

8th Annual Spring Fling April 5/2014

Alpha Overall Results

5K Run - 3.1 Miles

82 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
48/82	ANDERSON, ASHLEY	500	00:34:35.15	06:55	5KOPEN-F	17/28	F	29/57	00:34:30.20
57/82	ARCHIBALD, KEALEY	501	00:35:43.55	07:08	5KOPEN-F	21/28	F	35/57	00:35:31.90
42/82	ARCHIBALD, SHANNON	502	00:33:13.45	06:38	5KMASTERS-F	9/23	F	23/57	00:33:03.35
65/82	BAKLAND, DENISE	503	00:37:07.95	07:25	5KMASTERS-F	13/23	F	41/57	00:37:02.45
40/82	BAKOS, SHANNON	504	00:33:04.35	06:36	5KOPEN-F	13/28	F	21/57	00:32:49.70
35/82	BASSET, JOHANNA	505	00:32:23.45	06:28	5KMASTERS-F	7/23	F	17/57	00:32:16.95
52/82	BEAULIEU, DAMIEN	506	00:35:16.50	07:03	5KOPEN-M	13/17	M	20/25	00:35:13.65
24/82	BETZ, TINA	507	00:30:41.65	06:08	5KOPEN-F	5/28	F	8/57	00:30:28.75
41/82	BOWHEY, CARMEN	508	00:33:07.75	06:37	5KSENIORS-F	1/6	F	22/57	00:33:06.00
66/82	BROST, JUDY	509	00:37:12.30	07:26	5KSENIORS-F	4/6	F	42/57	00:37:06.15
28/82	BUCK, ALEX	510	00:30:55.70	06:11	5KOPEN-M	11/17	M	17/25	00:30:46.10
5/82	BUZIK, NATHAN	511	00:23:23.30	04:40	5KOPEN-M	5/17	M	5/25	00:23:20.50
46/82	CHALLENGER, LYNDSEY	512	00:34:13.05	06:50	5KOPEN-F	15/28	F	27/57	00:34:00.30
64/82	COSSEY, MYLES	513	00:37:04.65	07:24	5KOPEN-M	16/17	M	24/25	00:36:50.35
12/82	CROSBY, MIKE	514	00:25:50.00	05:10	5KMASTERS-M	3/5	M	10/25	00:25:38.30
78/82	DEVEAU, MICHELLE	516	00:42:52.95	08:34	5KMASTERS-F	21/23	F	53/57	00:42:44.55
32/82	DONALD, STEPHANIE	590	00:31:34.95	06:18	5KOPEN-F	9/28	F	14/57	00:31:30.00
53/82	ELLIOTT, KEVIN	517	00:35:19.90	07:03	5KOPEN-M	14/17	M	21/25	00:35:07.05
26/82	ERMEL, ANGIE	519	00:30:42.50	06:08	5KOPEN-F	6/28	F	10/57	00:30:37.95
37/82	ESCH, DEANNA	520	00:32:43.70	06:32	5KOPEN-F	12/28	F	19/57	00:32:33.50
70/82	EVANS, AARON	521	00:39:24.55	07:52	5KOPEN-M	17/17	M	25/25	00:39:13.10
71/82	EVANS, STEPHANIE	522	00:39:33.10	07:54	5KOPEN-F	26/28	F	46/57	00:39:20.25
29/82	GIESBRECHT, DERRICK	523	00:30:55.90	06:11	5KOPEN-M	12/17	M	18/25	00:30:46.10
56/82	GILLIS, CORY	587	00:35:25.80	07:05	5KMASTERS-M	5/5	M	22/25	00:35:17.60
55/82	GILLIS, DARIA	588	00:35:25.55	07:05	5KOPEN-F	20/28	F	34/57	00:35:17.35
22/82	GOULD, KIMBERLEY	524	00:29:47.50	05:57	5KOPEN-F	4/28	F	7/57	00:29:41.50
36/82	GRESBRECHT, EMILY	525	00:32:43.45	06:32	5KOPEN-F	11/28	F	18/57	00:32:33.70
73/82	HARDER, SONJA	526	00:40:12.40	08:02	5KSENIORS-F	5/6	F	48/57	00:40:09.20
