

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
80 Finishers

5K13&UF - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	PRINS, ELIANA	5176	27:34.785	05:30	08:52	18/80	3/41	+00:00:00	EDMONTON
2/5	PORTERFIELD, JESSIE	5174	28:14.838	05:38	09:04	23/80	5/41	+00:00:40	PONOKA
3/5	SMITH, MIYAH	5185	36:00.911	07:12	11:34	55/80	22/41	+00:08:26	PONOKA
4/5	PORTERFIELD, KORY	5175	36:02.714	07:12	11:35	57/80	24/41	+00:08:27	PONOKA
5/5	BUTCHER, MORIAH	5134	40:22.308	08:04	12:58	64/80	29/41	+00:12:47	PONOKA

5K13&UM - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	PRINS, JACOB	5177	23:25.106	04:41	07:31	5/80	5/39	+00:00:00	EDMONTON
2/13	DEREGT, RYDER	5205	23:39.191	04:43	07:36	7/80	7/39	+00:00:14	LACOMBE COUNT
3/13	LOVESETH, GUS	5157	24:39.073	04:55	07:55	9/80	9/39	+00:01:13	PONOKA
4/13	TOPHAM, AUSTIN	5191	24:52.597	04:58	07:59	11/80	10/39	+00:01:27	PONOKA
5/13	PRINS, SIMON	5179	25:43.012	05:08	08:16	14/80	13/39	+00:02:17	EDMONTON
6/13	DEREGT, COLBY	5206	25:46.434	05:09	08:17	15/80	14/39	+00:02:21	LACOMBE COUNT
7/13	HOGG, CONNOR	5208	28:09.435	05:37	09:03	21/80	17/39	+00:04:44	ELNORA
8/13	HOGG, ELIJAH	5207	28:09.493	05:37	09:03	22/80	18/39	+00:04:44	LACOMBE COUNT
9/13	LYNN, HUDSON	5158	29:41.321	05:56	09:32	29/80	24/39	+00:06:16	STETTLER
10/13	ADCOCK, DAVIS	5124	34:10.462	06:50	10:59	46/80	30/39	+00:10:45	PONOKA
11/13	ADCOCK, PARKER	5126	34:45.936	06:57	11:10	51/80	32/39	+00:11:20	PONOKA
12/13	BOYKO, REUBEN	5132	35:13.075	07:02	11:19	52/80	33/39	+00:11:47	PONOKA
13/13	MACNEILL, RONEN	5160	45:29.131	09:05	14:37	72/80	38/39	+00:22:04	PONOKA

5K14-19F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	CUTTS, TERESA	5138	27:44.684	05:32	08:55	19/80	4/41	+00:00:00	LACOMBE
2/2	SCHUT, JANELLE	5183	33:05.366	06:37	10:38	43/80	16/41	+00:05:20	PONOKA

5K14-19M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	DEREGT, OWEN	5139	22:21.357	04:28	07:11	2/80	2/39	+00:00:00	LACOMBE COUNT
2/6	GALLAGHER, AUSTIN	5142	22:45.778	04:33	07:19	3/80	3/39	+00:00:24	LACOMBE
3/6	STEEVES, JOSIAH	5187	22:47.652	04:33	07:19	4/80	4/39	+00:00:26	LACOMBE
4/6	LAROCQUE, LANE	5154	23:27.049	04:41	07:32	6/80	6/39	+00:01:05	MASKWACIS
5/6	MACNEILL, TAVIS	5161	40:46.494	08:09	13:06	66/80	37/39	+00:18:25	PONOKA
6/6	MELSOM, SIMON	5166	50:19.667	10:03	16:10	78/80	39/39	+00:27:58	MEETING CREEK

5K20-29F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	CUTTS, CHARLOTTE	5136	24:42.895	04:56	07:56	10/80	1/41	+00:00:00	LACOMBE
2/8	BUTCHER, JULIA	5196	31:28.244	06:17	10:07	36/80	10/41	+00:06:45	LACOMBE
3/8	BONNETT, GRACYN	5130	32:55.921	06:35	10:35	40/80	13/41	+00:08:13	PONOKA
4/8	COSTARD, CHANTIL	5135	32:55.969	06:35	10:35	41/80	14/41	+00:08:13	PONOKA
5/8	MOTLEY, KELCIE	5168	37:32.620	07:30	12:04	58/80	25/41	+00:12:49	RIMBEY
6/8	HAWIUK, DAV	5203	42:14.218	08:26	13:34	70/80	33/41	+00:17:31	PONOKA
7/8	HEISTAD, BRENNA	5150	46:22.218	09:16	14:54	73/80	35/41	+00:21:39	PONOKA
8/8	ROBINSON, MACKENZIE	5181	46:22.592	09:16	14:54	74/80	36/41	+00:21:39	PONOKA

5K20-29M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	ABADILLA, MICHAEL	5122	34:25.029	06:53	11:03	47/80	31/39	+00:00:00	PONOKA

5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	NEF, CATHY	5169	30:31.314	06:06	09:48	33/80	7/41	+00:00:00	PONOKA
2/8	LEWIS, ELIZA	5156	30:46.454	06:09	09:53	34/80	8/41	+00:00:15	LACOMBE
3/8	UFFELMAN, TEELA	5193	31:50.510	06:22	10:14	38/80	12/41	+00:01:19	STETTLER
4/8	JENNINGS, STACY	5151	34:45.654	06:57	11:10	50/80	19/41	+00:04:14	PONOKA
5/8	ADCOCK, KRYSTAL	5125	35:29.340	07:05	11:24	54/80	21/41	+00:04:58	PONOKA
6/8	GOODKEY, DARLA	5143	42:19.890	08:27	13:36	71/80	34/41	+00:11:48	GADSBY
7/8	RAINES, CLAIRE	5180	50:09.418	10:01	16:07	77/80	39/41	+00:19:38	MEETING CREEK
8/8	MCMASTER, BRITTANY	5201	52:16.071	10:27	16:48	79/80	40/41	+00:21:44	PONOKA

