

C4 Gran Fondo Cardston - July 29/2023

Alpha Overall Results

140K Bike - 87 Miles

42 Finishers

O/A	Name	Bib#	Time	K/Hr	M/Hr	Category	Cat/PI	Gender	Gen/PI	City
3/42	ANDERSON, JAY	301	4:01:14.901	34.81	21.63	140KOPENM	2/21	M	3/36	BARNWELL, ALBERTA
24/42	CHMILAR, ROB	303	5:14:04.244	26.74	16.62	140K50+M	9/15	M	22/36	FORT SASKATCHEWAN
20/42	DALPHOND, LOUISE	304	5:11:55.420	26.92	16.73	140K50+F	1/2	F	2/6	LETHBRIDGE, ALBERTA
42/42	EDMUNDSON, JANE	305	6:51:19.085	20.42	12.69	140KOPENF	4/4	F	6/6	LETHBRIDGE, ALBERTA
17/42	ENS, RYLUND	306	4:58:56.245	28.09	17.46	140KOPENM	9/21	M	16/36	LETHBRIDGE, ALBERTA
40/42	FOX, KENNETH	307	6:35:19.536	21.24	13.20	140K50+M	15/15	M	35/36	CALGARY, ALBERTA
39/42	FOX, MARILYN	308	6:35:18.598	21.24	13.20	140K50+F	2/2	F	5/6	CALGARY, ALBERTA
21/42	GOMES, CHRISTIAN	312	5:12:02.942	26.91	16.72	140KOPENM	11/21	M	19/36	LETHBRIDGE, ALBERTA
19/42	GOMES, TONY	313	5:11:55.358	26.92	16.73	140K50+M	8/15	M	18/36	LETHBRIDGE, ALBERTA
6/42	HAGEN, DANIEL	314	4:01:59.906	34.71	21.57	140KOPENM	3/21	M	5/36	LETHBRIDGE, ALBERTA
11/42	HENNIG, THEO	315	4:22:53.750	31.95	19.85	140K50+M	5/15	M	10/36	CALGARY, ALBERTA
35/42	HILL, JOSHUA	317	5:51:19.074	23.90	14.85	140KOPENM	17/21	M	31/36	RAYMOND, ALBERTA
12/42	HODGSON-BRIGHT, KRIS	318	4:24:29.868	31.75	19.73	140KOPENM	6/21	M	11/36	LETHBRIDGE, ALBERTA
15/42	HUFF, MARK	319	4:45:42.303	29.40	18.27	140KOPENM	7/21	M	14/36	LETHBRIDGE, ALBERTA
28/42	JANSSENS, BLAYNE	321	5:15:22.197	26.63	16.55	140K50+M	11/15	M	26/36	LETHBRIDGE, ALBERTA
36/42	JONES, GARETH	322	5:55:59.127	23.59	14.66	140KOPENM	18/21	M	32/36	LETHBRIDGE, ALBERTA
16/42	KEITH, STEVEN	323	4:58:10.625	28.17	17.50	140KOPENM	8/21	M	15/36	LETHBRIDGE, ALBERTA
25/42	KOEGLER, NATHAN	324	5:14:13.429	26.73	16.61	140KOPENM	14/21	M	23/36	MAGRATH, ALBERTA
27/42	KUEHN, CHRIS	326	5:15:21.916	26.63	16.55	140KOPENM	15/21	M	25/36	EDMONTON, ALBERTA
34/42	KUNDRIK, LARRY	327	5:31:08.878	25.36	15.76	140K50+M	14/15	M	30/36	LETHBRIDGE, ALBERTA
1/42	MALJAARS, ANDREW	333	3:59:11.220	35.11	21.82	140KOPENM	1/21	M	1/36	COALDALE, ALBERTA
8/42	MARTINDALE, TIM	334	4:16:30.515	32.74	20.35	140K50+M	3/15	M	7/36	REXBURG, IDAHO
7/42	MCKAGUE, COLIN	309	4:12:51.773	33.21	20.64	140KOPENM	4/21	M	6/36	CALGARY, AB
30/42	MCAHON, KELLY	335	5:22:00.359	26.08	16.21	140K50+M	12/15	M	27/36	LETHBRIDGE, ALBERTA
5/42	MERCIER, BRITTANY	336	4:01:17.150	34.81	21.63	140KOPENF	1/4	F	1/6	LETHBRIDGE, ALBERTA
2/42	OUWERKERK, STEVE	339	3:59:15.908	35.10	21.81	140K50+M	1/15	M	2/36	CALGARY, ALBERTA
14/42	RAYNER, PHIL	342	4:40:05.455	29.99	18.63	140K50+M	7/15	M	13/36	LETHBRIDGE, ALBERTA
26/42	RITCHOT, GILLES	343	5:15:21.354	26.63	16.55	140K50+M	10/15	M	24/36	COALDALE, ALBERTA
37/42	ROMERIL, DALLAS	344	5:55:59.509	23.59	14.66	140KOPENM	19/21	M	33/36	LETHBRIDGE, ALBERTA
33/42	ROWAN, JAMES	345	5:30:29.080	25.41	15.79	140KOPENM	16/21	M	29/36	LETHBRIDGE, ALBERTA
13/42	SHRINER, JASON	346	4:38:11.219	30.19	18.76	140K50+M	6/15	M	12/36	LETHBRIDGE, ALBERTA
32/42	SLAWSON, CORREEN	347	5:24:26.965	25.89	16.08	140KOPENF	3/4	F	4/6	FORT MACLEOD, ALBERTA
31/42	SLAWSON, ROB	348	5:24:26.661	25.89	16.08	140K50+M	13/15	M	28/36	FORT MACLEOD, ALBERTA
38/42	SOLIS, MIGUELZINTA	349	6:27:39.331	21.66	13.46	140KOPENM	20/21	M	34/36	LETHBRIDGE, ALBERTA
41/42	STEWART, TYLER	350	6:36:59.945	21.15	13.14	140KOPENM	21/21	M	36/36	LETHBRIDGE, ALBERTA
4/42	TARBOX, FRANK	351	4:01:16.798	34.81	21.63	140K50+M	2/15	M	4/36	CALGARY, ALBERTA
10/42	VANDEN BELD, KLAAS	352	4:22:53.092	31.95	19.85	140K50+M	4/15	M	9/36	EAGLE, IDAHO
18/42	VELVINDRON, THIERRY	353	5:05:17.616	27.51	17.09	140KOPENM	10/21	M	17/36	LETHBRIDGE, ALBERTA
9/42	WIGHT, TAYLOR	354	4:22:45.570	31.96	19.86	140KOPENM	5/21	M	8/36	CARDSTON, ALBERTA
22/42	WOODRUFF, BRITT	355	5:13:45.446	26.77	16.63	140KOPENM	12/21	M	20/36	EDMONTON, ALBERTA
23/42	WOODRUFF, BYRON	356	5:13:47.767	26.76	16.63	140KOPENM	13/21	M	21/36	GRASSY LAKE, ALBERTA
29/42	YAU, TRACEY	357	5:17:22.269	26.46	16.44	140KOPENF	2/4	F	3/6	SHERWOOD PARK, ALBERTA