

## Overall Results w/Pace

**Adult Half SMore 250m, 10k, 2.5k \*\*17 Finishers\*\***

Name	Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
1. REINA, ASHLEY	505	AHSMORE30-39F	<b>00:46:59.90</b>	00:05:01.95	1	02:00	00:25:59.85	1	23.08	00:15:58.10	2	06:23	STRATHMORE
2. ROBINSON, MARK	513	AHSMORE40-49M	<b>00:49:15.90</b>	00:06:29.10	4	02:35	00:26:06.80	2	22.98	00:16:40.00	5	06:40	CALGARY
3. WHITE, LEAH	502	AHSMORE20-29F	<b>00:52:14.85</b>	00:06:56.80	5	02:46	00:31:00.30	4	19.35	00:14:17.75	1	05:43	CALGARY
4. MCDONALD, JILL	501	AHSMORE20-29F	<b>00:56:02.00</b>	00:08:00.65	11	03:12	00:30:37.10	3	19.60	00:17:24.25	6	06:57	STRATHMORE
5. KENNEDY, KATHERINE	500	AHSMORE20-29F	<b>00:56:35.90</b>	00:05:27.30	2	02:10	00:34:33.35	7	17.36	00:16:35.25	4	06:38	STRATHMORE
6. FORTIN, SUZANNE	508	AHSMORE40-49F	<b>00:57:37.45</b>	00:07:28.45	9	02:59	00:34:00.40	6	17.64	00:16:08.60	3	06:27	CALGARY
7. KOOISTRA, COR	543	AHSMORE40-49M	<b>01:02:09.35</b>	00:07:38.95	10	03:03	00:36:16.40	9	16.54	00:18:14.00	7	07:17	STRATHMORE
8. HANSEN, CASSY	504	AHSMORE30-39F	<b>01:03:46.15</b>	00:06:02.40	3	02:24	00:37:41.45	12	15.92	00:20:02.30	9	08:00	STRATHMORE
9. FREEMAN, KATHY	509	AHSMORE40-49F	<b>01:04:08.90</b>	00:07:22.10	8	02:56	00:34:44.35	8	17.27	00:22:02.45	11	08:48	CALGARY
10. BRIGGS, CARMEN	507	AHSMORE40-49F	<b>01:08:10.60</b>	00:10:59.20	14	04:23	00:36:49.85	11	16.29	00:20:21.55	10	08:08	STRATHMORE
11. BOISVERT, LISA	503	AHSMORE30-39F	<b>01:08:14.60</b>	00:07:13.05	7	02:53	00:36:46.60	10	16.31	00:24:14.95	14	09:41	CALGARY
12. FREEMAN, THERESA	510	AHSMORE40-49F	<b>01:09:45.05</b>	00:08:05.65	12	03:14	00:38:46.30	14	15.48	00:22:53.10	12	09:09	CALGARY
13. SKIFTUN, NICOLE	511	AHSMORE40-49F	<b>01:09:49.60</b>	00:09:22.35	13	03:44	00:41:30.00	15	14.46	00:18:57.25	8	07:34	STRATHMORE
14. PALMER, SCOTT	512	AHSMORE40-49M	<b>01:10:11.90</b>	00:12:56.25	16	05:10	00:33:46.20	5	17.77	00:23:29.45	13	09:23	CALGARY
15. VAN KLEECK, JANAYA	506	AHSMORE30-39F	<b>01:11:59.20</b>	00:06:58.80	6	02:47	00:38:06.25	13	15.75	00:26:54.15	16	10:45	CALGARY
16. LEITCH, PAT	514	AHSMORE50-59F	<b>01:20:30.00</b>	00:12:01.85	15	04:48	00:42:09.10	16	14.23	00:26:19.05	15	10:31	STRATHMORE
17. REINWALD, ANNA	515	AHSMORE70-79F	<b>02:25:18.05</b>	00:45:07.15	17	18:02	01:00:11.60	17	9.97	00:39:59.30	17	15:59	STRATHMORE