

## 2013 Tri-Smore Triathlon Strathmore

### Run Times/w Pace

**Full Smore 5K**

<b>Name</b>	<b>Bib#</b>	<b>Time</b>	<b>Category</b>	<b>Cat/PI</b>	<b>Pace /K</b>
HAYNER, DARREN	244	00:18:28.40	FSMORE40-49M	1/13	03:41
LAYTON, ADAM	198	00:19:48.25	FSMORE30-39M	2/21	03:57
SCHELLENBERG, RYAN	206	00:20:11.55	FSMORE30-39M	1/21	04:02
LOW, JONATHAN	141	00:20:13.70	FSMORE20-29M	5/11	04:02
SADER, BEN	249	00:20:37.70	FSMORE40-49M	4/13	04:07
KOCH, JORDAN	196	00:21:08.20	FSMORE30-39M	5/21	04:13
GROSS, MICHAEL	192	00:21:12.10	FSMORE30-39M	7/21	04:14
EYGENRAAM, IAN	239	00:21:14.60	FSMORE40-49M	3/13	04:14
MAYHEW, DOMINIC	143	00:21:29.10	FSMORE20-29M	2/11	04:17
HOOGERDYK, ED	245	00:21:40.65	FSMORE40-49M	10/13	04:20
CLARKE, DOUG	114	00:21:48.70	FSMORE40-49M	2/13	04:21
WAHL, LUKE	146	00:21:57.05	FSMORE20-29M	1/11	04:23
DE WAAL, CHRISJAN	135	00:22:02.55	FSMORE20-29M	3/11	04:24
SCHELLENBERG, DEVAN	205	00:22:10.65	FSMORE30-39M	6/21	04:26
TAYLOR, JOSH	207	00:22:27.45	FSMORE30-39M	4/21	04:29
FIBKE, MEGAN	216	00:22:32.90	FSMORE40-49F	2/17	04:30
JOHNSON, ROSS	140	00:23:24.80	FSMORE20-29M	11/11	04:40
DAVIS, BOB	238	00:23:38.35	FSMORE40-49M	5/13	04:43
HURDMAN, ROBERT	193	00:23:46.15	FSMORE30-39M	8/21	04:45
GERMSHEID, TREVOR	240	00:23:50.30	FSMORE40-49M	6/13	04:46
LAYTON, KIM	171	00:23:54.80	FSMORE30-39F	2/30	04:46
JUNIO-READ, MARJORIE	121	00:24:06.20	FSMORE20-29F	2/15	04:49
MITCHELL, HIYAT	175	00:24:16.35	FSMORE30-39F	5/30	04:51
RILLING, JON	204	00:24:32.05	FSMORE30-39M	10/21	04:54
YORSTON, KELLY	183	00:24:34.45	FSMORE30-39F	1/30	04:54
TERNES, NATALIE	132	00:24:37.20	FSMORE20-29F	1/15	04:55
FLAWS, JERRY	189	00:24:39.40	FSMORE30-39M	9/21	04:55
READ, BLAIR	203	00:24:48.65	FSMORE30-39M	13/21	04:57
MACKAY, BEN	142	00:24:50.50	FSMORE20-29M	4/11	04:58
VANDENBOS, DARYL	208	00:24:57.35	FSMORE30-39M	18/21	04:59
SORENSEN, JAY JAY	128	00:25:03.90	FSMORE20-29F	3/15	05:00
DORWARD, NATHAN	187	00:25:14.10	FSMORE30-39M	3/21	05:02
GIBSON, ANDREA	117	00:25:17.20	FSMORE20-29F	10/15	05:03
OWEL, THEO	263	00:25:31.15	FSMORE50-59M	5/6	05:06
MALLER, DAVE	199	00:25:37.85	FSMORE30-39M	17/21	05:07
MCGLONE, MATT	247	00:25:47.45	FSMORE40-49M	7/13	05:09
ZDRAVKOVIC, IGOR	148	00:25:48.05	FSMORE20-29M	8/11	05:09
STEENBERGEN, LORI	129	00:25:51.05	FSMORE20-29F	5/15	05:10
LOW, RICHARD	262	00:25:52.45	FSMORE50-59M	2/6	05:10
SLEMKO, BARBARA	179	00:26:11.80	FSMORE30-39F	10/30	05:14
MORETTIN, JACKIE	432	00:26:12.40	FSMORE50-59F	1/8	05:14
JOHNSON, RILEY	106	00:26:14.55	FSMORE13-16M	1/2	05:14
BIRD, JANICE	211	00:26:16.95	FSMORE40-49F	1/17	05:15
GRIFFIN, LAURA	118	00:26:18.95	FSMORE20-29F	8/15	05:15
BORGER, JOSH	259	00:26:26.55	FSMORE50-59M	1/6	05:17
FIBKE, RANDY	261	00:26:34.00	FSMORE50-59M	3/6	05:18
ADAMSCHEK, TAMARA	101	00:26:55.25	FSMORE13-16F	3/5	05:23
HEMPEL, RINA	221	00:26:57.35	FSMORE40-49F	4/17	05:23
KOSTECKYJ, OLGA	169	00:27:12.15	FSMORE30-39F	21/30	05:26
WRIGHT, MATTHEW	147	00:27:12.30	FSMORE20-29M	7/11	05:26
LAYCRAFT, MARINA	105	00:27:15.60	FSMORE13-16F	2/5	05:27
MALLER, BARB	173	00:27:23.05	FSMORE30-39F	7/30	05:28
CHARLTON, PETER	269	00:27:26.30	FSMORE60-69M	1/3	05:29
INGRAM, LISA	224	00:27:30.10	FSMORE40-49F	3/17	05:30

