

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10.15K Run - 6.31 Miles
66 Finishers

10K13&UF - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	KOLEYAK, JAYLA	129	56:29.342	05:33	08:57	37/66	15/29	+00:00:00	LACOMBE

10K13&UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	MCCLURE, JACKSON	135	1:04:35.293	06:21	10:14	52/66	30/37	+00:00:00	PONOKA

10K14-19M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	RONNIE, NASH	152	40:43.893	04:00	06:27	3/66	3/37	+00:00:00	PONOKA

10K20-29F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	VON GUNTEN, SYLVIA	164	55:20.488	05:27	08:46	31/66	9/29	+00:00:00	BLUFFTON
2/8	ROWLAND, STEPHANIE	154	56:24.048	05:33	08:56	36/66	14/29	+00:01:03	PONOKA
3/8	WIESE, MORGAN	167	1:00:15.444	05:56	09:32	46/66	20/29	+00:04:54	PONOKA
4/8	MOTLEY, KELCIE	143	1:01:27.326	06:03	09:44	47/66	21/29	+00:06:06	PONOKA
5/8	ROMERIL, CASSIDY	151	1:05:15.533	06:25	10:20	54/66	24/29	+00:09:55	CARDSTON
6/8	JOHNSON, EMILY	126	1:07:02.860	06:36	10:37	56/66	25/29	+00:11:42	PONOKA
7/8	GRUNWALD, JAMIE	119	1:07:51.275	06:41	10:45	57/66	26/29	+00:12:30	LEDUC COUNTY
8/8	SUGGETT, MACKENZIE	159	1:24:47.138	08:21	13:26	66/66	29/29	+00:29:26	BLACKFALDS

10K20-29M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	VANDE BUNTE, SKYLER	162	42:02.054	04:08	06:39	4/66	4/37	+00:00:00	PONOKA
2/12	BELL, TYLER	106	44:37.604	04:23	07:04	7/66	6/37	+00:02:35	CALGARY
3/12	OPSTEEN, WOUTER	144	45:07.206	04:26	07:09	8/66	7/37	+00:03:05	PONOKA
4/12	MCLEOD, KEEGAN	137	46:18.575	04:33	07:20	11/66	10/37	+00:04:16	PONOKA
5/12	VANDENHOVEN, TANNER	175	49:02.315	04:49	07:46	12/66	11/37	+00:07:00	DRAYTON VALLEY
6/12	MOORCROFT, JORDAN	142	50:25.298	04:58	07:59	13/66	12/37	+00:08:23	PONOKA
7/12	RAUGUST, RYAN	148	50:44.190	04:59	08:02	14/66	13/37	+00:08:42	BLACKFALDS
8/12	GRANT, NICK	116	54:13.294	05:20	08:35	28/66	22/37	+00:12:11	PONOKA
9/12	BELL, DUSTIN	104	1:03:06.183	06:13	10:00	51/66	29/37	+00:21:04	PONOKA
10/12	MCTAGGART, AIDEN	139	1:05:46.822	06:28	10:25	55/66	31/37	+00:23:44	RIMBEY
11/12	SMITH, CHRISTOPHER	173	1:10:07.633	06:54	11:06	59/66	33/37	+00:28:05	LEDUC
12/12	HILL, LOGAN	124	1:14:13.983	07:18	11:45	62/66	35/37	+00:32:11	PONOKA

10K30-39F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	BERTHOLET, PAULE	107	43:39.833	04:18	06:55	5/66	1/29	+00:00:00	EDMONTON
2/9	VELDHUISEN, DEBORAH ALIDA	163	51:02.962	05:01	08:05	17/66	2/29	+00:07:23	LACOMBE COUNT
3/9	HETZE, SHARELLE	123	53:04.459	05:13	08:24	23/66	3/29	+00:09:24	PONOKA
4/9	HANSEN, JORDYN	174	55:54.284	05:30	08:51	33/66	11/29	+00:12:14	RED DEER
5/9	VAN DER TOORN, LACIE	170	56:24.002	05:33	08:56	35/66	13/29	+00:12:44	PONOKA
6/9	COTE, SARAH	110	56:45.236	05:35	08:59	38/66	16/29	+00:13:05	SPRUCE GROVE
7/9	BURTON, CONNIE	109	59:15.749	05:50	09:23	43/66	17/29	+00:15:35	SYLVAN LAKE
8/9	DELEEUW, CARMEN	112	59:20.273	05:50	09:24	45/66	19/29	+00:15:40	PONOKA
9/9	MCNINCH, DANA	138	1:02:34.591	06:09	09:55	49/66	22/29	+00:18:54	PONOKA

