

## 2014 Tri-Smore Triathlon Strathmore

## Run Times/w Pace

Adult Full Smore Individual 5K **113 Finishers**					
Name	Bib#	Time	Category	Cat/PI	Pace /K
PASTOOR, SHELAGH	181	00:00:00.00	AFSMORE40-49F	0/11	00:00
MCNAMARA, KARMEN	133	00:00:00.00	AFSMORE30-39F	0/23	00:00
DORWARD, NATHAN	149	00:00:00.00	AFSMORE30-39M	1/21	00:00
TODD-SAVOIA, CHRISTA	145	00:00:00.00	AFSMORE30-39F	0/23	00:00
1 HAYNER, DARREN	192	00:18:23.25	AFSMORE40-49M	1/16	03:40
2 LACHANCE, VINCENT	120	00:18:54.15	AFSMORE20-29M	1/8	03:46
3 FUNK, SEAN	114	00:19:30.25	AFSMORE20-29M	2/8	03:54
4 MERTZ, KEVIN	160	00:19:52.85	AFSMORE30-39M	2/21	03:58
5 EYGENRAAM, IAN	191	00:20:39.65	AFSMORE40-49M	3/16	04:07
6 WRIDE, DEREK	170	00:21:07.35	AFSMORE30-39M	5/21	04:13
7 HAGEL, BRUCE	218	00:21:10.15	AFSMORE50-59M	3/10	04:14
8 MACKARENKO, SHELDON	159	00:21:22.20	AFSMORE30-39M	10/21	04:16
9 ROTH, DANIEL	165	00:21:34.10	AFSMORE30-39M	4/21	04:18
10 CLARKE, DOUG	189	00:21:50.30	AFSMORE40-49M	2/16	04:22
11 MACKARENKO, CHAD	158	00:22:20.90	AFSMORE30-39M	8/21	04:28
12 CONSTABLE, BRUCE	215	00:22:46.25	AFSMORE50-59M	6/10	04:33
13 TAYLOR, JOSHUA	169	00:23:19.70	AFSMORE30-39M	3/21	04:39
14 COUCILL, JOSEPH	190	00:23:37.55	AFSMORE40-49M	11/16	04:43
15 DOWSE, SUSAN	172	00:23:54.80	AFSMORE40-49F	2/11	04:46
16 SIMMS, SUSAN	141	00:24:04.95	AFSMORE30-39F	4/23	04:48
17 FIBKE, MEGAN	173	00:24:17.25	AFSMORE40-49F	1/11	04:51
18 SMITH, JORDAN	167	00:24:20.90	AFSMORE30-39M	12/21	04:52
19 BUTEAU, DEVON	187	00:24:42.05	AFSMORE40-49M	5/16	04:56
20 BROWNE, VICTORIA	103	00:24:44.85	AFSMORE20-29F	3/13	04:56
21 ZDRAVKOVIC, IGOR	122	00:24:59.95	AFSMORE20-29M	3/8	04:59
22 HELFRICH, GREG	193	00:25:00.80	AFSMORE40-49M	9/16	05:00
23 OWEL, THEO	221	00:25:07.45	AFSMORE50-59M	4/10	05:01
24 HORKOFF, CHRIS	153	00:25:20.10	AFSMORE30-39M	13/21	05:04
25 SLEMKO, BARBARA	142	00:25:23.40	AFSMORE30-39F	9/23	05:04
26 YORSTON, KELLY	147	00:25:23.75	AFSMORE30-39F	2/23	05:04
27 REESE, DAVID	121	00:25:25.30	AFSMORE20-29M	5/8	05:05
28 BORGER, JOSHUA	214	00:25:32.85	AFSMORE50-59M	1/10	05:06
29 LUDWIG, COLLEEN	177	00:25:58.70	AFSMORE40-49F	4/11	05:11
30 HAWRYLUK, SANDRA	207	00:26:13.70	AFSMORE50-59F	1/5	05:14
31 HURDMAN, ROBERT	154	00:26:22.15	AFSMORE30-39M	6/21	05:16
32 O'FEE-BYROM, SHAN	136	00:26:31.85	AFSMORE30-39F	12/23	05:18
33 MEILI, STEPHANIE	230	00:26:39.90	AFSMORE20-29F	6/13	05:19
