

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
 TOP 3 In Category

5K Run - 3.1 Miles
 112 Finishers

5K13&UF (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	BURKE, KENADIE	5015	29:31.477	05:54	09:29	+00:00:00	31/117	7/71	PONOKA
2/8	SIMPSON, CHLOE	5081	29:38.790	05:55	09:31	+00:00:07	32/117	8/71	PONOKA
3/8	BEHM, KAYLEIGH	5107	29:39.726	05:55	09:32	+00:00:08	33/117	9/71	PONOKA

5K13&UM (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/16	PRINS, JACOB	5070	23:48.096	04:45	07:39	+00:00:00	9/117	9/46	EDMONTON
2/16	CABAY, BRANDT	5019	24:56.065	04:59	08:01	+00:01:07	12/117	11/46	PONOKA
3/16	TOPHAM, AUSTIN	5094	25:34.407	05:06	08:13	+00:01:46	13/117	12/46	PONOKA

5K14-19F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/14	MCARTHUR, AINSLEY	5115	24:41.956	04:56	07:56	+00:00:00	11/117	1/71	PONOKA
2/14	MCMILLAN, EMILY	5062	28:48.351	05:45	09:15	+00:04:06	29/117	6/71	PONOKA
3/14	GREYLING, MEGAN	5044	30:50.115	06:10	09:54	+00:06:08	42/117	17/71	PONOKA

5K14-19M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	STEEVES, JACK	5086	19:23.444	03:52	06:14	+00:00:00	1/117	1/46	LACOMBE
2/9	CABAY, BLAINE	5018	20:07.554	04:01	06:28	+00:00:44	2/117	2/46	PONOKA
3/9	STEEVES, JOSIAH	5088	21:55.550	04:23	07:03	+00:02:32	3/117	3/46	LACOMBE

5K20-29F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	DONISON, BAILEY	5031	33:02.132	06:36	10:37	+00:00:00	48/117	22/71	PONOKA
2/9	SMITH, ERIKA	5113	34:57.160	06:59	11:14	+00:01:55	61/117	31/71	TABER
3/9	SIM, ABBY	5111	35:14.481	07:02	11:19	+00:02:12	63/117	32/71	PONOKA

5K20-29M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CAMPBELL, DARREL	5022	34:57.392	06:59	11:14	+00:00:00	62/117	31/46	TABER

5K30-39F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/14	CLARK, CHANELE	5029	26:36.141	05:19	08:33	+00:00:00	18/117	2/71	STETTLER
2/14	VAN GEEST, KAYLA	5001	28:46.009	05:45	09:14	+00:02:09	28/117	5/71	LACOMBE
3/14	SLOMP, CANDACE	5083	30:14.155	06:02	09:43	+00:03:38	38/117	13/71	PONOKA

5K30-39M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	TOPHAM, TREVOR	5095	24:01.246	04:48	07:43	+00:00:00	10/117	10/46	PONOKA
2/4	JALAEIAN, ALIREZA	5053	44:28.509	08:53	14:18	+00:20:27	93/117	38/46	EDMONTON
3/4	CARTER, JUSTIN	5027	59:29.367	11:53	19:07	+00:35:28	107/117	42/46	EDMONTON

5K40-49F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/13	HALLWORTH, DAWN	5114	27:22.524	05:28	08:48	+00:00:00	22/117	3/71	PONOKA
2/13	SALVATERRA, NADIA	5077	30:07.453	06:01	09:41	+00:02:44	37/117	12/71	EDMONTON
3/13	WHITESSELL, LORI	5098	30:16.965	06:03	09:44	+00:02:54	39/117	14/71	PONOKA

5K40-49M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	YELLOWBIRD, TYSON	5105	22:32.533	04:30	07:14	+00:00:00	4/117	4/46	MASKWACIS
2/8	NEF, TOM	5064	26:53.917	05:22	08:38	+00:04:21	20/117	18/46	PONOKA
3/8	PRINS, MARK	5071	27:55.653	05:35	08:58	+00:05:23	26/117	22/46	EDMONTON

5K50-59F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	BUSS, SHELLEY	5017	27:52.361	05:34	08:57	+00:00:00	23/117	4/71	PONOKA
2/9	HAINES, JACKIE	5045	31:58.920	06:23	10:17	+00:04:06	44/117	19/71	PONOKA
3/9	MAKUS, TAMARA	5057	31:59.039	06:23	10:17	+00:04:06	45/117	20/71	PONOKA

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

112 Finishers

5K50-59M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	CUTTS, MARK	5109	22:48.847	04:33	07:20	+00:00:00	6/117	6/46	LACOMBE
2/6	ROWLAND, TIM	5076	32:41.389	06:32	10:30	+00:09:52	46/117	26/46	RIMBEY
3/6	HOFFMANN, ANTHONY	5050	33:29.479	06:41	10:46	+00:10:40	53/117	27/46	PONOKA

5K60+F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	SALVATERRA, ROSANA	5110	35:35.597	07:07	11:26	+00:00:00	65/117	34/71	EDMONTON
2/4	HOFFMANN, TERESA	5051	37:08.008	07:25	11:56	+00:01:32	70/117	37/71	PONOKA
3/4	PRINS, PAULINE	5072	53:11.370	10:38	17:06	+00:17:35	98/117	58/71	LACOMBE

5K60+M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	BUSS, BRAD	5016	27:53.930	05:34	08:58	+00:00:00	24/117	20/46	PONOKA
2/2	PRINS, RAY	5073	53:11.678	10:38	17:06	+00:25:17	99/117	41/46	LACOMBE