

ACAC Championships

Hosted by SAIT

Oct 26, 2019

ACAC men's 8 km results

| Runner | Team | Bib# | Time | Place | ACAC | CUE | GPRC | LAKE | LCK | RDC | SAIT | STMU | UAA | Pace/km |
|-------------------|------|------|-------|-------|------|-----|------|------|-----|-----|------|------|-----|---------|
| Leonard Chesoo | CUE | 74 | 25:47 | 1 | 1 | 1 | | | | | | | | 03:13 |
| Michio Green | UAA | 100 | 27:27 | 2 | 2 | | | | | | | | 2 | 03:26 |
| Jacques Saayman | SAIT | 60 | 27:30 | 3 | 3 | | | | | | 3 | | | 03:26 |
| Daniel Szucs | RDC | 87 | 27:48 | 4 | 4 | | | | | 4 | | | | 03:29 |
| Connor Jackson | LCK | 80 | 27:51 | 5 | 5 | | | | 5 | | | | | 03:29 |
| Daryl Ross | SAIT | 62 | 28:26 | 6 | 6 | | | | | | 6 | | | 03:33 |
| Devin Saunders | RDC | 88 | 28:26 | 7 | 7 | | | | | 7 | | | | 03:33 |
| Will Cebuliak | RDC | 86 | 28:51 | 8 | 8 | | | | | 8 | | | | 03:36 |
| Cooper Cheshire | LCK | 81 | 29:09 | 9 | 9 | | | | 9 | | | | | 03:39 |
| Nathanael Tabert | UAA | 108 | 29:23 | 10 | 10 | | | | | | | | 10 | 03:40 |
| Justin Fisher | LCK | 83 | 29:41 | 11 | 11 | | | | 11 | | | | | 03:43 |
| Jakob Vollmerhaus | SAIT | 64 | 29:42 | 12 | 12 | | | | | | 12 | | | 03:43 |
| Stephen Rowley | RDC | 90 | 29:53 | 13 | 13 | | | | | 13 | | | | 03:44 |
| Reilly Singleton | SAIT | 65 | 30:06 | 14 | 14 | | | | | | 14 | | | 03:46 |
| Michael Stewart | SAIT | 63 | 30:07 | 15 | 15 | | | | | | 15 | | | 03:46 |
| Benjamin Osorio | UAA | 104 | 30:19 | 16 | 16 | | | | | | | | 16 | 03:47 |
| Ben Nawrot | UAA | 102 | 30:19 | 17 | 17 | | | | | | | | 17 | 03:47 |
| Chris Nelissen | GPRC | 72 | 30:39 | 18 | 18 | | 18 | | | | | | | 03:50 |
| Jordan Lundstrom | GPRC | 71 | 30:42 | 19 | 19 | | 19 | | | | | | | 03:50 |
| Taylor Hudak | GPRC | 70 | 30:42 | 20 | 20 | | 20 | | | | | | | 03:50 |
| Carson Schiller | RDC | 89 | 30:44 | 21 | 21 | | | | | 21 | | | | 03:51 |
| Hayden Hollowell | GPRC | 69 | 30:46 | 22 | 22 | | 22 | | | | | | | 03:51 |
| Adam Wangler | GPRC | 73 | 31:01 | 23 | 23 | | 23 | | | | | | | 03:53 |
| Noah Day | UAA | 98 | 31:09 | 24 | 24 | | | | | | | | 24 | 03:54 |
| Samuel Nawrot | UAA | 103 | 31:13 | 25 | 25 | | | | | | | | 25 | 03:54 |
| Benjamin Arychuk | RDC | 91 | 31:16 | 26 | 26 | | | | | 26 | | | | 03:55 |
| Dawson Fenrich | UAA | 99 | 31:35 | 27 | x | | | | | | | | x | 03:57 |
| Brant Lauweryssen | SAIT | 61 | 31:37 | 28 | 27 | | | | | | 27 | | | 03:57 |
| Tyler Larkin | LCK | 84 | 31:43 | 29 | 28 | | | | 28 | | | | | 03:58 |
| Keith Spruyt | CUE | 77 | 31:45 | 30 | 29 | 29 | | | | | | | | 03:58 |
| Clayton Swann | LAKE | 95 | 31:56 | 31 | 30 | | | 30 | | | | | | 04:00 |
| Brandon Morris | CUE | 79 | 31:58 | 32 | 31 | 31 | | | | | | | | 04:00 |
| Greg Bendick | LAKE | 94 | 32:16 | 33 | 32 | | | 32 | | | | | | 04:02 |
| Braeden Kelly | UAA | 101 | 32:19 | 34 | x | | | | | | | | x | 04:02 |
| Aaron Bender | CUE | 78 | 32:43 | 35 | 33 | 33 | | | | | | | | 04:05 |
| Daniel Robdrup | LCK | 82 | 32:49 | 36 | 34 | | | | 34 | | | | | 04:06 |
| Tairas Fournier | GPRC | 68 | 33:14 | 37 | 35 | | 35 | | | | | | | 04:09 |
| Felix Rono | SAIT | 66 | 33:33 | 38 | x | | | | | | x | | | 04:12 |
| Isaac Duperreault | STMU | 112 | 33:48 | 39 | 36 | | | | | | | 36 | | 04:13 |
| Joshua Lang | LAKE | 93 | 33:58 | 40 | 37 | | | 37 | | | | | | 04:15 |
| Tanner Rent | LCK | 85 | 34:42 | 41 | 38 | | | | 38 | | | | | 04:20 |
| Jerritt Cloney | CUE | 76 | 35:13 | 42 | 39 | 39 | | | | | | | | 04:24 |
| Jonas Stoll-Pott | UAA | 106 | 35:30 | 43 | x | | | | | | | | x | 04:26 |
| Brad Agnew | CUE | 75 | 35:34 | 44 | 40 | 40 | | | | | | | | 04:27 |
| Timothy Shapka | UAA | 105 | 35:48 | 45 | x | | | | | | | | x | 04:29 |
| Jackson Sweder | UAA | 107 | 35:50 | 46 | x | | | | | | | | x | 04:29 |
| Donovan Miller | STMU | 111 | 36:03 | 47 | 41 | | | | | | | 41 | | 04:30 |
| Cheyenne Raynaud | LAKE | 96 | 36:52 | 48 | 42 | | | 42 | | | | | | 04:37 |
| Felix Barraza | SAIT | 67 | 37:23 | 49 | x | | | | | | x | | | 04:40 |