34 GRIFFIN, LAURA	105	00:26:43.45	AFSMORE20-29F	7/13	05:20
35 PETERS, GARY	200	00:26:44.75	AFSMORE40-49M	6/16	05:20
36 RIESEBERG, ASHLEY	109	00:26:46.50	AFSMORE20-29F	4/13	05:21
37 RYAN, MELODIE	110	00:26:48.95	AFSMORE20-29F	2/13	05:21
38 CHRISTENSEN, JULIE	124	00:26:51.30	AFSMORE30-39F	8/23	05:22
39 HUTCHINSON, ELAINE	224	00:26:59.25	AFSMORE60-69F	1/1	05:23
40 GOODFELLOW, JOEL	115	00:27:00.45	AFSMORE20-29M	7/8	05:24
41 HAGEL, NATHALIE	174	00:27:05.95	AFSMORE40-49F	7/11	05:25
42 MALLER, DAVE	197	00:27:25.05	AFSMORE40-49M	12/16	05:29
43 POUWER, FRIESO	164	00:27:33.10	AFSMORE30-39M	19/21	05:30
44 FENERTY, JENNIFER	126	00:27:35.30	AFSMORE30-39F	5/23	05:31
45 SEDGWICK, TROY	202	00:27:44.40	AFSMORE40-49M	4/16	05:32
46 MARSHALL, BRUCE	198	00:27:44.90	AFSMORE40-49M	8/16	05:32
47 LEDENE, LANA	176	00:27:50.45	AFSMORE40-49F	3/11	05:34
48 JORDAN, SARAH	131	00:27:51.20	AFSMORE30-39F	11/23	05:34
49 MILLS, TERA	135	00:27:52.70	AFSMORE30-39F	3/23	05:34
50 STEWART, COLIN	168	00:28:10.45	AFSMORE30-39M	11/21	05:38
51 NENEZ, LOUIE	161	00:28:19.35	AFSMORE30-39M	15/21	05:39
52 MEYER, TRACY	107	00:28:25.35	AFSMORE20-29F	1/13	05:41
53 CHRISTENSEN, MATT	148	00:28:34.40	AFSMORE30-39M	7/21	05:42
54 MERTZ, JENNIFER	134	00:28:55.25	AFSMORE30-39F	14/23	05:47
55 GRIFFIN, JAMES	118	00:28:58.75	AFSMORE20-29M	4/8	05:47
56 MITCHELL, ASHLEY	108	00:29:00.55	AFSMORE20-29F	12/13	05:48
57 MACPHERSON, BERKLY	100	00:29:09.70	AFSMORE18-19F	1/2	05:49
58 BORGER, TAYLOR	102	00:29:21.60	AFSMORE20-29F	8/13	05:52

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Name	Bib#	Time	Category	Cat/PI	Pace /K
59 SHADE, LESLEY	183	00:29:26.90	AFSMORE40-49F	8/11	05:53
60 KULJANIN, MLADEN	196	00:29:31.95	AFSMORE40-49M	15/16	05:54
61 WOGSBERG, SHELBY	113	00:29:34.80	AFSMORE20-29F	10/13	05:54
62 GORBAHN, GREGERY	116	00:29:36.85	AFSMORE20-29M	8/8	05:55
63 STRAUSS, CHRIS	205	00:29:46.40	AFSMORE40-49M	7/16	05:57
64 GOUDY, DALE	217	00:29:47.85	AFSMORE50-59M	2/10	05:57
65 MRAZ, GLENN	220	00:29:53.30	AFSMORE50-59M	10/10	05:58
66 WEGNER, EMILY	101	00:29:54.35	AFSMORE18-19F	2/2	05:58
67 MALLER, BARB	178	00:29:55.20	AFSMORE40-49F	5/11	05:59
68 GROENEVELD, KAITLYN	106	00:30:00.10	AFSMORE20-29F	9/13	06:00
69 VOREL, NICHOLE	146	00:30:03.40	AFSMORE30-39F	1/23	06:00
70 BODEUX, GARY	225	00:30:10.15	AFSMORE60-69M	2/3	06:02
