

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 151 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
70/151	AL-KAF, HUSSEIN	5001	00:31:47.31	06:21	5K20-29M	14/17	M	39/56	00:31:32.78
103/151	ALLEN, MELISSA	5002	00:37:23.68	07:28	5K20-29F	16/21	F	56/95	00:37:15.40
43/151	AUGUSTIN, ADRIENNE	1004	00:28:12.05	05:38	5K30-39F	5/31	F	16/95	00:28:09.29
44/151	BEALES, IAN	5005	00:28:14.85	05:38	5K60-69M	1/7	M	28/56	00:28:07.37
22/151	BENNETT, JAMES	5133	00:23:59.80	04:47	5K19&UM	1/5	M	12/56	00:23:50.49
4/151	BERNARD, MARIA	5201	00:18:50.40	03:46	5K20-29F	1/21	F	1/95	00:18:49.71
9/151	BOYLE, SHARI	5202	00:20:06.52	04:01	5K40-49F	2/23	F	3/95	00:20:05.60
1/151	BRADFORD, KEITH	1025	00:17:54.82	03:34	5K40-49M	1/10	M	1/56	00:17:54.14
91/151	BRIX, MARIA	5008	00:35:25.60	07:05	5K40-49F	10/23	F	47/95	00:35:12.33
13/151	BROHART, COURTNEY	1027	00:20:47.11	04:09	5K20-29F	4/21	F	7/95	00:20:46.01
54/151	BU, ZHE LIN	5009	00:29:49.57	05:57	5K20-29F	10/21	F	23/95	00:29:27.87
109/151	BUDD, TOM	5010	00:38:32.25	07:42	5K50-59M	6/9	M	49/56	00:38:28.21
8/151	BUHLERS, DEBORAH	5011	00:19:52.48	03:58	5K40-49F	1/23	F	2/95	00:19:51.22
12/151	BUNNIN, ASHLEY	5012	00:20:46.32	04:09	5K30-39F	1/31	F	6/95	00:20:45.33
40/151	BURGER, HANNA	1029	00:27:50.16	05:34	5K30-39F	4/31	F	14/95	00:27:34.73
67/151	BUSCHE, KELSI	5013	00:31:34.54	06:18	5K30-39F	10/31	F	30/95	00:31:26.66
36/151	CAMPBELL, IAN	5014	00:27:09.93	05:25	5K40-49M	2/10	M	23/56	00:26:54.62
77/151	CARRIERE, SARAH	5015	00:32:52.11	06:34	5K30-39F	12/31	F	37/95	00:32:46.51
56/151	CHALA, CARL	5136	00:30:13.97	06:02	5K40-49M	5/10	M	33/56	00:30:00.34
107/151	CHERNIAK, JUDY	5016	00:38:00.82	07:36	5K50-59F	6/10	F	59/95	00:37:53.88
6/151	CORMIER, RYAN	5219	00:19:30.75	03:54	5K20-29M	4/17	M	5/56	00:19:29.68
115/151	CUNNINGHAM, KYLIE	5021	00:40:02.13	08:00	5K20-29F	19/21	F	64/95	00:39:48.18
119/151	CYR, PHYLLIS	1049	00:40:54.81	08:10	5K60-69F	5/6	F	68/95	00:40:36.41
25/151	DEBIASIO, DANIEL	5138	00:25:20.45	05:04	5K20-29M	12/17	M	15/56	00:25:17.40
31/151	DEBIASIO, DEAN	5139	00:26:17.10	05:15	5K50-59M	2/9	M	20/56	00:26:02.49
26/151	DEBIASIO, JOE	5140	00:25:23.43	05:04	5K19&UM	2/5	M	16/56	00:25:20.37
7/151	DEBIASIO, THOMAS	5141	00:19:45.28	03:57	5K20-29M	5/17	M	6/56	00:19:43.40
66/151	DILLABOUGH, JESSICA	5022	00:31:33.73	06:18	5K30-39F	9/31	F	29/95	00:31:30.76
55/151	DOUGLAS, KIM	5142	00:30:12.25	06:02	5K50-59M	4/9	M	32/56	00:30:03.51
127/151	DUNCAN, KATHERINE	5023	00:41:57.12	08:23	5K30-39F	21/31	F	75/95	00:41:37.26
