

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
34 Finishers

5K18-27F - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/1 | SCHENDEL, ZOE | 165 | 30:42.627 | 06:08 | 09:52 | 18/34 | 7/18 | +00:00:00 | CALGARY |

5K18-27M - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|--------|-------|--------|-----------|----------------|
| 1/3 | WILDISH, THOMAS | 174 | 22:53.645 | 04:34 | 07:21 | 3/34 | 3/16 | +00:00:00 | CALGARY |
| 2/3 | GOLDEN, DONALD | 125 | 25:42.770 | 05:08 | 08:16 | 8/34 | 6/16 | +00:02:49 | GRANDE PRAIRIE |
| 3/3 | GOWANS, COLTON | 126 | 26:36.438 | 05:19 | 08:33 | 9/34 | 7/16 | +00:03:42 | CALGARY |

5K28-37F - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-----------------------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/4 | POTOK, CLAUDIA | 158 | 23:00.434 | 04:36 | 07:23 | 4/34 | 1/18 | +00:00:00 | CALGARY |
| 2/4 | BOLCSFOLDY-HORNE, CHRISTINA | 106 | 28:57.485 | 05:47 | 09:18 | 13/34 | 5/18 | +00:05:57 | CALGARY |
| 3/4 | LAZAR, SARAH | 143 | 33:40.265 | 06:44 | 10:49 | 20/34 | 9/18 | +00:10:39 | CALGARY |
| 4/4 | GAQUI, ERIKA | 121 | 43:10.497 | 08:38 | 13:52 | 27/34 | 14/18 | +00:20:10 | CALGARY |

5K28-37M - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|------------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/3 | ADAM, BABKIER | 179 | 21:14.529 | 04:14 | 06:49 | 2/34 | 2/16 | +00:00:00 | CALGARY |
| 2/3 | SCHENDEL, JUSTIN | 164 | 30:42.326 | 06:08 | 09:52 | 17/34 | 11/16 | +00:09:27 | CALGARY |
| 3/3 | JARDINE, EMILIO | 134 | 41:50.902 | 08:22 | 13:27 | 25/34 | 13/16 | +00:20:36 | CALGARY |

5K38-47F - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/5 | MAYERSON, AMANDA | 149 | 25:01.925 | 05:00 | 08:02 | 7/34 | 2/18 | +00:00:00 | CALGARY |
| 2/5 | RENZ, TELARA | 162 | 26:50.959 | 05:22 | 08:37 | 10/34 | 3/18 | +00:01:49 | CALGARY |
| 3/5 | LACUSTA, JONELLE | 142 | 31:00.444 | 06:12 | 09:58 | 19/34 | 8/18 | +00:05:58 | CALGARY |
| 4/5 | HOLINATY, SHERI-ANN | 133 | 33:54.421 | 06:46 | 10:54 | 22/34 | 10/18 | +00:08:52 | CALGARY |
| 5/5 | RAMPERSAUD, AMANDA | 160 | 34:18.770 | 06:51 | 11:01 | 23/34 | 11/18 | +00:09:16 | CALGARY |

5K38-47M - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|------------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/4 | NORRIS, MIKE | 153 | 21:04.542 | 04:12 | 06:46 | 1/34 | 1/16 | +00:00:00 | CALGARY |
| 2/4 | KORYTYNSKI, GREG | 139 | 23:25.192 | 04:41 | 07:31 | 5/34 | 4/16 | +00:02:20 | CALGARY |
| 3/4 | MAYERSON, CHRIS | 150 | 24:57.277 | 04:59 | 08:01 | 6/34 | 5/16 | +00:03:52 | CALGARY |
| 4/4 | SIMPSON, WARREN | 167 | 33:40.545 | 06:44 | 10:49 | 21/34 | 12/16 | +00:12:36 | CALGARY |

5K48-57F - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/5 | GOWANS, DIANA | 127 | 28:21.779 | 05:40 | 09:07 | 12/34 | 4/18 | +00:00:00 | CALGARY |
| 2/5 | FAGNAN, SHELLEY | 119 | 35:22.897 | 07:04 | 11:22 | 24/34 | 12/18 | +00:07:01 | CALGARY |
| 3/5 | DACHOWSKI, JUDE | 112 | 42:03.160 | 08:24 | 13:31 | 26/34 | 13/18 | +00:13:41 | CALGARY |
| 4/5 | WRUK, JODY | 177 | 43:42.205 | 08:44 | 14:03 | 28/34 | 15/18 | +00:15:20 | CALGARY |
| 5/5 | KING, MICHELLE | 136 | 45:39.350 | 09:07 | 14:40 | 29/34 | 16/18 | +00:17:17 | CALGARY |

5K48-57M - 2 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|------------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/2 | DONAHUE, JUDE | 115 | 27:45.490 | 05:33 | 08:55 | 11/34 | 8/16 | +00:00:00 | CALGARY |
| 2/2 | COULTHARD, GAVIN | 111 | 53:32.836 | 10:42 | 17:13 | 30/34 | 14/16 | +00:25:47 | CALGARY |

5K58-67F - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|----------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/3 | WILSON, NICOLE | 182 | 30:00.770 | 06:00 | 09:39 | 14/34 | 6/18 | +00:00:00 | CALGARY |
| 2/3 | HEENAN, KATHY | 131 | 55:10.795 | 11:02 | 17:44 | 33/34 | 17/18 | +00:25:10 | CALGARY |
| 3/3 | HUNTER, WENDY | 183 | 55:33.820 | 11:06 | 17:51 | 34/34 | 18/18 | +00:25:33 | CALGARY |

5K58-67M - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-----------|--------|--------|-------|--------|-----------|---------|
| 1/3 | MISMAS, DAVID | 181 | 30:00.795 | 06:00 | 09:39 | 15/34 | 9/16 | +00:00:00 | CALGARY |
| 2/3 | HUNTER, CHARLIE | 184 | 55:04.472 | 11:00 | 17:42 | 31/34 | 15/16 | +00:25:03 | CALGARY |
| 3/3 | HEENAN, DICK | 130 | 55:05.105 | 11:01 | 17:42 | 32/34 | 16/16 | +00:25:04 | CALGARY |

5K68-77M - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-------------|-------|-----------|--------|--------|-------|--------|-----------|----------------|
| 1/1 | KIRKBY, BOB | 137 | 30:21.287 | 06:04 | 09:45 | 16/34 | 10/16 | +00:00:00 | ROCKY VIEW COL |