71 NGO, PHONG	163	00:30:18.35	AFSMORE30-39M	18/21	06:03
72 KNIGHT, STEPHEN	219	00:30:19.10	AFSMORE50-59M	7/10	06:03
73 SABIR, TAHRA	182	00:30:30.40	AFSMORE40-49F	9/11	06:06
74 SCHROEDER, RHIAN	139	00:30:49.15	AFSMORE30-39F	16/23	06:09
75 DOWN, JACLYN	104	00:31:30.10	AFSMORE20-29F	13/13	06:18
76 BARLOW, JOHN	213	00:31:35.95	AFSMORE50-59M	5/10	06:19
77 ANDERSON-YAP, TRACIE	123	00:31:43.55	AFSMORE30-39F	7/23	06:20
78 WILLIAMS, STEPHON	228	00:31:44.40	AFSMORE20-29M	6/8	06:20
79 LAW, LINDSAY	156	00:32:15.85	AFSMORE30-39M	14/21	06:27
80 KOKOT, KRISTA	175	00:32:23.60	AFSMORE40-49F	6/11	06:28
81 VAN KRUYSSSEN, SARA	112	00:32:24.00	AFSMORE20-29F	11/13	06:28
82 GREEN, KYLE	151	00:32:33.95	AFSMORE30-39M	9/21	06:30
83 VOREL, NEIL	210	00:32:38.15	AFSMORE40-49M	13/16	06:31
84 NEUFELD, SID	199	00:32:38.30	AFSMORE40-49M	14/16	06:31
85 RUNNETT, BRENT	222	00:33:03.95	AFSMORE50-59M	8/10	06:36
86 FAIRBAIRN, JAIME	125	00:33:22.25	AFSMORE30-39F	13/23	06:40
87 MACGOWAN, KERRI	231	00:33:41.80	AFSMORE20-29F	5/13	06:44
88 HEATHER, SUSAN	130	00:33:46.65	AFSMORE30-39F	10/23	06:45
89 SEELY, ADAM	166	00:33:59.35	AFSMORE30-39M	20/21	06:47
90 SEELY, AMY	140	00:33:59.55	AFSMORE30-39F	21/23	06:47
91 BURCHELL, CHRIS	186	00:34:05.80	AFSMORE40-49M	10/16	06:49
92 TAYLOR, LAURA	144	00:34:48.30	AFSMORE30-39F	6/23	06:57
93 MARTIN, DON	227	00:35:13.30	AFSMORE60-69M	1/3	07:02
94 VAN KLEEF, LEENDERT	223	00:35:14.35	AFSMORE50-59M	9/10	07:02
95 STOKES, SHERRI	143	00:35:15.00	AFSMORE30-39F	15/23	07:03
96 NGO, HUNG	162	00:35:20.90	AFSMORE30-39M	16/21	07:04
97 DUKESHIRE, JAMES	150	00:35:37.05	AFSMORE30-39M	21/21	07:07
98 HARVEY, GIULIANA	129	00:36:37.90	AFSMORE30-39F	18/23	07:19
99 MATTHEWS, AMY	132	00:36:46.50	AFSMORE30-39F	17/23	07:21
100 GRIFFIN GUILMETTE, BRENDA	127	00:38:50.15	AFSMORE30-39F	19/23	07:46
101 HELFRICH, JEANETTE	208	00:38:55.25	AFSMORE50-59F	4/5	07:47
102 MURRAY, WANDA	209	00:39:19.25	AFSMORE50-59F	5/5	07:51
103 WIGG, GLADYS	212	00:39:39.10	AFSMORE50-59F	2/5	07:55
104 GORBAHN, LYNNE	206	00:40:39.15	AFSMORE50-59F	3/5	08:07
105 KOLLER, SCOTT	155	00:40:51.20	AFSMORE30-39M	17/21	08:10
106 OSTER, LEANNE	137	00:41:55.85	AFSMORE30-39F	20/23	08:23
107 WEISENBURGER, VICKY	184	00:42:31.25	AFSMORE40-49F	10/11	08:30
108 SHIPLEY, THOMAS	204	00:45:55.35	AFSMORE40-49M	16/16	09:11
109 GRIFFIN, MICHAEL	226	00:47:37.75	AFSMORE60-69M	3/3	09:31