57/151	DYE, MARIA	5024	00:30:27.81	06:05	5K20-29F	11/21	F	24/95	00:30:17.27
75/151	EDWARDS, SASHA	5025	00:32:34.95	06:30	5K30-39F	11/31	F	35/95	00:32:30.35
143/151	EICHELBAUM, INGRID	5026	00:50:36.95	10:07	5K40-49F	19/23	F	87/95	00:50:14.43
16/151	EISNER, DIGNEY	5143	00:22:17.49	04:27	5K20-29M	6/17	M	7/56	00:22:15.81
65/151	ENGLAND, ALEX	5211	00:31:28.94	06:17	5K50-59M	5/9	M	37/56	00:31:14.99
118/151	EVERTON, SHEENA	5028	00:40:41.52	08:08	5K30-39F	19/31	F	67/95	00:40:21.46
21/151	FAH, CATHERINE	5029	00:23:46.00	04:45	5K40-49F	3/23	F	10/95	00:23:44.11
100/151	FALKENBERG, MITCHELL	5030	00:37:18.26	07:27	5K20-29M	15/17	M	46/56	00:37:08.69
41/151	FALKENBERG, STEPHANIE	5031	00:27:59.31	05:35	5K20-29F	7/21	F	15/95	00:27:50.07
124/151	FARRIS, MARGARET	1071	00:41:38.05	08:19	5K50-59F	9/10	F	73/95	00:41:27.13
60/151	FETHERSTONHAUGH, KEN	5032	00:30:58.03	06:11	5K40-49M	6/10	M	35/56	00:30:44.80
149/151	FINGLER, ERIN	5033	01:04:03.37	12:48	5K40-49F	22/23	F	93/95	01:03:44.88
96/151	FIOLKA, NATASHA	5034	00:35:59.57	07:11	5K30-39F	17/31	F	51/95	00:35:52.61
33/151	FREDRICH-DUNNE, BENJAMIN	5144	00:26:39.81	05:19	5K19&UM	3/5	M	21/56	00:26:36.54
46/151	FRY, JIM	5035	00:28:28.28	05:41	5K70+M	1/1	M	30/56	00:28:26.50
3/151	GALEA, MATTHEW	5207	00:18:45.12	03:45	5K20-29M	2/17	M	3/56	00:18:44.02
121/151	GILLINGWATER, SUE	5036	00:41:09.04	08:13	5K40-49F	16/23	F	70/95	00:40:57.18
34/151	GILLIS, CYNTHIA	5037	00:26:46.89	05:21	5K30-39F	3/31	F	13/95	00:26:45.39
120/151	GJURA, JULIE	5038	00:41:08.94	08:13	5K50-59F	8/10	F	69/95	00:40:57.67
28/151	GORELIK, ALEX	5041	00:25:38.15	05:07	5K30-39M	3/7	M	18/56	00:25:30.19
78/151	GORELIK, LENA	5042	00:33:07.78	06:37	5K30-39F	13/31	F	38/95	00:33:00.70
74/151	GRAY, CHERI	5045	00:32:34.19	06:30	5K40-49F	7/23	F	34/95	00:32:26.23
68/151	GRISDALE, JAN	5047	00:31:38.98	06:19	5K40-49F	6/23	F	31/95	00:31:26.91
92/151	HEIBEIN, SHANNON	5050	00:35:35.25	07:07	5K30-39F	16/31	F	48/95	00:35:31.81
64/151	HENDERSON, JAMES	5051	00:31:28.15	06:17	5K60-69M	3/7	M	36/56	00:31:22.87
122/151	HENDERSON, PATRICIA	5052	00:41:11.46	08:14	5K60-69F	6/6	F	71/95	00:40:56.73
62/151	HENDRICKSON, SUSAN	5147	00:31:09.09	06:13	5K40-49F	5/23	F	27/95	00:31:08.97
45/151	HILDEBRANDT, DALE	5054	00:28:20.16	05:40	5K60-69M	2/7	M	29/56	00:28:14.49
29/151	HILDEBRANDT, SUSAN	5148	00:26:11.52	05:14	5K50-59F	1/10	F	11/95	00:26:06.62
5/151	HOSANEE, DANIEL	5187	00:19:03.45	03:48	5K20-29M	3/17	M	4/56	00:19:02.76
94/151	HUGHES, SARAH	5203	00:35:53.98	07:10	5K40-49F	12/23	F	50/95	00:35:44.75
