

2017 Tri-Smore Triathlon Strathmore

Run Times/w Pace

Adult Full Smore Individual 5K **80 Finishers**					
Name	Bib#	Time	Category	Cat/PI	Pace /K
1 BIRCH, DANA	333	00:19:54.77	AFSMORE30-39M	1/10	03:58
2 LOW, JONATHAN	311	00:20:07.83	AFSMORE20-29M	1/3	04:01
3 MURPHY, KYLE	340	00:20:22.46	AFSMORE30-39M	2/10	04:04
4 LOW, MARK	339	00:21:30.15	AFSMORE30-39M	3/10	04:18
5 BOWYER, ALEX	302	00:21:43.38	AFSMORE18-19M	1/1	04:20
6 KEARL, BRENDAN	310	00:22:03.08	AFSMORE20-29M	2/3	04:24
7 LAYCOCK, PETER	363	00:22:25.22	AFSMORE40-49M	3/14	04:29
8 CUEVAS, JODI	315	00:22:51.88	AFSMORE30-39F	9/17	04:34
9 YORSTON, KELLY	331	00:23:38.52	AFSMORE30-39F	1/17	04:43
10 KELLY, ANDREW	338	00:23:47.96	AFSMORE30-39M	5/10	04:45
11 SLEMKO, BARBARA	328	00:24:19.30	AFSMORE30-39F	3/17	04:51
12 FREDE, HEATHER	318	00:24:27.67	AFSMORE30-39F	2/17	04:53
13 SINNOTT, VICKY	309	00:24:28.75	AFSMORE20-29F	2/6	04:53
14 WINGERTER, LES	386	00:24:34.91	AFSMORE60-69M	1/4	04:54
15 BONNE, OLIVIER	334	00:24:37.57	AFSMORE30-39M	4/10	04:55
16 SALMON, BRETT	312	00:24:51.93	AFSMORE20-29M	3/3	04:58
17 OWEL, THEO	385	00:25:00.28	AFSMORE60-69M	3/4	05:00
18 ROGERS, DAN	342	00:25:25.56	AFSMORE30-39M	7/10	05:05
19 MALLER, DAVE	364	00:25:31.08	AFSMORE40-49M	6/14	05:06
20 BOISVERT, RICH	354	00:25:33.27	AFSMORE40-49M	2/14	05:06
21 BOWYER, LESLIE-ANNE	303	00:25:47.68	AFSMORE20-29F	1/6	05:09
22 MCLAUGHLIN, ORNA	322	00:26:10.30	AFSMORE30-39F	4/17	05:14
23 HURDMAN, ROBERT	361	00:26:32.70	AFSMORE40-49M	1/14	05:18
24 TABELEV, ELENA	351	00:26:37.53	AFSMORE40-49F	3/12	05:19
25 ELLIS, PAIGE	317	00:26:49.52	AFSMORE30-39F	7/17	05:21
26 ZIEGLGANSBERGER, JENNIFER	353	00:27:09.50	AFSMORE40-49F	4/12	05:25
27 BRYDEN, HEIDI	370	00:27:24.98	AFSMORE50-59F	1/5	05:28
28 LOW, JORDAN	307	00:27:45.78	AFSMORE20-29F	3/6	05:33
29 KEARL, KIM	373	00:27:49.21	AFSMORE50-59F	2/5	05:33
30 GRIFFIN, LAURA	320	00:27:56.49	AFSMORE30-39F	6/17	05:35
31 MRAZ, GLENN	380	00:28:08.24	AFSMORE50-59M	2/4	05:37
32 HUTCHINSON, ELAINE	381	00:28:10.23	AFSMORE60-69F	1/2	05:38
33 HWANG, BRIAN	337	00:28:18.28	AFSMORE30-39M	9/10	05:39
34 LOW, RICHARD	384	00:28:41.67	AFSMORE60-69M	2/4	05:44
35 CHOW, DANIEL	356	00:28:49.14	AFSMORE40-49M	9/14	05:45
36 VELJOVIC, SLAVEN	368	00:28:59.92	AFSMORE40-49M	5/14	05:47
37 KULJANIN, MLADEN	379	00:29:04.35	AFSMORE50-59M	3/4	05:48
38 KRAMER, KRISTI	306	00:29:11.33	AFSMORE20-29F	4/6	05:50
39 COUCH, MARC	357	00:29:22.14	AFSMORE40-49M	11/14	05:52
40 SKIFTUN, NICOLE	110	00:29:26.22	AFSMORE40-49F	5/12	05:53
41 PETERSON, BEKAH	327	00:29:44.32	AFSMORE30-39F	5/17	05:56
42 DEAGLE, BRUCE	378	00:29:55.41	AFSMORE50-59M	1/4	05:59
43 ZANDEE, LAUREN	301	00:29:58.65	AFSMORE18-19F	1/2	05:59
44 NGO, PHONG	341	00:30:10.79	AFSMORE30-39M	10/10	06:02
45 GRIFFIN, JAMES	336	00:30:23.05	AFSMORE30-39M	8/10	06:04
46 FORTIN, SUZANNE	345	00:30:39.61	AFSMORE40-49F	8/12	06:07
47 VELJOVIC, ANA	300	00:30:43.11	AFSMORE18-19F	2/2	06:08
48 MALLER, BARB	348	00:31:34.76	AFSMORE40-49F	11/12	06:18
49 SCHLENDER, RUSS	366	00:31:47.63	AFSMORE40-49M	10/14	06:21
50 MURRAY, ASHLEIGH	323	00:32:11.53	AFSMORE30-39F	10/17	06:26
51 BODEUX, GARY	383	00:32:14.50	AFSMORE60-69M	4/4	06:26
52 GREEN, KYLE	335	00:32:34.58	AFSMORE30-39M	6/10	06:30
53 WARRINGTON, TRACY	352	00:33:24.86	AFSMORE40-49F	1/12	06:40
54 BURCHELL, CHRIS	355	00:33:30.25	AFSMORE40-49M	7/14	06:42
55 ADHARSINGH, NATASHA	343	00:33:46.67	AFSMORE40-49F	6/12	06:45
56 PARKER-DEAGLE, ALISON	374	00:33:55.39	AFSMORE50-59F	5/5	06:47
57 LAGACE, JANIQUE	347	00:34:10.63	AFSMORE40-49F	9/12	06:50
58 RUSTAD, VIKTORIYA	350	00:34:17.96	AFSMORE40-49F	2/12	06:51
59 PARKER, DANIELLE	326	00:34:24.75	AFSMORE30-39F	14/17	06:52
60 BUDGELL, DANIELLE	314	00:35:03.08	AFSMORE30-39F	8/17	07:00
61 BEDI, KATE	313	00:35:06.63	AFSMORE30-39F	13/17	07:01
62 STRAUSS, CHRIS	367	00:35:10.95	AFSMORE40-49M	4/14	07:02