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|------------------|------|-----|-------|----|----|--|--|--|--|----|-------|
| Isaac Bignell | STMU | 109 | 39:29 | 50 | 43 | | | | | 43 | 04:56 |
| Michael Kaufield | STMU | 114 | 40:34 | 51 | 44 | | | | | 44 | 05:04 |
| Quinn Demers | STMU | 110 | 44:28 | 52 | 45 | | | | | 45 | 05:34 |
| Jared Lockhart | STMU | 115 | 45:35 | 53 | 46 | | | | | 46 | 05:42 |

For more than 200 runners, unprotect worksheet, insert additional rows above this row, copy previous last row above this one paste copied row into inserted rows, protect worksheet

| | | | | | | | | | | |
|-------------------------------|----|-----|----|-----|----|----|----|-----|----|---|
| # of runners scoring | 53 | 46 | 6 | 6 | 4 | 6 | 6 | 6 | 6 | 6 |
| # of exhibition runners | | 7 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 5 |
| total best 4 runners | | 94 | 79 | 141 | 53 | 32 | 35 | 164 | 45 | |
| rank on best 4 runners | | 6 | 5 | 7 | 4 | 1 | 2 | 8 | 3 | |
| total best 3 runners | | 61 | 57 | 99 | 25 | 19 | 21 | 120 | 28 | |
| rank on best 3 runners | | 6 | 5 | 7 | 3 | 1 | 2 | 8 | 4 | |
| total best 3 women+best 3 men | | 110 | 98 | 186 | 43 | 43 | | 219 | 76 | |
| rank on best 3 women and men | | 5 | 4 | 6 | 1 | 1 | | 7 | 3 | |

| | | | | | | | |
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| CUE | GPRC | LAKE | LCK | RDC | SAIT | STMU | UAA |
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