

## 2015 Tri-Smore Triathlon Strathmore

## Run Times/w Pace

## Adult Full Smore Individual 5K \*\*67 Finishers\*\*

| Name                    | Bib# | Time        | Category      | Cat/PI | Pace /K |
|-------------------------|------|-------------|---------------|--------|---------|
| 1 TKACHUK, SCOTT        | 312  | 00:21:07.60 | AFSMORE40-49M | 2/10   | 04:13   |
| 2 WRIDE, DEREK          | 290  | 00:21:21.25 | AFSMORE30-39M | 4/12   | 04:16   |
| 3 HOPSON, GREG          | 281  | 00:22:42.20 | AFSMORE30-39M | 1/12   | 04:32   |
| 4 BARA, MIKE            | 275  | 00:23:31.50 | AFSMORE30-39M | 3/12   | 04:42   |
| 5 STAPLES, TROY         | 288  | 00:24:05.85 | AFSMORE30-39M | 5/12   | 04:49   |
| 6 SOLOMON, BEN          | 311  | 00:24:23.90 | AFSMORE40-49M | 4/10   | 04:52   |
| 7 LIVINGSTON, DEAN      | 284  | 00:25:07.25 | AFSMORE30-39M | 8/12   | 05:01   |
| 8 FECH, TIANA           | 266  | 00:25:09.55 | AFSMORE30-39F | 2/10   | 05:01   |
| 9 WHITE, CAITLIN        | 274  | 00:25:11.80 | AFSMORE30-39F | 3/10   | 05:02   |
| 10 OWEL, THEO           | 322  | 00:25:30.25 | AFSMORE50-59M | 4/7    | 05:06   |
| 11 CHRISTENSEN, JULIE   | 265  | 00:25:32.85 | AFSMORE30-39F | 1/10   | 05:06   |
| 12 VAN KLEECK, TIM      | 264  | 00:26:17.65 | AFSMORE20-29M | 1/1    | 05:15   |
| 13 BARABONOFF, THOR     | 304  | 00:26:28.20 | AFSMORE40-49M | 1/10   | 05:17   |
| 14 DORWARD, NATHAN      | 278  | 00:26:30.45 | AFSMORE30-39M | 2/12   | 05:18   |
| 15 CARLETON, LAURA      | 294  | 00:26:34.85 | AFSMORE40-49F | 2/12   | 05:18   |
| 16 HUTCHINSON, ELAINE   | 326  | 00:26:53.15 | AFSMORE60-69F | 1/1    | 05:22   |
| 17 BARABONOFF, JOCELYN  | 292  | 00:26:53.85 | AFSMORE40-49F | 1/12   | 05:22   |
| 18 GRIFFIN, LAURA       | 255  | 00:26:55.65 | AFSMORE20-29F | 1/8    | 05:23   |
| 19 MRAZ, GLENN          | 321  | 00:27:22.40 | AFSMORE50-59M | 5/7    | 05:28   |
| 20 MACPHERSON, BERKLY   | 258  | 00:27:29.35 | AFSMORE20-29F | 2/8    | 05:29   |
| 21 PETERS, GARY         | 323  | 00:27:45.50 | AFSMORE50-59M | 1/7    | 05:33   |
| 22 HELFRICH, GREG       | 319  | 00:28:13.65 | AFSMORE50-59M | 2/7    | 05:38   |
| 23 STEWART, COLIN       | 289  | 00:28:14.10 | AFSMORE30-39M | 7/12   | 05:38   |
| 24 VELJOVIC, SLAVEN     | 313  | 00:29:03.35 | AFSMORE40-49M | 6/10   | 05:48   |
| 25 PARKER, DANIELLE     | 270  | 00:29:21.40 | AFSMORE30-39F | 6/10   | 05:52   |
| 26 RANDALL, BECKY       | 271  | 00:29:33.75 | AFSMORE30-39F | 4/10   | 05:54   |
| 27 KULJANIN, MLADEN     | 320  | 00:29:35.20 | AFSMORE50-59M | 7/7    | 05:55   |
| 28 COOPER-KEY, EMMA     | 254  | 00:29:43.40 | AFSMORE20-29F | 5/8    | 05:56   |
| 29 GREEN, KYLE          | 279  | 00:29:52.30 | AFSMORE30-39M | 6/12   | 05:58   |
| 30 BOISVERT, RICHARD    | 306  | 00:29:58.05 | AFSMORE40-49M | 5/10   | 05:59   |
| 31 BARCZEWSKA, NIKKI    | 252  | 00:30:06.05 | AFSMORE20-29F | 6/8    | 06:01   |
| 32 SULLIVAN, NATASHA    | 259  | 00:30:23.95 | AFSMORE20-29F | 4/8    | 06:04   |
| 33 MCLEAN, BRETT        | 251  | 00:30:25.85 | AFSMORE18-19M | 1/1    | 06:05   |
