09.23	COWBOYS PEEWEE NAVY 5K 5K
343/630	OSULLIVAN, CHRIS	3059	00:42:27.71	07:56	5K40-49M	31/56	M	185/296	+00:22:00	00:41:25.54	
344/630	VISSCHER, NATALIE	3193	00:42:27.91	07:56	5K30-39F	48/101	F	159/334	+00:22:01	00:41:26.72	
345/630	RUTHERFORD, HEATHER	3105	00:42:28.93	07:56	5K30-39F	49/101	F	160/334	+00:22:02	00:41:25.58	
346/630	RICHARD, DONNIE	3400	00:42:31.78	07:56	5K40-49M	32/56	M	186/296	+00:22:04	00:41:43.11	
347/630	DIAMOND, DOMINIK	3364	00:42:32.05	07:57	5K40-49M	33/56	M	187/296	+00:22:05	00:41:43.73	
348/630	GYSLER, JESSICA	2909	00:42:36.69	07:57	5K30-39F	50/101	F	161/334	+00:22:09	00:41:28.59	DEVON CANADA TEAM 5K 5K
349/630	GYSLER, LYLA	2910	00:42:36.81	07:57	5K14&UF	26/57	F	162/334	+00:22:09	00:41:28.35	DEVON CANADA TEAM 5K 5K
350/630	CAMPANELLI, MATT	2829	00:42:40.81	07:58	5K14&UM	88/126	M	188/296	+00:22:13	00:42:35.15	COWBOYS BANTAM NAVY 5K 5K

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2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
351/630	KING, SIMON	2967	00:42:42.97	07:58	5K14&UM	89/126	M	189/296	+00:22:16	00:41:38.45	COWBOYS BANTAM NAVY 5K 5K
352/630	BARONE, GIANLUCA	2772	00:42:45.71	07:59	5K14&UM	90/126	M	190/296	+00:22:18	00:41:40.81	COWBOYS BANTAM GREY 5K 5K
353/630	DAROWSKI, CHANTELLE	2847	00:42:57.90	08:01	5K20-29F	30/46	F	163/334	+00:22:31	00:41:42.39	IVIVVA TEAM BRYNN 5K 5K
354/630	SEHGAL, ROHIN	3128	00:43:03.68	08:02	5K14&UM	91/126	M	191/296	+00:22:36	00:43:00.31	COWBOYS PEEWEE GREY 5K 5K
355/630	POLS, ERIN	3073	00:43:03.89	08:02	5K30-39F	51/101	F	164/334	+00:22:37	00:41:17.17	THE RETRO BLASTOMAS 5K 5K
356/630	POLS, DAVE	3399	00:43:04.15	08:02	5K30-39M	32/51	M	192/296	+00:22:37	00:41:15.77	THE RETRO BLASTOMAS 5K 5K
357/630	POCKAR, RYAN	3450	00:43:08.30	08:03	5K14&UM	92/126	M	193/296	+00:22:41	00:42:04.85	COWBOYS BANTAM NAVY 5K 5K
358/630	HODGSON, SAMANTHA	2924	00:43:09.74	08:03	5K20-29F	31/46	F	165/334	+00:22:42	00:42:11.30	
359/630	BECHTEL, ANGELA	3237	00:43:16.35	08:05	5K40-49F	31/69	F	166/334	+00:22:49	00:42:43.43	
360/630	RASHID, ANISHA	3085	00:43:17.42	08:05	5K30-39F	52/101	F	167/334	+00:22:50	00:42:57.79	
361/630	BECHTEL, ANDREW	3236	00:43:18.30	08:05	5K14&UM	93/126	M	194/296	+00:22:51	00:42:44.73	
362/630	TETRAULT, ETHAN	3170	00:43:18.68	08:05	5K14&UM	94/126	M	195/296	+00:22:51	00:42:14.79	COWBOYS BANTAM NAVY 5K 5K
363/630	DELAY, LIAM	2855	00:43:24.43	08:06	5K14&UM	95/126	M	196/296	+00:22:57	00:43:22.11	COWBOYS PEEWEE NAVY 5K 5K
364/630	CHARLTON, ERIC	2835	00:43:28.94	08:07	5K14&UM	96/126	M	197/296	+00:23:02	00:42:26.17	COWBOYS BANTAM NAVY 5K 5K
365/630	ZICH, NOAH	3231	00:43:35.14	08:08	5K15-19M	11/13	M	198/296	+00:23:08	00:43:31.24	COWBOYS PEEWEE GREY 5K 5K
366/630	CHANTEL, ROBINS	2833	00:43:39.19	08:09	5K15-19F	10/10	F	168/334	+00:23:12	00:43:35.97	COWBOYS PEEWEE GREY 5K 5K
367/630	PRATT, CHRIS	3302	00:43:39.56	08:09	5K15-19M	12/13	M	199/296	+00:23:12	00:43:00.26	
368/630	ROBINS, KELVIN	3097	00:43:39.56	08:09	5K14&UM	97/126	M	200/296	+00:23:12	00:43:36.39	COWBOYS PEEWEE GREY 5K 5K
369/630	GATEMAN, CONNOR	3291	00:43:41.52	08:09	5K15-19M	13/13	M	201/296	+00:23:14	00:43:03.10	
370/630	VIRDEE, SAIHAJ	3192	00:43:41.94	08:09	5K14&UM	98/126	M	202/296	+00:23:15	00:42:38.05	COWBOYS BANTAM NAVY 5K 5K
371/630	WIEHLER, DYLAN	3212	00:43:53.69	08:12	5K14&UM	99/126	M	203/296	+00:23:26	00:43:33.48	COWBOYS PEEWEE NAVY 5K 5K
372/630	KROEKER, NYKOL	2982	00:44:02.84	08:13	5K30-39F	53/101	F	169/334	+00:23:36	00:42:25.76	
373/630	KROEKER, BRENDEN	2981	00:44:02.96	08:13	5K40-49M	34/56	M	204/296	+00:23:36	00:42:24.90	
374/630	CAMPANELLI, CHRIS	2828	00:44:20.15	08:17	5K14&UM	100/126	M	205/296	+00:23:53	00:43:45.47	COWBOYS BANTAM NAVY 5K 5K
375/630	JOHNSON STRANG, VICTORIA	3306	00:44:36.86	08:20	5K20-29F	32/46	F	170/334	+00:24:10	00:43:48.06	DIRTT 5K 5K
376/630	PICONE, ELLENA	3065	00:44:53.85	08:23	5K20-29F	33/46	F	171/334	+00:24:27	00:44:38.77	SEIZE THE DAY 5K 5K
377/630	RASHID, ALEXANDRIA	3084	00:44:57.30	08:24	5K14&UF	27/57	F	172/334	+00:24:30	00:44:36.83	
378/630	RASHID, ASIF	3086	00:44:57.30	08:24	5K30-39M	33/51	M	206/296	+00:24:30	00:44:37.90	
379/630	BRIGHT, LISA	2821	00:45:02.86	08:25	5K40-49F	32/69	F	173/334	+00:24:36	00:44:47.39	SEIZE THE DAY 5K 5K
380/630	LORD, MIKAYLA	2998	00:45:11.81	08:26	5K14&UF	28/57	F	174/334	+00:24:44	00:44:51.70	
381/630	KLESKEN, AMANDA	2974	00:45:11.87	08:26	5K40-49F	33/69	F	175/334	+00:24:45	00:44:52.15	
382/630	MAH, JUDY	3012	00:45:46.88	08:33	5K50-59F	17/38	F	176/334	+00:25:20	00:45:07.94	HAPPY FEET 5K 5K
383/630	RODRIGUEZ, KARLA	3413	00:45:51.80	08:34	5K30-39F	54/101	F	177/334	+00:25:24	00:45:48.29	
384/630	BECKER, KIMBERLY	2778	00:46:03.36	08:36	5K40-49F	34/69	F	178/334	+00:25:36	00:45:32.08	
385/630	BECKER, AMYAH	2777	00:46:04.81	08:36	5K14&UF	29/57	F	179/334	+00:25:37	00:45:33.53	