10K30-39M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	SCHERMERS, ADRIAN	155	35:22.745	03:29	05:36	1/66	1/37	+00:00:00	LACOMBE
2/12	MACNARNIA, IAN	169	39:58.625	03:56	06:20	2/66	2/37	+00:04:35	RED DEER
3/12	VALDEZ, JOLLY	161	44:15.669	04:21	07:00	6/66	5/37	+00:08:52	RED DEER
4/12	PFEIFER, RICK	145	45:51.551	04:31	07:16	10/66	9/37	+00:10:28	LACOMBE
5/12	LAROCQUE, JOSHUA	132	51:06.502	05:02	08:05	18/66	16/37	+00:15:43	MASKWACIS
6/12	LONGJOHN, CURTIS	134	52:51.804	05:12	08:22	22/66	20/37	+00:17:29	BLACKFALDS
7/12	FOFANAH, AMARA	115	53:54.545	05:18	08:32	25/66	21/37	+00:18:31	PONOKA
8/12	RAYCRAFT, JUSTIN	149	57:49.946	05:41	09:09	40/66	24/37	+00:22:27	LETHBRIDGE
9/12	HETZE, LUCAS	122	58:44.952	05:47	09:18	41/66	25/37	+00:23:22	PONOKA
10/12	ADAMSON, SHAUN	101	58:53.532	05:48	09:19	42/66	26/37	+00:23:30	PONOKA
11/12	JACKSON, LAWRENCE	125	1:08:57.111	06:47	10:55	58/66	32/37	+00:33:34	PONOKA
12/12	RAUGUST, RODNEY	147	1:14:33.200	07:20	11:48	63/66	36/37	+00:39:10	PONOKA

10K40-49F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	MCLAREN, CINDY	136	53:30.218	05:16	08:28	24/66	4/29	+00:00:00	RIMBEY
2/9	KLOOSTER, ANDREA	128	54:05.478	05:19	08:34	26/66	5/29	+00:00:35	PONOKA
3/9	DAVIDSON, KARI	111	54:09.053	05:20	08:34	27/66	6/29	+00:00:38	PONOKA
4/9	TOPHAM, KRISTA	160	54:18.521	05:21	08:36	29/66	7/29	+00:00:48	PONOKA

OA/PI = Overall Placing

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Offset = Diff from Category win time hh:mm:ss

Category Results

10.15K Run - 6.31 Miles
66 Finishers

10K40-49F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
5/9	KOLEYAK, SARAH-LEE	130	54:27.263	05:21	08:37	30/66	8/29	+00:00:57	LACOMBE
6/9	SCHUMACHER, JODIE	156	55:50.349	05:30	08:50	32/66	10/29	+00:02:20	PONOKA
7/9	SPENCER, SHEILA	158	59:20.134	05:50	09:24	44/66	18/29	+00:05:49	PONOKA
8/9	MCTAGGART, KATHY	140	1:04:35.733	06:21	10:14	53/66	23/29	+00:11:05	RIMBEY
9/9	ST-CYR, ERIN	172	1:10:48.601	06:58	11:13	60/66	27/29	+00:17:18	SYLVAN LAKE

10K40-49M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	GREYLING, SCHALK	118	45:48.103	04:30	07:15	9/66	8/37	+00:00:00	PONOKA
2/7	SCHUMACHER, JOSHUA	157	50:45.501	05:00	08:02	15/66	14/37	+00:04:57	PONOKA
3/7	MCTAGGART, TODD	141	50:51.572	05:00	08:03	16/66	15/37	+00:05:03	RIMBEY
4/7	ATHERLEY, CHRIS	103	52:23.023	05:09	08:18	20/66	18/37	+00:06:34	PONOKA
5/7	BOLTON, DARCY	108	52:24.849	05:09	08:18	21/66	19/37	+00:06:36	PONOKA
6/7	KAEGI, TIM	127	57:13.901	05:38	09:04	39/66	23/37	+00:11:25	RED DEER
7/7	LASELL, VAUGHN	133	1:02:57.535	06:12	09:58	50/66	28/37	+00:17:09	EDMONTON

10K50-59F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	HAYDUK, DIANE	121	56:23.534	05:33	08:56	34/66	12/29	+00:00:00	LACOMBE
2/2	GOODKEY, LADONN	177	1:19:18.667	07:48	12:34	65/66	28/29	+00:22:55	RED DEER

10K50-59M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	GOODKEY, MURRAY	176	52:09.239	05:08	08:15	19/66	17/37	+00:00:00	RED DEER
2/3	WELLS, CARY	166	1:13:06.642	07:12	11:35	61/66	34/37	+00:20:57	PONOKA
3/3	DONISON, ORION	114	1:17:54.276	07:40	12:20	64/66	37/37	+00:25:45	PONOKA

10K60+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	DEN OUDSTEN, CASE	113	1:02:05.059	06:07	09:50	48/66	27/37	+00:00:00	LACOMBE