99/151	HUNT, JEAN	5055	00:36:35.43	07:19	5K60-69F	4/6	F	54/95	00:36:30.91
53/151	HUTCHINGS, JESSICA	5150	00:29:48.36	05:57	5K20-29F	9/21	F	22/95	00:29:36.07
47/151	IRVINE, ELIZABETH	5216	00:28:30.60	05:42	5K19&UF	1/3	F	17/95	00:28:25.77
39/151	JULIEN, BLAINE	5056	00:27:46.76	05:33	5K50-59M	3/9	M	26/56	00:27:41.86
10/151	KAISER, JESSICA	5188	00:20:22.56	04:04	5K20-29F	2/21	F	4/95	00:20:21.14

## Alpha Overall Results

## 5K Run - 3.1 Miles

## 151 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
11/151	KITT, NICOLE	5204	00:20:44.29	04:08	5K20-29F	3/21	F	5/95	00:20:43.22
88/151	KOELLER, DEAN	5155	00:34:47.78	06:57	5K40-49M	9/10	M	43/56	00:34:34.69
35/151	KOLADICH, ANDRE	5060	00:26:53.47	05:22	5K30-39M	4/7	M	22/56	00:26:40.12
58/151	KONDRO, AMY	5061	00:30:49.05	06:09	5K20-29F	12/21	F	25/95	00:30:44.35
2/151	KONDRO, DOUGLAS	5062	00:18:34.45	03:42	5K20-29M	1/17	M	2/56	00:18:33.77
30/151	KONDRO, GREG	5063	00:26:14.80	05:14	5K50-59M	1/9	M	19/56	00:26:10.40
133/151	KUHL, GREG	1134	00:43:06.12	08:37	5K60-69M	6/7	M	54/56	00:42:59.72
125/151	LAHRING, WADE	5192	00:41:46.63	08:21	5K20-29M	17/17	M	52/56	00:25:18.83
104/151	LECHELT, NICOLE	5066	00:37:24.76	07:28	5K40-49F	14/23	F	57/95	00:37:07.01
79/151	MACCALLUM, JAMES	5158	00:33:13.09	06:38	5K19&UM	4/5	M	41/56	00:33:10.04
59/151	MACDONALD, DAVID	5208	00:30:57.41	06:11	5K20-29M	13/17	M	34/56	00:30:44.84
32/151	MACKAY, MEGAN	5159	00:26:21.87	05:16	5K20-29F	6/21	F	12/95	00:26:19.20
101/151	MACKEVITT, OLIVIA	5193	00:37:20.64	07:28	5K19&UF	2/3	F	55/95	00:37:03.50
141/151	MACNEIL, JOHN	5068	00:46:13.28	09:14	5K50-59M	9/9	M	56/56	00:46:05.53
140/151	MACNEIL, KARLA	5069	00:46:12.87	09:14	5K40-49F	18/23	F	85/95	00:46:05.09
61/151	MADUKE, JANE	5070	00:31:02.83	06:12	5K50-59F	2/10	F	26/95	00:30:54.48
93/151	MARTIN, ANNA	5071	00:35:41.65	07:08	5K40-49F	11/23	F	49/95	00:35:36.69
86/151	MCALLISTER, BECCA	5160	00:34:32.10	06:54	5K20-29F	14/21	F	44/95	00:34:20.21
37/151	MCCANN, JOHN	5205	00:27:10.49	05:26	5K40-49M	3/10	M	24/56	00:27:00.85
95/151	MCCLELLAN, SHAYNE	5206	00:35:54.14	07:10	5K40-49M	10/10	M	45/56	00:35:44.71
72/151	MCCLELLAND, CATHERINE	5072	00:31:55.04	06:23	5K60-69F	1/6	F	32/95	00:31:50.80
48/151	MCDONALD, JEN	5194	00:28:36.13	05:43	5K30-39F	6/31	F	18/95	00:28:26.18
50/151	MCDONALD, SEAN	5195	00:28:42.64	05:44	5K30-39M	6/7	M	31/56	00:28:32.69
51/151	MCGRATH, RACHELLE	5074	00:28:53.51	05:46	5K20-29F	8/21	F	20/95	00:28:42.89
106/151	MCNUTT, JOANNE	5164	00:37:56.96	07:35	5K50-59F	5/10	F	58/95	00:37:51.94