OA/PI = Overall Placing

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2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
386/630	STEWART, TIM	3158	00:46:08.07	08:37	5K40-49M	35/56	M	207/296	+00:25:41	00:45:37.20	COWBOYS PEEWEE NAVY 5K 5K
387/630	STEWART, KRISTIAN	3155	00:46:08.39	08:37	5K14&UM	101/126	M	208/296	+00:25:41	00:46:06.45	COWBOYS PEEWEE NAVY 5K 5K
388/630	BINNE, CAROLINE	2797	00:46:25.91	08:40	5K50-59F	18/38	F	180/334	+00:25:59	00:45:48.23	ROCKIN' MCNUGGETS 5K 5K
389/630	KOWALICK-PYYKONEN, TAMMY	2980	00:46:30.85	08:41	5K40-49F	35/69	F	181/334	+00:26:04	00:46:08.62	
390/630	LEIGHTON, MAREE	3452	00:46:32.29	08:41	5K50-59F	19/38	F	182/334	+00:26:05	00:46:07.73	
391/630	GOODING, ALAN	2894	00:47:17.07	08:50	5K50-59M	10/18	M	209/296	+00:26:50	00:47:09.66	
392/630	BLACKWELL, KAYLA	2803	00:47:39.05	08:54	5K14&UF	30/57	F	183/334	+00:27:12	00:46:12.29	BLACKWELL BUNCH 5K 5K
393/630	BLACKWELL, TASHA	2804	00:47:40.13	08:54	5K14&UF	31/57	F	184/334	+00:27:13	00:46:14.34	BLACKWELL BUNCH 5K 5K
394/630	BLACKWELL, DEB	2801	00:47:40.85	08:54	5K40-49F	36/69	F	185/334	+00:27:14	00:46:13.58	BLACKWELL BUNCH 5K 5K
395/630	BLACKWELL, BILL	2800	00:47:41.65	08:54	5K40-49M	36/56	M	210/296	+00:27:14	00:46:16.08	BLACKWELL BUNCH 5K 5K
396/630	HOLLOWAY, JOE	2927	00:47:42.03	08:54	5K40-49M	37/56	M	211/296	+00:27:15	00:46:14.61	BLACKWELL BUNCH 5K 5K
397/630	BRUNO, JOSEPH	3111	00:47:45.05	08:55	5K14&UM	102/126	M	212/296	+00:27:18	00:46:47.98	ACH INHIBITORS 5K 5K
398/630	STADNYK, LOUISE	3325	00:48:06.29	08:59	5K50-59F	20/38	F	186/334	+00:27:39	00:47:17.77	DIRTT 5K 5K
399/630	STRANG, REBECCA	3312	00:48:11.45	09:00	5K40-49F	37/69	F	187/334	+00:27:44	00:47:22.93	DIRTT 5K 5K
400/630	FROTTEN, PATRICK	2882	00:48:19.07	09:01	5K30-39M	34/51	M	213/296	+00:27:52	00:48:12.60	
401/630	WILSON, HELENE	3219	00:48:21.27	09:02	5K30-39F	55/101	F	188/334	+00:27:54	00:48:14.99	
402/630	WIEHLER, ANDREA	3210	00:48:27.43	09:03	5K40-49F	38/69	F	189/334	+00:28:00	00:47:45.24	COWBOYS PEEWEE NAVY 5K 5K
403/630	LIVINGSTONE, BILL	3249	00:48:33.86	09:04	5K60-69M	4/11	M	214/296	+00:28:07	00:46:23.43	LOL 5K 5K
404/630	L'HEUREUX, JENNIFER	3247	00:48:34.64	09:04	5K30-39F	56/101	F	190/334	+00:28:07	00:46:20.60	LOL 5K 5K
405/630	L'HEUREUX, JESSE	3248	00:48:35.30	09:04	5K40-49M	38/56	M	215/296	+00:28:08	00:46:23.31	LOL 5K 5K
406/630	LIVINGSTONE, SARAH	3250	00:48:35.62	09:04	5K30-39F	57/101	F	191/334	+00:28:08	00:46:23.05	LOL 5K 5K
407/630	EDWARDS, ANNIE	3332	00:48:54.01	09:08	5K14&UF	32/57	F	192/334	+00:28:27	00:46:42.69	
408/630	GAGNON, WHITNEY	2884	00:49:04.75	09:10	5K30-39F	58/101	F	193/334	+00:28:37	00:47:06.35	GOT THE RUNS! 5K 5K
409/630	GAGNON, DENIS	2883	00:49:06.44	09:10	5K30-39M	35/51	M	216/296	+00:28:39	00:46:59.81	GOT THE RUNS! 5K 5K
410/630	LLOYD, LINDSAY	2995	00:49:18.72	09:12	5K14&UF	33/57	F	194/334	+00:28:51	00:47:07.50	
411/630	EDWARDS, LINDA	3334	00:49:19.46	09:13	5K40-49F	39/69	F	195/334	+00:28:52	00:47:07.76	
412/630	BILLYARD, KRISTY	2795	00:49:37.04	09:16	5K30-39F	59/101	F	196/334	+00:29:10	00:47:43.44	
413/630	BILLYARD, JACK	2794	00:49:37.59	09:16	5K14&UM	103/126	M	217/296	+00:29:10	00:47:42.65	
414/630	RUTORFORD, NAHNICAA	3112	00:50:11.66	09:22	5K50-59F	21/38	F	197/334	+00:29:44	00:50:04.85	
415/630	MONKMAN, JARALYN	3035	00:50:16.76	09:23	5K30-39F	60/101	F	198/334	+00:29:49	00:50:16.76	
416/630	RUIZ, LAURA	3421	00:50:28.40	09:25	5K30-39F	61/101	F	199/334	+00:30:01	00:50:15.45	
417/630	DOYLE, BEVERLY	2865	00:50:34.35	09:27	5K40-49F	40/69	F	200/334	+00:30:07	00:49:46.55	COWBOYS PEEWEE NAVY 5K 5K
418/630	MOLESKY, KAREN	3439	00:50:36.44	09:27	5K40-49F	41/69	F	201/334	+00:30:09	00:49:48.78	COWBOYS BANTAM GREY 5K 5K
419/630	SHAW, SUSAN	3134	00:50:55.02	09:31	5K60-69F	3/12	F	202/334	+00:30:28	00:49:14.75	
420/630	DANIEL COOZ, JOSE	2846	00:50:55.08	09:31	5K20-29M	14/20	M	218/296	+00:30:28	00:49:25.52	COCA-COLA LIFE 5K 5K