17/82	HERNANDEZ, JAMIE	527	00:27:55.90	05:35	5KOPEN-M	8/17	M	12/25	00:27:54.90
13/82	HOWG, AMBER	528	00:25:53.60	05:10	5KOPEN-F	2/28	F	3/57	00:25:51.05
50/82	JEWORSKI, CHERI	530	00:34:56.15	06:59	5KMASTERS-F	11/23	F	31/57	00:34:51.40
9/82	KARDASH, RONALD	531	00:25:23.95	05:04	5KMASTERS-M	2/5	M	8/25	00:25:22.90
27/82	KELLER, SARAH	532	00:30:51.05	06:10	5KOPEN-F	7/28	F	11/57	00:30:44.50
2/82	KENNELLY, JAMES	534	00:22:28.15	04:29	5KOPEN-M	2/17	M	2/25	00:22:26.60
8/82	LAM, KAYLA	535	00:25:21.55	05:04	5KOPEN-F	1/28	F	1/57	00:25:15.25
82/82	LANDRY, ERIN	536	00:48:14.25	09:38	5KMASTERS-F	23/23	F	57/57	00:48:00.40
77/82	LAUZIER, ELIZABETH	537	00:42:45.05	08:33	5KMASTERS-F	20/23	F	52/57	00:42:41.30
31/82	LAWRENCE, TARA	538	00:31:10.75	06:14	5KOPEN-F	8/28	F	13/57	00:31:02.75
20/82	LEBLANC, MITCHELL	539	00:28:22.30	05:40	5KOPEN-M	9/17	M	15/25	00:28:20.95
69/82	LONG, TANYA	540	00:39:05.80	07:49	5KMASTERS-F	16/23	F	45/57	00:39:02.60
49/82	LYNN, CATHY	541	00:34:55.85	06:59	5KMASTERS-F	10/23	F	30/57	00:34:47.80
47/82	MACEACHERN, VALERIE	542	00:34:14.55	06:50	5KOPEN-F	16/28	F	28/57	00:34:01.65
58/82	MACKAY, MACKENZIE	585	00:35:50.80	07:10	5KOPEN-F	22/28	F	36/57	00:35:39.35
76/82	MAGWOOD, ELAINE	543	00:42:08.25	08:25	5KMASTERS-F	19/23	F	51/57	00:41:59.60
54/82	MAY, VANESSA	544	00:35:22.45	07:04	5KOPEN-F	19/28	F	33/57	00:35:11.45
45/82	MCCRACKEN, ANNE	546	00:33:53.85	06:46	5KSENIORS-F	3/6	F	26/57	00:33:51.30
16/82	MCCRACKEN, JENNIFER	547	00:27:38.10	05:31	5KMASTERS-F	2/23	F	5/57	00:27:36.45
19/82	MCCRACKEN, JOHN-ANDERS	548	00:28:03.85	05:36	5KSENIORS-M	2/3	M	14/25	00:28:01.30
10/82	MCGRAW, ADRIEN	549	00:25:33.55	05:06	5KOPEN-M	6/17	M	9/25	00:25:32.70
1/82	MCGRAW, GABE	550	00:21:03.95	04:12	5KOPEN-M	1/17	M	1/25	00:21:03.90
7/82	MCKINNON, ROBERT	551	00:23:46.55	04:45	5KSENIORS-M	1/3	M	7/25	00:23:45.65
67/82	MCLEOD, LOUISE	553	00:37:45.60	07:33	5KMASTERS-F	14/23	F	43/57	00:37:35.55
80/82	MILTON, BONNIE	554	00:43:23.45	08:40	5KSENIORS-F	6/6	F	55/57	00:43:19.70
72/82	MORRISON, SHELLY	555	00:39:37.70	07:55	5KMASTERS-F	17/23	F	47/57	00:39:27.65
30/82	MURPHY, THERESA	556	00:31:08.55	06:13	5KMASTERS-F	5/23	F	12/57	00:31:03.80
43/82	OLSEN, COREY	582	00:33:40.30	06:44	5KOPEN-F	14/28	F	24/57	00:33:27.25
44/82	OLSEN, PATSY	583	00:33:40.65	06:44	5KSENIORS-F	2/6	F	25/57	00:33:27.75