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BOOGAART, GERRIE	250	00:27:32.30	FSMORE50-59F	4/8	05:30
DORE, JENNIFER	155	00:27:36.85	FSMORE30-39F	13/30	05:31
HUTCHINSON, ELAINE	254	00:27:41.00	FSMORE50-59F	3/8	05:32
SABIR, TAHRA	230	00:27:45.05	FSMORE40-49F	14/17	05:33
SADER, LISA	231	00:27:45.85	FSMORE40-49F	6/17	05:33
VETTER, JESSICA	133	00:27:56.75	FSMORE20-29F	9/15	05:35
WENTZELL, JOHN	209	00:28:05.50	FSMORE30-39M	19/21	05:37
BYRGESEN, JILL	150	00:28:07.95	FSMORE30-39F	12/30	05:37
YAN, KAREN	234	00:28:12.95	FSMORE40-49F	7/17	05:38
OVERACKER, VICKI	229	00:28:20.20	FSMORE40-49F	12/17	05:40
BORGER, TAY	109	00:28:24.40	FSMORE17-19F	1/5	05:40
ARCHIBALD, MARCY	210	00:28:27.05	FSMORE40-49F	13/17	05:41
BODEUX, GARY	268	00:28:28.05	FSMORE60-69M	2/3	05:41
MITCHELL, ASHLEY	125	00:28:30.50	FSMORE20-29F	13/15	05:42
GREEN, KYLE	137	00:28:36.35	FSMORE20-29M	6/11	05:43
MARSHALL, BRUCE	246	00:28:39.70	FSMORE40-49M	8/13	05:43
CREELMAN, KERILYN	154	00:28:51.50	FSMORE30-39F	8/30	05:46
NGO, PHONG	201	00:29:00.55	FSMORE30-39M	20/21	05:48
KILLAM, TERESA	431	00:29:01.65	FSMORE30-39F	3/30	05:48
MERTZ, JEN	174	00:29:02.90	FSMORE30-39F	20/30	05:48
ELL, WAYNE	260	00:29:17.90	FSMORE50-59M	4/6	05:51
BOES, GERRY	236	00:29:22.25	FSMORE40-49M	12/13	05:52
CHRISTENSEN, MATT	186	00:29:42.35	FSMORE30-39M	11/21	05:56
LANDY, CINDY	170	00:29:51.90	FSMORE30-39F	27/30	05:58
ANDERSON-YAP, TRACIE	149	00:30:01.45	FSMORE30-39F	4/30	06:00
ROSS, RACHEL	178	00:30:07.60	FSMORE30-39F	9/30	06:01
HANSEN, CASSY	161	00:30:08.20	FSMORE30-39F	11/30	06:01
HEMSING, JASMINE	110	00:30:10.10	FSMORE17-19F	3/5	06:02
AL AKWA, HAS	184	00:30:16.50	FSMORE30-39M	16/21	06:03
DAVERNE, LISA	214	00:30:21.90	FSMORE40-49F	11/17	06:04
LOW, MEGAN	124	00:30:25.85	FSMORE20-29F	6/15	06:05
DRYDALE, PAMELA	156	00:30:38.40	FSMORE30-39F	14/30	06:07
KIEFER, BRITTNEY	122	00:30:39.85	FSMORE20-29F	11/15	06:07
OGGY, DANIELLE	126	00:30:40.15	FSMORE20-29F	12/15	06:08
HYDE, CASSIDY	112	00:30:42.30	FSMORE17-19F	5/5	06:08
ELL, DARCY	251	00:30:43.80	FSMORE50-59F	2/8	06:08
AUSTIN, RICHARD	235	00:30:50.00	FSMORE40-49M	11/13	06:10
HILL, CATRIONA	223	00:30:50.75	FSMORE40-49F	8/17	06:10
HARVEY, BRENT	243	00:30:52.50	FSMORE40-49M	9/13	06:10
KUENZL, KEN	197	00:30:57.00	FSMORE30-39M	12/21	06:11
GRIFFIN, JAMES	138	00:31:18.75	FSMORE20-29M	9/11	06:15
KEER, LINDSAY	167	00:31:34.60	FSMORE30-39F	23/30	06:18
FARRIS, KIMBERLEY	157	00:31:45.90	FSMORE30-39F	6/30	06:21
VOREL, NICHOLE	182	00:31:52.75	FSMORE30-39F	18/30	06:22
TAYLOR, LAURA	131	00:32:01.05	FSMORE20-29F	14/15	06:24
MERTZ, BEN	107	00:32:01.30	FSMORE13-16M	2/2	06:24
MACFARLANE, SHERRY	172	00:32:04.70	FSMORE30-39F	22/30	06:24
STORWICK, MADISON	113	00:32:09.75	FSMORE17-19F	2/5	06:25
HARRIS, DANIELLE	162	00:32:20.80	FSMORE30-39F	25/30	06:28
CHISHOLM, MICHELLE	151	00:32:21.20	FSMORE30-39F	28/30	06:28
STODDARD, BECKY	232	00:32:33.50	FSMORE40-49F	9/17	06:30
JACKSON, SCOTT	194	00:32:43.80	FSMORE30-39M	14/21	06:32
NGO, HUNG	200	00:32:50.70	FSMORE30-39M	21/21	06:34
CLINE, CHRYSTAL	152	00:32:50.90	FSMORE30-39F	17/30	06:34