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2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
421/630	BOSDET, LUCAS	2815	00:51:03.90	09:32	5K14&UM	104/126	M	219/296	+00:30:37	00:50:18.21	
422/630	BOSDET, MICHAEL	2816	00:51:04.00	09:32	5K40-49M	39/56	M	220/296	+00:30:37	00:50:18.60	BOSDET FAMILY 5K 5K
423/630	WARD, REBECCA	3199	00:51:27.11	09:37	5K30-39F	62/101	F	203/334	+00:31:00	00:49:46.56	
424/630	OLIEN, AILISH	3408	00:51:29.86	09:37	5K14&UF	34/57	F	204/334	+00:31:03	00:50:51.24	TEAM MCGARRIGLE OLIEN 5K 5K
425/630	BOSDET, EVAN	2814	00:51:49.47	09:41	5K14&UM	105/126	M	221/296	+00:31:22	00:51:02.91	BOSDET FAMILY 5K 5K
426/630	BOSDET, TERESA	2817	00:51:50.14	09:41	5K40-49F	42/69	F	205/334	+00:31:23	00:51:03.82	BOSDET FAMILY 5K 5K
427/630	MCGARRIGLE, PAULA	3406	00:51:50.66	09:41	5K40-49F	43/69	F	206/334	+00:31:23	00:51:11.56	TEAM MCGARRIGLE OLIEN 5K 5K
428/630	FEHR, JENNIFER	2877	00:51:58.91	09:42	5K40-49F	44/69	F	207/334	+00:31:32	00:50:52.04	
429/630	HAJAR, OMAR	3336	00:51:59.63	09:43	5K40-49M	40/56	M	222/296	+00:31:32	00:49:11.86	
430/630	PRICE, AMANDA	3077	00:52:00.10	09:43	5K30-39F	63/101	F	208/334	+00:31:33	00:49:15.03	LITTLE FEET, BIG HEARTS 5K 5K
431/630	PRICE, JOEL	3078	00:52:00.23	09:43	5K30-39M	36/51	M	223/296	+00:31:33	00:49:11.86	LITTLE FEET, BIG HEARTS 5K 5K
432/630	STJOHN, JADEN	3162	00:52:20.15	09:46	5K14&UF	35/57	F	209/334	+00:31:53	00:51:28.57	
433/630	TRAN, HA	3345	00:52:23.44	09:47	5K30-39F	64/101	F	210/334	+00:31:56	00:51:28.12	DIRTT 5K 5K
434/630	TETTEH, SHIRLEY	3344	00:52:26.47	09:48	5K40-49F	45/69	F	211/334	+00:31:59	00:51:31.15	DIRTT 5K 5K
435/630	WILKIE, GARRY	3214	00:52:36.13	09:49	5K50-59M	11/18	M	224/296	+00:32:09	00:51:44.91	COWBOYS BANTAM NAVY 5K 5K
436/630	BERTSCH, JOHN	2789	00:52:46.87	09:51	5K50-59M	12/18	M	225/296	+00:32:20	00:51:55.81	COWBOYS BANTAM NAVY 5K 5K
437/630	KYLLO, JANICE	2984	00:52:52.91	09:52	5K60-69F	4/12	F	212/334	+00:32:26	00:51:18.93	WE THOUGHT YOU SAID RUM! 5K
438/630	PAUL, JILL	3063	00:52:54.79	09:53	5K50-59F	22/38	F	213/334	+00:32:27	00:51:20.85	WE THOUGHT YOU SAID RUM! 5K
439/630	GAMMIE, SARAH	2885	00:53:01.17	09:54	5K30-39F	65/101	F	214/334	+00:32:34	00:50:35.63	
440/630	HEFFERNAN, JASON	2917	00:53:01.87	09:54	5K30-39M	37/51	M	226/296	+00:32:35	00:50:36.19	
441/630	ROBINS, DEAN	3095	00:53:22.21	09:58	5K40-49M	41/56	M	227/296	+00:32:55	00:52:38.39	COWBOYS PEEWEE GREY 5K 5K
442/630	ROBINS, JANETTE	3096	00:53:22.63	09:58	5K40-49F	46/69	F	215/334	+00:32:55	00:52:37.83	COWBOYS PEEWEE GREY 5K 5K
443/630	DE KLERK, ANN	2853	00:53:41.41	10:02	5K60-69F	5/12	F	216/334	+00:33:14	00:52:28.86	
444/630	PRIME, ALEX	3079	00:53:44.96	10:02	5K14&UM	106/126	M	228/296	+00:33:18	00:53:08.85	COWBOYS BANTAM GREY 5K 5K
445/630	OSBORNE, BEN	3057	00:53:45.02	10:02	5K14&UM	107/126	M	229/296	+00:33:18	00:53:08.26	COWBOYS BANTAM GREY 5K 5K
446/630	JOSEPH, JONELLE	2951	00:54:19.13	10:09	5K20-29F	34/46	F	217/334	+00:33:52	00:53:28.77	NEWALTA 5K 5K
447/630	RUTHERFORD, ALEX	3099	00:54:44.61	10:13	5K14&UM	108/126	M	230/296	+00:34:17	00:53:13.86	
448/630	RUTHERFORD, NEIL	3108	00:54:45.25	10:14	5K60-69M	5/11	M	231/296	+00:34:18	00:53:14.68	
449/630	RUTHERFORD, JAMES	3106	00:54:46.44	10:14	5K14&UM	109/126	M	232/296	+00:34:19	00:53:11.14	
450/630	RUTHERFORD, VICTOR	3109	00:54:46.85	10:14	5K40-49M	42/56	M	233/296	+00:34:20	00:53:11.26	
451/630	CABANATAN, CHARLES	3329	00:54:54.33	10:15	5K30-39M	38/51	M	234/296	+00:34:27	00:54:09.57	DIRTT 5K 5K
452/630	DRY, KEREMY	2870	00:54:59.25	10:16	5K30-39F	66/101	F	218/334	+00:34:32	00:53:15.20	
453/630	FETH, MARRY	2878	00:54:59.53	10:16	5K40-49F	47/69	F	219/334	+00:34:32	00:53:15.48	
454/630	POCKAR, ROBIN	3377	00:54:59.63	10:16	5K50-59F	23/38	F	220/334	+00:34:32	00:54:04.71	COWBOYS BANTAM NAVY 5K 5K
455/630	RIVERA, HOLLIE	3092	00:55:00.08	10:16	5K40-49F	48/69	F	221/334	+00:34:33	00:54:04.76	COWBOYS BANTAM GREY 5K 5K