38/151	MCRITCHIE, RYDER	5078	00:27:36.21	05:31	5K40-49M	4/10	M	25/56	00:27:33.24
98/151	MEDWID, BARB	5134	00:36:35.43	07:19	5K40-49F	13/23	F	53/95	00:36:26.70
144/151	METZLER, CHRISTIANE	5165	00:50:45.43	10:09	5K40-49F	20/23	F	88/95	00:50:33.06
139/151	MILLER, KAREN	5196	00:46:01.27	09:12	5K30-39F	27/31	F	84/95	00:45:52.10
138/151	MILLER, NATASHA	5197	00:45:59.24	09:11	5K19&UF	3/3	F	83/95	00:45:50.51
14/151	MOODY, POLLY	5080	00:20:52.98	04:10	5K30-39F	2/31	F	8/95	00:20:52.00
108/151	MUCCIACITO, SUSAN	5167	00:38:26.53	07:41	5K50-59F	7/10	F	60/95	00:38:05.39
136/151	NEW, MINDY	5085	00:45:58.72	09:11	5K30-39F	25/31	F	81/95	00:45:44.51
146/151	NGUYEN, TRANG	5209	00:50:45.82	10:09	5K30-39F	29/31	F	90/95	00:50:33.37
20/151	NYMAN, CASSIDY	5088	00:23:29.78	04:41	5K20-29M	9/17	M	11/56	00:23:25.66
105/151	OICKLE, LOGAN	5169	00:37:30.48	07:30	5K19&UM	5/5	M	48/56	00:37:13.68
52/151	OLSON, RACHEL	5091	00:29:03.17	05:48	5K30-39F	7/31	F	21/95	00:28:46.95
142/151	OMAN, TRACY	1175	00:49:05.60	09:49	5K30-39F	28/31	F	86/95	00:48:48.10
151/151	OMAR, LOLA	5170	01:12:28.51	14:29	5K40-49F	23/23	F	95/95	01:12:28.51
130/151	ORTIZ, KAZUMI	5093	00:42:40.32	08:32	5K30-39F	23/31	F	78/95	00:42:31.37
126/151	ORTMAN, JACQUELINE	5094	00:41:48.00	08:21	5K20-29F	21/21	F	74/95	00:41:27.76
80/151	PALSEN, JAN	5095	00:33:14.26	06:38	5K60-69F	2/6	F	39/95	00:33:05.98
27/151	PATTERSON, SHANE	5198	00:25:27.24	05:05	5K30-39M	2/7	M	17/56	00:25:17.29
85/151	PETTIPAS, BRITTANY	5171	00:34:32.01	06:54	5K20-29F	13/21	F	43/95	00:34:20.38
111/151	PRATT, SHARON	5172	00:38:49.52	07:45	5K20-29F	17/21	F	61/95	00:38:46.55
135/151	PROSSER, MICHAEL	5173	00:44:44.50	08:56	5K60-69M	7/7	M	55/56	00:44:21.30
15/151	QUIBELL, SHAYNA	5218	00:21:27.79	04:17	5K20-29F	5/21	F	9/95	00:21:26.53
76/151	REABURN, TARA	5100	00:32:37.95	06:31	5K40-49F	8/23	F	36/95	00:32:22.98
69/151	RENAUD, SYLVAIN	5214	00:31:45.80	06:21	5K40-49M	7/10	M	38/56	00:31:39.82
112/151	RENAUD, YVONNE	5215	00:38:51.36	07:46	5K30-39F	18/31	F	62/95	00:38:45.02
90/151	REYNOLDS, ANDREW	5103	00:35:18.92	07:03	5K30-39M	7/7	M	44/56	00:35:03.60
114/151	RICKARD, ANNA	5104	00:39:26.56	07:53	5K20-29F	18/21	F	63/95	00:39:19.08
113/151	RICKARD, STEVEN	5105	00:39:25.81	07:53	5K60-69M	5/7	M	51/56	00:39:17.85
19/151	ROLES, JEREMY	5106	00:22:57.72	04:35	5K20-29M	8/17	M	10/56	00:22:43.55
17/151	RUSSELL, RYAN	5174	00:22:17.63	04:27	5K20-29M	7/17	M	8/56	00:22:15.95
63/151	SAURO, KHARA	5107	00:31:12.85	06:14	5K30-39F	8/31	F	28/95	00:31:05.19