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BURCHELL, CHRIS	185	00:32:51.45	FSMORE30-39M	15/21	06:34
PADDINGTON, REGAN	176	00:33:00.00	FSMORE30-39F	19/30	06:36
SASKIW, ASHLEY	127	00:33:15.10	FSMORE20-29F	4/15	06:39
CORDES, NICOLE	213	00:33:44.25	FSMORE40-49F	10/17	06:44
COUILLARD, NICOLE	153	00:33:52.70	FSMORE30-39F	16/30	06:46
PAUL, NANCY	256	00:33:54.50	FSMORE50-59F	5/8	06:46
MARCANO, JULIE	228	00:34:19.10	FSMORE40-49F	5/17	06:51
HEMSING, DESIRAE	120	00:34:21.20	FSMORE20-29F	15/15	06:52
JOHNSON, AVERY	104	00:34:30.80	FSMORE13-16F	1/5	06:54
KING, JENNIFER	168	00:34:37.70	FSMORE30-39F	24/30	06:55
HENRY, CHELSEA	111	00:34:45.60	FSMORE17-19F	4/5	06:57
MURRAY, WANDA	255	00:35:11.15	FSMORE50-59F	8/8	07:02
HARKER, PATTI	267	00:35:49.90	FSMORE60-69F	1/1	07:09
WIGG, GLADYS	258	00:36:21.95	FSMORE50-59F	7/8	07:16
VAN KLEEF, LEENDERT	265	00:37:18.70	FSMORE50-59M	6/6	07:27
GAINOR, KAMILLE	158	00:37:21.60	FSMORE30-39F	30/30	07:28
JAGT, KATHRYN	165	00:37:37.85	FSMORE30-39F	29/30	07:31
SMITH, NANCY	257	00:37:46.20	FSMORE50-59F	6/8	07:33
GORBAHN, JON	242	00:37:49.80	FSMORE40-49M	13/13	07:33
GORBAHN, LYNNE	218	00:38:06.70	FSMORE40-49F	15/17	07:37
GRIFFIN, BRENDA	159	00:39:43.30	FSMORE30-39F	26/30	07:56
MAKARCHUK, ANDREA	227	00:39:50.70	FSMORE40-49F	16/17	07:58
GORBAHN, MARY	103	00:40:24.55	FSMORE13-16F	5/5	08:04
ELL, STEPHANIE	116	00:40:26.40	FSMORE20-29F	7/15	08:05
GRIFFIN, MICHAEL	270	00:41:52.55	FSMORE60-69M	3/3	08:22
GORBAHN, GREGERY	136	00:44:31.55	FSMORE20-29M	10/11	08:54
MACDONALD, MICHELLE	226	00:45:13.35	FSMORE40-49F	17/17	09:02
GORBAHN, JONATHAN	115	00:45:59.50	FSMORE17-19M	1/1	09:11
HERIC, SARAH	164	00:46:13.10	FSMORE30-39F	15/30	09:14
EYGENRAAM, ALEXANDRA	102	00:55:48.60	FSMORE13-16F	4/5	11:09