OA/PI = Overall Placing

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Offset = Diff from O/A win Time hh:mm:ss

2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
456/630	RIVERA, JOHN	3093	00:55:01.70	10:17	5K40-49M	43/56	M	235/296	+00:34:34	00:54:02.25	COWBOYS BANTAM GREY 5K 5K
457/630	HUYNH, LISA	2940	00:55:05.00	10:17	5K20-29F	35/46	F	222/334	+00:34:38	00:54:14.80	NEWALTA 5K 5K
458/630	BARNES, DEBBIE	3428	00:55:06.58	10:17	5K50-59F	24/38	F	223/334	+00:34:39	00:53:02.13	
459/630	SHAH, ROSHNI	3133	00:55:23.48	10:21	5K50-59F	25/38	F	224/334	+00:34:56	00:55:02.79	ITC CONSTRUCTION GROUP 5K 5K
460/630	JONES, ASHLEY	2948	00:55:30.90	10:22	5K30-39F	67/101	F	225/334	+00:35:04	00:53:58.23	TEAM VV 5K 5K
461/630	WINTER, JENNIFER	3279	00:55:32.34	10:22	5K30-39F	68/101	F	226/334	+00:35:05	00:53:59.05	TEAM VV 5K 5K
462/630	BLIMKIE, KEN	2809	00:55:33.26	10:22	5K60-69M	6/11	M	236/296	+00:35:06	00:54:01.65	DEVON CANADA TEAM 5K 5K
463/630	JEZERSEK, SUSAN	3359	00:55:40.19	10:24	5K40-49F	49/69	F	227/334	+00:35:13	00:54:16.25	
464/630	IRWIN, TARA	3358	00:55:40.42	10:24	5K40-49F	50/69	F	228/334	+00:35:13	00:54:16.18	
465/630	BIANOWSKY, NANCY	3357	00:55:41.72	10:24	5K60-69F	6/12	F	229/334	+00:35:14	00:54:18.08	
466/630	LAI, SIEW	2987	00:55:43.88	10:24	5K30-39F	69/101	F	230/334	+00:35:17	00:55:22.75	DEVON CANADA TEAM 5K 5K
467/630	LAI, TAYLOR	2988	00:55:44.41	10:25	5K14&UF	36/57	F	231/334	+00:35:17	00:55:23.28	DEVON CANADA TEAM 5K 5K
468/630	LAI, MEGAN	2986	00:55:46.62	10:25	5K14&UF	37/57	F	232/334	+00:35:19	00:55:25.75	DEVON CANADA TEAM 5K 5K
469/630	PREMJI, SAARAA	605	00:55:49.35	10:25	5K20-29F	36/46	F	233/334	+00:35:22	00:54:08.22	GOT THE RUNS! 5K 5K
470/630	WEBER, GLENN	3204	00:55:50.98	10:26	5K50-59M	13/18	M	237/296	+00:35:24	00:54:33.43	
471/630	SMITH, KAREN	3361	00:55:54.03	10:26	5K40-49F	51/69	F	234/334	+00:35:27	00:53:44.66	
472/630	SMITH, MARGA	3143	00:55:55.28	10:27	5K40-49F	52/69	F	235/334	+00:35:28	00:53:45.44	COWBOYS PEEWEE GREY 5K 5K
473/630	NUYTEN, CHLOE	3055	00:56:10.41	10:29	5K14&UF	38/57	F	236/334	+00:35:43	00:55:45.23	
474/630	NUYTEN, SOPHIE	3414	00:56:10.70	10:29	5K14&UF	39/57	F	237/334	+00:35:43	00:55:45.69	
475/630	KELLY, MALENA	2961	00:56:15.30	10:30	5K14&UF	40/57	F	238/334	+00:35:48	00:54:54.93	IVIVVA TEAM BRYNN 5K 5K
476/630	CAMPBELL, ALEX	3431	00:56:18.52	10:31	5K40-49M	44/56	M	238/296	+00:35:51	00:54:56.85	COWBOYS PEEWEE GREY 5K 5K
477/630	COLLINS, PHILIP	2840	00:56:18.64	10:31	5K50-59M	14/18	M	239/296	+00:35:51	00:54:57.01	COWBOYS PEEWEE GREY 5K 5K
478/630	MCKENNA, MICHELLE	3027	00:56:57.09	10:38	5K40-49F	53/69	F	239/334	+00:36:30	00:55:27.41	COWBOYS PEEWEE NAVY 5K 5K
479/630	MCKENNA, CONNOR	3455	00:56:58.43	10:38	5K14&UM	110/126	M	240/296	+00:36:31	00:55:29.51	COWBOYS PEEWEE NAVY 5K 5K
480/630	MCKENNA, TOBY	3029	00:56:58.62	10:38	5K40-49M	45/56	M	241/296	+00:36:31	00:55:29.63	COWBOYS PEEWEE NAVY 5K 5K
481/630	RUSSELL, DRAKE	3098	00:57:02.52	10:39	5K14&UM	111/126	M	242/296	+00:36:35	00:55:55.78	COWBOYS BANTAM GREY 5K 5K
482/630	STAZ, ETHAN	3423	00:57:03.15	10:39	5K14&UM	112/126	M	243/296	+00:36:36	00:56:53.52	COWBOYS BANTAM GREY 5K 5K
483/630	TAHMAZIAN, INDIA	3165	00:57:03.24	10:39	5K14&UF	41/57	F	240/334	+00:36:36	00:56:10.28	
484/630	PAGET, MICHELLE	3384	00:57:03.76	10:39	5K50-59F	26/38	F	241/334	+00:36:36	00:56:11.24	
485/630	RIVERA, RUBEN	3094	00:57:04.72	10:40	5K14&UM	113/126	M	244/296	+00:36:37	00:56:30.16	COWBOYS BANTAM GREY 5K 5K
486/630	MAGGIPINTO, EVAN	3010	00:57:05.84	10:40	5K14&UM	114/126	M	245/296	+00:36:39	00:56:31.62	COWBOYS BANTAM GREY 5K 5K
487/630	MENHEM, KARIM	3252	00:57:06.28	10:40	5K14&UM	115/126	M	246/296	+00:36:39	00:56:31.52	COWBOYS BANTAM NAVY 5K 5K
488/630	AMSING, NICOLE	2762	00:58:23.53	10:54	5K30-39F	70/101	F	242/334	+00:37:56	00:58:03.81	ITC CONSTRUCTION GROUP 5K 5K
489/630	CLAVERIA, ARVIN	3330	00:58:26.03	10:55	5K30-39M	39/51	M	247/296	+00:37:59	00:55:48.55	DIRTT 5K 5K
490/630	CARINO1970, MARVIN	3394	00:58:26.59	10:55	5K40-49M	46/56	M	248/296	+00:37:59	00:56:36.10	DIRTT 5K 5K

