

OA/PI = Overall Placing

## 2025 ACAC XC Championships - Oct. 25/2025

## Alpha Overall Results

\* behind name and R at column end Indicates Rookie

## 6K - Women

## 68 Finishers

OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Split3	School
39/68	ABBOTT, Rebekah	1264	28:47.336	04:47	07:43	09:11.68	09:57.12	09:38.52	PCP
36/68	AEBLY, Kamryn	1268	28:15.531	04:42	07:34	08:58.11	09:18.02	09:59.39	NAIT
46/68	ANDERSON, Emma	1226	29:36.928	04:56	07:56	09:29.65	10:09.54	09:57.73	LPK
7/68	ASPREY*, Pheonix	1252	24:53.151	04:08	06:40	07:55.92	08:25.02	08:32.20	MHC R
28/68	BARLOW, Elle	1248	27:25.611	04:34	07:21	08:39.34	09:19.51	09:26.74	MHC
14/68	BLOCK, Kate	1223	26:06.321	04:21	06:59	08:14.59	09:02.35	08:49.37	LPK
57/68	BOSMAN, Ciara	1227	33:22.090	05:33	08:56	10:53.81	11:12.96	11:15.31	LPK
38/68	BRENNAN, Presley	1257	28:46.914	04:47	07:42	09:22.58	09:45.87	09:38.44	MHC
65/68	BROPHY*, Alisha	1243	38:14.915	06:22	10:15	12:54.49	13:00.26	12:20.15	STMU R
60/68	CARTER, Cherise	1240	34:39.246	05:46	09:17	10:58.45	12:07.41	11:33.37	STMU
45/68	CATONIO, Ciana	1253	29:33.718	04:55	07:55	09:08.29	10:00.04	10:25.38	MHC
2/68	CHIPIUK, Julianna	1232	23:27.488	03:54	06:17	07:27.56	08:01.34	07:58.57	RDP
55/68	COOK, Katelynn	1221	31:41.240	05:16	08:29	09:55.75	10:53.62	10:51.86	AMB
22/68	DODD, Lily	1235	26:58.751	04:29	07:13	09:07.85	08:58.19	08:52.70	RDP
29/68	DOEF, Taylor	1219	27:26.476	04:34	07:21	08:44.00	09:21.88	09:20.58	TKU
51/68	DYCK, Ava	1254	30:16.233	05:02	08:06	09:27.98	10:29.34	10:18.90	MHC
27/68	ELASCHUK, Morgan	1213	27:15.579	04:32	07:18	08:45.11	09:18.89	09:11.57	UAA
64/68	FOX, Rachel	1263	37:32.493	06:15	10:03	10:32.08	13:32.75	13:27.65	PCP
6/68	FRAMPTON, Kerigan	1266	24:23.984	04:03	06:32	07:33.63	08:22.67	08:27.67	SAIT
15/68	FROEHLICH, Amelie	1217	26:07.567	04:21	07:00	08:19.70	08:47.13	09:00.72	TKU
32/68	FUNNELL, Chloe	1211	27:52.469	04:38	07:28	08:45.16	09:27.45	09:39.84	UAA
63/68	GRASLEY, Emma	1261	37:32.353	06:15	10:03	11:04.43	13:00.54	13:27.37	PCP
67/68	GRASLEY, Sophia	1265	41:56.960	06:59	11:14	12:06.21	15:07.42	14:43.31	PCP
25/68	GREIDANUS, Kiera	1207	27:00.884	04:30	07:14	08:40.83	09:14.11	09:05.93	CUE
31/68	GUENTHER, Hadley	1238	27:46.189	04:37	07:26	09:08.23	09:14.90	09:23.04	RDP
68/68	HARDMANN*, Tiana	1222	41:56.961	06:59	11:14	12:06.33	15:07.16	14:43.45	AMB R
5/68	HEBERT, Brynn	1269	24:18.769	04:03	06:31	07:43.04	08:23.08	08:12.64	NAIT
52/68	HOLT*, Sophie	1245	30:42.483	05:07	08:13	09:41.58	10:18.60	10:42.29	STMU R
40/68	IWATA, Aki	1247	28:57.789	04:49	07:45	09:09.90	09:42.67	10:05.20	MHC
42/68	JACKSON, Summer	1202	29:28.399	04:54	07:54	09:14.23	10:03.87	10:10.29	NWP
13/68	JOHNSON, Marrin	1270	25:55.095	04:19	06:56	08:02.60	08:57.96	08:54.52	NAIT
47/68	KNAPP, Riley	1255	29:43.774	04:57	07:58	09:37.10	09:58.32	10:08.34	MHC
3/68	LAPLANTE, Cadence	1239	23:38.737	03:56	06:20	07:33.33	08:07.41	07:57.99	STMU
43/68	LAUBER, Elizabeth	1260	29:30.014	04:55	07:54	09:11.30	10:17.80	10:00.90	PCP
10/68	LEUSINK, Andrea	1216	25:27.956	04:14	06:49	07:53.46	08:40.86	08:53.61	TKU
24/68	LONGMAN, Zoey	1237	26:58.915	04:29	07:14	08:43.09	08:57.99	09:17.82	RDP