8th Annual Spring Fling April 5/2014

Alpha Overall Results

5K Run - 3.1 Miles

82 Finishers

O/A	Name	Bib#	Time	Pace/K	Category	Cat/PI	Gender	Gen/PI	Chip Time
6/82	PITTMAN, ANDREW	559	00:23:31.60	04:42	5KMASTERS-M	1/5	M	6/25	00:23:30.15
81/82	POISSANT, CARRIE	560	00:47:55.35	09:35	5KOPEN-F	28/28	F	56/57	00:47:42.20
15/82	RAJOTTE, REGAN	561	00:26:25.15	05:17	5KOPEN-M	7/17	M	11/25	00:26:22.60
14/82	RAJOTTE, SHYLA	562	00:25:57.55	05:11	5KOPEN-F	3/28	F	4/57	00:25:56.20
25/82	REYNOLDS, CATHERINE	563	00:30:42.30	06:08	5KMASTERS-F	4/23	F	9/57	00:30:32.50
51/82	REYNOLDS, KAITLYN	589	00:35:05.00	07:01	5KOPEN-F	18/28	F	32/57	00:34:57.30
34/82	RINAS, CHELSEY	564	00:32:19.90	06:27	5KOPEN-F	10/28	F	16/57	00:32:13.65
68/82	ROBINSON, CHLOE	565	00:38:23.95	07:40	5KMASTERS-F	15/23	F	44/57	00:38:13.35
62/82	RODGERS, KIRSTEN	566	00:37:00.15	07:24	5KOPEN-F	25/28	F	39/57	00:36:48.85
4/82	ROY, JOCELYN	567	00:22:59.45	04:35	5KOPEN-M	4/17	M	4/25	00:22:55.60
23/82	RUTHERFORD, RYAN	568	00:30:16.00	06:03	5KOPEN-M	10/17	M	16/25	00:30:04.55
59/82	SARINAS, ELLEN	569	00:36:02.65	07:12	5KOPEN-F	23/28	F	37/57	00:35:49.20
60/82	SARINAS, KRISTOFFER	570	00:36:02.65	07:12	5KOPEN-M	15/17	M	23/25	00:35:51.20
3/82	SLIMMON, MATTHEW	591	00:22:30.75	04:30	5KOPEN-M	3/17	M	3/25	00:22:29.70
39/82	SMITH, RUSTY	571	00:33:04.25	06:36	5KSENIORS-M	3/3	M	19/25	00:32:50.60
21/82	STAFFORD, MICHELLE	572	00:29:26.45	05:53	5KMASTERS-F	3/23	F	6/57	00:29:20.20
61/82	STIGLITZ, JENNIFER	573	00:36:55.55	07:23	5KOPEN-F	24/28	F	38/57	00:36:43.55
75/82	STOUGHTON, KELLY	574	00:41:46.10	08:21	5KMASTERS-F	18/23	F	50/57	00:41:40.10
11/82	TESSELAAR, HEATHER	575	00:25:41.65	05:08	5KMASTERS-F	1/23	F	2/57	00:25:39.00
18/82	THILLAI, AAMPI	576	00:27:58.90	05:35	5KMASTERS-M	4/5	M	13/25	00:27:56.45
79/82	TRAYHORNE, MELISSA	584	00:43:05.60	08:37	5KMASTERS-F	22/23	F	54/57	00:43:02.45
74/82	VACCA, JULIE	577	00:40:12.55	08:02	5KOPEN-F	27/28	F	49/57	00:40:08.30
38/82	WAKEFIELD, CARRIE	578	00:32:47.95	06:33	5KMASTERS-F	8/23	F	20/57	00:32:43.05
33/82	WILHELM, LORI	579	00:32:10.45	06:26	5KMASTERS-F	6/23	F	15/57	00:32:00.95
63/82	WOLOSIAK, JODY	580	00:37:00.25	07:24	5KMASTERS-F	12/23	F	40/57	00:36:48.35