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5K Run - 3.1 Miles

2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
491/630	SAMBASIVAM, GRACE	3117	00:58:30.86	10:56	5K14&UF	42/57	F	243/334	+00:38:04	00:58:06.11	
492/630	HOHN, KEAGAN	2925	00:58:45.30	10:58	5K14&UM	116/126	M	249/296	+00:38:18	00:58:14.61	
493/630	HOHN, KEVIN	2926	00:59:04.45	11:02	5K40-49M	47/56	M	250/296	+00:38:37	00:58:34.82	
494/630	KACZOWKA, RICK	3397	00:59:12.41	11:03	5K50-59M	15/18	M	251/296	+00:38:45	00:57:03.05	ACH INHIBITORS 5K 5K
495/630	BRUNO, LAURA	3220	00:59:12.89	11:03	5K50-59F	27/38	F	244/334	+00:38:46	00:57:04.89	ACH INHIBITORS 5K 5K
496/630	KAMPMAN, RENEE	2956	00:59:15.18	11:04	5K40-49F	54/69	F	245/334	+00:38:48	00:58:57.38	
497/630	WON, STEPH	3225	00:59:16.74	11:04	5K50-59F	28/38	F	246/334	+00:38:49	00:57:16.79	GOT THE RUNS! 5K 5K
498/630	ZOLLER, MELISSA	3232	00:59:23.34	11:05	5K30-39F	71/101	F	247/334	+00:38:56	00:59:06.79	
499/630	COLLINS, MATTHEW	3284	00:59:36.83	11:08	5K14&UM	117/126	M	252/296	+00:39:09	00:56:41.82	ACH INHIBITORS 5K 5K
500/630	RUTHERFORD, BEVERLY	3100	00:59:46.74	11:10	5K40-49F	55/69	F	248/334	+00:39:19	00:57:42.75	
501/630	RUTHERFORD, KEVIN	3107	00:59:47.66	11:10	5K50-59M	16/18	M	253/296	+00:39:20	00:57:44.13	
502/630	JOVANOVIC, IRENA	2952	01:00:01.03	11:13	5K40-49F	56/69	F	249/334	+00:39:34	00:58:49.42	OLDIES BUT GOODIES 5K 5K
503/630	WAY, JENNIFER	3202	01:00:01.11	11:13	5K40-49F	57/69	F	250/334	+00:39:34	00:58:50.77	OLDIES BUT GOODIES 5K 5K
504/630	JOVANOVIC, TIHOMIR	2953	01:00:03.16	11:13	5K40-49M	48/56	M	254/296	+00:39:36	00:58:49.23	OLDIES BUT GOODIES 5K 5K
505/630	WAY, SEAN	3203	01:00:04.50	11:13	5K40-49M	49/56	M	255/296	+00:39:37	00:58:53.71	OLDIES BUT GOODIES 5K 5K
506/630	SHAH, FARYAL	3310	01:00:06.51	11:14	5K20-29F	37/46	F	251/334	+00:39:39	00:58:30.70	
507/630	TANAFRANCA, IVANKA	3313	01:00:07.70	11:14	5K20-29F	38/46	F	252/334	+00:39:40	00:58:31.89	
508/630	STANFORD, JOANNE	3148	01:00:08.46	11:14	5K40-49F	58/69	F	253/334	+00:39:41	00:58:32.75	DEVON CANADA TEAM 5K 5K
509/630	CHAULK, MANCHESTER	2836	01:00:10.13	11:14	5K14&UM	118/126	M	256/296	+00:39:43	00:58:27.80	
510/630	NADEAU, LAUNA MAI	3301	01:00:27.16	11:17	5K14&UF	43/57	F	254/334	+00:40:00	00:59:24.91	COWBOYS BANTAM NAVY 5K 5K
511/630	MALAZDREWICZ, JOSH	3014	01:00:27.57	11:17	5K30-39M	40/51	M	257/296	+00:40:00	00:55:50.67	DEVON CANADA TEAM 5K 5K
512/630	MALAZDREWICZ, LEAH	3015	01:00:27.92	11:17	5K30-39F	72/101	F	255/334	+00:40:01	00:55:50.74	DEVON CANADA TEAM 5K 5K
513/630	COOPER, AL	2842	01:00:28.60	11:18	5K60-69M	7/11	M	258/296	+00:40:01	00:59:26.71	COWBOYS BANTAM GREY 5K 5K
514/630	NADEAU, JEAN	3300	01:00:28.80	11:18	5K30-39M	41/51	M	259/296	+00:40:01	00:59:26.81	COWBOYS BANTAM NAVY 5K 5K
515/630	MURRAY, RYAN	3047	01:00:42.89	11:20	5K30-39M	42/51	M	260/296	+00:40:16	01:00:00.96	TEAM ACH 5K 5K
516/630	MURRAY, JORDANNA	3046	01:00:42.95	11:20	5K14&UF	44/57	F	256/334	+00:40:16	01:00:00.32	TEAM ACH 5K 5K
517/630	ABELA, ROXANNE	3370	01:00:57.33	11:23	5K30-39F	73/101	F	257/334	+00:40:30	00:59:06.42	DIRTT 5K 5K
518/630	FETALVO, IRENE	3372	01:00:58.82	11:23	5K30-39F	74/101	F	258/334	+00:40:31	00:59:05.84	DIRTT 5K 5K
519/630	NGUYEN, PETER	3052	01:00:59.05	11:23	5K30-39M	43/51	M	261/296	+00:40:32	00:58:35.20	FAB 5 5K 5K
520/630	BLAS, ERNANI	3391	01:01:41.96	11:31	5K40-49M	50/56	M	262/296	+00:41:15	00:59:48.28	DIRTT 5K 5K
521/630	BYERS, SARAH	2826	01:01:42.17	11:31	5K20-29F	39/46	F	259/334	+00:41:15	01:00:12.08	COCA-COLA LIFE 5K 5K
522/630	CRUZ, ALAN	3331	01:01:43.15	11:32	5K40-49M	51/56	M	263/296	+00:41:16	01:01:01.62	DIRTT 5K 5K
523/630	MONGE, IREN	3376	01:01:43.28	11:32	5K40-49F	59/69	F	260/334	+00:41:16	01:01:03.35	DIRTT 5K 5K
524/630	MANUEL, MARLOUN	3339	01:01:44.38	11:32	5K30-39M	44/51	M	264/296	+00:41:17	00:59:53.32	DIRTT 5K 5K
525/630	GIES, LOGAN	2890	01:02:42.14	11:43	5K14&UM	119/126	M	265/296	+00:42:15	01:01:07.22	