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OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Split3	School	
16/68	MAIN, Kira	1234	26:10.822	04:21	07:01	08:43.40	08:52.93	08:34.47	RDP	
66/68	MARTIN*, Sara	1206	39:00.288	06:30	10:27	11:49.75	13:15.19	13:55.33	NWP	R
50/68	MCCLOCKLIN*, Brianna	1244	30:09.342	05:01	08:05	09:40.95	10:12.21	10:16.17	STMU	R
18/68	MCDONALD, Ally	1228	26:39.720	04:26	07:08	08:41.31	08:54.41	09:03.99	LPK	
12/68	MICHEL, Katrina	1224	25:41.782	04:16	06:53	08:26.44	08:30.34	08:44.99	LPK	
59/68	MILMINE, Page	1208	34:31.886	05:45	09:15	11:06.85	11:47.16	11:37.86	CUE	
53/68	NAETH*, Kaydence	1205	30:57.880	05:09	08:18	09:48.96	10:31.26	10:37.64	NWP	R
26/68	OOMS, Emilie	1218	27:08.524	04:31	07:16	08:33.68	09:13.71	09:21.12	TKU	
58/68	OSGUTHORPE, Rye	1220	33:47.213	05:37	09:03	10:02.01	11:36.23	12:08.97	TKU	
9/68	PARK, Kammy	1233	25:15.814	04:12	06:46	08:18.94	08:29.87	08:26.99	RDP	
34/68	PAZIUK, Alana	1201	28:01.539	04:40	07:30	08:34.09	09:41.03	09:46.41	NWP	
21/68	PELLETIER, Eden	1267	26:56.805	04:29	07:13	08:30.76	09:11.73	09:14.30	SAIT	
20/68	PILLING, Hallee	1225	26:53.126	04:28	07:12	08:57.27	09:01.89	08:53.95	LPK	
30/68	REBONG*, Alayna	1203	27:29.032	04:34	07:22	08:42.19	09:25.23	09:21.60	NWP	R
35/68	RUTTO, Pamela	1271	28:08.172	04:41	07:32	09:03.35	09:31.91	09:32.90	NAIT	
8/68	SAWCHUK, Georgia	1231	24:53.666	04:08	06:40	08:14.84	08:20.04	08:18.78	RDP	
41/68	SCHMALTZ*, Ashley	1209	29:11.827	04:51	07:49	08:50.09	10:18.97	10:02.76	CUE	R
4/68	SCIRMGGER, Madison	1246	23:43.496	03:57	06:21	07:35.06	08:05.23	08:03.19	MHC	
44/68	SKAUGE, Kali	1214	29:31.633	04:55	07:54	09:05.52	10:02.81	10:23.30	UAA	
54/68	STARK, Elise	1251	31:14.193	05:12	08:22	09:34.51	10:42.55	10:57.13	MHC	
23/68	SWIFT, Livia	1229	26:58.844	04:29	07:14	08:57.48	09:02.34	08:59.01	LPK	
19/68	SWITZER, Aelyn	1272	26:43.868	04:27	07:09	08:27.79	09:07.85	09:08.21	NAIT	
33/68	TEDESCO*, Sarah	1242	27:54.555	04:39	07:28	08:34.92	09:36.22	09:43.40	STMU	R
62/68	TESKE, Cassia	1215	35:59.470	05:59	09:38	11:11.01	12:18.27	12:30.17	UAA	
11/68	THAIN, Allyson	1212	25:37.378	04:16	06:52	08:06.78	08:46.72	08:43.87	UAA	
48/68	ULM, Hannah	1249	29:50.594	04:58	08:00	09:08.03	10:08.54	10:34.02	MHC	
1/68	WALKER, Ashlee	1210	23:22.659	03:53	06:16				CUE	
61/68	WEBER, Rita	1230	35:18.410	05:53	09:27	10:59.59	12:15.88	12:02.93	LPK	
37/68	WEIR, Addison	1250	28:40.001	04:46	07:41	08:48.86	09:42.92	10:08.21	MHC	
56/68	WILLIAMS, Emma	1262	31:53.145	05:18	08:32	09:58.59	10:53.65	11:00.89	PCP	
49/68	WOLFE, Clara	1241	30:09.319	05:01	08:05	09:42.69	10:11.45	10:15.17	STMU	
17/68	WOODRUFF, Reyna	1256	26:37.517	04:26	07:08	08:29.34	09:03.83	09:04.32	MHC	