

Overall Gender Results

10K Run - 6.21 Miles

Female 5

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/5	BARE SHIN BONE, LURLENE	542	1:05:41.954	06:34	10:35	10K40-49F	1/1	4/12	STANDOFF, AB
2/5	MAKISHI, DAWN	539	1:10:51.534	07:05	11:25	10K50+F	1/3	6/12	CALGARY, AB
3/5	PAQUIN, LUCIE	540	1:11:43.678	07:10	11:34	10K50+F	2/3	7/12	LETHBRIDGE, AB
4/5	RED CROW, SAMANTHA	544	1:12:37.630	07:15	11:42	10K30-39F	1/1	8/12	FT MACLEOD,
5/5	KADIJK, SYLVIA	515	1:34:05.505	09:24	15:10	10K50+F	3/3	12/12	LETHBRIDGE, AB

Male 7

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/7	CASPER, ROB	508	56:34.880	05:39	09:07	10K30-39M	1/3	1/12	COALDALE, AB
2/7	BROADBENT, GREGORY	505	1:04:54.008	06:29	10:28	10K50+M	1/3	2/12	LETHBRIDGE, AB
3/7	KADIJK, MARK	510	1:05:40.845	06:34	10:35	10K50+M	2/3	3/12	LETHBRIDGE, AB
4/7	ROJAS, JUAN	541	1:07:52.065	06:47	10:56	10K30-39M	2/3	5/12	LETHBRIDGE, AB
5/7	KLASSEN, LES	523	1:13:59.550	07:23	11:56	10K50+M	3/3	9/12	COALDALE, AB
6/7	RED CROW, RICHARD JR	543	1:18:10.200	07:49	12:36	10K30-39M	3/3	10/12	STANDOFF, AB
7/7	CROSSCHILD, MACKENZIE	509	1:31:43.580	09:10	14:47	10K20-29M	1/1	11/12	CARDSTON, AB