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5K Run - 3.1 Miles

2016 Rock the House 10K, 5K
Overall Results
Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
526/630	GIES, JULIA	2889	01:02:42.38	11:43	5K14&UF	45/57	F	261/334	+00:42:15	01:01:08.44	
527/630	RUTHERFORD, DANA	3101	01:02:42.66	11:43	5K14&UF	46/57	F	262/334	+00:42:15	01:01:08.72	
528/630	GIES, JENNIFER	2888	01:02:42.67	11:43	5K40-49F	60/69	F	263/334	+00:42:15	01:01:08.11	
529/630	RUTHERFORD, GAYLE	3104	01:02:43.56	11:43	5K60-69F	7/12	F	264/334	+00:42:16	01:01:10.27	
530/630	JONES, JOHN-PAUL	3366	01:02:50.74	11:44	5K60-69M	8/11	M	266/296	+00:42:23	01:01:22.08	TEAM VV 5K 5K
531/630	NORRIS, DEAN	3054	01:03:13.61	11:48	5K50-59M	17/18	M	267/296	+00:42:46	01:01:44.81	TEAM VV 5K 5K
532/630	JONES, CAROLE	2949	01:03:13.72	11:48	5K60-69F	8/12	F	265/334	+00:42:46	01:01:39.68	TEAM VV 5K 5K
533/630	JONES, WILLIAM	3246	01:03:39.12	11:53	5K14&UM	120/126	M	268/296	+00:43:12	01:02:06.95	THE RETRO BLASTOMAS 5K 5K
534/630	JONES, CORRENA	3243	01:03:42.34	11:54	5K40-49F	61/69	F	266/334	+00:43:15	01:02:11.27	THE RETRO BLASTOMAS 5K 5K
535/630	BLACKWELL, YURIKA	2805	01:03:49.08	11:55	5K30-39F	75/101	F	267/334	+00:43:22	01:02:20.50	BLACKWELL BUNCH 5K 5K
536/630	BLACKWELL, DIANE	2802	01:03:53.24	11:56	5K70+F	1/1	F	268/334	+00:43:26	01:02:24.36	BLACKWELL BUNCH 5K 5K
537/630	KING, JOCLEYN	2966	01:03:59.27	11:57	5K14&UF	47/57	F	269/334	+00:43:32	01:00:43.49	COWBOYS BANTAM NAVY 5K 5K
538/630	KING, JAKE	2964	01:03:59.77	11:57	5K40-49M	52/56	M	269/296	+00:43:32	01:00:43.49	COWBOYS BANTAM NAVY 5K 5K
539/630	JONES, ELIZABETH	3244	01:04:09.98	11:59	5K14&UF	48/57	F	270/334	+00:43:43	01:02:38.93	THE RETRO BLASTOMAS 5K 5K
540/630	JONES, KATHERINE	3245	01:04:10.58	11:59	5K14&UF	49/57	F	271/334	+00:43:43	01:02:39.53	THE RETRO BLASTOMAS 5K 5K
541/630	KING, JENNIFER	2965	01:04:23.75	12:02	5K40-49F	62/69	F	272/334	+00:43:56	01:01:07.67	COWBOYS BANTAM NAVY 5K 5K
542/630	SALEYMANIAN, BEYANKA	3445	01:04:30.82	12:03	5K30-39F	76/101	F	273/334	+00:44:03	01:03:24.09	
543/630	SALEYMANIAN, BERONIKA	3443	01:04:32.11	12:03	5K30-39F	77/101	F	274/334	+00:44:05	01:03:26.60	
544/630	SALEYMANIAN, MONIKA	3446	01:04:32.15	12:03	5K40-49F	63/69	F	275/334	+00:44:05	01:03:25.98	
545/630	CHAULK, NIAMH	2837	01:05:00.04	12:08	5K14&UF	50/57	F	276/334	+00:44:33	01:03:16.53	
546/630	KLASSEN, CALLIE	2970	01:05:02.99	12:09	5K14&UF	51/57	F	277/334	+00:44:36	01:03:46.36	ITC CONSTRUCTION GROUP 5K
547/630	LLOYD, BRENT	2992	01:05:05.33	12:09	5K40-49M	53/56	M	270/296	+00:44:38	01:03:03.29	
548/630	KLASSEN, JESS	2971	01:05:05.45	12:09	5K20-29F	40/46	F	278/334	+00:44:38	01:03:49.26	ITC CONSTRUCTION GROUP 5K
549/630	LLOYD, MALCOLM	2996	01:05:06.35	12:10	5K14&UM	121/126	M	271/296	+00:44:39	01:03:06.40	
550/630	COLLINS, JULIANNE	3283	01:05:06.65	12:10	5K14&UF	52/57	F	279/334	+00:44:39	01:02:11.69	ACH INHIBITORS 5K 5K
551/630	KLASSEN, RYLEE	2973	01:05:07.37	12:10	5K14&UF	53/57	F	280/334	+00:44:40	01:03:50.42	ITC CONSTRUCTION GROUP 5K
552/630	KLASSEN, MARK	2972	01:05:08.05	12:10	5K20-29M	15/20	M	272/296	+00:44:41	01:03:52.08	ITC CONSTRUCTION GROUP 5K
553/630	LAMARSH, DANA	2989	01:05:08.11	12:10	5K40-49F	64/69	F	281/334	+00:44:41	01:02:48.08	ROADUSERUNNERS 5K 5K
554/630	AMOS, SANDRA	2761	01:05:08.25	12:10	5K50-59F	29/38	F	282/334	+00:44:41	01:02:43.22	ROADUSERUNNERS 5K 5K
555/630	SEYMOUR, ELIZABETH	3131	01:05:17.09	12:12	5K30-39F	78/101	F	283/334	+00:44:50	01:03:25.65	
556/630	TILL, ERICA	3175	01:05:18.27	12:12	5K30-39F	79/101	F	284/334	+00:44:51	01:03:27.56	
557/630	DJURANIC, CAROLYN	2864	01:05:45.79	12:17	5K40-49F	65/69	F	285/334	+00:45:18	01:03:18.56	
558/630	GELFAND, LEEANNE	3271	01:06:00.99	12:20	5K50-59F	30/38	F	286/334	+00:45:34	01:03:31.70	
559/630	POWELL, CHERYL	3369	01:06:03.61	12:20	5K50-59F	31/38	F	287/334	+00:45:36	01:03:36.56	
560/630	ARTHUR, ALANA	2766	01:06:06.19	12:21	5K50-59F	32/38	F	288/334	+00:45:39	01:03:37.59	

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Offset = Diff from O/A win Time hh:mm:ss