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Name	Bib#	Time	Category	Cat/PI	Pace /K
63 GOULD, CHELSEA	319	00:35:22.88	AFSMORE30-39F	15/17	07:04
64 BAILIE, JIM	377	00:35:40.67	AFSMORE50-59M	4/4	07:08
65 HINCKS, TRICIA	304	00:35:40.92	AFSMORE20-29F	5/6	07:08
66 HUGHES, SARAH	346	00:36:02.74	AFSMORE40-49F	7/12	07:12
67 OLIPHANT, MAIRI	308	00:36:06.13	AFSMORE20-29F	6/6	07:13
68 KOISTRA, COR	362	00:36:24.33	AFSMORE40-49M	14/14	07:16
69 NGO, HUNG	365	00:37:06.02	AFSMORE40-49M	13/14	07:25
70 OLSON, NATALIE	349	00:37:46.56	AFSMORE40-49F	10/12	07:33
71 TAYLOR, DARLENE	376	00:37:49.66	AFSMORE50-59F	4/5	07:33
72 EWLES, MIKE	358	00:38:03.49	AFSMORE40-49M	8/14	07:36
73 WIGG, GLADYS	382	00:38:17.10	AFSMORE60-69F	2/2	07:39
74 ODEGARD, INGRID	324	00:39:20.90	AFSMORE30-39F	16/17	07:52
75 VAN KRUYSSSEN, SARA	330	00:39:22.00	AFSMORE30-39F	11/17	07:52
76 ODEGARD, KRISTEN	325	00:39:51.55	AFSMORE30-39F	12/17	07:58
77 GIBB, J.D.	360	00:42:00.14	AFSMORE40-49M	12/14	08:24
78 GORBAHN, LYNNE	371	00:42:32.50	AFSMORE50-59F	3/5	08:30
79 HARBOUR, JILL	321	00:44:06.19	AFSMORE30-39F	17/17	08:49
80 DILLENBECK, MICHELLE	344	00:44:50.73	AFSMORE40-49F	12/12	08:58