| 34 COOPER-KEY, JAMES    | 276  | 00:30:30.45 | AFSMORE30-39M | 11/12  | 06:06   |
| 35 BERENDS, BRIAN       | 305  | 00:30:41.90 | AFSMORE40-49M | 3/10   | 06:08   |
| 36 BORGER, TAYLOR       | 253  | 00:31:03.60 | AFSMORE20-29F | 3/8    | 06:12   |
| 37 HAMPTON, ERICA       | 256  | 00:31:06.80 | AFSMORE20-29F | 7/8    | 06:13   |
| 38 PARKER, ALISON       | 300  | 00:31:16.80 | AFSMORE40-49F | 9/12   | 06:15   |
| 39 RUNNETT, BRENT       | 324  | 00:31:40.85 | AFSMORE50-59M | 3/7    | 06:20   |
| 40 DOYLE, ISABELLA      | 296  | 00:31:44.65 | AFSMORE40-49F | 3/12   | 06:20   |
| 41 BUTLER, CORINNE      | 293  | 00:31:45.65 | AFSMORE40-49F | 5/12   | 06:21   |
| 42 BODEUX, GARY         | 327  | 00:31:54.15 | AFSMORE60-69M | 2/2    | 06:22   |
| 43 MCCULLOUGH, ERIN     | 269  | 00:31:56.80 | AFSMORE30-39F | 5/10   | 06:23   |
| 44 GRIFFIN, JAMES       | 280  | 00:32:27.75 | AFSMORE30-39M | 9/12   | 06:29   |
| 45 SULLIVAN, DOUG       | 325  | 00:32:37.45 | AFSMORE50-59M | 6/7    | 06:31   |
| 46 ADHARSINGH, NATASHA  | 291  | 00:32:52.05 | AFSMORE40-49F | 4/12   | 06:34   |
| 47 DEAGLE, BRUCE        | 308  | 00:32:54.10 | AFSMORE40-49M | 8/10   | 06:34   |
| 48 BURCHELL, CHRIS      | 307  | 00:33:07.00 | AFSMORE40-49M | 7/10   | 06:37   |
| 49 HINCKS, TRICIA       | 257  | 00:33:19.10 | AFSMORE20-29F | 8/8    | 06:39   |
| 50 VOREL, NICHOLE       | 273  | 00:33:25.10 | AFSMORE30-39F | 9/10   | 06:41   |
| 51 VAN KLEECK, PAM      | 301  | 00:33:25.70 | AFSMORE40-49F | 11/12  | 06:41   |
| 52 NGO, PHONG           | 286  | 00:34:11.25 | AFSMORE30-39M | 12/12  | 06:50   |
| 53 MARTIN, DON          | 328  | 00:34:53.75 | AFSMORE60-69M | 1/2    | 06:58   |
| 54 WERKMANN, YVONNE     | 303  | 00:35:11.50 | AFSMORE40-49F | 6/12   | 07:02   |
| 55 SEVCIK, DAVID        | 310  | 00:35:14.20 | AFSMORE40-49M | 10/10  | 07:02   |
| 56 RANDALL, SCOTT       | 287  | 00:35:17.95 | AFSMORE30-39M | 10/12  | 07:03   |
| 57 DILLENBECK, MICHELLE | 295  | 00:35:21.85 | AFSMORE40-49F | 7/12   | 07:04   |
| 58 SCHULTZ, KARIE       | 272  | 00:35:59.95 | AFSMORE30-39F | 7/10   | 07:11   |
| 59 LAGACE, JANIQUE      | 298  | 00:36:00.65 | AFSMORE40-49F | 10/12  | 07:12   |
| 60 VILLENEUVE, JANELLE  | 302  | 00:36:00.90 | AFSMORE40-49F | 12/12  | 07:12   |
| 61 WIGG, GLADYS         | 317  | 00:36:27.65 | AFSMORE50-59F | 3/3    | 07:17   |
| 62 NORGDARD, BARB       | 316  | 00:37:19.85 | AFSMORE50-59F | 2/3    | 07:27   |

06/20/2015

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|------------------------------|------|-------------|---------------|--------|---------|
| 63 GRIFFIN GUILMETTE, BRENDA | 268  | 00:38:35.85 | AFSMORE30-39F | 8/10   | 07:43   |
| 64 PAQUETTE, LESLEY          | 299  | 00:38:48.30 | AFSMORE40-49F | 8/12   | 07:45   |
| 65 LARSON, KYLE              | 309  | 00:40:10.00 | AFSMORE40-49M | 9/10   | 08:02   |
| 66 GORBAHN, LYNNE            | 314  | 00:41:56.50 | AFSMORE50-59F | 1/3    | 08:23   |
| 67 GAINOR, KAMILLE           | 267  | 00:46:08.15 | AFSMORE30-39F | 10/10  | 09:13   |