2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
561/630	SANDERS, CATHY	3118	01:06:08.02	12:21	5K40-49F	66/69	F	289/334	+00:45:41	01:03:39.98	
562/630	BEST, EMILY	3265	01:06:14.57	12:22	5K14&UF	54/57	F	290/334	+00:45:47	01:04:09.47	ACH INHIBITORS 5K 5K
563/630	KIEBEL, SKYE	3272	01:06:14.85	12:22	5K14&UF	55/57	F	291/334	+00:45:48	01:04:09.96	ACH INHIBITORS 5K 5K
564/630	JANSSEN, MELANIE	2944	01:06:16.95	12:23	5K30-39F	80/101	F	292/334	+00:45:50	01:03:58.15	ACH INHIBITORS 5K 5K
565/630	COLLINS, BOBBI	3282	01:06:19.60	12:23	5K40-49F	67/69	F	293/334	+00:45:52	01:03:23.99	ACH INHIBITORS 5K 5K
566/630	BEST, HAILEY	3266	01:06:20.31	12:23	5K14&UF	56/57	F	294/334	+00:45:53	01:04:00.95	ACH INHIBITORS 5K 5K
567/630	BEST, MONICA	3267	01:06:20.89	12:23	5K40-49F	68/69	F	295/334	+00:45:54	01:04:02.21	ACH INHIBITORS 5K 5K
568/630	KARASCH, JUDY	3308	01:06:31.01	12:25	5K60-69F	9/12	F	296/334	+00:46:04	01:04:52.88	THE RETRO BLASTOMAS 5K 5K
569/630	KARASCH, HEATHER	2957	01:06:33.16	12:26	5K30-39F	81/101	F	297/334	+00:46:06	01:04:52.48	THE RETRO BLASTOMAS 5K 5K
570/630	MACKETT, RICHARD	3009	01:06:33.21	12:26	5K30-39M	45/51	M	273/296	+00:46:06	01:04:53.04	THE RETRO BLASTOMAS 5K 5K
571/630	KARASCH, JANINE	3307	01:06:34.24	12:26	5K30-39F	82/101	F	298/334	+00:46:07	01:04:55.20	THE RETRO BLASTOMAS 5K 5K
572/630	SAINI, DINESH	3115	01:07:26.65	12:36	5K60-69M	9/11	M	274/296	+00:46:59	01:05:25.70	
573/630	STREITBERGER, DEBRA	3419	01:07:48.64	12:40	5K50-59F	33/38	F	299/334	+00:47:21	01:05:53.70	BROOKFIELD RESIDENTIAL 5K 5K
574/630	HAMILTON, WENDY	3420	01:07:48.79	12:40	5K50-59F	34/38	F	300/334	+00:47:21	01:05:53.85	BROOKFIELD RESIDENTIAL 5K 5K
575/630	ANDREWS, GREG	3315	01:07:59.10	12:42	5K40-49M	54/56	M	275/296	+00:47:32	01:06:59.43	COWBOYS PEEWEE NAVY 5K 5K
576/630	EDWARDS, BERT	3281	01:08:01.23	12:42	5K50-59M	18/18	M	276/296	+00:47:34	01:06:06.25	BROOKFIELD RESIDENTIAL 5K 5K
577/630	JONE, KEEGAN	2947	01:08:45.91	12:51	5K20-29M	16/20	M	277/296	+00:48:19	01:06:37.77	GOT THE RUNS! 5K 5K
578/630	WHITE, NATE	3209	01:08:46.02	12:51	5K30-39M	46/51	M	278/296	+00:48:19	01:06:43.79	GOT THE RUNS! 5K 5K
579/630	WHITE, BRONWYN	3207	01:08:48.35	12:51	5K30-39F	83/101	F	301/334	+00:48:21	01:06:50.05	GOT THE RUNS! 5K 5K
580/630	SENGAUS, NADINE	3130	01:08:59.12	12:53	5K30-39F	84/101	F	302/334	+00:48:32	01:06:59.75	JAKEY'S JOGGERS 5K 5K
581/630	BECKER, BROOKE	3451	01:08:59.20	12:53	5K20-29F	41/46	F	303/334	+00:48:32	01:06:58.61	
582/630	SENGAUS, DUSTIN	3438	01:08:59.28	12:53	5K30-39M	47/51	M	279/296	+00:48:32	01:06:56.15	
583/630	MACDONALD, MICHELLE	3005	01:10:27.24	13:10	5K30-39F	85/101	F	304/334	+00:50:00	01:10:02.17	
584/630	BECKER, TINA	3392	01:10:32.94	13:11	5K50-59F	35/38	F	305/334	+00:50:06	01:08:31.76	JAKEY'S JOGGERS 5K 5K
585/630	PHILIPPE, STERENN	3064	01:10:42.45	13:12	5K20-29F	42/46	F	306/334	+00:50:15	01:10:18.80	
586/630	SINCLAIR, KAI	3138	01:10:47.03	13:13	5K14&UM	122/126	M	280/296	+00:50:20	01:10:20.96	
587/630	RICHEs, CAILYNN	3088	01:11:16.66	13:19	5K20-29F	43/46	F	307/334	+00:50:49	01:10:58.15	ITC CONSTRUCTION GROUP 5K 5K
588/630	LITTMANN, BYRON	3388	01:11:19.31	13:19	5K20-29M	17/20	M	281/296	+00:50:52	01:11:00.27	ITC CONSTRUCTION GROUP 5K 5K
589/630	BLANKE, LINDA	2807	01:11:54.01	13:26	5K60-69F	10/12	F	308/334	+00:51:27	01:09:54.83	CHARLOTTE & STELLA'S SUP 5K 5K
590/630	DE SOUZA, DANICA	2854	01:11:57.31	13:26	5K30-39F	86/101	F	309/334	+00:51:30	01:10:00.42	GOT THE RUNS! 5K 5K
591/630	PARSONS, KATHERINE	3275	01:12:24.88	13:31	5K30-39F	87/101	F	310/334	+00:51:58	01:09:52.47	DEVON CANADA TEAM 5K 5K
592/630	SAINI, MARIANNE	3116	01:12:49.32	13:36	5K60-69F	11/12	F	311/334	+00:52:22	01:10:47.80	
593/630	CARRIERE, ANNICK	2830	01:13:01.07	13:38	5K30-39F	88/101	F	312/334	+00:52:34	01:10:20.10	BRINGING UP THE REAR 5K 5K
594/630	CRAIGHEAD, BRANDER	2843	01:13:02.01	13:39	5K20-29M	18/20	M	282/296	+00:52:35	01:10:20.24	BRINGING UP THE REAR 5K 5K
595/630	ARSENEAULT, ERIN	2764	01:13:03.48	13:39	5K30-39F	89/101	F	313/334	+00:52:36	01:10:21.03	BRINGING UP THE REAR 5K 5K

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing
 Offset = Diff from O/A win Time hh:mm:ss

