

Overall Results w/Pace

Adult TEAM - Full SMore 500m, 20k, 5k **9 Finishers**

Name	Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
1. SHS2	205	AFSMORET	01:15:44.55	00:12:24.00	6	02:28	00:36:17.15	1	33.07	00:27:03.40	3	05:24	STRATHMORE
<i>LEDENE, MICHELLE -Swimmer-</i>													
<i>CARLSON, SCOTT - Biker -</i>													
<i>GALANDY, KAREN - Runner -</i>													
2. SKool US !	207	AFSMORET	01:17:10.45	00:07:36.15	2	01:31	00:44:03.65	3	27.24	00:25:30.65	1	05:06	STRATHMORE
<i>MERTZ, KEVIN -Swimmer-</i>													
<i>LENOX, COLIN - Biker -</i>													
<i>MATHESON, KEN - Runner -</i>													
3. Team ADC	201	AFSMORET	01:20:54.75	00:08:22.35	4	01:40	00:40:04.95	2	29.94	00:32:27.45	5	06:29	STRATHMORE
<i>BERRETH, ASHLEY -Swimmer-</i>													
<i>GOUDY, DALE - Biker -</i>													
<i>BISHARAT, CARLA - Runner -</i>													
4. SHS1	200	AFSMORET	01:27:13.75	00:07:16.05	1	01:27	00:47:09.50	5	25.45	00:32:48.20	6	06:33	STRATHMORE
<i>ADAMSCHEK, TAMARA -Swimmer-</i>													
<i>SONSTEBY, PAUL - Biker -</i>													
<i>FURFARO, PAULA - Runner -</i>													
5. The Jones	208	AFSMORET	01:36:05.15	00:23:59.15	9	04:47	00:45:43.90	4	26.24	00:26:22.10	2	05:16	CALGARY
<i>JONES, ANNAE -Swimmer-</i>													
<i>JONES, GARETH - Biker -</i>													
<i>JONES, GARETH - Runner -</i>													
6. Les Fee	203	AFSMORET	01:42:12.35	00:15:27.90	8	03:05	00:48:41.30	6	24.65	00:38:03.15	8	07:36	CALGARY
<i>ELL, DARCY -Swimmer-</i>													
<i>FINCH, COURTNEY - Biker -</i>													
<i>EGGERSTON, MAEGAN - Runner -</i>													
7. Three Wild Women	202	AFSMORET	01:43:30.00	00:07:47.60	3	01:33	01:08:21.25	9	17.56	00:27:21.15	4	05:28	STRATHMORE
<i>SMAIL, OLIVIA -Swimmer-</i>													
<i>SMAIL, BARB - Biker -</i>													
<i>FARGEY, CANDICE - Runner -</i>													
8. 3's Company	204	AFSMORET	01:46:30.70	00:11:49.05	5	02:21	00:52:33.15	7	22.83	00:42:08.50	9	08:25	CALGARY
<i>ELL, WAYNE -Swimmer-</i>													
<i>WHEELER, KRISTINA - Biker -</i>													
<i>ELL, KELCIE - Runner -</i>													
9. THE MCLEANS	206	AFSMORET	01:49:44.05	00:15:08.45	7	03:01	00:57:46.60	8	20.77	00:36:49.00	7	07:21	DRUMHELLER
<i>MCLEAN, BRENT -Swimmer-</i>													
<i>MCLEAN, BRENT - Biker -</i>													
<i>MCLEAN, DEANA - Runner -</i>													