73/151	SAVOIE, CATHERINE	5108	00:32:04.70	06:24	5K50-59F	3/10	F	33/95	00:31:58.13
123/151	SCHAFF, LESLIE	5199	00:41:21.20	08:16	5K30-39F	20/31	F	72/95	00:41:10.00
18/151	SCHOMMER, CLARK	5113	00:22:33.30	04:30	5K30-39M	1/7	M	9/56	00:22:31.62
150/151	SHADE, LOUISE	5114	01:04:03.65	12:48	5K50-59F	10/10	F	94/95	01:03:45.12
148/151	SHEVALIER, JENNIFER	5115	00:51:46.32	10:21	5K30-39F	31/31	F	92/95	00:51:27.05
24/151	SIEMENS, KYLER	5116	00:24:53.08	04:58	5K20-29M	11/17	M	14/56	00:24:47.80
71/151	SINCLAIR, PAUL	3032	00:31:47.61	06:21	5K60-69M	4/7	M	40/56	00:31:33.66
102/151	SMITH, REGGIE	5119	00:37:23.68	07:28	5K20-29M	16/17	M	47/56	00:37:15.19
131/151	SMITH, TRACY	5176	00:43:00.84	08:36	5K30-39F	24/31	F	79/95	00:42:43.70
147/151	SPICKNELL, DANIELLE	5121	00:51:31.77	10:18	5K30-39F	30/31	F	91/95	00:51:10.81

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## 5K Run - 3.1 Miles

## 151 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
87/151	SPROULE, VICTORIA	5122	00:34:47.06	06:57	5K20-29F	15/21	F	45/95	00:34:31.15
132/151	STREET, GLENN	5177	00:43:01.08	08:36	5K50-59M	8/9	M	53/56	00:42:43.64
42/151	SY, ROBERTO	5123	00:28:04.57	05:36	5K30-39M	5/7	M	27/56	00:27:58.23
82/151	TANNAHILL, AIMEE	5200	00:34:18.43	06:51	5K30-39F	14/31	F	41/95	00:34:08.01
49/151	TREMBLAY, TRACY	1213	00:28:42.36	05:44	5K40-49F	4/23	F	19/95	00:28:36.70
97/151	TWOMEY, MAIREAD	5124	00:36:01.14	07:12	5K50-59F	4/10	F	52/95	00:35:47.29
116/151	VAN IDERSTINE, BROOKLYN	5125	00:40:39.43	08:07	5K20-29F	20/21	F	65/95	00:40:24.00
117/151	VAN IDERSTINE, DANNA	5126	00:40:39.65	08:07	5K40-49F	15/23	F	66/95	00:40:24.22
84/151	VAN IDERSTINE, DREW	5127	00:34:31.91	06:54	5K40-49M	8/10	M	42/56	00:34:16.72
134/151	VERBEEK, LINDA	5128	00:43:17.56	08:39	5K40-49F	17/23	F	80/95	00:43:00.91
137/151	VESCIO, CARISSA	5129	00:45:59.07	09:11	5K30-39F	26/31	F	82/95	00:45:44.46
110/151	WALKER, NEIL	5179	00:38:49.22	07:45	5K50-59M	7/9	M	50/56	00:38:46.46
145/151	WATERS, KRISTEN	5189	00:50:45.69	10:09	5K40-49F	21/23	F	89/95	00:50:32.74
129/151	WEATHERILL, CHERYL	5181	00:42:31.30	08:30	5K30-39F	22/31	F	77/95	00:41:14.16
89/151	WEBB, BRIANNE	1222	00:34:52.82	06:58	5K30-39F	15/31	F	46/95	00:34:44.67
128/151	WHITE, MARY MADELINE	5130	00:42:10.14	08:26	5K70+F	1/1	F	76/95	00:42:04.66
81/151	WICKHAM, MICHELLE	1226	00:33:30.36	06:42	5K40-49F	9/23	F	40/95	00:33:18.29
83/151	WILHELM, BEATRICE	5182	00:34:31.56	06:54	5K60-69F	3/6	F	42/95	00:34:27.43
23/151	WILHELM, NATHAN	5183	00:24:08.74	04:49	5K20-29M	10/17	M	13/56	00:24:05.21