5K30-39M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	TOPHAM, TREVOR	5192	24:24.238	04:52	07:50	8/80	8/39	+00:00:00	PONOKA
2/8	LAROCQUE, JOSHUA	5153	25:24.941	05:04	08:10	12/80	11/39	+00:01:00	MASKWACIS
3/8	SMITH, ADAM	5184	27:06.119	05:25	08:42	16/80	15/39	+00:02:41	PONOKA
4/8	CRANER, COLTON	5197	28:41.743	05:44	09:13	25/80	20/39	+00:04:17	LACOMBE
5/8	HAWIUK, JESSE	5202	29:13.736	05:50	09:23	27/80	22/39	+00:04:49	PONOKA

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Category Results

5K Run - 3.1 Miles
80 Finishers

5K30-39M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
6/8	BILLIG, STEVEN	5129	33:14.203	06:38	10:41	44/80	28/39	+00:08:49	LACOMBE
7/8	MOTLEY, CLINTON	5167	37:33.184	07:30	12:04	59/80	34/39	+00:13:08	RIMBEY
8/8	BUTCHER, JOSHUA	5209	40:22.916	08:04	12:59	65/80	36/39	+00:15:58	PONOKA

5K40-49F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	SALVATERRA, NADIA	5182	27:34.736	05:30	08:52	17/80	2/41	+00:00:00	EDMONTON
2/9	NEWTON, LINDSEY	5171	29:57.304	05:59	09:37	30/80	6/41	+00:02:22	CALGARY
3/9	MCKELVIE, TAMARA	5165	30:51.422	06:10	09:55	35/80	9/41	+00:03:16	PONOKA
4/9	BAILEY, ADRIENNE	5127	31:36.165	06:19	10:09	37/80	11/41	+00:04:01	PONOKA
5/9	LASELL, JODI	5155	35:25.285	07:05	11:23	53/80	20/41	+00:07:50	EDMONTON
6/9	PORTERFIELD, HOLLY	5173	36:02.268	07:12	11:35	56/80	23/41	+00:08:27	PONOKA
7/9	STILES, KARIE	5190	38:35.432	07:43	12:24	61/80	27/41	+00:11:00	PONOKA
8/9	MACNEILL, CHRISTINE	5159	40:47.338	08:09	13:06	67/80	30/41	+00:13:12	PONOKA
9/9	GOODKEY, LISA	5145	48:32.294	09:42	15:36	76/80	38/41	+00:20:57	STETTLER

5K40-49M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	PRINS, MARK	5178	25:42.005	05:08	08:15	13/80	12/39	+00:00:00	EDMONTON
2/8	STEEVES, BRAD	5186	27:57.869	05:35	08:59	20/80	16/39	+00:02:15	LACOMBE
3/8	KISKOTAGAN, CYRIL	5152	29:08.135	05:49	09:22	26/80	21/39	+00:03:26	MASKWACIS
4/8	FOOT, GRAHAM	5141	29:15.049	05:51	09:24	28/80	23/39	+00:03:33	PONOKA
5/8	BOYKO, JOSHUA	5131	30:03.541	06:00	09:39	31/80	25/39	+00:04:21	PONOKA
6/8	NEF, TOM	5170	30:31.197	06:06	09:48	32/80	26/39	+00:04:49	PONOKA
7/8	MCENTEE, NATHAN	5164	33:57.982	06:47	10:55	45/80	29/39	+00:08:15	PONOKA
8/8	MAXIM, RICHARD	5163	38:38.456	07:43	12:25	62/80	35/39	+00:12:56	MEETING CREEK

5K50-59F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	CURRIE, POKEY	5200	32:56.508	06:35	10:35	42/80	15/41	+00:00:00	WETASKIWIN
2/7	MAKUS, TAMARA	5162	34:28.589	06:53	11:05	48/80	17/41	+00:01:32	PONOKA
3/7	HAINES, JACKIE	5147	34:28.642	06:53	11:05	49/80	18/41	+00:01:32	PONOKA
4/7	GOODKEY, LADONN	5144	37:53.127	07:34	12:10	60/80	26/41	+00:04:56	RED DEER
5/7	CURRIE, PATTI	5198	39:11.479	07:50	12:36	63/80	28/41	+00:06:14	LEDUC
6/7	HARMATIUK, LISA	5148	40:47.363	08:09	13:06	68/80	31/41	+00:07:50	PONOKA
7/7	ABADILLA, VIVIEN	5123	41:11.875	08:14	13:14	69/80	32/41	+00:08:15	PONOKA

5K50-59M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	CUTTS, MARK	5137	22:18.612	04:27	07:10	1/80	1/39	+00:00:00	LACOMBE
2/3	GOODKEY, MURRAY	5146	28:21.634	05:40	09:07	24/80	19/39	+00:06:03	RED DEER
3/3	WELLS, CARY	5204	31:51.563	06:22	10:14	39/80	27/39	+00:09:32	PONOKA

5K60+F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	STEWART, DONNA	5189	46:33.069	09:18	14:58	75/80	37/41	+00:00:00	PONOKA
2/2	CURRIE, JOAN	5199	52:16.073	10:27	16:48	80/80	41/41	+00:05:43	PONOKA