

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

10K Run - 6.21 Miles  
12 Finishers

## 10K20-29M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	CROSSCHILD, MACKENZIE	509	1:31:43.580	09:10	14:47	11/12	7/7	+00:00:00	CARDSTON

## 10K30-39F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	RED CROW, SAMANTHA	544	1:12:37.630	07:15	11:42	8/12	4/5	+00:00:00	FT MACLEOD

## 10K30-39M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	CASPER, ROB	508	56:34.880	05:39	09:07	1/12	1/7	+00:00:00	COALDALE
2/3	ROJAS, JUAN	541	1:07:52.065	06:47	10:56	5/12	4/7	+00:11:17	LETHBRIDGE
3/3	RED CROW, RICHARD JR	543	1:18:10.200	07:49	12:36	10/12	6/7	+00:21:35	STANDOFF

## 10K40-49F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	BARE SHIN BONE, LURLENE	542	1:05:41.954	06:34	10:35	4/12	1/5	+00:00:00	STANDOFF

## 10K50+F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	MAKISHI, DAWN	539	1:10:51.534	07:05	11:25	6/12	2/5	+00:00:00	CALGARY
2/3	PAQUIN, LUCIE	540	1:11:43.678	07:10	11:34	7/12	3/5	+00:00:52	LETHBRIDGE
3/3	KADIJK, SYLVIA	515	1:34:05.505	09:24	15:10	12/12	5/5	+00:23:13	LETHBRIDGE

## 10K50+M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	BROADBENT, GREGORY	505	1:04:54.008	06:29	10:28	2/12	2/7	+00:00:00	LETHBRIDGE
2/3	KADIJK, MARK	510	1:05:40.845	06:34	10:35	3/12	3/7	+00:00:46	LETHBRIDGE
3/3	KLASSEN, LES	523	1:13:59.550	07:23	11:56	9/12	5/7	+00:09:05	COALDALE