2016 Rock the House 10K, 5K

Overall Results

Result Placings based on GUN TIME

5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	Team
596/630	HAJAR, CINDY	3335	01:13:13.65	13:41	5K30-39F	90/101	F	314/334	+00:52:46	01:10:16.42	
597/630	TRIEBER, KATHY	3179	01:14:12.87	13:52	5K50-59F	36/38	F	315/334	+00:53:46	01:11:49.91	FAB 5 5K 5K
598/630	PRESTON, ANNA	3076	01:14:13.35	13:52	5K40-49F	69/69	F	316/334	+00:53:46	01:11:50.96	FAB 5 5K 5K
599/630	MARCZINSKI, CHANTAL	3295	01:15:55.29	14:11	5K30-39F	91/101	F	317/334	+00:55:28	01:14:43.22	TEAM SCHWARTZ 5K 5K
600/630	SAINI, ANDREA	3113	01:16:27.28	14:17	5K30-39F	92/101	F	318/334	+00:56:00	01:04:27.28	
601/630	BLANKE, GARY	2806	01:17:11.45	14:25	5K60-69M	10/11	M	283/296	+00:56:44	01:15:02.17	CHARLOTTE & STELLA'S SUP 5K 5K
602/630	BLANKE SIA, JOCELYN	2808	01:17:12.32	14:25	5K30-39F	93/101	F	319/334	+00:56:45	01:15:11.26	CHARLOTTE & STELLA'S SUP 5K 5K
603/630	STEWART, TYLER	3159	01:17:14.66	14:26	5K30-39M	48/51	M	284/296	+00:56:47	01:15:27.08	THE FIVE STEWGES 5K 5K
604/630	STEWART, WESTON	3160	01:17:17.09	14:26	5K14&UM	123/126	M	285/296	+00:56:50	01:15:24.87	THE FIVE STEWGES 5K 5K
605/630	MARQUIS GUIL, MARIA BELEN	3020	01:17:18.93	14:26	5K30-39F	94/101	F	320/334	+00:56:52	01:15:31.77	THE FIVE STEWGES 5K 5K
606/630	STEWART, CASSIE	3154	01:17:19.19	14:27	5K30-39F	95/101	F	321/334	+00:56:52	01:15:32.09	THE FIVE STEWGES 5K 5K
607/630	ADAMS, BARB	2757	01:17:26.93	14:28	5K50-59F	37/38	F	322/334	+00:57:00	01:16:03.29	ANYTHING FOR ASHLYN 5K 5K
608/630	BEATCH, DARLENE	2776	01:17:46.38	14:32	5K50-59F	38/38	F	323/334	+00:57:19	01:16:22.36	ANYTHING FOR ASHLYN 5K 5K
609/630	ADAMS, DARREN	2758	01:17:54.99	14:33	5K20-29M	19/20	M	286/296	+00:57:28	01:16:31.96	ANYTHING FOR ASHLYN 5K 5K
610/630	FRIESZ, JACKIE	2881	01:17:56.74	14:34	5K30-39F	96/101	F	324/334	+00:57:29	01:16:33.10	ANYTHING FOR ASHLYN 5K 5K
611/630	ABOUGOUCHE, ROKAYA	2756	01:18:05.07	14:35	5K20-29F	44/46	F	325/334	+00:57:38	01:15:41.42	FAB 5 5K 5K
612/630	MOLINA, BEVERLY	3034	01:18:06.19	14:35	5K30-39F	97/101	F	326/334	+00:57:39	01:15:43.60	FAB 5 5K 5K
613/630	ENG, AMY	3410	01:18:55.59	14:45	5K30-39F	98/101	F	327/334	+00:58:28	01:14:23.74	BRINGING UP THE REAR 5K 5K
614/630	ARSENEAULT, KELLY	2765	01:18:56.41	14:45	5K40-49M	55/56	M	287/296	+00:58:29	01:16:14.10	BRINGING UP THE REAR 5K 5K
615/630	KAVANAGH, ASHLINN	3353	01:19:39.38	14:53	5K30-39F	99/101	F	328/334	+00:59:12	01:17:12.29	
616/630	OLER, DOMINICK	3355	01:19:39.64	14:53	5K14&UM	124/126	M	288/296	+00:59:12	01:17:12.59	
617/630	KAVANAGH, ALLISON	3352	01:19:39.70	14:53	5K30-39F	100/101	F	329/334	+00:59:12	01:17:12.47	
618/630	LUI, PAUL	3002	01:20:38.71	15:04	5K60-69M	11/11	M	289/296	+01:00:11	01:17:27.63	GOT THE RUNS! 5K 5K
619/630	LUI, MARTINA	3000	01:20:39.84	15:04	5K60-69F	12/12	F	330/334	+01:00:13	01:17:28.24	GOT THE RUNS! 5K 5K
620/630	LUQZAN ARIFF, DANIA	3318	01:20:40.06	15:04	5K14&UF	57/57	F	331/334	+01:00:13	01:18:28.17	PROGRESS ENERGY 5K 5K
621/630	LUI, THOMAS	3434	01:20:40.52	15:04	5K30-39M	49/51	M	290/296	+01:00:13	01:18:43.35	GOT THE RUNS! 5K 5K
622/630	MUSTAFA KAMAL, LUQZAN	3322	01:20:41.21	15:04	5K30-39M	50/51	M	291/296	+01:00:14	01:18:29.68	PROGRESS ENERGY 5K 5K
623/630	LUQZAN ARIFF, EIJAZ	3319	01:20:41.94	15:04	5K14&UM	125/126	M	292/296	+01:00:15	01:18:29.47	PROGRESS ENERGY 5K 5K
624/630	STEFANIUK, HAILEY	3151	01:23:16.53	15:33	5K20-29F	45/46	F	332/334	+01:02:49	01:20:58.23	KATIE BUG 5K 5K
625/630	MORABITO, JUSTIN	3038	01:23:16.53	15:33	5K20-29M	20/20	M	293/296	+01:02:49	01:20:58.71	KATIE BUG 5K 5K
626/630	RITCHIE, SCOTT	3090	01:23:16.53	15:33	5K30-39M	51/51	M	294/296	+01:02:49	01:20:58.71	KATIE BUG 5K 5K
627/630	RITCHIE, TINA	3091	01:23:16.65	15:33	5K20-29F	46/46	F	333/334	+01:02:49	01:20:58.17	KATIE BUG 5K 5K
628/630	ARTETA, SHERYL ANN	3327	01:27:50.49	16:25	5K30-39F	101/101	F	334/334	+01:07:23	01:25:59.12	DIRTT 5K 5K
629/630	ARTETA, DONNIE	3326	01:27:50.85	16:25	5K40-49M	56/56	M	295/296	+01:07:24	01:25:59.40	DIRTT 5K 5K
630/630	ROUDENKO, MAX	3233	01:37:23.26	18:12	5K14&UM	126/126	M	296/296	+01:16:56	01:36:17.49	COWBOYS BANTAM GREY 5K 5K